Upset Emotions May Cause Prolonged, Chronic Weariness

Upset emotions are now believed to be the cause of prolonged nd continuous fatigue.

Medical authorities have been gathering information that

cular exertion.

But, if you feel tired all the

time, whether you exercise or sit still, your outlook on life may be the source of your constant weariness.

"People who cannot make up their minds are often victims of chronic fatigue," reports Coro-net. "Loneliness, too, may make you tired."

The only way to cure fatigue is to find the factors that cause it. Perhaps your only trouble is that you hurry too much, or worry too much, or are troubled

by false fears.

"Once you discover what is making you tired, you may find that you are just not tired any more."

Hollywood Night Clubs in Price War

Hollywood, Dec. 29 (P)-Two of the Sunset Strip's most famous supper clubs have started a New Year's eve price war.

Charlie Morrison, owner of the Mocambo, announced that he and Herman Hover, owner of Ciro's, will cut their price for the evening from \$20 a person

"Hover and I decided that the best way to meet competition was to start a price war," Morrison said.

As an additional inducement,
Hover offered free barber's
service to customers with 5
o'clock (a.m.) shadow, plus complimentary bus rides to Pasadena for the Rose Bowl game.

Peterson Honor Guest

Oak Point — Mrs. Grove Peterson was hostess at a buffet supper honoring her husband, Grove Peterson and Miss Clara Brown on their birthday anniversaries. Guests were Mr. and Mrs. Graber, Mr. and Mrs. Leonard Peterson and Hazel, Mr. and Mrs. Jim Peterson. Besie duPont, Mr. and Mrs. H. Bartel and Sandra. Mr. and Mrs. tel and Sandra, Mr. and Mrs E. Lauderback and Sara K, Mr and Mrs. Rod Peterson, Judy and Pat and Mr. and Mrs. Orley

USE Organic Fertilizer

The Right Way to Rebuild Soil Free of Weed Seeds

Odorless 6 sacks \$5.00

1 ton \$10.00 2 tons ... 17.50

FREE Delivery Anywhere in Salem area Phone 3-8127

Thirsty Texans To Get Relief

Three thousand gallons of Texas water are rolling eastward through Mississippi today en route to thirsty Texans in New York who couldn't get home for

The tank truck started its trip from Austin, Texas, yesterday after railroad commissioner Ernest Thompson hoisted a water-filled cup to wish "Peace on earth—and a chaser" to Texans far from home.

The truck, loaded with water from central Texas' highland lakes, stopped here last night after the first leg of its 1,998 mile trip.

The water is a gift from the Highland Lakes News, a weekly devoted to fishing, hunting and loafing. When it reaches New York about New Year's eve, the tanker spigots will be opened to receive desired the received desired to the control of the provided desired to the control of the con to provide a drink for all Texans can be found.

The water shipment is to travel to New York via Jackson and Meridian, Miss., Montgomery, Ala., Macon and Augusta, Ga., Columbia, S. C., Raleigh, N. C., Richmond, Va., Washing-ton, D. C., and Philadelphia, Pa.

First Citizen

At present ten names have been submitted by the board for the Jaycees as a representative group for consideration.

The distinguished service award will be announced late in

Mrs. Porter, gaining local commendation for her many appearances as Santa Claus, had just returned home from the hospital Friday evening where she represented the VFW's in a good will gift trip. The family pick-up was used to bring home the last minute articles of tree and table for the hollday of the home year.

About two blocks on the through Second street thorough-fare from the Porter home, a teen-age driver pulled in from a side street, crashing the Porter fare, slowing down the two cars and a side swipe by traveling in the same direction.

Injuries to knees, one hip, back and shock didn't hinder the jovial Santa from presiding at the family Christmas dinner, Sunday, at the Porter home.

Stayton Dime Drive

Stayton—G. W. Schachtsick, Stayton banker, has accepted the chairmanship of the March of Dimes for the Stayton area this year.

Gene Malecki, who has recently been made executive secretary for the Marion County March of Dimes, was a recent Stayton visitor. While he was here he made arrangements for Stayton visitor. While he was here he made arrangements for Universe here he made arrangements for Stayton visitor. While he was here he made arrangements for Stayton visitor. While he was here he made arrangements for County or Stayton visitor. While he was here he made arrangements for Stayton visitor. While he was here he made arrangements for Stayton visitor. While he was here he made arrangements for Stayton visitor. While he was here he made arrangements for Stayton visitor. While he was here he made arrangements for Stayton visitor. While he was here he made arrangements for Stayton visitor. While he was here he made arrangements for Stayton visitor. While he was here he made arrangements for Stayton visitor. While he was here he made arrangements for Stayton visitor. While he was here he made arrangements for Stayton visitor. While he was here he made arrangements for Stayton's participation in the drive. He was accompanied by Howard Ragan of the W. P. Fullows and the stayton's participation in the dri

Atomic Energy Potato Tubers

Washington, Dec. 29 (A) Potato tubers with built-in atomic energy are the latest thing down on the farm.

'Mrs. Santa Claus' Accident Victim

Silverton-Thankful, but bad- January. Silverton—Thankful, but badly frightened and still limping,
are Mr. and Mrs. Frank Porter,
nursing slightly more than
minor injuries in an automobile
accident.
Mrs. Porter, gaining local
Stayton Dime Drive

TO YOU, A HAPPY PROSPEROUS NEW YEAR

At this time we would like to express our appreciation for your patronage and to dedicate our policy for the coming year. We can guarantee you the best of fresh meats for less, and we can safely predict that these prices will be substantially less than they have been for many years.

RANDALL'S 1288 State St.

EASTERN ORE. HERFORD

Beef-T-Bones

Steak-Rounds



Dwarf Steer-A boy, 4, and a Great Dane tower over one of three dwarf steers from western United States at western United States at the Royal Agriculture Winter fair at Toronto, Canada

APPEAL TO WORLD HEADS-

Girl Asks Leaders for Peace So She Can Have Babies

Paris, Dec. 29 (P)—A pretty 26-year-old American girl cabled five world figures today and asked them to get together and make the world safe, so she can have babies.

Mrs. Patricia (Reynolds) Capella, born in Detroit, Mich., is

married to Jacques Capella, a French classical dancer, whom she met five years ago in Saratoga,

Capital Journal, Salem, Oregon, Thursday, Dec. 29, 1949-15

A & P Head Says Anti-trust Suit Threatens Competition

New York, Dec. 29 (U.F)—An executive of the great Atlantic and Pacific Tea Co., said Wednesday that the whole field of American competition was at stake in the government's anti-trust action

competition was at stake in the government's anti-tious against A&P.

John C. Brennan, vice president of the food chain, said the anti-trust suit, if successful would mean the end of A&P.

"We say they (the anti-trust lawyers) are trying, by court decree, to impose a new economic policy on this country that will discourage any businessman from doing a better job than his competitor in giving his customers a better deal," Brennan told the American Marketing Association conference.

The anti-trust lawyers are "not trying to preserve competition but to protect competitors," he said.

Beautiful and successful the said that the food chain, said the good call the food chain, said the good chain, said the good chain, said the food chain, said the good chain music by the choir, "The Three Kings." with Bruce Wakenan, Ted Lehman and Alvin Three Kings." with Bruce Wakenan, Ted Lehman and Alvin Three Kings." with Bruce Wakenan, Ted Lehman and Alvin Three Kings." with Bruce Wakenan, Ted Lehman and Alvin Three Kings." with Bruce Wakenan, Ted Lehman and Alvin Three Kings." with Bruce Wakenan, Ted Lehman and Alvin Three Kings." with Bruce Wakenan, Ted Lehman and Alvin Three Kings." with Bruce Wakenan, Ted Lehman and Alvin Three Kings." with Bruce Wakenan, Ted Lehman and Alvin Three Kings." with Bruce Wakenan, Ted Lehman and Alvin Three Kings." with Bruce Wakenan, Ted Lehman and Alvin Thre

Brennan said the anti-trust action would break up the company's processing and buying affiliates and dissolve all seven of the firm's retail divisions.

"If the anti-trust lawyers have their new 'be said." "He present the choir singing 'My Soul Dota Magnify the Lord."

The Bible school and Church of Christ held the Christmas program Sunday evening. Conflicted and "Hark, the firm's retail divisions." "Joy to the World" and "Hark, the Herald Angels Sing"; well-with the state of the conformation of the c "If the anti-trust lawyers have the Heraid Angels Sing; weitheir way," he said, "the present owners of the business will not be allowed to have anything to do with any of the parts." Away in a Manger," "Keep Them Ringing," beginners and primary classes; song, Dale Hather action was in effect a threat to other big distributors and businessesses.

Churches at Amity

Observe Christmas

Amity — Church services at the Baptist church featured specific parts and Marcia Pryor; solo, Norden Sutherland, Intermediate class; trumpet solo, Janet Hight; recitation, Jimmy Woods; song, young women's class, recitation, Evelyn Westphal; recitation, Lucille Brown; solo, Bill Morse, Jr.; Night."



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WHERE YOUR DOLLAR GETS TIME AND A HALF

OREY BARNES - MRS. BARNES - FLOYD POINDEXTER - BILL PATTON We wish to thank our friends and patrons for all pleasant business and relations of this past year. Your continued patronage has enabled us to bring you all these bargains. In the new year we promise you more and bigger bargains.

A HAPPY AND PROSPEROUS NEW YEAR TO ALL

OUR NEW YEAR'S TREAT TO YOU

Blade, Arm or Rump

HAMS Half or whole
These hams are by far the finest on the market...LB. 49c Half or whole

Center Cute Shoulders

PORK ROAST

PRIME RIB ROAST 59c ™

Standing Rib

STEAKS

BEEF ROAST

PICNICS Armour's Stor Morrell's Pride Tenderized

PORK LOIN ROAST 39c 🏻

Rib or Loin End

Boneless 75c 🏻 Round or Loin

PICNICS Armour's Star
Glazed and Fruited
Ready to acc Ready to eat LB.

We Have a Fine Selection of Fryers **Baking Chickens** and Rabbits for your New Year's Dinner

Party

HOLIDAY MIXERS By the Bottle or Case We Have 'Em POTATOES Good cookers 50 lb. sack.... GRAPEFRUIT Large size

6 for 29c

Knic Knac Ritz Crackers Olives, Pickles Cheese Spread

BROADWAY AND MARKET STREETS

Closed New Years-Open Monday REGULARLY OPEN SUNDAYS 8:00 A.M. TILL 6:30 P.M.

ь. 55с Fresh Country Hamburger ... 29c 2**9**c Sausage 16..... Sliced Bacon Special Hormel's—Dry, sugar-39c

lb. 39c

PORK CHOPS . Ib. 49c PORK STEAK . TENDER, BONELESS Lean Beef Cubes . 49c PICNIC HAMS

39c FRESH PORK LINKS

WE HAVE A VARIETY OF CHOICE CUTS TO SUIT YOUR HOLIDAY NEEDS.

ALSO POULTRY AND HAMS.

LOCKER BEEF Tender Young Eastern Oregon Hereford.





EASTERN ORE. HERFORD

RFFF Arm Cuts

BEEF

ROAST

Freshly Ground

Arm Cuts
Blade Cuts 43c
Rump lb.

Medical authorities have been gathering information that proves the importance of emotions in cases of chronic fatigue, declares the revealing January Coronet article, "What Makes You Tired?" "Dr. Harley C. Shands of Massachusetts General hospital found that one patient, who had been having trouble with his wife, always felt terribly tired as soon as he walked into his home. "Another man felt fatigued whenever he entered his office. Where he had been squabbling with his partners. Neither patient had ever suspected there might be a connection between his symptoms and his upste emotions." Normally, fatigue is nature's way of warning you thank and the complete her way of warning you thank food the blood after hard muse, calar exertion. But, if you feel tired all the state of the clark of t