



Nationalist Police Disarm—Chinese Nationalist police unload their rifles and discard their uniforms at a border station at Shataokok, separating Hong Kong, from China proper after Shataokok was taken by Chinese communists on October 14. (AP Wirephoto)

Develop Self-Reliance In Child Says Pediatrician

By DAVID TAYLOR MARKE

The other day I heard a pediatrician discussing the growth and development of infants and children. What he had to say sounded so sensible and down to earth that I pass his remarks on to you.

The doctor was Leon Antell, associate pediatrician at Beth David Hospital and adjunct pediatrician at the Hospital for Joint Diseases.

Says Dr. Antell: "adults who are in charge of children must always remember their primary goal is to develop self-reliance in the child."

Nurses, governesses and teachers have only partial views of the child. It is the parent who must maintain an intelligent supervision, and co-ordinate the contribution of all people who, in one way or another, care for the child physically and mentally.

The home, says Dr. Antell, is the most intimate and enduring environment of the child. He should have a room for himself, when possible. Walls and floors should have a smooth surface, easily cleaned. Furniture should be simple, and one must make sure that it is not painted with lead paint. The mattress should be hard but comfortable.

Fresh air is as important to the child as good food. For the first year, says Dr. Antell, a sunny room, with windows open, protected from wind and dust, is better, for sleeping than the street. When baby is awake and sitting up for part of the day, a baby carriage furnishes a method of providing outdoor life for the city child. For people who live in the suburbs or country, a play pen in the open is preferable to wheeling. Children should not be coddled, but neither should they be subjected foolishly to low temperatures or any other unfavorable climatic condition, he says.

Should a baby be taken visiting or on trips? Definitely "no" says Dr. Antell. In general, visiting or travel in any conveyance, for infants

becomes the child who will not eat during his pre-school years. The hours of feeding, the interval between feeding, and the number of feedings are matters which cannot be settled by routine orders, but must be determined by the individual infant according to his particular demands.

The time to start the child on self feeding is about fifteen months. At eighteen months he should be able to manipulate, however clumsily, a spoon and a fork, and should be encouraged to use them.

A frequent complaint of young mothers, says Dr. Antell, is the resistance of the child to be put to sleep. To overcome this mother should lead up to bedtime with her usual attentions and affections. Then she should lay baby down in his crib calmly but firmly, and walk out of the room. Most babies will cry for ten to twenty minutes and then go to sleep. In a difficult case, if the child becomes too hysterical, it is wise to let him cry for half or three quarters of an hour.

and then pick him up. This is to be followed by a little lecture. After two or three days, says Dr. Angell, the habit will be broken.

A heart specialist, Dr. Peter J. Steiner, says in the American Magazine that after we stop breathing our brain survives

anywhere from a few seconds to one hour; arms and leg muscles, 15 minutes; heart muscles last 20 minutes; eyes, 30 minutes; ear...

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Marshall Hints Coast's Danger

Seattle, Oct. 27 (AP)—Gen. Geo. C. Marshall said yesterday that the Pacific northwest and Alaska have always been "in an extremely delicate situation in the event of war because of the comparatively easy flight distance across the Bering Sea."

General Marshall arrived here this morning on his first west coast stop of a national tour to familiarize himself with Red Cross chapters throughout the country. He took office as American Red Cross president October 1.

He said in a press conference that the Pacific northwest and other coastal states have been vulnerable to wartime attack "ever since the airplane became a major instrument of warfare."

"There is no question about the delicacy of this situation," he said. "I am, however, now associated with the Red Cross, not the military, and therefore can make no comment as to whether or how these defenses can be strengthened."

Marshall met with western Washington Red Cross chapter heads. He was scheduled to fly to Portland later in the day.

Railroad Winner in Accident Damage Suit

Cleveland, O., Oct. 27 (AP)—This time it was the railroad which was awarded damages in

a crossing accident.

The Erie Railroad yesterday won a \$100,000 judgment against the Elmer C. Breuer trucking interests because an Erie freight train rammed a Breuer truck. The railroad asked \$246,622. It said a steel-laden Breuer truck was left stalled on the Erie's tracks at Ravenna for seven minutes with no attempt being made to signal the approaching train.

Damages were awarded by a federal court jury.

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From where I sit... by Joe Marshall

Now They're Sitting Pretty

Squint Miller, who's working as a telephone lineman, was telling me about some birds that got into a fight with his company.

Seems a couple of woodpeckers set up housekeeping in a telephone pole. Nobody minded them living there, but they kept pecking at the wires—causing one short circuit after another.

Finally, the telephone people—who had nothing personal against the birds—just stopped up the hole where they lived. But they kept coming back. At last, the company

donated that pole to the woodpeckers and set up a brand-new one for their own use!

From where I sit, we'd all be better off if we were as tolerant with our own kind as that telephone outfit was with the woodpeckers. Let's consider the other fellow's point of view—whether it's his right to live where he wants, or to enjoy a friendly glass of temperate beer or ale when and if he pleases.

Joe Marshall

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