

### East Salem Clubs Start Series of Fall Meetings

East Salem, Sept. 26—The Garden clubs and Home Extension clubs of the communities are making plans at their first meetings this fall in a new year's work.

Lansing Neighbors Garden club met at the home of Mrs. H. W. Cole for the program planning meeting. The meeting was held on the lawn under a large black walnut tree which is more than 90 years old. The first branches are high on the large tree but the limbs touch the ground all around making a natural setting where several tables can be set and many meet for a party.

A dessert lunch was served by the hostess who then as the new president presided at the business meeting. The yearly program books were filled out and plans made for the club's chrysanthemum show in October.

Members present were Mrs. Robert Ballard, Mrs. Herman Rohm, Mrs. William Marsh, Mrs. Halbert Kemper, Mrs. Roy Livey, Mrs. Marla Aplet, Mrs. Irwin H. Sion, Mrs. Bessie Zajic, Mrs. Ben Rathjen, Mrs. Ed Tobin, Mrs. R. O. Anderson, Mrs. L. W. Hann, the hostess and guests, who will be new members of the club this year. Mrs. Rex Peffer and Mrs. William Hartley. The next regular meeting will be with Mrs. Tobin.

Officers from the home extension clubs who attended the training meeting at the YMCA in Salem Thursday were as follows:

Central Howell—chairman, Mrs. Charles Johnson; vice chairman, Mrs. Lloyd Hamilton and secretary-treasurer, Mrs. Marla Aplet.

Lancaster unit—vice chairman, Mrs. Robert Fromm and secretary-treasurer, Mrs. Dan Scharf.

East Salem unit—chairman, Mrs. Boyd Wilkinson and secretary-treasurer, Mrs. Dan Stauffer.

Dayton Dibbern, younger son of Mr. and Mrs. Carl Dibbern of Swegle community is at the Emanuel hospital in Portland where he has undergone surgery.

### Case of X-Disease Discovered in State

The first case of X-disease in Oregon cattle was found late this summer in the northeastern part of the state, according to the division of animal industry, state department of agriculture.

Only one case, a four-month-old calf which died, has been found, says Dr. Chas. F. Haynes, state veterinarian. The case was diagnosed as X-disease, also known as hyperkeratosis, by veterinarians here, but a further check was requested of the U.S. Pathological Laboratory at Denver, Colo. That laboratory conducted an histological examination and has reported its diagnosis as hyperkeratosis to the Oregon officials at Salem.

A federal survey about a year ago revealed X-disease in a number of southern states. The same survey said it had been reported from 32 states. The study has caused heavy death losses in some states. In the survey last year in five southern states, 31 percent of 4120 cattle studied had been infected and more than half the infected animals died.

### Great Christopher

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### More People in Churches Is Aim

"More people in the churches of Oregon on October 2 than on any other Sunday of the year" is the united goal of the Protestant churches of Oregon. The occasion is the tenth observance of World Communion Sunday.

According to Rev. Gilbert B. Christian, executive secretary of the Oregon Council of Churches, Protestant denominations hold their communion services at different times of the year, but on October 2nd all denominations are urged to express Christian unity by holding the ordinance of the Lord's Supper on the same day. This worldwide observance begins in New Zealand at the 10:30 a.m. worship services and goes around the world making that day's communion table 25,000 miles long.

This year's service will usher in 15 months of the United Evangelistic Crusade in which Protestants throughout America will join in efforts to reach those at present outside the church. The year's program will include united preaching missions, church attendance crusades, observance of Reformation day on October 30, and visitation campaigns.

Farm accidents in this country cost \$36,000,000 last year.

A Few Vacant ROOMS at HOLMES REST HOME Brooks, Ore. Kind and Efficient Care Phone 2-1116

### Let Them Alone, and They'll Come Home . . .

Decatur, Ill. (U.P.)—Farmer Charles Muirhead searched for nine missing cows on foot, horseback and in an airplane.

Friends who helped him look for the cows trampled corn fields and did \$300 worth of damage before Muirhead called off the

round-up. He said it would be cheaper to forget the cows. The next morning he found the cows standing outside his barnyard, contentedly mooing and waiting for him to open the gate and let them in.

Unemployment Eases Washington, Sept. 24 (U.P.)—The bureau of employment security

reported today that unemployment in most of the nation's ment eased during the past unemployment areas.

## NEW RELIEF!

### For Stuffiness, Coughs of Colds

You know—like millions of others—how wonderfully effective Vicks VapoRub is when you rub it on.

Now...here's amazing, special relief when there's much coughing or stuffiness, that "choked-up" feeling. It's VapoRub in Steam... and it brings relief almost instantly!

Put 1 or 2 spoonfuls of VapoRub in a vaporizer or bowl of boiling water. Then breathe in the soothing, medicated vapors. Every breath eases coughing spasms, makes breathing easier. And to prolong relief—rub VapoRub on throat, chest and back.

Use it in steam... Rub it on, too!

# BETTER DIET STRESSED FOR SCHOOL CHILDREN

## Sunbeam Bakers Aim For Constant Improvement

### Improvements in Flavor, Texture, Toastability, Freshness Increase Davidson Sunbeam Popularity

Every year we find some new way to improve our bread. Our aim is to continue, year after year, to bake bread superior to any other. Davidson's policy of constant improvement has made it possible for us to bring you a loaf of bread that is superior on the following points:

- Oven-Rich Flavor**  
Wholesome, right-from-the-oven flavor that youngsters love!
- Silky-Smooth Texture**  
See how much easier it is to spread with butter and jam!
- Melt-in-Your-Mouth Tenderness**  
Mmm, how tender and rich! And our bread keeps that way longer, too!
- Extra-Tasty Toast**  
Toasts up golden-brown... delightfully crisp outside... tender and fragrant inside!
- Golden-Brown Crust**  
Rich and delicious! Lovely to look at!



#### TRY THIS FOR FLAVOR!

#### Autumn Gold French Toast

Blend 1/2 cup peanut butter with 1/2 cup milk. Combine 1 cup milk, 1 tsp. sugar, 1/2 tsp. salt and 1 beaten egg. Remove crusts from 12 slices Davidson's Sunbeam and spread with softened peanut butter. Dip slices quickly in milk and egg mixture and fry golden brown. Serve with syrup, honey or cinnamon and sugar.

## DAVIDSON'S SUNBEAM ENERGY-RICH KEY FOOD FOR YOUNGSTERS

Survey Shows That 3 Out of 5 Children Are Poorly Fed



### TEACHERS FIND BRIGHTEST CHILDREN USUALLY BEST-FED CHILDREN

Over a period of years, many teachers have observed that the best students seem to be those who enjoy a properly balanced diet.

Countless studies by doctors, psychologists and child specialists indicate that this is true. And common sense tells us that children whose good health comes from proper

nourishment are more likely to be alert, energetic and interested in their lessons.

Be sure your youngsters have the advantage of nourishing, well-balanced meals each day. Give them plenty of

our wholesome, enriched bread. Serve it at every meal and provide a generous supply for between-meals snacks. Then you'll be sure your boys and girls are getting enough energy foods!

More children are attending our American elementary schools this year than ever before. The millions of babies who made up the high birth rate of the war years are now old enough to go to school.

School authorities stress the importance of proper diet to a child's success. This applies not only to studies but to the youngster's ability to get along well with his classmates and teachers. A boy or girl whose diet lacks some essential food element is not likely to have enough energy or interest for school activities.

#### SUNBEAM FOR ENERGY

A survey made in one state showed that three out of five school children were not eating a balanced diet. Most of these children may have been eating sufficient food, but not enough of the right kind of food. To make sure your meals are balanced, always serve Davidson's Sunbeam.

#### COMPARE SUNBEAM TODAY

Your children need energy-rich foods like Davidson's delicious bread to keep them strong and healthy. And they'll love its appetizing, oven-fresh flavor!

#### FRESHNESS THAT LASTS!

#### Sunbeam's Improved Freshness Makes It School Lunch Favorite

Freshness is one quality of our bread that youngsters really cheer for. Lunchbox sandwiches made with fresh-keeping Davidson's Sunbeam stay delicious and tender until lunchtime. Sandwiches made with our bread are always...

- Easier to fix—Make them earlier; they stay fresh longer.
- Better flavored—Tasty when packed... still tasty when eaten.
- More nutritious—Full freshness means full food value.

#### SUNBEAM VITAMINS LABORATORY TESTED

The vitamins and minerals added to Davidson's Sunbeam bread through enrichment are prepared by strict laboratory standards.

#### Aim Is Better Health

Nutrition surveys give us dramatic proof of the importance of bread enrichment as a public health measure.

The Davidson Bakery makes certain that an abundance of carbohydrates, proteins, B vitamins and iron are added to every loaf of Sunbeam bread.

Each tempting loaf of Sunbeam bread is enriched with vitamins and iron to meet high government standards.

Make it a rule always to service "Bread at Its Best." Davidson's Sunbeam is fully enriched and double-guaranteed to be the best you've ever tasted!



### NUTRITION CLASS STUDENTS LEARN ABOUT FOOD VALUES OF ENRICHED BREAD...

Modern teachers of nutrition stress the importance of enriched bread as one of the best, low-cost, body-building foods your grocer sells. Buy Davidson's Sunbeam today, and avail yourself of these four valuable food essentials:

- Carbohydrates**—leading source of energy for active work and play and maintenance of all body functions.
- Proteins**—needed to build and repair body tissues.
- B Vitamins**—for healthy nerves and tissues and normal growth.
- Iron**—for rich, red blood. In addition to all these important nutrients, teachers of nutrition point out that bread is one of the most economical foods. There is no waste, either in preparation for the table or in utilization by the body.

### COMPARE FOR FRESHNESS

# Davidson's Sunbeam

REACH FOR Davidson's SUNBEAM BREAD You'll Agree That It's Truly "BREAD AT ITS BEST"

Compare Davidson's Sunbeam Bread for flavor, freshness and nutrition with the finest you've ever eaten. Our policy of constant product improvement enables us confidently to predict that you'll agree Sunbeam Bread is "Bread At Its Best!"

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# Sunbeam