

## East Salem Homemakers Attend Demonstration Class

East Salem, Oct. 21—Homemakers in all East Salem communities had the opportunity of attending a home demonstration class by Marion county's own agents on the subjects "Keep Well with Vitamins A and D" and "Care of the Hair." There were five different classes held in the past two weeks at the homes of Mrs. Paul Barrett in Middle Grove; Lansing Neighbors in East Salem at the home of Mrs. I. G. Lermon; East Salem unit with Mrs. Charles Jayne; Four Corners with Mrs. Warren Shrake; and Edina Lane in East Salem with Mrs. Gleason Young. In the "Keeping Well With Vitamins A and D" classes Miss Trindle took up vitamin A in her morning class, naming and giving illustrations of facts of what Vitamin A does for people and as Americans do show a deficiency in this vitamin, a table of common foods showing the weights, measures and units in each was given each member present for her own use in preparing meals.

A noon luncheon was prepared using some of the most common foods, and recipes for the dishes served given out, with a national food guide.

In the afternoon the president of the units conducted business meetings, naming their committee chairmen for the new year and each unit deciding on the definite projects they would consider.

In East Salem unit, the president, Mrs. C. A. Salter, appointed Mrs. Walter Swingle, ACWW, and Mrs. Bennias for friendship chairman; Mrs. John Woodburn, membership; Mrs. Ralph Hein, hospitality; and Mrs. Albert Patz, publicity. For the Four Corners unit, the president, Mrs. E. Walker, asked S. H. Cable and Mrs. F. J. Shrake to serve on the ACWW committee; Mrs. L. J. Stewart and Mrs. Floyd Lee, hospitality; and Mrs. Warren Shrake and Mrs. W. E. Peterson, membership. Two communities, Auburn and Riekey, are served by this unit and women from each district on different committees. This group plans on sponsoring 4-H clubs

## Elton Watt, Director Of Dairy Breeders

Corvallis, Oct. 21 (AP)—The Oregon Dairy Breeders' association re-elected Henry Hagg, Reedville, president, Saturday at the annual membership meeting.

John Pugh, Shedd, was re-named vice president, and P. H. Abts, Hillsboro, secretary-treasurer. Elton Watt, Marion county; Melden Carl, Coos county; and Aubrey Tangen, Yamhill county, were named directors.

Six Willamette valley counties are represented in the association and delegates said Malheur and Clackamas were considering joining.

## Guard Will Total 682,000

Washington, Oct. 21 (AP)—The first 93 units of an eventual national guard of 682,000 men have been organized by the states and approved by the war department.

Ultimately there will be about 5,000 units. The 93 represent just a start.

Maj. Gen. Butler B. Miltonberger, chief of the national guard bureau, announced today that the guard hoped to have 240,000 officers and men organized by July 1, 1947. This would compare with 300,000 in the pre-war national guard.

The army looks upon the national guard as an "M" day force that can be called quickly into action to defend the nation in support of the regular army in an emergency.

National guard units are being organized so they will be capable of defending their communities against direct airborne enemy attack until an over-all military defense can function.

The new national guard will incorporate changes in weapons and warfare brought about by scientific and technical research and development, the guard bureau said. The disturbed international situation was taken into consideration in planning a national guard more than double the size of the one in being before World War II.

Units are derived from two standard "improved" types.

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## Forum

Contributions to this column must be confined to 300 words and signed by writer

To the Editor: Do the growers of Salem need help to gather their crops?

Then why aren't they interested in providing an education for the children of Salem Farm Labor Supply Camp, No. 105? Is it a part of the United States? Why provide schools for the countries we've just had to fight and let these children go without? Are these camp children Americans or not?

Buildings and equipment are all ready in camp. All that is needed is teachers and books. Idle children increase the child delinquency problem. Talk about helping the illiterates of Kentucky and Tennessee. Would Oregon like to have a like situation? Oregon, the pride of the west. Many of the camp families are Oregonians.

The Turner high school has provided school and transportation for the high school students. If these grade schools can't have school let's just close all the grade schools and be done with it.

Funds are provided for everything from the sublime to the ridiculous, so there probably aren't any left for education.

Mrs. Raymond Hunter Mrs. John Gornik

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## Seal Campaign Soon to Start

The annual Christmas seal sale campaign sponsored by the Marion county public health association will begin November 25, according to announcement by Tinkham Gilbert, president of the association.

Preliminary work in connection with the actual sale of seals has already started, with the firemen folding sheets of stamps, Camp Fire Girls placing them in envelopes and girls from the business administration class of Salem high typing addresses on the envelopes. The American Legion auxiliary will soon begin stuffing the envelopes for mailing.

As has been the case in recent years, the vast majority of sales will be made through direct mailing, although booths will be placed at strategic locations after the campaign begins.

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Miss Dorothy Cornelius has been named county chairman, Dr. Henry Morris, Salem chairman, and R. S. Keene, bond chairman; Mrs. Roy Mink will have charge of the bangle pin division and Mrs. Conrad Paulson, window displays.

Chairmen for the various communities include: Mrs. Olin Brown, Gervais; Mrs. Elmer Klein, Aumsville; Mrs. Ed Miller, Aurora; Mrs. Ronald Jones, Brooks; Mrs. Levi Miller, Hubbard; Mrs. Marvin Hutchins, Jefferson; Mrs. Alice M. Smith, Mill City; Miss Anne Erwert, Mt. Angel; Mrs. Edward Martin, Silverton; Mrs. Carl Smith, St. Paul; Mrs. Jack Connell, Woodburn; Mrs. John E. Powell, Stayton; Mrs. Lloyd Girod, Idanha.

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**VICKS VA-TRO-NOL**

Capital Journal, Salem, Oregon, Monday, Oct. 21, 1946—9

The word laconic is derived from the name of the ancient Greek country Laconia, of which Sparta was the capital.

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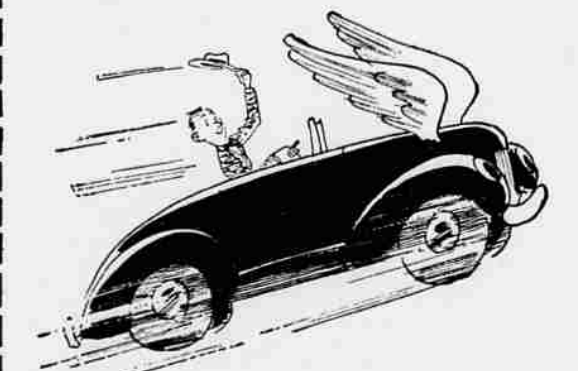
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