

Sweet, Wholesome, Economical . . . In Cooking and On The Table



Allsweet Margarine

25¹/₂ lb. 2 lbs. 49¹/₂

Thrifty housewives use this ideal margarine for cooking, in sandwiches, and on the table. Made from products of American farms, it's delicious to taste, economical to serve. Rich in wholesome food elements. Serve it tomorrow and save money!

Fred Meyer Butter 2 lbs. 55¹/₂ lb. \$1.09

Sweet butter, rushed from the churn to your table for freshness. Finest Fred Meyer quality butter, pure and wholesome. The best is none too good for your family.

My-Te-Fine Sweet or Natural Grapefruit Juice

47-oz. 23c 2 for 45c

Dan-Dee Kibbled Dog Food

2 lb. 18c 2 Pkg. 35c

Universal Book Matches

15-Book 5c 4 for 19c

Shur-Braid Clothesline

50-ft. 15c



Ruskets Cereal
14 oz. 14¹/₂ Pkg.

A delicious ready-to-eat cereal the family will love. Crunchy and golden, wonderful served with fruit and milk or cream.

My-Te-Fine Plain or Iodized Salt, 2-lb. package, 7c
B & M Corn Relish, tempting flavor, 12-oz., 17c
My-Te-Fine Mammoth Ripe Olives, pint 25c, 2 for 49c
Staley's Cream Corn Starch, 1-lb. package, 2 for 15c
Johnson's Glo Coat, no rubbing, just apply, Qts., 98c
All good Tomato Sauce for tasty dishes, buffet tin, 5c, 4/19c
Vano, the modern household cleaner, Qts., 29c
French's Black Pepper, 4-oz. can, 8c, 2 for 15c
Bovril Beef Cubes, stimulating, flavorsome, ctn. 4, 9c

"Makes Cleaning Easy"

Pow Wow Cleaner
3 Reg. Size 25¹/₂

Mail in 3 labels from 3 cans of efficient Pow Wow Cleaner with 25c to the Pow Wow Company, 203 S. E. Alder, and receive a beautiful set of 8 safety edge decorated tumblers. Pow Wow cleans quickly and easily.

Special Combination Offer

FREE Trial Size Pkg. Clapps Baby Cereal

With Purchase of Reg. 8 oz. Package 14c

Babies like it, and it's specially prepared to give them just the food values they need.



Fast! Gentle!

My-Te-Fine Granulated Soap

Jane Martin Soap Flakes

Lge. 18c 2 for 35c

My-Te-Fine for the washing machine, Jane Martin for your fine laundering.

Drink Your Vitamins and Enjoy Them!

Borden's Hemo

59¹/₂ Lb.

Energizing, delicious, and so good for you. Check full of the vitamins so necessary for health.



"Strong, Alert, Properly Fed People are Needed to Help Win the War . . ."

"Wrong Eating Lowers Resistance . . . Makes People Feel Tired and Cranky . . ."

"Wrong Eating Cuts Down Efficiency . . . Delays Victory."



Full Line Fresh Frozen Foods - Birdseye & Friged Food Brands

SHOP FRED MEYER MEAT SECTION

BEEF POT ROAST

These Grand Roasts are cut from the shoulder of Fancy Young Beef . . . mottled with streaks of white fat.

Blade Cut **28¹/₂ lb.**

- | | |
|---|--|
| Pork Neck Bones - 3 lbs. 23c | Boiling Beef, lean plate, 17c lb. |
| Special Ground Beef 2 lbs. 49c | Corned Beef Boneless Brisket 23c lb. |
| Sausage Country Style 29c lb. 2 lbs. 57c | Sauerkraut, new 1942 13c qt. |
| Meat Loaf Veal, Pork & Beef 29c lb. 2 lbs. 57c | Dill Pickles, firm & crisp 10c qt. |
| Pork Steak Fry and Serve with Applesauce 37c lb. | Cot. Cheese Cream style 15c lb. 2 lbs. 29c |
| Lamb Roast Shoulder, Cut Rich in Vitamin B1 29c lb. | Salad Potato or Club, 18c lb. 2 lbs. 35c |
| Leg o' Lamb Genuine Lamb 37c lb. | Skinless Weiners Delicious Tender Sausages 31c lb. |
| Bulk Pork Links Serve with Waffles 33c lb. | Mincemeat My-Te-Fine Ass'd for Mellowness 2 lbs. 45c |

Fruit and Vegetable Dept.

LEMONS

Doz. 29c
Sunkist, Large Size

No. 1
Sweet Potatoes
3 lbs. 25c

Beaver Brand Deschutes No. 1
POTATOES
25 lb. bag 1.09

TOKAY
GRAPES
3 lbs. 25c
Grants Pass, Oregon

Complete New Stock of Candied Peels

Candied Lemon 1/2 lb. 20c

Candied Orange 1/2 lb. 20c

Candied Fruit Mix 1 lb. 20c

Candied Citron 1/2 lb. 28c

Candied Pineapple Slices 1/2 lb. 28c

Candied Cherries 1/2 lb. 23c

Candied Pineapple 1/2 lb. 29c

Now is the time to bake the fruit cakes and cookies you'll want during the holiday season. Proper aging means more delicious flavor in your fruit cakes. These candied fruits and fruit peels are specially prepared for your baking needs.

Fred Meyer Grocery Section



Junket Danish Dessert
"The Sugarless Dessert"

3 Reg. 25c

Simple to prepare, delicious, and you don't have to use sugar! Serve it tonight!

Vary the Bread Used in Sandwiches



Vita-Bee Bread

1 1/2 lb. 15c
Wheat Germ Bread, 1 1/4 lb. loaf, 14c

Everyone appreciates variety in his lunch, and both of these excellent breads contain the vitamins needed for energy.

Fred Meyer Grocery Section

Start the Day the V-8 Way!

V-8 Vegetable Cocktail

47-oz. 29c 18 oz. 15c
Tin 2 for 29c

My-Te-Fine Tomato Juice, 47 oz., 19c, 3 for 55c

Start the day right with a delicious vitamin cocktail. V-8 contains the juices of 8 different vegetables, blended to give you the best flavor and health. Serve tomato juice, too, for variety.

French's Seasoning Salt

A salt for every taste, and every cooking need.

3 for 25¹/₂

Shop Your Nearest Fred Meyer Store

5th Avenue and Yamhill
* 10th & West Burnside
* 41st & Sandy Blvd.

5th Ave. Near Washington
* Union Ave. & Killingsworth
* 72nd and Sandy Boulevard

* 31st & Foster Boulevard

* Complete One Stop Shopping Centers

Fred Meyer
FOR thrifty BUYERS
LOCALLY OWNED-OPERATED

PRICES GOOD TUESDAY THRU THURSDAY

3000 Items 3000 Low Prices

Frozen Foods

Birds Eye and Frigid Foods Brands

Full line of frozen fruits, vegetables, chicken and fish.

For Whiter Washes
Dan-Dee Bleach

(Full Strength Bleach)



1/2 Gal. 17c

Gallon 32c

An aid to whiter clothes, disinfects as it cleans. A necessity for laundry and kitchen.