

How to Dress on \$7.45 a Year

First, You Should Live On a Farm

(Associated Press Feature Service)
Little Rock, Ark. — Wardrobes costing less than \$10 a year have been developed for southern farm women by the farm security administration.

One particular wardrobe for teen age girls was designed by Martha Dinwiddie, regional chief of home management in Little Rock, to show that attractive dresses, blouses, suits and coats can be made from such simple fabrics as mattress ticking, potato and sugar sacks. The actual cost is \$7.45.

Buckles from old overalls are used for fasteners. And a comely necklace made of cantaloupe seeds sets off a plain dress of dark blue covert cloth, the material from which work shirts for men often are made.

Miss Dinwiddie calls it a "stop-gap" wardrobe for the girl who has only 60 or 65 cents a month to spend for clothes—an amount actually less than that considered by FSA supervisors to be sufficient to clothe a person. The planning that went into this wardrobe typifies the whole program.

"Young girls need durable, attractive school dresses," says Miss Dinwiddie. "Good appearance builds self-confidence and girls whose clothes are trimly cut and decorated in the current style will stay in school longer and more readily take their places in girls' social groups."

On Three-Year Basis
The \$7.45 wardrobe budget is worked out on a three-year basis, the first year's outlay being \$7.45; the second year, \$8.24, and the third, \$6.70.

Miss Dinwiddie and a group of graduate students in home economics at the University of Alabama designed and made a two-piece suit from blue and white cotton mattress ticking. For buttons and belt, they used wooden spoons, covered with shellac and combined with red and white woolen yarn. Total cost of the outfit was 70 cents, but they believe the suit looks like those advertised in



Here are four outfits in the minimum-cost wardrobe worked out by Farm Security Administration home supervisors in the South. Left: Ticking and covert cloth were used for this slacks suit. Buttons were made by covering the flanges of spoons. Center: The outfits of mother and daughter were made from dyed flour sacks, cost 27 cents. Right: Flannel dress of domestic and checked dimity. Three thicknesses of material fringed for trim on bib.

stores for \$7.95.
Next was a winter dress of dark blue covert cloth, designed plainly so that varied accessories could be worn. This dress, appropriate for winter wear in a warm climate, cost 62 cents.

Most costly item in the wardrobe is a reversible coat of dark blue corduroy and denim, made for \$3.18. A detachable hood can be worn with it. The coat is suitable for most winter weather in the south, but on severe days a sweater can be worn under it.

A box jacket from meal sacks, lined with potato sacks, and dyed red, cost 32 cents.
A basic dress, dyed dark blue, was made from sugar sacks for an expenditure of 30 cents. A bolero to go with it was decorated with white wool embroidery.

For Colder Weather
For colder weather a wool flannel skirt costing \$1.35 and a wool sweater bought for \$1 are included. Three cotton blouses in the wardrobe cost 60 cents, and a fourth blouse, of sacking, can be made for a nickel.

The budget allows only \$8.95 for shoes for three years. It allows 59 cents for hose and 80 cents for the short socks in vogue among school girls. Only one pair of gloves, at 39 cents, and one, home-made nightgown, costing 20 cents, are included in the list. No hats are included.

"Young girls," says Miss Dinwiddie, "want and need more clothes than anyone can give them for \$7.45 or \$7.52 a year. But they can get by until they have more money by using home skill and ingenuity and the suggestions given by home management supervisors and home economics teachers."

chilling effect and refreshes laded appetites. Have it to sign off a luncheon or supper menu. Serve it in mid-evening or mid-afternoon when something light is wanted.

Tomatoes stuffed with seasoned hamburger and baked 30 minutes in a moderate oven make a substantial main dish for luncheon, supper or dinner. They take little preparation and are considerable of the budget.

Marriage Performed In Scio Recently
Scio—In the presence of a large number of invited guests at ZGBJ hall in this city, the Rev. V. L. Loucks of the Scio Baptist church on August 16, performed marriage rites for Harold Boyanovsky, son of Mr. and Mrs. Arnold Boyanovsky of near Scio, and Lillian Tannich, daughter of Mr. and Mrs. John Tannich of Albany.

Mrs. R. M. Cain played the march, and accompanied Mrs. Max Wesely, who sang two numbers. Mr. Tannich gave his daughter in marriage.

The bride wore a fingertip veil, gown of white chiffon over satin, and carried a bouquet of roses and gardenias. Margaret Tannich, Albany, and Mrs. H. McGinn, Tacoma, Wash., sisters of the bride, were bridesmaid and maid of honor, respectively, gowned in lace and rose taffeta. They carried gladioluses. Donald, brother of the bridegroom, was best man.

Reception and dance at the hall followed the ceremony.
The bridegroom was graduated from Scio high school in 1939. His bride has resided in Albany, where she completed high school in 1940. They will make their home at Portland where the bridegroom is employed at Columbia Aircraft.

Quick Meal
Sautéed Liver
Country Fried Potatoes
Spinach with Lemon Butter
Lettuce with French Dressing
Sliced Oranges and White Grapes with Grated Coconut
Coffee

Special Grape Sauce
2 tablespoons butter
2 tablespoons flour
1/2 teaspoon salt
Dash of cayenne
1 cup well-seasoned chicken stock
1 slightly beaten egg yolk
1/2 cup heavy cream
1/2 cup washed, stemmed seedless grapes
Melt butter in small saucepan and stir in flour and seasonings. When well blended, add stock, slowly, stirring constantly over the low heat until mixture thickens and boils. Mix egg yolk with cream and stir into sauce. Add grapes. Cook over hot water until hot. Serve with fish or chicken. Yield: 1 1/2 cups.

Fruit Canape
12 orange sections
12 grapefruit sections
1/2 cup stemmed seedless grapes
1 apple
Sherry
Prepare fruit and chill. Just before serving core apple, but do not core. Slice in thin sections. Arrange fruit on individual plates, attractively. Sprinkle with sherry. Yield: Six servings.

Chopped crisp bacon mixed with Roquefort cheese makes a delicious filling for rye or graham bread sandwiches.

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19c

Boys' Dress or Slack

19c

SOCKS

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29c

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