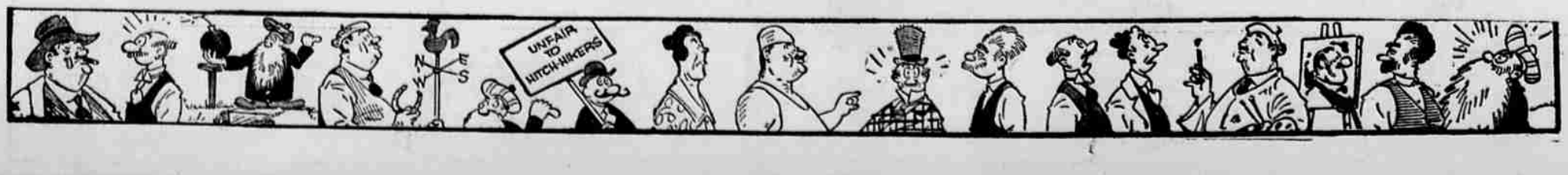Room and Board