

Graceful Hands Can Work But Only in Kid Gloves



Florence Pearsall's hands are so well under control she can balance an egg on a finger and you could almost count on your fingers the people who can do that.

Miss Pearsall demonstrates, in this rather pretty way, a good exercise for keeping hands under control—separating some fingers and wiggling the others.

Hands that do things are graceful hands. So Florence Pearsall, whose lovely hands claim model fame, does things with hers. Not that she ever weeds a garden, scrubs a floor or plays golf. Strenuous work and vigorous exercise spell ruin for hand beauty, says she. But, in kid gloves, she dusts her Park avenue apartment. She thinks old kid gloves should protect hands that make salads or wash dishes because such gloves hold the hands in shape and protect the skin, as well. After any work, she washes her hands before applying lotion.

Her exercise is swimming which she loves even though she's not an expert. She likes walking, too. For Lovely Hands

The woman who plays a piano often or types regularly does wonders for her hands. Florence Pearsall played the piano as a child. Now she gets 20 minutes of hand exercising into her schedule each day instead. She practices holding objects standing in front of a mirror so she can observe the muscle action. She insists on sleep—important for steady hands. To gain control of the little and fourth fingers she advocates binding other fingers together so you can wriggle the problem fingers. Her other favorite exercises include:

- 1—Flap hands up and down from the wrist to let the blood circulate to the finger-tips.
- 2—Rotate wrists clockwise and counter-clockwise, alternately.
- 3—Stretch fingers far apart, one at a time, slowly. Rotate each finger slowly.

Home Manicures—Out! A manicure—a week since she was seven is Florence Pearsall's record. She never fixes her own nails. Here is her new hint on use of nail polish: Put some of the colored polish under the white tip to protect the nail and to keep the underside looking cleaner.

She never dials a phone number with her fingers; uses a pencil instead.

The photogenic quality of Miss Pearsall's hands was discovered at a manicurist's table. Her hands are very white with long fingers and

'Hand' Model's Chart

Florence Pearsall, whose hands got her a glamour job, has a chart like this: 5 feet, 5 inches tall; weight 112 pounds; hair, dark brown; eyes, green (she insists); skin, light; bust 32 inches; waist 26 inches; hips 35 inches; dress, size 12; shoes 4-B; hose 8½; hat 2½; and gloves 6½.

nails. She is said to be one of the hardest working models, and is under exclusive contract to photographer Ray Albert. She made her debut in Memphis, Tenn., where her mother died.

Each photo requires about three

Says Sun Tightens Skin

She spends every other day under the hot white lights. Wears a mob cap, large smock and dark glasses while her hands are being photographed. When she plays bridge of an afternoon outdoors she wears a large hat and gloves.

Travel is her hobby. Twice since she married Charles Pearsall, they've taken long treks in the United States, Mexico and Alaska. But, this summer she'll have no vacation. Her work is too much fun.

hours of posing.

hours of posing.

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