

### Doctors Go to Bottom of Spring Fever

Philadelphia, March 21 (AP)—Grandmother probably will never believe it but take the word of experts—she was all wrong when she gave generous doses of sulphur and molasses as a cure for "spring fever." There isn't any such thing.

That listless feeling you get around this time of year, three medical authorities agreed today, isn't something that you can prescribe medicine for, or put down in a textbook, or analyze under cause and effect. It is, well—

"It's all a myth—a state of mind," says Dr. Hobart A. Reisman, professor of medicine at Jefferson Medical college.

"When the weather gets warm, people begin to think of going fishing and going on vacations. But they can't because they have to keep working. So they rebel against the restraint and become restless. That's all spring fever is."

Dr. Myer Solis-Cohen, chairman of the county Medical Society's public relations committee, explains it this way:

"The feeling you describe as spring fever is probably due to the fact that the body has become accustomed to cold weather all winter and too suddenly is called upon to make adjustments to warm weather. Probably the nerves controlling the blood vessels don't make the adjustment without upsetting you a bit."

Dr. John C. Scott, professor of physiology at Hahnemann Medical college, thinks the change in blood

volume may have something to do with the case.

"You need more blood in warm weather to carry heat from the interior of the body out to the skin," he said. "It takes about five days for the body to manufacture the additional blood. Hence, in the first few warm days you're like an automobile that doesn't have enough water in the radiator."

### Davis Succeeds As High Principal

Silverton, Ore., March 21—Harold Davis, principal of the junior high school, was elected principal of the senior high school at a meeting of the school board last night. He will succeed H. J. Kramer, who recently accepted a position as principal of the Hood River high school. The change goes into effect at the close of the school year.

Richard Bars, who has been an instructor in the junior high school for the last year, will succeed Davis as principal. Prior to coming here he was connected with the state department of agriculture in Salem.

Contract of H. W. Adams, superintendent, has two more years to run. All other teachers were offered new contracts. The question of salaries will be discussed at a meeting of the board next week.

### RHEUMATIC PAIN A DANGER SIGNAL

It may be nature saying "Something Wrong." Act quickly. Make this 4-day test. Keep kidneys active same as bowels. Excess acid and other waste should be regularly eliminated or it can lead to rheumatic pain, backache, headache, setting up nights, burning, frequent or scanty flow. Use a kidney evacuant. Get BUCKETS from any drugist. Your 25c back if not pleased. Locally at Perry's Drug Store.

### Funeral of Mrs. Southwick Set for Friday

One of Salem's best known residents, Mrs. Helen M. Southwick, 92, died at the family residence, 1163 Marion street, Wednesday. She had lived in Salem for the past 58 years and had taken an active part in club and church affairs. She would have celebrated her 92nd birthday March 20.

Helen Marr Smith was born at Pine Plains, N. Y., in 1848, and was a direct descendant of General Nathaniel Green of Revolutionary war fame. She lived in Wisconsin before her marriage to Frank B. Southwick on November 24, 1867. They came to California by rail in 1874,

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Mr. and Mrs. Southwick came to Salem in 1882. Mr. Southwick was a carpenter and contractor. He passed away in 1924.

Mrs. Southwick was a prominent member of the First Methodist church and worked actively in the establishment of the Old People's home. She was one of the founders of the Neighbors of Woodcraft, Pacific division, and was also a leading member of the Salem Woman's club and Woman's Relief Corps.

Mr. and Mrs. Southwick were parents of nine children, three of whom survive. They are Mrs. Margaret Cox of San Francisco, Roland and Ralph Southwick of Salem. Grandchildren include Mrs. Hazel Wells

### "Virginia City" Adventure Film

The story of nearly \$5,000,000 in gold waiting to be found in the vicinity of the ghost town of Virginia City, Nev., and of the men who fought for it, is one of these half-forgotten epics of American adventure which is detailed in "Virginia

City," opening a six-day engagement at the Elsinore theatre Friday.

Stars of the adventure film are Errol Flynn, Miriam Hopkins and Randolph Scott, with others featured being Humphrey Bogart, Alan Hale, Frank McHugh, Guinn (Big Boy) Williams, Death Valley Scotty, for 30 years the most sought after personality by motion picture companies, finally accepted an assignment when he became the technical advisor. He refused any offer of a job or the salary but complied "just to help you fellows out."

of Vancouver, Wash., Mrs. Helen Schiffers of San Francisco, Margaret Jean and Frank B. Southwick of Salem.

Services will be held at 1 o'clock Friday from the W. T. Rigdon chapel with Dr. J. C. Harrison officiating. Interment will be in City-view cemetery.

### Camp Doctor Better

Detroit—Dr. A. J. McCannel, who has been seriously ill at his home here at the hotel, went for a ride Sunday and spent a short time at camp Monday. He is camp doctor at Mary Creek CCC camp.

### Communion Service Christian Church

A candlelight communion service has been planned for Thursday evening of this week at the Court street Christian church. The theme for the service will be "With Christ in the Upper Room." Abe Priesen will sing "The Old Rugged Cross," and the minister will bring a message on "Christ's Supreme Appeal." The public is invited to join in this service.

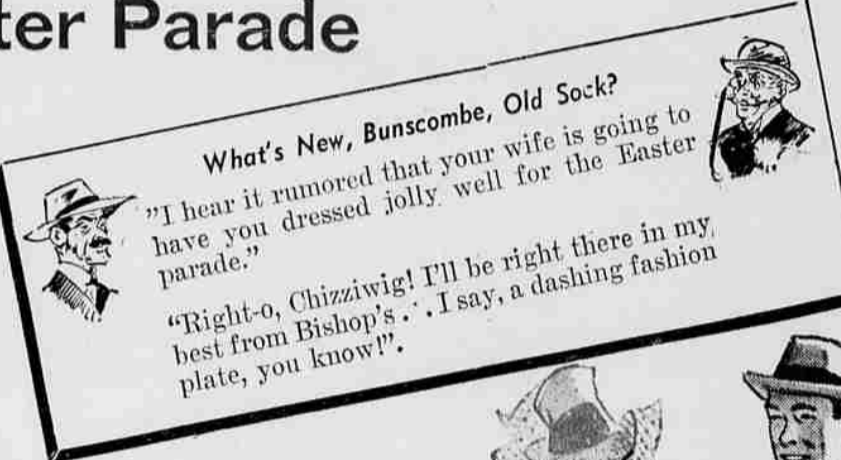
The Easter services at the Court street church will begin with an Easter breakfast at 7 a.m., with the program conducted by the young people of the Christian Endeavor. The Bible school program will be

given at 9:45 a.m. The morning worship service at 11 a.m. will feature special Easter music by the choir.

Sunday evening at 7:30 o'clock the Easter pageant, "The Morning Light," will be presented by twenty-three of the young people of the church. This pageant is a beautiful presentation of the life of Christ and its message to the modern world.

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