

PLAN TASTY NEW IDEAS FOR SALADS

Developing a new salad really requires no great amount of ingenuity. Simply let your imagination run rampant.

For instance, select a combination of fruits not usually served together. Place them on crisp lettuce with a few sprigs of watercress for a sprightly touch and you have a new dish. Your combination can be as simple as this Peach and Berry Salad, yet it will be distinctly different.

PEACH AND BERRY SALAD
12 fresh or canned peach halves
2 dozen fresh or canned berries
1 head lettuce
watercress
mayonnaise

If fresh peaches are used, peel, stone and halve them. If canned peaches are used, drain them well. Arrange two peach halves rounded side down, on each individual bed of lettuce. Then arrange 3 or 4 berries on each. Garnish with watercress on lettuce leaf on side of each salad plate, or serve with Appetizer Mayonnaise.

APPETIZER MAYONNAISE
1/2 cup real mayonnaise
1/2 cup French dressing
1 clove of garlic

Rub bowl in which dressing is to be mixed with cut side of clove of garlic. Slowly add French dressing to mayonnaise, beating constantly. Makes 1 cup mayonnaise.

Singer Tells How To Mix Drinks

Maxine Marlowe, singer with Phil Spialino's orchestra, tells about the favorite beverages she likes to make. These are her recipes:

MAXINE'S MINT MARVEL
small bunch fresh mint
additional mint leaves
1 pint ginger ale
1/2 cup grape juice
1/2 cup sugar
crushed ice
juice of three lemons

Crush leaves and chop the mint. Add water and sugar. Cover and allow to stand in refrigerator for an hour. After straining add grape juice, lemon juice and ginger ale. Fill glasses half way with crushed ice, then pour in the mint mixture and garnish with sprigs of mint.

PINEAPPLE PUNCH
No. 1 can shredded pineapple
Juice of six oranges
1/2 cups lime juice
3 cups water
2 cups granulated sugar
ice cubes

Combine the shredded pineapple and the fruit juices and in the meantime boil the water and sugar together for ten minutes. Chill and combine with the fruit juices. Glasses for serving should be filled generously with ice cubes.

Fill glasses with ice about a third. Then pour grape juice to within about an inch of top. Place a tablespoon of whipped cream on each glass.

STRAWBERRY COOLER
one quart boiling water
two quarts fresh strawberries
juice of lemon
1 1/2 cups granulated sugar
cracked ice

Boil the strawberries, sugar, lemon and water. Let it cook for 3 minutes after reaching boiling point. Strain off the juice, let it cool. Pour on cracked ice.

The flavor of hot prune juice may be improved if a little spice and lemon juice are added. Add one tablespoonful of lemon juice and a quarter of a teaspoonful of cinnamon and cloves for each two cups of prune juice.

Apricot Almond Bavarian Cream

1/2 pound dried apricots
2 cups boiling water
4 orange slices
2 lemon slices
1/2 teaspoon salt
2 tablespoons granulated gelatin

1/2 cup granulated sugar
1/2 cup cold water
1/2 cup almonds, blanched
1 cup whipped cream
Wash apricots. Add boiling water and soak one hour, or longer. Add fruit slices and salt. Allow to simmer for 45 minutes in a covered pan. Press through a colander and heat to the boiling point. Add gelatin which has soaked 5 minutes in cold water. Add sugar and stir well. Cool until a little thick. Fold in the remaining ingredients. Chill until firm.

GRAPES
1/2 cup dried apricots
2 cups boiling water
4 orange slices
2 lemon slices
1/2 teaspoon salt
2 tablespoons granulated gelatin

1/2 cup granulated sugar
1/2 cup cold water
1/2 cup almonds, blanched
1 cup whipped cream
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GRAPE FRUIT
A Limited Supply
35c dz.

ROYAL GELATIN
Assorted flavors,
2 pkgs. for 11c

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BROWN BETTY—Brown Betty is a dessert everyone likes. It's inexpensive, and it's very easy to make. It is also a convenient dish to concoct impromptu, for the ingredients are so simple that they are to be found in any ordinarily well-supplied pantry. With some cubes of bread, a little butter and sugar, and a small quantity of fruit, an unusually satisfying and nourishing dessert can be produced in no time. Sliced apples, berries, canned pineapple, peaches or cherries, and stewed dried apricots may be used to provide the flavor motif according to individual preference. Here is a recipe for Peach Brown Betty, a very popular version of this luscious dessert:

PEACH BROWN BETTY
1 cup sugar
1/2 teaspoon cinnamon
1/2 cup bread cubes
3 cups sliced peaches

1/2 cup water
3 tablespoons lemon juice
grated rind of 1 lemon
2 tablespoons butter

Blend sugar, cinnamon and salt. Arrange one-third of the bread in the bottom of a buttered baking dish. Add one-half of the peaches. Cover with one-half of the mixture. Repeat, topping dish with layer of crumbs. Mix the water, lemon juice and rind and pour over all. Dot top with butter. Bake in a moderate oven (350° F.) 45 minutes. Serve with a hot or cold sauce. Yield: 8 servings.

Fruit Peppermint Sauce Unusual
(For frozen or baked desserts)
1 cup crushed pineapple
1 cup granulated sugar
2 tablespoons flour
1/2 teaspoon salt
1/2 cup orange juice
3 tablespoons lemon juice

1/2 cup water
1/2 cup oil of peppermint
1 tablespoon butter
Blend pineapple with sugar, flour and salt. Add fruit juices and water. Cook slowly and stir constantly until mixture thickens. Add rest of the ingredients and heat well. Cool and chill.

Dark Ceilings
Color on the ceiling of a room has a tendency to make the ceiling seem lower. If the ceilings are high and the rooms large use a light ceiling. If the ceilings are low and the rooms small use a light ceiling.

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NEW WRINKLES IN SANDWICHES

Open faced sandwiches, which hold no secrets from our perennial interest in the nature of sandwich contents, seem to belong particularly to summer. The energy needs of warm or hot weather require less of the starchy exterior and more of appetite stimulating filling, or covering, in the case of the open sandwich.

Popularity with the co-eds of a western campus gives us a simple and effective use of finely chopped ripe olives and grated, sharp cheese arranged in alternate rows on a decrusted half slice of bread and held there by a background of soft

buttermilk and mayonnaise sufficiently thick to hold its place.

Such sandwiches, naturally, never make their appearance at any table patronized by returning hikers or husky football players. A sharp flavored cheese, finely grated, is needed, and the ready chopped or sliced ripe olives will require even further mincing to lend themselves to this striped flag arrangement. Use of the whole fruit, sliced from the pit by hand, provides left over ripe olives for garnishing sandwiches.

To prepare oranges for salads leave them in boiling water for three minutes. Then cut a piece from the top of the fruit with a sharp knife and start removing the peeling. The outside membrane comes off with the rind.

Rice Stuffed Green Peppers

3 large peppers
2 tablespoons bacon fat
2 tablespoons minced onions
2 tablespoons minced parsley
1/2 teaspoon paprika
1/2 teaspoon celery salt
1 egg or 2 yolks
1 cup cooked rice
1/2 cup soft bread
1/2 cup cream

Wash peppers. Remove tops. Discard seeds and pulp. Rinse peppers well. Heat fat in pan. Add and brown onions. Add rest of the ingredients and cook 2 minutes. Stuff peppers. Bake 25 minutes in moderate oven in small pan in which a third of an inch of boiling water has been placed.

Glasses used in making jellies should not be too tall. Shorter glass-

es, such as the regular commercial half-pint size, are very satisfactory. Molds of jelly removed from them are not as likely to break as those removed from taller glasses.

Schilling
pure Vanilla
The flavor lasts

We Invite Your COMPARISON

Take everything—known quality foods, neat clean stores, comfort and convenience, courteous intelligent clerks, low everyday prices, guaranteed transactions—Safeway excels in all. Such distinction was not won overnight. All the experience of 21 years as public servants has made Safeway the West's Leading Grocers. We invite, yes urge you, to compare Safeway with others. Compare everything. Learn for yourself where you can "do better". As a proficient home manager, you should KNOW!

SAFEWAY

We Take Pleasure in Thanking Everyone Who Participated in the Grand Opening of Our New Store and We Hope We Will Merit Their Continued Patronage

Compare these Customary Safeway Values!

ROYAL BAKING POWDER, 12-oz. can 29c	ROOT BEER EXTRACT—French's, makes 5 gallons 9c	CRAB MEAT—Karpac, 1/2s, 2 cans 35c
GINGER ALE or LIME RICKEY, Canada Dry, 12-oz. bottle 9c	SALAD SERVE DRESSING, qts. 35c	TUNA FISH—White Star, 1/2s 15c
RAMAGE'S ICE COLD BEVERAGES, Root Beer, Strawberry, Orange and Lemon, Full 29-oz. bottles 10c	MAYONNAISE—Aristocrat, pint in a reusable jar 25c	ASPARAGUS TIPS—Libby's picnic tins 16c
Plus 5c Deposit for Bottle	BIRD SEED—Claremont, pkg. 9c	PINEAPPLE JUICE—Libby's No. 211 tins, each 9c

SUGAR
Fine Granulated
10-lb. paper bag 59c
25-lb. paper bag \$1.43
100 lbs. \$5.49

WESSON OIL
Qts. 39c
SPRY SHORTENING Fry with Spry
3 lb. tin 53c

VINEGAR
Bulk pure cider, qt. 5c

Crackers
All Krispie Salted
2 lb. box 19c

FREE! BIRTHSTONE BRACELET
For only 20c wrappers from CRYSTAL WHITE SOAP
ASK US FOR DETAILS
OUR PRICE

20 bars 65c
WHEAT FLAKES, 9c
Kellogg's large pkg. 9c

COFFEE
Airway—See it Ground, Know it's Fresh.
lb. 18c 3 lbs. 50c

Nob Hill Coffee 2 lbs. 47c
Edward's Vacuum Pack, lb. 25c 2 lbs. 49c

CORN FLAKES each 9c
Kellogg's or Post, large jumbo pkgs.

FLOUR
Kitchen Kraft 49-lb. bag \$1.79
Harvest Blossom 49-lb. bag \$1.59

SPINACH
Libby's No. 2 1/2 tins 15c
TOMATO JUICE
Stokely's, No. 2 tins 10c

CHEESE—Pimiento, Kraft's Brick, American, 1/2-lb. pkg. 17c
MALTED MILK, 39c
Thompson's, tin. 39c

STARCH—Kingsford Corn or Gloss, pkg. 9c
BEER—Brown Derby, 12-oz. cans 5 for 49c

BALL or KERR MASON JARS
Quarts, doz. 89c
Pints, doz. 75c

JAR RUBBERS
Masons, reg. 3 doz. 10c

KREMEL DESSERT
All Flavors 3 pkgs. 10c
COCOA
Hershey's, 1-lb. tin 14c

PUSS AND BOOTS CAT FOOD
Can 5c

DOG FOOD
Scotty Allen, 3 cans 19c
TOMATOES
No. 2 1/2 cans 9c

CLOROX Bleacher, qt. 15c
TISSUE
Silk, 4 rolls 15c

Chocolate Syrup 10c
Hershey's, 16-oz. Can

Egg Noodles 15c
Best Bet, 16-oz. Pkg.

Peanut Butter 29c
Real Roast Packed in a Sanitary Jar, 2-lb. Jar

FRESH FRUIT AND PRODUCE SAVINGS FRIDAY & SATURDAY ONLY

GRAPES Seedless Lb. 5c	CANTALOUPE 5c	LEMONS Sunkist Doz. 29c	CORN 2 Dozen 25c
Wax Onions 6 lbs. 10c	Carrots or Beets Large Bunches 3 for 10c	FRESH GROUND BEEF No water or cereals in it, lb. 15c	SHORTENING in bulk. The best 2 lbs. 25c
BEEF STEAKS —Tender and juicy, Sirloin or Rib, lb. 23c	SWEET PICKLES , Mix or Nubbins, pint 10c	BOILING BEEF , Nice & meaty fine to cook with noodles ... 2 lbs. 25c	SALAD DRESSING , Lemon Whip, qt. 25c

SPECIAL PRICES Given to Harvesters on Quantity Meat

SPECIAL VALUES EFFECTIVE FRI., SAT. AND MON. - AUGUST 13, 14, 16

935 S. Commercial — Corner 13th and State Sts. — Corner Court and Commercial — 1978 N. Capitol — Corner Broadway and Belmont

Western Food Market

100% Home Owned 100% Union Operated

137 South Commercial, Salem
McMinnville Store, 340 3 rd St., McMinnville, Ore.

GET THIS STAINLESS STEEL PICKLE FORK SEE YOUR GROCER

only 10c

You've been waiting for this pickle or olive fork! It is designed for deep bottles. With Knight's products at your grocer's.

KNIGHT'S