

A COCKTAIL PARTY MENU

The Menu

- Assorted Cocktails
- Tomato Juice Cocktail
- Chilled Fruit Juices
- Lobster Canapes
- Cheese Crackers
- Cress Rolls
- Ham Swiss Squares
- Cream Cheese Ginger Fingers

LOBSTER CANAPES

- 18 salted water
- 1-3 cup minced canned lobster
- 4 chopped olives
- 1 cup finely chopped celery
- 1 teaspoon minced parsley
- 1 tablespoon lemon juice
- 1/4 teaspoon salt
- 2 tablespoons mayonnaise
- 2 tablespoons soft butter
- Paprika

Arrange the water on a flat surface. Spread with lobster mixed with olives, celery, parsley, lemon juice, salt, mayonnaise and butter. Sprinkle with paprika and serve.

CRESS ROLLS

- 18 thin slices fresh white bread
 - 1/2 cup chopped cress
 - 6 tablespoons soft butter
 - 1 tablespoon cream
 - 1/2 teaspoon salt
- Discard crusts from slices of bread. Mix cress, butter, cream and salt. Quickly spread on the bread. Roll up each slice and wrap in waxed paper to hold in shape. Chill until serving time. Insert bits of cress in one end of each roll.

HAM RELISH SQUARES

- 18 two inch squares bread, buttered
 - 1/2 cup finely chopped ham
 - 2 tablespoons chopped sweet pickles
 - 1 tablespoon horseradish
 - 1 tablespoon minced onion
 - 1 tablespoon prepared mustard
 - 2 tablespoons salad dressing
- Place bread on a flat pan and spread with rest of ingredients combined. Bake or broil until the tops are light brown.

CREAM CHEESE GINGER FINGERS

- 18 two inch bread slices, buttered
 - 1/2 cup white cream cheese
 - 1/2 cup chopped candied ginger
 - 1/2 cup butter, broken
 - 1/2 teaspoon salt
- Cut fresh white bread into strips one-half by two inches in size. Spread with butter and then cover with rest of the ingredients combined. Arrange, spoke-fashion, on a large platter and serve.

Garden Salad

- 3 slices tomatoes
 - 2-3 cup sliced asparagus
 - 1/2 cup sliced cucumbers
 - 1/2 cup sliced radishes
 - 1/2 cup sliced celery
 - 2 tablespoons minced onion
 - 1/2 teaspoon salt
 - 1/2 teaspoon paprika
- Mix and chill ingredients. Serve in bowl lined with cress.

ROQUEFORT CHEESE DRESSING

- 1/2 teaspoon salt
 - 1/2 teaspoon translated suet
 - 1/2 teaspoon celery salt
 - 1/2 teaspoon dry mustard
 - 1/2 teaspoon celery seed
 - 1/2 teaspoon minced onion
 - 3/4 cup olive oil
 - 3 tablespoons creamed Roquefort cheese
- Mix all the ingredients and beat 2 minutes with a fork. Chill. Beat and serve poured over the salad.

SOUP GARNISH

- Serve one slice of lemon sprinkled with parsley with each serving of clear soup.

This Menu May Cure Spring Fever

Anne, Iowa (P)—"Spring fever" is nothing but a winter hang-over, says Miss Ruth Cesana, Iowa State college nutritionist.

"If you had eaten the right food in winter you wouldn't feel that way," says Miss Cesana. "That tired feeling is due to a lack of iron in the blood and the result of a winter spent 'chained' in an office away from sunshine.

"The right kind of food will do wonders for your ego and your energy."

She suggests the following menu as one means of getting rid of spring fever:

Breakfast: Rhubarb, creamed eggs

on whole wheat toast, milk or coffee.

Luncheon: Mixed green salad, cream of mushroom soup, prune whip.

Dinner: Lamb chops, steamed rice in butter, stewed tomatoes, rolls and butter, brown betty pudding made with molasses.

Tomato Sandwich

- 4 slices bread
- 2 tablespoons butter
- 2 tablespoons mayonnaise
- 12 slices tomatoes
- 2 tablespoons minced onion
- 2 tablespoons minced green peppers
- 1 teaspoon minced parsley
- 1/2 teaspoon salt
- 1/2 teaspoon paprika

Arrange bread in a shallow pan. Spread with butter and top with rest of the ingredients. Bake or broil until bread has toasted and tomatoes well browned.

SUMMER FOODS Are Now In Vogue

Remember, Model carries everything needed, the best at exceptionally reasonable prices, prices you can afford to pay... We deliver. 30-DAY ACCOUNT SERVICE

- New White Potatoes, No. 1, 7 lbs. 19c
- Hood River Asparagus, 3 lbs. 29c
- Local Spinach, 2 lbs. 9c
- Large Firm Lettuce, 2 heads 15c
- Ex. large Cucumbers, each 10c

- John's Glacé free! 2 pints for the price of one 59c
- Polishing Cloth free with 1 pt. Johnson's Furniture Polish 69c
- 1 pt. Brilliantshine (for brass and nickel) 25c
- Wright's Silver Cream Polish (For your best silver) Jar 23c

- SPRY — (The new double-creamed shortening) 3 lbs. 69c
- 3-lb. can Libby's Corned Beef 75c
- Crosse & Blackwell Date and Nut Bread 15c
- Campfire Marshmallows 1 lb. pkg. 19c
- Corning Olive Oil — Jumbo quarts 45c, Jumbo pints 25c
- Corning Olive Oil, pints 50c
- Corning Olive Oil, quarts 90c
- Stuffed Olives 2 bot. 25c

- Model Gooseberry Pies 30c
- Model Rhubarb Pies 30c
- Fruit Gelatine (moulded) 5 & 10c size
- Potato and Macaroni Salad, pint 25c

CATERING... See Miss Barrett about your Picnic, Outings, Teas and Dinners

Model Food Market
275 N. High Phone 4111
THIRTY-DAY ACCOUNT SERVICE—FREE DELIVERY

SAFESWAY

4 STORES:— 935 S. COMMERCIAL - CORNER COURT & COMMERCIAL STS. - 1978 N. CA PITOL ST. - CORNER 13th & STATE STS.



Nowadays, modern menus include refreshing juices and beverages because they pep up appetites, add zest to meals. Always up-to-the-minute, Safeway stocks and varieties of these popular items are most complete. Come in and make your selection this week at these sale prices!

- TOMATO JUICE** Stokely's 5-oz. can 19c
- TOMATO JUICE** Stokely's No. 2 can 2 for 19c
- LIME JUICE** M. C. P., can 19c
- PINEAPPLE JUICE** Libby's 8-oz. can 5c
- ORANGE JUICE** Libby's 12-oz. can 2 cans 25c
- GRAPEFRUIT JUICE** No. 300 Can STOKELY'S 3 cans 23c
- PRUNE JUICE** State Prize, No. 1 can 8c

Friday to Monday
May 21 to 24 Incl.

- Calumet** Baking Powder 1 lb. can 19c
- JELLO** Assorted Flavors Pkg. 4c
- COCOA** Waverly 2 lb. can 11c
- Bisquick** Gold Medal Lge. Pkg. 27c
- Corn Flakes** Kellogg's 3 pkgs. 19c
- Baby Food** 3 Cans Libby's 25c
- Raisins** Sun Maid 15-oz. Pkg. 5c
- SOUP** Van Camp's Tomato Can 4c
- OXYDOL** For Spring Housek'p'g, pkg. 17c
- Tomatoes** 3 for Standard No. 2 1/2 Cans 23c
- Ivory Soap** med. bar 5c
- SALT** 2 Shakers Morten's 13c

It Pays to Buy at Salem's Leading Market

There's More In A Nickel Than **5c** Cents

- Gelatine Dessert** 2 for 5c
- Ice Cream Powder** Pkg. 5c
- SARDINES** Can 5c
- CORN FLAKES** Pkg. 5c
- SPAGHETTI** Can 5c
- PICKLES** Bulk Quart 5c
- Toilet Paper** 2 for 5c
- SOUPS** Can 5c
- VEGETABLES** Always Garden Fresh Complete Variety
- Bacon Squares** in the piece 1-4 lb. 5c

It Pays to Buy at Salem's Leading Market

CROSS MARKET

Ph 4133 265 N. Liberty Ph 4134
No Dealers... We Reserve the Right to Limit Quantities

— COFFEE —

- AIRWAY** 1 lb. 17c
- NOB HILL** 2 lbs. 45c
- EDWARDS** 1-lb. tin 25c

Use Our Free **PARKING LOT** at **935 S. Commercial** Avoid Parking Tags

— FLOUR —

- Kitchen Craft, every sack guaranteed, 49-lb. sk. \$1.69
- Harvest Blossom—hard wheat, 49-lb. sack \$1.49

- OATS, Quaker, lg. pkg. 23c
- SPINACH, No. 2 1/2 can 10c
- CORN, Raymal, No. 2, 2 for 27c
- DOG FOOD, Victory, 4 cans 19c
- SPAGHETTI, Van Camp, 2 for 15c No. 300 Can
- ASPARAGUS, Red Spark, can 15c
- PEAS, Stokely's Honey Pod, 2s, 2 for 27c
- PEAS, Del Monte Early Garden, No. 2s, 3 for 39c
- GRAPE FRUIT, Stokely's, No. 300 can 9c
- ASPARAGUS, Red Spark, can 15c

- ## PRODUCE
- FRIDAY AND SATURDAY
- NEW POTATOES, 10 lbs. 25c U. S. No. 1 White
 - LETTUCE, 3 heads 10c Large, Solid Local
 - ORANGES, 2 dozen 35c Valencia Juicy
 - NEW PEAS, 4 lbs. 19c Long, Well-Filled Pods
 - SPINACH, 3 lbs. 10c Fancy Green Lablib
 - WAX ONIONS, 6 lbs. 25c Sweet-as-an-Apple

- SHRIMP, Gulf Kist, 2 for 25c
- OYSTERS, Pelaco, 2 for 23c
- CLAMS, FAB, 1/2 can, 2 for 19c
- ENER-G CEREAL, pkg. 23c
- WESSON OIL, qt. 43c
- STARCH, Argo, 2 pkgs. 17c
- SODA, A. & H., 3 for 19c
- PUREX BLEACHER, 1/2 gal. 15c
- SILKO, 1000-sheet roll 5c
- WAX PAPER, 125-foot roll 19c

— MARKET FEATURES —

- Fresh Ling** A Fine Fish to Fry or Bake lb. **11 1/2c**
- Dill Pickles** With Meat Purchase Qt. **5c**
- Beef Steaks** Cut from Young, Tender Beef lb. **25c**
- Sweet Pickles** Mix or Nubbins Pint **10c**
- Salad DRESSING** Lemon Whip Pint **15c**
- Frankfurters** Tender and Juicy lb. **19c**