



A Page for THRIFTY SHOPPERS and CLEVER COOKS



SUNDAY MENU SERVES FIVE

One of our favorite dinners evolved around fricassee chicken. And this is one of the best recipes we've ever ambled onto for this particular method of preparing chicken. Try the following menu for next Sunday. It will serve five.

Cream of Tomato Soup
Waters
Fricassee Chicken
Candied Sweet Potatoes
Buttered Cauliflower
Corn Fritters
Asparagus Relish
Apple Pie
FRICASSEE CHICKEN
(A Family Favorite)
4 1/2 pound chicken
1 cup flour
1/2 teaspoon salt
1/2 teaspoon paprika
1/2 teaspoon fat
2 tablespoons butter
1 cup water

Thoroughly clean and wash chicken. Cut into serving pieces. Roll in flour and sprinkle with salt and paprika. Melt fat in frying pan. Add and quickly brown chicken. This requires about 10 minutes. Remove chicken to baking pan. Add butter. Pour water into frying pan and boil one minute, pour over chicken. Cover tightly. Bake 2

hours in moderately slow oven. Inspect every 20 minutes and turn to allow even cooking.

After chicken has been removed from pan, add 3 tablespoons flour mixed with 1/2 cup water. Cook this gravy mixture thoroughly, stirring constantly.

CORN FRITTERS
1 cup flour
1/2 teaspoon baking powder
1/2 teaspoon salt
1/2 teaspoon celery salt
1/2 teaspoon sugar
1 cup cooked corn
1 egg
2 tablespoons milk
2 tablespoons fat

Mix all ingredients excepting fat. Beat well. Drop by the tablespoonful into fat which has been heated in frying pan. Turn fritters to allow even cooking. These fritters

can be cooked in deep hot fat if desired.

ASPARAGUS RELISH SALAD
5 pieces lettuce
15 sprigs cooked asparagus
1/2 cup diced celery
1-3 cup sweet pickle relish
2 tablespoons chopped onions
1/2 teaspoon salt
1/2 teaspoon pepper
1-3 cup French dressing

Chill ingredients, combine and serve.

MISSION CIRCLE MEETS
Silverton—Mrs. H. Rindem was refreshment hostess to the members of the Mission circle of the Trinity Lutheran church Wednesday afternoon in the social rooms of the church. Mrs. Carl Foss is president and Mrs. Ed Holden, secretary of the circle. The members worked on a quilt during the afternoon.

PINEAPPLE IS VERY VERSATILE

A food can be called pat and should be praised and patted when it comes at the proper time in a meal and bears the right relation to the other things you are eating. Courses including pineapple are frequently pat. Try these recipes:

STUFFED MEAT LOAF
Mix together 3/4 pound chopped beef, 3/4 pound chopped veal one beaten egg, 1/2 cup milk, one teaspoon salt and a few grains of pepper, and line bottom and sides of a greased loaf pan with it. Fill cavity with stuffing, cover with rest of meat, lay strips of bacon on top and bake in a hot—400 degree—oven for about 45 minutes. Serves eight.

PINEAPPLE PORK CHOPS
Empty a No. 2 can crushed Hawaiian pineapple into a large flat

battered casserole. Peel three large sweet potatoes, slice over the top, and sprinkle with one-half cup brown sugar. Salt six thick loin pork chops, and lay on top. Cover and bake in hot—400 degree—oven until tender, from an hour to an hour and a quarter. Uncover for last 15 minutes to brown chops. Serves six.

CHICKEN PINEAPPLE LOAF
Cut chicken from a 12-ounce can fine and add one cup drained crushed Hawaiian pineapple. Add 1 1/2 cups dry bread crumbs. one tea-

spoon salt, a few grains paprika and three slightly-beaten eggs. Add enough pineapple syrup to moisten. Pack into a greased loaf pan and make in a hot—400 degree—oven for about 45 minutes. Serves eight.

STUFFING
Add 1/2 teaspoon sage, 1/2 teaspoon thyme and salt to taste to 1 1/2 cups dry crumbs, and add two table-spoons melted butter. Mix in one cup crushed Hawaiian pineapple.

week-end. She accompanied Miss Ruth Boyce, seventh and eighth grade teacher, as far as Newberg on her way home in McMinnville.

Independence—Robert Craven, local confectioner and member of the city council motored to Cloverdale on the coast Monday in the interest of his father's estate. His father, W. H. Craven was interested in a large dairy farm near Cloverdale, a brother of the deceased is operating.

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Have YOU ENTERED THE CAKE-BAKING CONTEST?
Get the Entry Blanks from us

- Swansdown Cake Flour, Pkg. 29c
- Calumet Baking Powder, lb. 25c
- Bakers Premium Chocolate, 1/2 lb. cake 22c
(A cake pan FREE with each half pound)
- M. J. B. Coffee, 3 lb. can 85c
- Junket Ice Cream Powder, 3 Pkgs. 25c
(Maple, Vanilla, Chocolate)
- Leslie Salt, Plain or Iodized, 3 Pkgs. 25c
- Yellow Split Peas, 2 lbs. 15c
- California Fancy Rice, 4 lbs. 25c
- Recipe Marshmallows, in cello., lb. Pkg. 17c
- Fort Howard Toilet Tissue, 3 rolls. 22c
- Scott Paper Towels (150 towels) 25c
- Ivory Towel Holders, each 25c
- Fancy Walnut Meats, lb. 35c
- Fishers Biscuit Mix, large Pkg. 25c
- Elsinore Telephone Peas, 2's 17c
- Elsinore Spinach, 2 1/2's, 2 cans 27c
- Elsinore Spinach, 1's, 3 cans 29c
- Monarch Red Pitted Cherries, 2's, 3 cans 43c
(Makes delicious cherry pie)
- New West All Green Asparagus, 2 cans 45c
- Blue Tag Fancy Bartlett Pears, 2 cans 45c
- Del Monte Golden Bantam Corn, 3 cans 43c
- L of V Kernel Corn, 1's tall, 2 cans 35c
- S & W Artichoke Hearts, No. 2 cans 25c
- S & W Cranberry Fruit, 1's, 2 cans 35c
- S & W Cranberry Sauce, 2's, 2 cans 45c
- Kadota Figs, tall cans, 2 for 35c
- Frozen Strawberries, pint 15c; quarts 28c
- Model Hot Cross Buns, dozen 25c

VEGETABLES
Cauliflower, Spinach, Mustard Greens, Water Cross, Green Onions, Radishes, Artichokes, Head Lettuce, Celery, Fresh Peas, California Tender Carrots, Solid Cabbage, Tomatoes, Cucumbers, Peppers.



Pantry Patter
By R. O. E.

The thoughtful hostess can do a great deal to add to the delight of her guests.

One device followed by a particularly popular hostess was keeping a notebook in which she listed the names of her friends. After each name she listed the special soups, meats, desserts and other dishes she knew they especially liked. Along some of the names she even had dishes that were disliked.

To complete the book, she kept records of menus so that when she asked the same persons to dinner she did not duplicate previous repasts.

TO ABSORB TURKEY GREASE
To absorb some of the grease of sausages and turkeys place a piece of brown paper over them. This can best be done during the final, rather slow cooking in an oven, but care must be taken to see that the paper doesn't catch on fire.

To prevent the filling from soaking into the undercrust of a two-crust or custard pie with uncooked filling, beat an egg white just enough to have a few bubbles form. Spread thinly over the lower crust and then add filling.

When heated the white forms a little coating which helps prevent the filling from going into the crust.

KEEP SPICE TIN TIGHT
Keep the tops of spice tins very secure as the air tends to make spices lose their flavor and "spiciness."

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NOTWITHSTANDING

The fact wholesale foods are 20% higher this March over March of last year our customers are still enjoying very largely the low prices of last year due to new improved store arrangements and more efficient operation. We invite you to be a customer of these stores—we assure you daily savings and convenience in shopping.

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|---|--|---|---|--|
| Durkee's Mayonnaise
Qts. 45c Pts. 28c | White Star TUNA FISH
2 for 19c
1/2's, 2 for 29c | Texas Quality New Pack Large SHRIMP
Old style dry pack, 2 for 23c
Fresh wet pack, 2 cans 29c | Dunbar Cove OYSTERS
10c | Globe Trotter Norwegian SARDINES
In Olive Oil— 24c
3 cans 24c |
| Durkee's SALAD AID
Qts. 39c Pts. 24c | YACHT CLUB TUNA
2 for 25c | TUNA FLAKES , No. 1 1/2's 10c | SARDINES — Boothard, large oval tins, mustard or tomato sauce, 2 for 15c | CLAMS —Master Minc'd flat cans, 2 for 29c |

CANNED FOOD SALE

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|--|---|---|--|
| Hunt's Supreme Yellow Cling PEACHES
Sliced or halves—No. 2 1/2 size cans
2 for 35c or 3 for 50c | PINEAPPLE — Broken sliced, large No. 2 1/2 size cans, 2 for 29c
TOMATO JUICE — New West, 3 cans for 20c
TOMATO JUICE, Hunt's Supreme, 3 cans 20c
SLICED BEETS — Lily of Valley, No. 2 cans, 3 for 25c
BEANS — Green Spot stringless, No. 2 cans, 3 for 25c | TOMATOES — Island solid pack, No. 2 1/2 tins, 2 for 25c
HOMINY — VanCamp's, No. 2 1/2 size cans, 3 cans 27c
CAMPBELL'S TOMATO SOUP — 3 cans 21c
Other varieties Campbell's soups, 3 cans 24c
PEAS — Flavor Crest — No. 2 cans, 2 for 22c | CORN — Blue and Gold, fancy Golden Bantam—No. 2 tins, 2 for 29c
4 for 56c
CORN — Diamond A fancy whole kernel Golden Bantam. Packed in Oregon. A real value, 2 cans 25c
4 cans 49c
PEAS — Sunset Valley—No. 2 cans, 2 for 25c |
|--|---|---|--|

- Snow Flake Sodas Or Sunshine Krispies**
2 lb. packages 29c
- Calumet Bkg. Powder** 1 lb. 24c 2 1/2 lb. 50c 5 lb. 79c
- JELLO** 3 for 17c 6 for 33c doz. pkgs. 65c
- COCOA** — Bakers' 1 lb. 18c
POSTUM — Plain 1 lb. Pkg. 19c
MINUTE TAPI- OCA — 2 Pkgs. 21c

- WHEN YOU USE OLD GOLDEN COFFEE**
you are using as fine quality coffee and certainly the freshest you can buy and what's more you aren't paying a nickel for a tin—old you just pay for good coffee—OLD GOLDEN
- 1 lb. 25c 2 lbs. 49c
- Mellow Blend Coffee**
Freshly Roasted 2 lbs. 35c
- SUGAR** — The finest quality pure cane Snow Flake sugar, 10 lbs. 49c
25 lbs. \$1.21, 100 lb. sacks \$4.79
- POWDERED SUGAR**, 3 lbs. 17c
- BROWN SUGAR**, 4 lbs. 19c
- CAKE FLOUR** — Swans Down 27c
- BAKERS CHOCOLATE**, 1/2 pound cake 23c
- POST TOASTIES**, 3 Pkgs. 20c
- PURE HONEY**, 5 lb. pail 42c
- PANCAKE FLOUR** — Pillsbury's, large Pkg. 19c
- LOG CABIN SYRUP**, Ta. size 19c
- BLUE LABEL KARO** — 5 pound pail 33c
10 lb. pail 63c
- BRER RABBIT MOLASSES** — 2 1/2 lb. can 24c
1 1/2 lb. can 13c
- AUNT DINAH MOLASSES** — Aunt Dinah, small 11c; No. 2 1/2 size 19c
- FLOUR** — \$1.89
Drifted Snow
- FLOUR** — Pillsbury's Tamarac hard wheat flour \$1.49
KITCHEN QUEEN \$1.54
PILLSBURY'S BEST \$1.93
- CRISCO** THE DIGESTIBLE SHORTENING
GET THIS FULL SIZE ONE POUND CAN for 5c
with THIS 3 POUND CAN at 58c

A WORD ABOUT RICE KRISPIES

from W. K. KELLOGG

OFTEN a new product benefits many phases of American life. This has been our experience with Kellogg's Rice Krispies.

We had a double objective in developing Rice Krispies. First, to create a delicious cereal that would appeal to every one. Second, to help mothers in their task of getting children to take sufficient milk. It was thought that a different type of cereal—one that would snap, crackle, and pop in milk or cream—would stimulate appetites.

And the convenience of this ready-to-eat cereal has resulted in shorter hours—more leisure for mothers.

The success of Rice Krispies has opened a tremendous new market for the American farmer. The Kellogg Company has become one of the world's largest buyers of American-grown premium rice. The Kellogg Company also uses many millions of bushels of corn and wheat every year.

American industry also benefits. Thousands of people are kept busily employed in the manufacture and marketing of Kellogg's Cereals.

We are pleased that Rice Krispies have delighted millions of mothers and children. We are particularly happy that this has helped thousands of people to have better jobs, and to enjoy life more.



This was true. Today, people of all ages are enjoying Rice Krispies.



ARMOUR'S MILK

tall cans 3 for 17c

Maxwell House Coffee

pound 31c

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