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"Without or with offense to friends or foes
 I sketch your world exactly as it goes."
 —BYRON

Exploiting The Afflicted

There comes to our desk, attractively printed on high grade book paper in three colors, a little folder picturing on its title page a storm-battered sailing ship riding peacefully upon the placid waters of a sheltered cove.

It bears the inscription, "The Calm After the Storm." Across the spread of the inside pages is emblazoned the words "Elixir of Luminol" in large, bold letters.

That pamphlet was picked up in a public office catering to the health and medical demands of public sufferers, and consists of nothing more nor less than an appeal to ailing people to seek release from their suffering through the use of Luminol, a coal-tar derivative and a member of what the medical profession terms the barbituric acid group along with veronal and a dozen or more similar preparations which, properly used, have a valuable place in the practice of medicine.

But when indiscriminately used without the direction of physicians familiar with them these products, sold openly across drug store counters without restriction, are seriously detrimental to the health of their users and often permanently injurious to their well-being.

By physicians these products are often administered as a mild sedative without damaging effects, and if properly handled are not habit forming. But to the voluntary seeker for relief from nervous ailments they are dangerous in the effects which may follow the increased doses that are required to secure relief to habitual users. Long continued use usually results in the user becoming sluggish of mind and physical action, and is conducive of despondency that sometimes leads to mental ailments.

With all of the precautions which have been thrown around the sale and general distribution of opiates, poisons and the like, these products have escaped all regulation either by federal or state governments or American municipalities, and we now find the manufacturers of them openly recommending them for unrestricted consumption while physicians are wondering and speculating as to how long the traffic in these semi-drugs shall be allowed to spread its destruction among ignorant laymen.

The imposition by the city council of Salem of restrictions upon its sale in stores here, except upon the prescription of licensed physicians might start the ball to rolling toward state wide regulation of the evil, and eventually curb such exploitation of the afflicted to their own destruction.

SOVIET MAKING HEADWAY WITH GLAND STUDIES

Berlin—(AP)—Endocrinology, which is the science of the glands which govern many of our physical and sexual characteristics, is rapidly being placed on a sound, scientific basis, according to Dr. Ralph A. Reynolds, noted specialist of California.

"Rejuvenation operations have aroused much interest in the last few years," the California physician told the United Press. "Much also has been said of the disturbance of certain glands which regulate body growth, determine whether a person will be tall or short, fat or thin, and whether masculine or feminine characteristics will be strongly marked."

"Until quite recently our knowledge of this subject—endocrinology—has been sketchy and has been based on information not altogether scientifically proven. Now, however, scientists in all medical centers are doing thorough and scientific work in this important new field of medicine, and the facts which we now learn from these reliable sources are probably well founded."

Referring to the progress al-

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ready made, Dr. Reynolds declared that "surprising as it may seem to those who think of Russia as a backward country, it is there, in Soviet Russia, that we find the most ambitious and extensive program of research."

"Many animals are, of course, necessary for the experimental work. Up to the present, all over the world the majority of the animals used have been goats, rams, cows, pigs, chickens, rabbits and dogs. These have been used because they are easily obtainable and can be produced in all climates. They are not, however, the ideal animals for such experimentation. The scientists' idea is to carry on all his work with apes and monkeys, because in their anatomical and physiological makeup they resemble human beings much more closely than do any other animals."

"Already great progress has been made. Up until 1918 there was no such thing as an endocrine experimental station in Russia. Now so well established and organized have they become that they produce enough gland extracts, such as thyroid and ovarian extracts used in the treatment of certain disorders, to supply all of Russia. Considering the fact that Russia has a population of one hundred and forty millions, this in itself is no small accomplishment."

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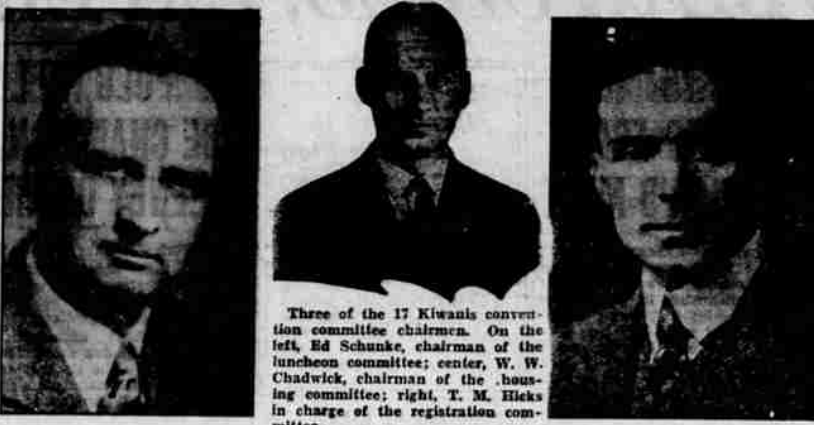
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New Anesthesia Lets Patients Hear Radio While Surgeons Cut

Honolulu, T. H. (UP)—How modern surgery permits a patient to lie on an operating table, conscious and enjoying a radio concert, while surgeons are performing a major operation, was described by Dr. George Norman Pease, Portland, Ore., in speaking at the Pacific surgical conference called under the auspices of the Pan-Pacific union.

Spinal anesthesia, a relatively modern practice in surgery, furnishes the means that makes these operating-room radio programs possible.

"Spinal anesthesia has a very definite place in surgery—in a large number of cases it is the only anesthesia that makes an operation possible and safe," Dr. Pease said.

He based his assertions on 15 years of practical experience with spinal anesthesia.

The Portland surgeon described the method of administering spinal anesthetics which differs from the practice of local and general anesthesia familiar to most laymen.

Anesthetics are introduced in the spine which leaves the patient conscious throughout the operation, although utterly without sensation in his abdomen and lower limbs.

"Cases such as stomach resections and operations on any seriously shocked patients, where general anesthesia would be too prolonged to be considered safe, or where the field of operation would be rather extensive and the discomfort of the patient too great for local anesthesia, spinal anesthesia has its place," Dr. Pease declared.

"Spinal anesthesia as we have now learned to use it, is reasonably safe."

Dr. Pease declared that during his experience with more than 200 patients in spinal anesthesia cases there were only two fatalities.

The surgeon said one of the advantages of spinal anesthesia was that it gave perfect relaxation, which is not obtained from other anesthetics.

WEST SALEM
 Miss Ruth Bedford was a recent dinner guest at the W. E. Anderson home in Salem meeting Mrs. Mary Schultz, a prominent violinist from New York city.

Mr. and Mrs. Wallace of McNary avenue, have improved their property by adding a good sized room to their cozy home.

The Fred Smith new residence on Edgewater street, is being lathed and will soon be ready for the plasterers and the G. H. Tracy new home near-by, is nearing completion.

J. R. Bedford had his threshing done Tuesday and Wednesday of this week. He reports a fair yield.

Mr. and Mrs. Hubbell Young and daughter, Carol and one, returned Wednesday evening from a few days business and pleasure trip to Eugene.

F. A. Miles, who is working for Benton county, traveling the market roads, with a force of three

a number of other prominent Jersey breeders, herds of the Perrydale section.

Mr. Crook, who had his hand badly mashed in the combine last week is getting along nicely under Dr. Starbuck's care.

Ernie Schmitt, son of Mr. and Mrs. John Schmitt, visited here over the week end. For the past several months he has been working in the mill at Vernonia.

Mrs. Ross Willis and daughter, Geraldine, and infant son, Wayne, who have been spending the past week at Mrs. Willis' parents' home, Mr. and Mrs. C. O. Allen, returned to her home at Toledo Monday.

Henry Grooms and daughter, Mrs. Thelma Brown, of Holdenville, Okla., spent Tuesday at the Jess Johnson home.

Mr. and Mrs. Otto Brookman and Mr. Snyder of near Turner, were guests of Mr. and Mrs. C. O. Allen Sunday.

Mr. and Mrs. Fred Gooteman and family, attended church at the Salt Creek Methodist church Sunday, where a basket dinner was enjoyed.

Mr. Guy Hewitt of Greenwood district, was a business caller at Elkins Thursday.

SCIO
 Rhea Mumper has returned to Salem, where she expects to be employed until the opening of school in Scio September 17.

A Scio party of young people had a jolly wienie roast and bathing entertainment in the Santiam river at Green's bridge Tuesday evening.

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The condition of Mrs. Stasek, who has been seriously ill at her home in Scio, was thought to be somewhat improved Wednesday of this week.

Her daughters Mrs. John Kratochvil of Racine, Wis., and Mrs. Harding of San Antonio, Tex., are at the home in this city and rendering all possible assistance.

Henry Haasler and son Gerold completed painting the large new barn of George Leever's in the Providence neighborhood.

Elijah Fitzwater of Lebanon, well known in the Scio region some years ago, was killed in an auto wreck at Lebanon Tuesday. The others were more or less seriously injured.

Mrs. George Bilyeu has returned to Portland for further treatment after spending a week at her home here.

Mrs. Shirley Davis of California visited this week at the home of her former Wyoming friends, Mr. and Mrs. Joe Lytle. She is making a tour which will take her to Montana, Wyoming, Iowa and perhaps the New England coast before returning to California.

Alta Pennell has returned to her home at Silverton after spending a week with Scio friends as the guest of Mrs. Frank Bartu.

Word from Mr. and Mrs. W. L. Wern is to the effect that they expect to spend several weeks in the Scio region this summer and fall, as has been their custom for several years. They will be guests at the home of Mr. and Mrs. P. H. Macdonald in Scio.

Mrs. Lambert and children have returned to Scappoose, having spent a week with relatives in the Scio region. Mrs. Lambert is a daughter of John Shismank, farmer near Scio.

RETURN TO EUREKA
 Mr. Angel—Mrs. Josephine Olivotti and daughters, Evelyn, Albina, Geraldine, Lucille and Frances, returned to their home in Eureka, Calif., after spending two weeks at the home of the children's grandmother, Mrs. Maria Olivotti.

BEACH TRIP ENDS
 Independence—Miss Gretchen Kreamer of this city and Miss Alta Narcross of Ashland, returned Thursday from Nye Beach after

ten days outing. Miss Kreamer is supervisor of music in the Salem schools and has had the pleasure of being hostess to her friend Miss Narcross for several days.

SOCIETY HAS PICNIC
 West Salem—The Relief society of the L. D. S. church of Salem, enjoyed a picnic dinner at Mosquito bar Wednesday evening. Swimming and games were an added attraction. Those in attendance from this city were Mr. and Mrs. Ray J. Stumbo, Mr. and Mrs. Spencer Greene and Mr. and Mrs. Dale Lemon and three children.

LEAVE FOR MINNESOTA
 Mr. Angel—Misses Agnes and Louise Spitzner returned to their home in St. James, Minn., Wednesday after spending the summer here at the home of their grandmother, Mrs. Rosalia Keber, and other relatives in this vicinity. They will be back

in their home town in time to teach school this fall.

PAST 40, WATCH KIDNEYS
 "I was in misery with backache—was forced to rise for bladder relief nightly—was always tired out and achy—all because of insufficient kidney elimination. After taking Matamel, my kidneys work great. I sleep better, eat well, feel fine. No more constipation." So states Mr. H. Jones.

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