

# Society and Club News

Edited by MISS ROSALIA KEBER, Phone 82

## Convention In Session At Corvallis

A conference to determine the cause and cure of war has been called by six of the largest women's organizations in this country, to take place in Washington, D. C., January 18-24. Headquarters will be at the Washington hotel.

Announcement of the plans was made last week by the General Federation of Women's Clubs, the National League of Women Voters, the National Young Women's Christian association, the Women's Christian Temperance Union, the American Association of University Women, and the Council of Jewish Women.

Women leaders in the movement are: Mrs. Carrie Chapman Catt, Mrs. John D. Sherman, president of the General Federation of Women's Clubs; Miss Belle Sherwin, president of the National League of Women Voters; Mrs. Robert Spear, former president of the National Young Women's Christian association; Miss Ruth Morgan, chairman of the department of International Cooperation to Prevent War of the National League of Women Voters; Mrs. Percy V. Pennybacker, president of the Chautauqua Woman's club, past president of the General Federation of Women's Clubs and for many years chairman of their department of citizenship; Mrs. Thomas G. Winter, past president of the General Federation of Women's Clubs; Miss Anna Gordon, president of the National Young Women's Christian Association; Mrs. Estelle M. Sternberger, executive secretary of the National Council of Jewish Women, and Miss Margaret Lynch, assistant executive secretary of the National Council of Catholic Women.

The object of the conference will be education and the understanding of fundamentals about peace and war. One half of the conference will be devoted to the cause of war. There will be round tables, with speakers, all of whom will be experts. The speeches will be quite clear of political or nationalist significance.

The second half of the conference will be devoted to the cure of war and a whole day will be given to an analysis of the present world situation.

Each of the organizations is entitled to 100 delegates, with the understanding that those shall be chosen from all the states, so it is hoped that every state will be included among the representatives.—Oregon Journal.

Mrs. C. T. Roberts of Hood River, in the house guest of her sister, Mrs. C. P. Bishop.

The week end guest of Mrs. George E. Waters was Mrs. Chauncey D. Butler of Portland.

Mrs. F. N. Toothace has as her house guest her sister, Miss Stella Keith, of Hastings, Nebraska. Miss Keith will remain in Salem during the coming winter.

The interesting guest of Mrs. B. C. Miles for ten days, Mrs. H. J. Minthorn of Metlakatla, Alaska, left Friday for Seattle where she will take a boat returning to her northern post. Mrs. Minthorn is directly connected with the mission work in Metlakatla.

Mr. and Mrs. Edwin Day, whose wedding was a recent event in Pendleton, visited with Mrs. R. B. Goodin on Wednesday and Thursday of last week. Mrs. Day before her marriage to Mr. Day was Mrs. Lillian Cooley. She is the daughter of the late R. B. Goodin.

Miss Mary West returned to Eugene Sunday evening after a week end spent with her parents, Mr. and Mrs. Wharton L. West. Miss West, member of Alpha Omicron Pi, is a sophomore at the University of Oregon majoring in journalism. She is a member of the upper news staff of the Oregon Daily Emerald, the campus publication.

Miss Margaret Brettenstein, freshman at Oregon Agricultural college, spent the week end with her father and mother, Mr. and Mrs. S. Brettenstein. Miss Brettenstein was recently pledged to Phi Beta Phi society.

## Sunday Bride Is Charming

Members of the T. A. club were entertained at a delightful costume party at the home of Miss Lorraine Pierce on Saturday evening. The room of the Pierce home were gayly decorated with autumn leaves and fall flowers that formed a colorful background for the guests who were all dressed as small children. Games and dancing were enjoyed during the evening.

Among the guests were Miss Mildred Pierson, Miss Josephine Albert, Miss Josephine Mauding, Miss Virginia McIntee, Miss Jenny Delzel, Miss Loua Letaity, Miss Pauline Johnson, Miss Rosalind Van Winkle, Miss Pauline Findley, Miss Wilma Coureay, Miss Minnie Shrode, Miss Marguerite Bailey, Miss Rosalind Rodgers, Miss Geneva Sundin, Miss Claris Baker, Miss Rosalie Buren, Miss Mildred Gilbert, Miss Jean Shippp, Miss Dorothy Kezar, Miss Helen Campbell, Miss Caroline Lambirth, and Miss Helen Ramsden, an alumna who is attending Oregon Agricultural college at the present.

Mrs. William Hinz, of the state highway department, is spending a week's vacation in Portland.

Miss Sophia Coehn is the guest for several days of Mrs. Mildred H. Lehmann.

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The Woman's Relief corps will hold a cooked food sale on Saturday at the Giese-Powers furniture store on Court street. Mrs. L. L. McAdams, 245 D street, is in charge of the sale.

Constitution and Americanization day will be honored by the members of the Salem woman's club at their meeting on Saturday afternoon. The speaker of the day will be Judge H. M. Belt of Dallas, and as his subject he has chosen "Americanization."

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## Headache Gone Tired No More

Give Credit to Lydia E. Pinkham's Vegetable Compound. Hopes Other Women Will Benefit by Her Experience

Skowhegan, Maine.—"I was sick most of the time and could not get around to do my work without being all tired out so I would have to lie down. One day when I was reading the paper I saw the Lydia E. Pinkham's Vegetable Compound advertisement and saw what it did for other women, so I thought I would try it. I have taken three bottles, and cannot begin to tell you what it has already done for me. I do all my work now and keep up the whole day long without lying down. I have no more headaches nor tired feelings. I hope every woman who takes the Vegetable Compound will get as much benefit out of it as I have."—Mrs. PERCY W. RICHARDSON, R. F. D. No. 2, Skowhegan, Maine.

You have just read how Lydia E. Pinkham's Vegetable Compound helped Mrs. Richardson. She gave it a trial after she saw what it had done for other women. For nearly fifty years Lydia E. Pinkham's Vegetable Compound has been doing good.

## Pimples on Face and Hands

Were Sore and Festered. Cuticura Healed.

"I worked in a boiler room and the dust caused my face and the backs of my hands to break out in pimples. The pimples were a little larger than a pinhead and disfigured my face. They were quite sore and some of them festered and scabbed over.

"I tried several remedies but got no good results. A friend told me about Cuticura Soap and Ointment so I purchased some and after using them about six weeks the pimples disappeared. I was healed."

—Signed, Howard Mitchell, Spooner, Wis., March 1, 1924.

Use Cuticura Soap, Ointment and Talcum daily and keep your skin clean and healthy.

Prepared by W. L. Chas. Co., Cuticura Laboratories, Dept. H., Malden 48, Mass. Sold every-where. 50c. Jar and 25c. Tube. Try our new Shaving Stick.

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Members of parent teacher associations throughout the state are gathering in Corvallis today for the annual state convention which will be held there this week. This third association in Salem—Lincoln-McKinley, Salem Heights and the Highland—will be represented by official delegates and many members are planning to drive over to attend some of the particularly interesting sessions that will be held during the four days of convention. The Oregon Agricultural college, the Corvallis Woman's club, and the Corvallis chamber of commerce are assisting the local association in the entertainment.

Tomorrow Mrs. Theodore P. Elwell of Eugene, will speak on "The Visiting Teacher." In the evening Dean Kate W. Jameson will preside at the symposium, "College Day," and Dr. W. J. Kerr, president of Oregon Agricultural college, will speak on "The College and Its Relation to the Home." On Thursday Mrs. Grace Bridges, president of the Portland grade teachers' association will speak on "Home Application of the Teaching of the School Curriculum."

The program for Friday, the last day of the convention, includes speeches by Mrs. L. J. Goodspeed of Portland, on "Children's Reading," and Mrs. I. M. Althaus, also of Portland, on "School Education."

Attending in an official capacity from Salem will be Mrs. A. M. Chapman, Mrs. Frank Erikson, Mrs. George Wendorff, Mrs. Cooper and Mrs. Janet Pendragant Leitch. On Thursday Mrs. Leitch, chairman of the new department for the amelioration of the condition of crippled children will give an address on the "Crippled Children's Educational Law."

Chadwick chapter of the Eastern Star will hold a social meeting this evening in the chapter room.

Many delicious dainties will be offered for sale on Friday when the War Mothers will hold a pumpkin pie sale at Niemeyer's drug store on north Commercial street. Attractive Halloween decorations will be used about the booth in the drug store.

Mr. and Mrs. Charles J. Lisle will entertain the members of the modern writers' club at the regular meeting to be held tonight. Further plans will be discussed for the entertainment of the members of the Northwest Poetry society who will form a caravan and drive to Salem on November 1.

Madeline Nash, Viola Tyler and Hannah Beard are in charge of the Halloween social which the Three Link club is planning for Friday evening. An invitation has been extended to all Rebekahs.

The ladies aid society of the First Presbyterian church will meet at 2:30 Friday afternoon in the church parlors.

The "Count on Me" class of the First Baptist church will meet on Wednesday afternoon at the home of Mrs. T. W. Davies at 541 North Cottage street.

Mrs. James Stout entertained with a charming Halloween party on Thursday honoring the birthday anniversary of Mrs. Dazel Keeney. Halloween novelties and vivid autumn leaves were used about the rooms of the Stout home and the evening was spent with Halloween stunts and games.

In addition to Mrs. Keeney, the guest of Mrs. Stout's guests included Dazel Keeney, Mr. and Mrs. Ray Shauntz, Mr. and Mrs. Emmil Goodlin, Mr. and Mrs. Harld Harpole, Miss Emma Reynolds, Warren Keeney, Ellsworth McElroy and Mr. and Mrs. Henry Sertmaker.

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**Hall's Catarrh Medicine** (as a Combined Treatment, both local and internal, and has been successful in the treatment of Catarrh for over forty years. Sold by all druggists.)

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# Nature Provides Us with a variety of the proper foods to keep us healthy. Why not eat them?

**Everyone Can Eat And Enjoy Vegetables Now**

**Whole Wheat Content**  
The most nutritious of all grains. Contains the highest percentage of protein, gluten and phosphorus—the brain tissue builder—also the usual percentage of bran.

**Celery**  
Rich in iron, calcium and other organic minerals. Of all the vegetables, celery carries the highest percentage of the vital food salts—which build up nerve and brain tissue.

**Lettuce**  
The milk juice of the lettuce, besides being very nutritious, carries the organic properties which relax the nerve centers. Very rich in organic minerals.

**Spinach**  
Exceedingly rich in iron. Also contains other vital food minerals. Its high percentage of fibre stimulates the bowel action.

**Alfalfa Leaf Flour**  
Carries a higher percentage of protein than beefsteak—also rich in iodine and other organic salts. A very efficient food in promoting growth and rebuilding tissues of the body.

**Yeast**  
Rich in vitamins. Stimulates and promotes the fermentation of digestion.

**Butter-fat**  
The easiest form of animal fat to digest, is added to Vitomen Shreds in a powdered milk form.

**Honey**  
Is the most easily digested form of carbohydrates known. Contains the same amount of heat calories as sugar, but is not fattening.

**Organic Salts**  
Other organic salts are added, such as sulphur, phosphates, calcium, etc., to perfect the balance.

Ask your doctor what he thinks of a food which contains these healthy grains, vegetables, etc.

No one meat, grain, vegetable or fruit can supply a sufficient amount of the various body-building elements which go to make a properly balanced diet—those vital food elements which the body requires daily to build up nerves, brain, glands and feed the worn-out tissues. It is only through variety or proper assortment of foods that the worn-out tissues of the body can be replenished and kept healthy.

**Nourishment?**  
—The sustenance of good health demands it!  
—Correct foods in variety supply it!  
—Vitomen Shreds insures it!

Modern food science—after years of experiments, chemical research and diet demonstrations—now provides us with a scientifically prepared combination of grain, vegetables, organic salts and natural sweets, compounded in a balanced ready-to-eat form—Vitomen.

The food that contains in balanced and scientifically determined proportions all the vital body-building elements for properly nourishing the human body—those elements which are so essential in creating energy and building strength.

Vitomen Shreds contains nothing that will over-heat the blood. It is a 365-day food.

**A food may be easily digested—and yet not contain any real nourishment for the body to assimilate.**

Besides being easily digested, Vitomen is a scientifically balanced diet, and its body-building elements are readily assimilated and taken into the system.

Vitomen Shreds carries just enough fibre from the green stuff and bran from the whole wheat to aid nature proper and systematically. Your common sense tells you it must be healthy.

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Vitomen is a Highly Nutritious—Appetizing—Ready-to-Eat Food that every member of your family can eat and enjoy every day in the year.

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We have just received a wonderful showing of the new designs as pictured above.

In the dress hose of silk or chiffon are the new Fall shades: Deer, Bunny, Fauve, Blonde, Boul Gray, Tanbark, Airdale, Piping Rock, Indian Skin, French Nude, Picadilli, Gun Metal and Cinnamon.

For evening wear—Gold, Silver Cloth, Peach

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