Page Ten
The Capital Journal, Salem, Oregon


Everyone Hustles To
Get Rid of Marks; Fearing Futher Depreciation


## Why Should You Follow A Crooked Path?

Often a cowpath has been allowed to become a village sueed, and as the village expanded, tradition has made th winding way an expression of a cow's will.

Habit is always forging chains to enslave us, so that what has been found bearable by the fathers is accepted by the sons. Who cannot recall the coffee-pot Mother put on the stove earty in the morning, warning us not to let it boil over?

As children, we were not permitted to drink tea or coffee because it would stunt our growth or make us nervous and
irritable. When older, however, we craved a hot drink with meals, and custom gave us our tea or coffee.
vulcanizing guarantend
119 N . Commercial St.
Selem, Ore.

Finally, upon the instructions of the doctor Mother gave up her tea and coffee. But that meant nothing in our young lives, Our vitality
was then strong enough to throw off any il effects.

But our time came, and we learned by experience that we could not drink tea or coffee. When we had it for brealcfast it put our nerves on edge. When in we drank it at the evening meal, we toessed

And then we found Postum, a pure cereal beverage, free from the harmful drug, caffeine, in tea and cofice. We liked the rich, satisfying flavar of
Postum-and also the better health which Postum-and also the better health which resulted And, too, we were surprieed to find how many of
our neighbors had made the same discovery-had learned the value of "health first."

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\text { le instarly in the cup by the sidition of bolling water }
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