Of Interest To Women

cover all branches of first aid,

home nursing and general public

Double Show

SATURDAY AND SUNDAY

Elizabeth Schreiber

(Former Salem Girl)

EGYPTIAN AND SPANISH

DANCES.

ALSO

Tosca Berger

WORLD RENOUNED VIO-

LIN VIRTUOSO

AND

CONWAY TEARLE

IN

MAROONED HEARTS

GRAND

Where the Big Shows Play

health work.

Thursday, August 4, 121 Society and Club News Edited by 'Adelaide V. Lake Telephone 82 Two Affairs What's New Couple Is Contract Let Mrs. Miller The Market

Pare Three

Compliment Miss Young

First of the season's sweet posomen gathering at six o'clock. noon.

the evening was spent in social Green corn dropped to 40 cents conversation. Decorations were a dozen in some stores, other merdone in indigo and blue birds chants still maintaining their were the attractive motif of dec- price of 60 cents on the ground eration, red carnations forming a that it is not coming in fast pleasing contrast. Those bidden enough. There will be a general Charles Staab, parents of the coming here at that time to rewere Miss Florence Young, honreduction by Saturday, however. or guest, Miss Lola Millard, Miss Fay Spaulding, Miss Winifred lochart, Miss Mildred Hansen

and Miss Elsie Hoplee. Miss Janelle Vandevort WAS hostess at a picnic party last night, tomatoes are selling 10 cents a again honoring Miss Young. The pound, while the first local ones party motored to Spong's landing to be received are selling two party motored to supper was pre-spere a picnic supper was pre-pared. Swimming was enjoyed and still hang on at five cents a box. The ess market both in its buy-The egg market both in its buy-Composing the party were Miss ing and selling price looks uncer-Forence Young, Miss Lucile tain. One merchant was bidding Moore, Miss Junette Jones, Miss as low as 25 cents a dozen today ness, has many friends in this city daughter, Opal, Mrs. Ida McDaniels and of 100 members was completed. Miriam Loven, and Andrew Mira Janelle lowest selling price was 65 cents where he has the first selling price was 65 cents til recently. Fandevort, Jack Randall, Will- for two dozen. Merchants are overfam Ashby, Evan Jones, Harold stocked with high priced eggs at and the present time and there will be no general reduction until these are sold. Club Meets on Monday The officers club of the W. R.

Frank Patterson. Miss Young will leave for San are sold. Francisco tomorrow morning and Fish for tomorrow will be: Sal-

will spend the winter there attend- mon 18 cents; sea trout 10 cents; ng high school. She will make ling cod 11 cents or nine cents for mer home with her brother and the whole fish; silver smelt two ats wife. pounds for 25 cents. Sugar looks 10kg it might take

a rise, or rather a reduction on

drs. Carr Surprised In Eighty Second Birthday

the amount obtained for a dollar. A surprise party for Mrs. John turr on her eighty second birth- Miss Howe Visits

av was given on Monday after- At Manzanita Beach mon by her Baptist Sunday Miss Florence Howe is visiting

school class at the home of her with Mrs. Lucile Atwood at Mandaughter, Mrs. W. W. Cory, 365 zanita Beach, on Puget Sound. South Seventeenth street. Enjoy-

alle music was contributed by Miss Roberts is Mrs. Blake and Miss Dorothy Honored at Party

Bjork, and a social afternoon was Miss Marion Roberts was honmest. Refreshments were served or guest at a party given for her by the hostesses, Mrs. Cory, Mrs. on her birthday by Miss Marion Bjork and Mrs. Vance. Those pres- Kuhn, who entertained on Monest were Mrs. John Carr, Dr. and day night at her home on North Mrs. Loughridge, Mrs. Mary Winter street. The evening was

States, Mrs. W. W. Cory, Mrs. spent in games and in dancing Vance, Mrs. Bjork, Mrs. George and refreshments were served. Sm. Mrs. Broncushio, Mrs. Sang- Those present were Marion Rober, Mrss Albert Straw, Mrs. Pruerts, Helen Ramsden, Helen Selig. ince Crawford, Mrs. John Eng- Georgella Wilson, Evangeline (all, Mrs. Day, Mrs. James Smith- Powell, Henrietta White, Flore Mrs. Jennie Roberts, Mrs. ence Jones, Miriam Lovell, Edith Samp. Mrs. Frank Rollo, Mrs. Brotherton, Ruth Peck and Ruth H.S. Gle and Mrs. Angle W. Mcand Lelieth Kuhn.

Mrs. Kirk Entertains

Salem Folk Will

Conzell.

With Luncheon as Compliment Attend Veterans' Meeting Mrs. Walter J. Kirk was host-Among the Salem folk who will ess at luncheon yesterday compliatland the meeting of war veter- menting Mrs. Charles H. Stewart, am in Silverton today are Mr. and of Hutchinson, Kansas, who is the Mn. Gideon Stolz, Mrs. Lenta summer guest of her sister, Mrs. Weitacott, Mrs. Ida Babcock and T. H. Galloway. Decorations were done in marigolds and larkspur. Mrs. Agnes Dinsmore.

Rebekahs Will Picnic Sunday at Silver Creek



Two social allairs honoring tatoes will be on the market to-Miss Florence Young, who is leav-morrow along with ice cream mel-ins for San Francisco tomorrow a shipment from Turlock, Cali-the friends was that of Miss Leona ons. Both articles are coming in a shipment from Turlock, Cali-the friends was that of Miss Leona of the friends was that of Miss Leona morrow along with ice cream mel-ins francisco tomorrow a shipment from Turlock, Cali-the friends was that of Miss Leona a shipment from Turlock, Cali-the friends was that of Miss Leona a shipment from Turlock, Cali-the fornia, but what the frice will be is uncertain. The shipment will arrive tomorrow morning and the totaled Miss Young and a few ay night Miss Elsie Hopke the arrive tomorrow morning and the parsonage in that city. The mar-luncheon table, centered with a all expenses. The bids, less than tartained Miss folds and tea, the young stuff will be distributed by after- riage was a surprise to their bouquet of pink and white dah-

friends and was arranged as a lias. Blue birds were also used very quiet affair owing to the ill- about the rooms in decorative efness of the bride's mother, Mrs. fects. The afternoon was spent so-Sarah Elizabeth Stayton. cially.

Present at the wedding in Ore-Mrs. Kitchener has been a resgon City were Mr. and Mrs. ident of Salem for the past year, groom, and his sister, Miss Helen side with her son in law, D. R. was awarded to Yundt & Keyser New potatoes are selling 10 Staab. Immediately following the Balley, formerly warded, at Over-pounds for twenty five cents Stayton where they will make brook, New Jersey. He came to awarded, as the committee desir-Staab. Immediately following the Bailey, formerly warden of the of Corvallis for \$8045. Three bids which is a considerable reduction. Stayton where they will make brook, New Jersey. the change of their home with Mrs. Stayton. A Oregon, hoping that the change of cents for eight pounds. The Dalles reception was given for them in climate would benefit his health. ed to take it under advisement. Both Mrs. Kirchener, and Mr.

The bride is well known in Sa- Bailey are returning to New Jerlem where she has visited. She is sey about the fifteenth of this the sister of Miss Roxy Stayton, month, but Mr. Bailey plans to Those present at the luncheon home with her mother. Mr. Staab,

ry Smart, Mrs. Floyd Smith, Mrs. W. L. Sloper, Mrs. Theodore Turner, of Chemawa, Mrs. Caroline Bushnell and Mrs. Jennie Miller. last night.

C. met on Monday afternoon at Miss Goltra is the home of Mrs. Louie Short on Here from Pasadena South Capitol street. About fif-Miss Inez Goltra, who has spent

teen members were present. 85 the past year and a half in Pasawell as three visitors. A social afdena, California, arrived in Saternoon was enjoyed and refreshlem last week and will spend the ments were served by the hostess. summer here with her parents, The next meeting will be held at Mr. and Mrs. J. O. Goltra.

Mr. and Mrs. F. A. Elliott re-

turned on Tuesday from a three weeks' trip along the coast of Alaska. They sailed on the steamer Spokane. They were accompanied by Mr. and Mrs. O. L. Price, of Portland, and Mr. and Mrs. A. T. Hill, of La Grande.

the home of Mrs. Jennie Pope, on

Jerusalem Will Picnic

W. R. C. Officers

Nine-cest street.

Trip to Alaska

Home from

Members of the White Shrine of Jerusalem will hold a picnic tomorrow afternoon and evening at the home of Miss Hazel I. Bishop on South Commercial, All members and their familles will be present with well filled baskets including plates, cups, forks and spoons. Coffee and other minor articles will be furnished by the committee in charge.

Will Visit

Sister in Scattle Miss Edith Hazard left today for Seattle where she will spend two weeks visiting with her sister, Mrs. W. W. Sawyer.

In the afternoon Mrs. T. H. Gal-loway was hostess for the guests Miss Grace Von Behren motor-

In the afternoon Mrs. T. H. Gal- Miss Von Behren

at a line party to the Oregon theed to Newport yesterday with New Armory at

McMinnville McMinnville, Aug. 4 .--- A committee composed of William Houck

the appropriation, were by Fred

\$68.200. The contract has been let tentatively to Mr. Lombard. There were five hids for the plumbing and heating work. This

Organization of Albany Country Club Completed

Albany, Aug. 4 .- The organizawere Mrs. Kichener, Mrs. C. J. tion of Albany's country club was Olmsted, Mrs. Ida McDaniels and assured yesterday when the list where he has made his home un- Mrs. Walter Eberhard, Mrs. Har- Matters pertaining to final organization and purchase of grounds were considered at a meeting at the community house

A temporary organization was formed some time ago and it was decided not to proceed with final organization until at least 100

Crow's Feet, Wrinkles, Enlarged

Pores Miss Hodge Visits With Portland Friends Miss Frances Hodge has just returned from Portland where she spent several days visiting with Miss Mabel Marcus.

Will Take

Motor Trip North Mr. and Mrs. F. W. Durbin and Mr. and Mrs. W. H. Daney plan to leave early next week on a motor trip which will take them to Seattle and Rainier park. They plan to be away about a week.

The first application of How-ard's Buttermilk Cream will as-tonish you. The dullest, most life-less complexion is turned to radi-ant beauty and red "or rough hands or arms made snowy white, yet there is not the slightest sign of its use, it actually vanishes from sight and the most heated atmosphere will not produce the least shininess or greasiness of the skin. Visits Brother After Twenty Years Separation Henry Grimm, of Los Angeles,

California, is visiting near Salem at the home of Mr. and Mrs. August Grimm, of route six. The

at the home of Mr. and Mrs. Au-gust Grimm, of route six. The brothers had not met for twenty years. During his visit, Mr. Grimm will spend some time in Portland and Aurora, where he has friends. White Shrine of Greenfield, Mass., Aug. 4.— Despite the intense heat snow was available here for the "sugar par-ty" of the East Hawley Social club, Franklin county farmers' or-ganization. Maple syrup was served with snow, of which scores partook. The frozen flakes had been preserved in ice and sawdust for the occasion, which the farm-

memberships were promised. So announced his resignation, to take University of Oregon last year un-great was the interest in the proposed club that these names were the organization have accepted it. Robertson, public health nurse, secretary when the faction of tha will be granted certificates from Mr. Monroe was employed as easily obtained. There was practically no solicitation. chumber favoring new quarters the national organization in recog-downtown was in power. Since H. nition of their work. The courses School Clerks O. Bowen resigned as president and a reorganization of the cham-

In Linn County To Be Subpoened ber was effected with the election of L. L. Ray as president, and a

trict school clerks in Ling county been an apparent lack of harmony have become liable to subpena between the administration and because they have failed to reply the administration and the execufrom L. L. Gooding, tive secretary. to requests

intendent J. W. Miller that they submit their books for auditing. according to the new state law. The delinquent clerks, it is expected will be given three days of grace and then will be brought to Albany to answer for their failure. Gooding has completed the audit- special course in home hygiene



Albany, Or., Aug. 4 .- Eight dis- new set of directors, there has

auditor, and County School Super 75 University Women Finish Home Nursing Eugene, Or., Aug. 4 .- Seventyfive University of Oregon women having successfully completed the

Secretary of

Commerce Out Eugene, Or., Aug. 4 .--- L. G. Monroe, executive secretary of 1 11 the Eugene chamber of commerce. who came here from Hogulam. Wash., last fall, under contract with the chamber for a year, has

ing of less than one-fourth of the financial accounts of school dis tricts in Linn county, the delay, PerfectShuniders and Arm he says, arising from misunderstandings that have led the clerks to err in making their statements

Eugene Chamber



hite

a picnic next Sunday at Silver Armin Steiner, Mrs. James Fren-Greek falls, Parties will leave Sa- tress, Mrs. L. S. Geer, Mrs. C. B. ism at 6 o'plock Sunday morning. Webb and Mrs. Walter Kirk. Plans for the affair are in charge

of the Taree Link club.

Leave Today for Vancouver Pastorate

Birthday Occasion of Picnic at Spong's A group of Salem folk gather-

landing to celebrate the occasion

George Brown, Dr. and Mrs. H.

H, Olinger and son, Harold, Mr.

and Mrs. B. W. Mathews, Mr. and

ed on Monday evening at Spong's

Rev. C. H. Powell and daugh-

ter, Miss Evangeline Powell, and of the birthday of Mrs. George one son left today for Vancouver, Brown. A picnic birthday dinner Washington, where Mr. Powell was served and the evening was has been called to a new pastor- spent in swimming and in telling ale. They will get the manse in stories around the campfire. readiness and Mrs. Powell and Those present were Mr. and Mrs. other members of the family will follow later.

Leturn from Trip to Newport

Mr. and Mrs. F. L. Dennison and family, of Salem, and Mr. and ers, Mrs Josie Stewart, Mr. and Mrs. B. F. Carson and family, of

Portland, have returned from two weeks spent at Newport. They made the trip by automobile.

Putnam Residence h Scene of Lawn Fete

ference met on Tuesday evening from all over Oregon are expectat the home of Mr. and Mrs. R. L. ments were served.



NO COOKING Food - Drink" for All Ages uick Lunch at Home, Office, and ntains. Ask for HORLICK'S. Mr Avoid Imitations & Substitutes

Members of Rebekah lodge No. 1, Charles H. Stewart, Mrs. T. H. 1.0.0.F., are planning to attend Galloway, Mrs. Frank Myers, Mrs.

Many children innocently cheated out of the very food they need daily

Everycne knows that health is the most valuable asset of life. From birth to maturity is the "construction period."

A robust and healthy child will usually develop into a vigorous man or woman. But malnutrition will invariably hamper normal growth and when the child reaches maturity he or she is anemic, poorly nourished and liable to disease.

Many children today are innocently cheated out of the very foods they need. Some parents, either through lack of knowledge, or carelessness, do not provide those foods which strengthen and nourish the growing child,

It is the duty of parents to think for the child in these matters.

Grape-Nuts, the well-known food made of whole wheat flour and malted barley, served with milk or cream, is one of the most nutritious foods in the world. It provides the elements necessary to nutrition and is a balanced food.

Ouite aside from its superior nutritive value, is its delicious appetite appeal. Especially attractive with fresh fruits or preserves.

Grape-Nuts is served and sold everywhere-in leading hotels and restaurants; at lunch counters; in every good grocery store in every city, town or village in the United States. Where you can't find Grape-Nuts-you won't find people,

Grape-Nuts-the Body Builder "There's a Reason"

You don't Buy Coal by the load!

The Flavor lasts

Each Delivery is weighed. You pay by the pound-by the ton. And the scales must be exact.

How do you gauge the value of your advertising? Is your measure tested?

The Standard of Advertising Value Today is the O. K. of the Audit Bureau of Circulations.

There could be no more exact investigation and analysis of circulation than that carried out by the A. B. C. in examining a paper's distribution.

A Thorough Check is made to determine accurately the quality of circulation. Not only the "press run," but the exact number of copies placed in the readers' hands.

An Exhaustive Analysis is made covering the methods of obtaining subscribers. This is an index of the interest of readers in the paper.

You Need such facts to determine with exactness wheththe toⁿ. And the scales must be exact.

reports of the A. B. C. on its members gives authentic information on all these points.

The Capital Journal is a member of the A. B. C.

Our Records have been examined by the Audit Bureau . and the report is open for your inspection.

Buy Your Advertising as you buy coalby measured value.

Mrs. John Caughell, Mr. and Mrs. O. C. Locke, Mr. and Mrs. E. L. Baker, Mr. and Mrs. M. L. Mey-Mrs. F. W. Durbin and Mr. and Mrs. W. H. Dancy.

Family to Have Reunion in Jefferson The Weddle family will have a family reunion picnic celebration

on Sunday in Jefferson when

about one hundred fifty relatives

ed to be present. A basket dinner

will be served and speeches and

music will pass the day. Salem

representatives will be present.

The monthly Bible school con-

Patnam, which was the scene of * lawn fete. The evening was detoted to the regular business sestion of the organization followed by a social time. A musical profram was given by Professor and Mrs. Thomas, the most appreciated number being "The Mocking Bird," arranged with variations by Professor Thomas, Refresh-

> Death only a matter of short time. Don't wait until pains and aches become incurable diseases. Avo.d sinful consequences by taking GOLD MEDAL NALEM OD

CAPSULES The world's standard remedy for kidney, liver, bladder and uric acid troubles-the National Remedy of Holland since 1995 Guaranteed. Three sizes, all druggists. Look for the name Gold Medal on every and accept no imitation