

Latest News Covering Central Willamette Valley by Capital Journal Special Correspondence

Woodburn Man To Be Principal of Coquille High

University of Oregon, Eugene, July 8.—Lynn Parr, of Woodburn a graduate of the university in 1917, has been elected principal of the high school at Coquille for the coming year. Mr. Parr taught last year at Elma, Wash.

Polk County Court

Probate Court. In re estate of Albert Murphy, deceased. Final account filed. Friday, August 6, 1920, at 2 o'clock a. m. set for hearing. Oscar Hayter, of Dallas, attorney.

In re estate of Tena S. J. Hastings, deceased. Final account filed. Vouchers filed. Order setting time for hearing. Sibley & Eakin attorneys.

In re estate of Margaret H. Henkle, deceased. Will and proof of will filed. Petition for probate of will filed. Order admitting will to probate and appointing Emma Frances Henkle executrix without bond. Letters issued. Order fixing time and place to probate will. Swope and Swope of Independence, attorneys.

In re estate of Jennie M. Williams, deceased. Vouchers filed. Order closing estate. Sibley & Eakin, attorneys.

In re estate of Chester W. Babcock, deceased. Petition for letters. Order appointing administratrix. Bond filed. Order approving bond. Order appointing R. H. Yates, Paul Fundman and E. N. Stevenson appraisers. Letters of administration issued. Oscar Hayter, attorney for estate.

In re estate of Frances E. Keyt, deceased. Final account allowed. Oscar Hayter, attorney.

In re guardianship of George Peterson, a minor. Bond approved. Oscar Hayter, attorney.

In re estate of Eliza Schultz, deceased. Eugene Hayter appointed administrator. Bond filed and approved. Letters issued. Appraisers appointed. Oscar Hayter, attorney for estate.

Many Special Numbers Yet To Come at Normal

Monmouth, July 8.—The Normal calendar shows the following special entertainments for the remainder of the season: July 14—Father O'Hara, chapel hour. July 15—Dr. Barnes, lecture, evening. July 16—Miss Taylor, chapel hour. July 17—Governor Olcott, chapel hour. July 21—Miss Cornelia Marvin, chapel hour. July 23—Mr. Gentle, chapel hour. July 24—Motion picture, "Heart of a Child," evening. July 28—President Commercial club, Portland, chapel hour. July 29—Stunt evening. July 30—Last chapel. Miss Katharine Arbuthnot gave some very entertaining readings at the chapel hour on last Friday morning.

Much interest is evident among the students regarding the Monmouth chautauqua and tickets are selling rapidly.

Miss Emily DeVore of the training school department who is spending

INCREASE WEIGHT AND VITALITY WITH PHOSPHATE

Nothing Like Plain Bitro-Phosphate to Put on Firm, Healthy Flesh and to Increase Strength and Nerve Force. The average person is beginning to realize more and more that the lack of physical strength and nerve exhaustion (frequently evidenced by excessive thinness) are the direct cause not only of the failure to succeed in life's struggle for the necessities of existence, but also for the handicap in one's social aspirations. Compare the thin, sickly, angular frame with the well rounded form



At the seaside too, the plump well rounded figure is most admired.

which is usually accompanied by a bloom of health and attractiveness. That millions of people are conscious of this handicap is evident from the continued appearance in newspapers and magazines of many suggestions proposing various remedies in food or medicine or exercise, either of which might or might not be appropriate for a given case. Authorities, however, agree that healthy nerve tissue is absolutely essential to a strong, robust body and mind. Weak nerves, while indicated by a multitude of different symptoms, more immediately and generally result in lack of energy, sleeplessness, irritability, depression, etc., which conditions gradually consume the healthy flesh, leaving ugly hollows, a flat chest, bony neck and scrawny arms and legs.

Our bodies need more phosphate than most of them are able to extract from the foods we eat now-a-days, and many opinions affirm that there is nothing which may be taken to the human system that so effectively supplies this deficiency as the pure organic phosphate known as bitro-phosphate and sold by good druggists everywhere.

The essential phosphoric food elements in bitro-phosphate assimilated by the nerve cells should soon produce a pleasing change in nerve energy and hence increased vitality and strength. With the burdens of nervousness, sleeplessness, lack of energy, etc., lifted, normal weight with its attractive fullness and ruddy glow of health replace the former picture of skin and bones.

CAUTION—While Bitro-Phosphate is unsurpassed for the relief of nervousness, general debility, etc., those taking it who do not desire to put on flesh should use extra care in avoiding fat producing foods. (adv)

Bringing Up Father—By George McManus



her vacation at Stanford university, writes that she finds the work there very helpful indeed. All who know Miss DeVore are sure she will get the most possible good out of it. Mr. Gentle spoke last Friday before the students in the extension summer school at Pendleton. Mrs. Gentle accompanied him. Cards have been received announcing the marriage of Miss Edna L. Mills to Max W. Ricker on July 1 at Forest Grove. They will live in Portland. Miss Mills was head of the home economics department during the first half of the year and has many friends among the students and faculty.

It has been found by canvass that there are thirty five students who will remain for the second period of

BE CAREFUL WHAT YOU WASH YOUR HAIR WITH

Most soaps and prepared shampoos contain too much alkali, which is very injurious, as it dries the scalp and makes the hair brittle. The best thing to use is Mulsified coconut oil shampoo, for this is pure and entirely greaseless. It is very cheap and beats anything else all to pieces. You can get this at any drug store, and a few ounces will last the whole family for months. Simply moisten the hair with water and rub it in. About a teaspoonful is all that is required. It makes an abundance of rich, creamy lather, cleanses thoroughly, and rinses out easily. The hair dries quickly and evenly, and is soft, fresh looking, bright, fluffy, wavy and easy to handle. Besides, it loosens and takes out every particle of dust, dirt and dandruff. (adv)

Easy Shorthand

Free Lessons to You. Wonderfully easy to learn is the new shorthand. Learn it in 5 evenings, then acquire speed with pleasant practice. For regular employment as stenographer or as aid in your business. Two lessons mailed free if you write to King Institute Inc., EA-84, Station F, New York, N. Y. Just prove for yourself, then surprise others. Show your friends this advertisement. (adv)

300 Albany Elks Coming to Salem

Elks of Albany expect to attend the third annual state convention of Elks here July 22-23-24, 300 strong, it was learned today.



BUCKHECHT Fine Shoes are priced \$8.50 to \$14

BUCKHECHT SHOES

A QUIET elegance, a rich simplicity, a colorful harmony—conspicuously beautiful are the fine points of our No. 438. Mahogany calf with invisible eyelets, and modeling that shows the latest refinements in style. And on the sole is our trademark BUCKHECHT—a symbol that distinguishes shoes that wear as well as they look.

Tell us when your dealer doesn't show them and we will endeavor to have you supplied. BUCKINGHAM & HECHT MANUFACTURERS Since the early fifties SAN FRANCISCO For Sale in Salem by PARIS BROS.

Private Firms Closed

Moscow, June 17.—All private enterprises not operating upon a purely co-operative basis have been closed, as the first step by Moscow authorities

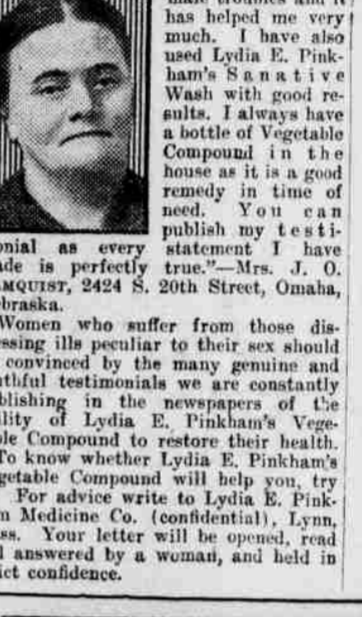


depended upon it 20 years. Lydia E. Pinkham's Vegetable Compound Has Been This Woman's Safeguard All That Time. Omaha, Neb.—"I have used Lydia E. Pinkham's Vegetable Compound for over twenty years for female troubles and it has helped me very much. I have also used Lydia E. Pinkham's Sana-tive Wash with good results. I always have a bottle of Vegetable Compound in the house as it is a good remedy in time of need. You can publish my testimonial as every statement I have made is perfectly true."—Mrs. J. O. ELAQUIST, 2424 S. 20th Street, Omaha, Nebraska.

Women who suffer from those distressing ills peculiar to their sex should be convinced by the many genuine and truthful testimonials we are constantly publishing in the newspapers of the ability of Lydia E. Pinkham's Vegetable Compound to restore their health. To know whether Lydia E. Pinkham's Vegetable Compound will help you, try it! For advice write to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

How YOU May Grow YOUR Hair

It has been proved in very many cases that hair roots did not die even when the hair fell out through dandruff, fever, alopecia areata or certain other hair or scalp disorders. Miss A. D. Otto reports: "About 8 years ago my hair began to fall out until my head was almost entirely bald. I used everything that was recommended but was always disappointed until at last I came across Kotalko. My bald spots are being covered now; the growth is almost entirely bald. I used Kotalko." Mrs. Matilda Marshall reports: "The whole front of my head was as bald as the palm of my hand for about 15 years. Since using Kotalko, hair is growing all over the place that was bald. Many more splendid, convincing reports from satisfied users."



New Hair Growth After BALDNESS

On legal affidavit, John Hart Brittain, business man, certified to this: "My head at the top and back was absolutely bald. The scalp was shiny. An expert said that he thought the hair roots were extinct, and there was no hope of my ever having a new hair growth. 'Yet now, at my age over 65, I have a luxuriant growth of soft, strong, lustrous hair! No trace of baldness. The pictures shown here are from my photographs.' Mr. Brittain certified further: 'At a time when I had become discouraged at trying various hair lotions, tonics, specialists' treatments, etc., I came across, in my travels, a Cherokee Indian 'medicine man' who had an elixir that he asserted would grow my hair. Although I had but little faith, I gave it a trial. To my amazement a light fuzz soon appeared. It developed, day by day, into a healthy growth, and ere long my hair was as profuse as in my youthful days. That I was astonished and happy in expressing my state of mind is evident. Obviously, the hair roots had not been dead, but were dormant in the scalp, awaiting the fertilizing potency of the mysterious pomade. I negotiated for and came into possession of the principle for preparing this mysterious elixir, now called Kotalko, and later had the recipe put into practical form by a chemist. That my own hair growth was permanent has been amply proved."



Note These Exceptional Prices for July

Table with 4 columns: Tire Size, Price, Tire Size, Price. Includes sizes like 32 x 4 for \$54.45, 30 x 3 for \$18.45, etc.



Pennsylvania VACUUM CUP CORD TIRES



Pint Dessert size—Style—E



Individual Dessert Molds—Style—A. The same in pint size—Style—C

No Sugar Required in Jiffy-Jell Fruit Desserts

Sugar is scarce and high, yet now is the time for rich, juicy desserts. The solution is Jiffy-Jell. Serve it alone with its real-fruit flavors, or mix in fresh fruit if you wish.



10 Flavors in Glass A Bottle in each Package: Mint, Raspberry, Orange, Elderberry, Lemon, Cherry, Strawberry, Pineapple, Coffee.



Teaspoon Size Wm. Rogers & Son AA

New-style dessert spoon, Wm. Rogers & Son AA silverplate, guaranteed 20 years. Contains no advertising. Send two trade-marks and 10 cents for first spoon, then we will offer you balance of the set.

Gifts to Users. Buy Jiffy-Jell from your grocer. Cut out the trade-marks in the circle on the front of Jiffy-Jell packages. Send 6 for any pint mold or the Set of Six Individual Molds. Send 2 for the Jiffy-Cup, or 2 and 10c for the Spoon.

Set of Six Individual Dessert Molds

Assorted styles of aluminum. The six will hold a full package of Jiffy-Jell. Send us six trade-marks and we will mail you the set of six, valued at 60 cents.



Jiffy-Cup For Measuring. An aluminum half-pint cup. Fill twice with boiling water, as per directions, to dissolve one package Jiffy-Jell. Use as a standard cup in any recipe. Send two trade-marks for the Jiffy-Cup.

MAIL THIS. I enclose trade-marks for which mail the gifts I check at side. Enclose 10c for postage and packing on the spoon alone.