

Phil Metschan Called by Grim Reaper Saturday

Portland, Mar. 29.—Phil Metschan Sr., one of the state's most prominent men, long identified with the development of the northwest and perhaps better known as for many years head of the Imperial hotel of Portland, died at 5:15 o'clock Saturday afternoon in his apartments at the hostelry over which he so long had supervision. Hardening of the arteries was the cause of his death.

Mr. Metschan fought a courageous battle against great odds after he was first stricken September 29, 1915, and since which time he had been up and down by spells. He lived to celebrate his 80th birthday last Wednesday, March 24, when his mind was clear and alert and he gradually enjoyed a family reunion and the calls of numerous friends, to say nothing of large numbers of congratulatory telegrams and letters which reached him from all over the country. He conversed with those present, was delighted at the receipt of so many kindly messages and declared the celebration was one of the happiest events of his life.

The funeral will be held Tuesday at 2 p. m. in the Masonic Temple, West Park and Yamhill streets, in charge of the grand lodge of Oregon. Interment will be in River-view cemetery.

Willamette Gets Even Break With Sound Debaters

Willamette university and College of Puget Sound broken even on the dual debate held Saturday evening, the negative team from each school winning a 2 to 1 decision, on the question, "Resolved that the United States should secure a mandatory control of Mexico." Willamette's affirmative team, which debated at home, had constructed a strong argument, but fell victim to the oratory of the visitors. Harry Earle and Harold Hong, both of whom excelled in delivery.

Bernard Ramsey and Frank Bennett won their debate in Tacoma, basing their negative argument on international law. The only difficulty with the question is that it is too big to fully cover in the time allowed. As shown by the results here, the negative is rather the stronger side. Willamette will debate with McMinville college

Lumber Output Grows As Shortage Of Cars Decrease

Demand for lumber at the mills of the northwest continues with usual vigor, the car supply is improving and production remains at a high average.

While the car shortage has materially improved since the first of the year, ample room for further improvement remains. The railroads are lamentably short of cars and will remain short until they build more cars. Many western roads are engaged in a car building program.

The certainty that lumber demand will continue indefinitely, coupled with the prospect of better car service has encouraged the mills in their operations.

Production for the week ended March 29 reached a total of \$3,702,784 feet at the 12 mills reporting to the West Coast Lumbermen's association. This was only 1,490,214 feet or 1.63 per cent below normal.

The comparative improvement in car supply also prompted the mills in shipping a greater proportion of the business offered them than has been their practice in the last few months with the result that orders booked for the week at the 12 mills aggregated 77,736,393 feet.

Total shipments for the week were 88,467,349 feet of which 72,810,000 feet or 2427 cars moved by rail. The mills still have 11,217 cars of unmet rail orders on their books.

The mills accepted orders for 6,490,000 feet of export cargo business and shipped 6,003,500 feet. The export business is promising.

Pomegranate skins are often used in making "morocco" leather.

Public Forum

THE TAXPAYERS AND THE TEACHERS

To the Editor:—The Marion County Taxpayers' league seems to be the only organization in the state that has come out against the proposed new taxes on schools and teachers. It is urging voters to vote down the 2 mills for public schools, the 12 mills for O. A. C. and U. of O. and .46 of a mill for the normal school.

These worthy gentlemen, although fully realizing that the losses of the greatest war in history are of incal-

culable, never-the-less seem deeply perturbed and indeed amazed that these terrific and world wide losses should in due time cause any abnormal increase in their state taxes. They don't like to look the facts in the face. Surely, they argue in effect, there must be some way of sidestepping the issue, can't we find the losses, or shifting the burden, so that state taxes may be kept nearly normal, however abnormal general economic conditions may be. In effect they would deny that there is any necessary sequence of high taxes following in the trail of cheap money and inflated prices in all lines of business.

The scientific government economists declare, and most business men are quick to admit, that a salary of \$100, is little better than one of \$45 was ten years ago. But the Marion tax leaguers would like to ignore this fact so far as voting taxes for schools is concerned, in the vain hope that the teachers will kindly forget it also.

We can agree with the leaguers that that for patient patriotism on poor pay the teacher is a close second to the Red Cross nurse and the boys in khaki who swung the far flung battle line across the Rhine. The love of children, an aroused protective mother instinct, inspire her teaching to a great degree. But still she is very human, and her answer to the hopes of the leaguers is five thousand vacant teachers' desks in the state of New York, and hundreds of closed and silent school rooms in every state from coast to coast. What do they propose to do about it? Nothing?

The state of Washington through its recent legislature has just doubled the state per capita appropriation for each child in the public schools from ten to twenty dollars, making it possible to add \$265 to the salary of each teach-

er. In California an initiative proposal is to be voted upon fixing the minimum teachers' salary at \$1500 a year. But so profoundly confident are our tax leaguers in the patient patriotism of Oregon teachers, that they seem to imagine that high salaries in other states can never tempt them away.

These gentlemen make no pretense of furnishing service or materials in their respective lines of business at the old prices, or any very near approximation of those prices. If they are selling shoes, they are expecting 80 cents and not 8 cents a pound as of old. Or if it is sugar they are pressing the public for 20 cents a pound instead of 20 pounds for a dollar as of old. So it is through an interminable list of articles. A statement from the league showing the process of reasoning by which they have concluded that the schools are the one great exception and therefore can furnish service of A1 quality at only a very moderate increase in cost, is now very much in order. Why do they expect this of the schools? How do they expect it to be accomplished?

After all, are these proposed increases in taxes so monstrous when expressed in terms of produce instead of money? For instance, about 100 pounds extra of loganberries per thousand dollars of assessment for the training of teachers at the normal school, or a pound and a half of hops per thousand dollars extra tax for O. A. C. and the university, or about 100 pounds of loganberries per thousand dollars of assessment extra for the public schools. Surely the farmers and the fertile acres of Marion county can spare that much to train their children in all the ways that may bring peace, prosperity, and happiness to coming generations.

E. S. TILLINGHAM.

Smoke Too Much? Let Nicotol Help You Quit

Do you smoke too much? Thousands of men do and know it. They want to smoke less or quit altogether but will not punish themselves to endure the craving that follows leaving off. Such men need Nicotol which kills the craving and makes cutting down the use of tobacco or quitting altogether easy and pleasant. Nicotol cures the craving for tobacco, tones up the nerves and keeps you feeling fine and fit. Go to any druggist for a package of Nicotol tablets sold under a steel bond guarantee of satisfaction or money refunded.

Note: Ask your druggist what others say about the wonderful power of Nicotol to break the tobacco habit. He knows and he can be trusted to tell you the full truth. (Adv.)

FOR SKIN TORTURES

Zemo, the Clean, Antiseptic Liquid, Just What You Need. Is Not Greasy

Don't worry about eczema or other skin troubles. You can have a clear, healthy skin by using Zemo. Obtained at any drug store for 35c, or extra large bottle for \$1.00.

Zemo gently cleanses, soothes, and cures. It is a clean, penetrating, antiseptic liquid, neither sticky nor greasy and costs a mere trifle for each application. It is always dependable. The E. W. Rose Co., Cleveland, O.

Three Nominating Petitions Are Filed

Three republicans filed nominating petitions with the secretary of state's office today for a place on the primary ballot.

J. D. Lee of Portland aspires to a seat in the lower house of the state legislature as a representative from Multnomah county.

Walter D. Whitcomb, also of Portland, wants to sit in the senate chamber along with the other members of the Multnomah primary district.

G. B. McCluskey of Tillamook to the position of district attorney.

Rev. L. W. R. Jackson, of Astoria, entered an appeal from the verdict which he was found guilty of "culpable homicide" for having killed Major H. D. Clark, an Assam, a Bombay dispatch

**1,000 Public
Spirited Citizens**
Wanted, to subscribe \$10 each for your Hospital. Are you one of them to be added to the \$10 Honor Roll

VICK'S VAPORUB

offers a new way to treat croup and cold troubles



THE OLD WAY

Treatment by internal dosing, which does not reach direct to the affected parts and which frequently does derange the digestion.

DIRECTIONS FOR THE USE OF VICKS

Vapors Important.—For diseases of the respiratory organs, such as colds, a large part of the value of Vicks lies in its vaporizing qualities. Therefore, whenever Vicks is applied over the throat and chest, care should be taken to leave the clothing loose around the neck and the bed clothes arranged in the form of a funnel, so that the vapors arising may be freely inhaled.

Hot Wet Cloths.—In cases of very severe colds, sore throat, coughs, incipient pneumonia, etc., hot, wet towels should be applied over the throat and chest to open the pores of the skin before applying Vicks.

Fresh Air.—Plenty of fresh air in the bed room is the best way to prevent colds and lung troubles. Fresh air does not cause colds; it strengthens the lungs, enabling the system to throw off colds.

Asthma.—Vicks is not a "cure" for asthma—so far as we know, there is no cure. In many cases, however, Vicks does give relief. Rub it well over the spinal column, from the neck to the hips to relieve the nervous tension. Then apply freely over throat and chest at bed time and cover with hot flannels. Renew frequently and always have the covers loose, so that the vapors may be freely inhaled. Also melt Vicks in a spoon and inhale the vapors and apply a little up the nostrils.

Bronchitis, Sore Throat, Colds in the Chest.—If a severe case, first apply hot, wet towels over the throat and chest. Then rub Vicks in well until the skin is red, spread on thickly and cover with two thicknesses of hot, flannel cloths.

Catarrh, Colds in the Head.—Melt a little Vicks in a spoon and inhale the vapors. Also apply well up the nostrils. There are so many varieties of catarrh that a competent physician should always be consulted. For many forms, however, Vicks is excellent. Dissolve a half teaspoonful of salt in a pint of warm water and snuff up the nostrils night and morning. Then insert Vicks freely up the nostrils as far as possible, snuffing well back into the air passages.

Children's Colds.—Vicks is particularly valuable in treating children's colds, since it is an external treatment; and therefore, does not disturb the delicate digestions of children. The best plan is to keep Vicks constantly on hand and apply freely and often at the first sign of "sniffles."

Growing children require plenty of fresh air and exercise and should be

COLDS are simply inflammation or congestion of the mucous membrane or lining of the respiratory organs—air passages and lungs. They should be treated just as surface inflammations, such as Burns or Bruises are treated—that is, the medication should be applied directly to the inflamed parts. Internal medication going to the stomach does not reach directly the affected parts. Internal medication cannot be applied directly to the air passages and lungs except in the form of vapors that can be inhaled; and, until the discovery of Vick's VapoRub, there was no efficient, economical method of supplying these vapors.

Vicks Acts Both Externally and Internally

VICK'S VAPORUB is the discovery of a North Carolina druggist, L. Richardson, who found a way to combine the standard, time-tested remedies—Menthol, Camphor, Turpentine, Eucalyptus, Thyme, Juniper, etc.—in salve form, so that when Vicks is applied to the body, these ingredients are vaporized by the body heat.

INTERNALLY, these vapors, inhaled with each breath all night long, carry the medication direct to the air passages and lungs.

EXTERNALLY, Vicks is absorbed through and stimulates the skin, attracting the blood to the affected parts and aiding the vapors inhaled to relieve the inflammation or congestion.

How the Use of Vicks Has Grown

Starting with the customers of Mr. Richardson's retail drug store, the use of Vicks has increased county by county, state by state, until now more than 17 million jars are used annually—practically one jar for every family in the United States—and this in spite of the fact that Vicks is still a new treatment to many people in the North and West. Once used, Vicks is a friend for life—it is so easily applied—so quick in its results.



THE NEW WAY

Treatment by Vick's VapoRub, which is applied externally—relieving by inhalation as a vapor and by absorption and stimulation through the skin.

kept in the open as much as possible, even in the winter.

Coughs—Apply Vicks as directed for Colds in the Chest and Head, and if the cough is very annoying, swallow, every few hours, a small piece the size of a pea.

Croup—Spasmodic—Rub Vicks freely over chest and throat until the difficult breathing is relieved. One application is usually enough. To prevent croup during the night, give a good application over the throat and chest at bed time and cover with hot, flannel cloths.

Influenza—In spite of the epidemic last winter, very little is known of this disease—even the germ causing it is not yet definitely located and no specific for influenza so far as known has been discovered. In all cases a physician should be called promptly.

Vicks is to be used as an external application in connection with the physician's treatment. Apply as directed for Pneumonia.

To Avoid Influenza—Influenza is a spit-borne disease, and when inhaled the germs attack the mucous membrane, or lining of the air passages. Even this is not absolutely certain, but it is agreed by most authorities that keeping the system in good condition and the air passages stimulated and free from colds is the best way to avoid the disease.

Melting a little Vicks in a spoon night and morning and inhaling the vapors, and applying well up the nostrils several times a day, particularly when in crowds, is recommended.

Pneumonia—(1) Send for your physician at the first sign of pneumonia. (2) Immediately begin the use of Vicks as an external application. For Vicks is of value in easing the cough paroxysms, and thus lessening their weakening effect on the system. Rub Vicks well over the spinal column, from the neck to the hips, to relieve the nervous tension. Then apply over throat and chest, covering with hot flannels.

Tonsillitis—Apply as directed for Sore Throat.

Whooping Cough—This is a self-limited disease, running a course which varies from a few weeks to several months. There is no known specific. Vicks is of value in easing the cough paroxysms, and thus lessening their weakening effect on the system. Rub Vicks well over the spinal column, from the neck to the hips, to relieve the nervous tension. Then apply over throat and chest, covering with hot flannels.

Vicks is Not Meant to Replace the Physician—At the first symptoms of a serious illness, such as pneumonia, a physician should always be called. Many other troubles, such as chronic catarrh or continued headache, call for the diagnosis of a good doctor.



There's No Picture Like the Picture of Health

The greatest masterpiece in the Art Gallery of Life is Nature's "Picture of Health."

It is a marvelous portrayal of the human body at its best. One beholds in its composite details a true symbol of strength. It presents a figure of striking appearance in its erect carriage, clear skin, sparkling eyes, strong limbs, steady nerves and firm muscles, fairly vibrating in animation—lean, alert, fresh, and animated with an air of unbounded confidence and a face radiant in color and illumined with a glow of hope and cheerfulness.

Could Nature have taken you for her model? Suppose you study yourself in the mirror of the present and compare your looks, your feelings and your condition with the general characteristics of this picture of the human body in perfect working order, all parts of which are sound, well organized and disposed, performing their functions freely, naturally. If you fail in any single point of resemblance, you are not the picture of health. It is imperative, then, that you look to a means to rebuild your strength, energy and vigor—to bring your body up to a normal state of efficiency in all of its parts.

LYKO

The Great General Tonic

Nothing is more efficacious as a restorer of exhausted nerves and physical forces than LYKO, the great general tonic. It tends to renew the worn-out tissues, replenish the blood, create new power and endurance, and revive the spirits of those who are weak, frail, languid and over-taxed. It is a reliable, restorative, a splendid aid to digestion and a fine functional regulator of the liver, kidneys and bowels. All druggists sell LYKO. Get a bottle TO-DAY and you'll commence to look more like the picture of health.

Sole Manufacturers: LYKO MEDICINE COMPANY, NEW YORK, KANSAS CITY, MO.

For Sale by all Druggists. Always in Stock at Perry's Drug Store.



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Why women will continue to suffer so long is more than we can understand, when they can find health in Lydia E. Pinkham's Vegetable Compound! For forty years it has been the standard remedy for female ills, and has restored the health of thousands of women who have been troubled with such ailments as displacements, inflammation, ulceration, irregularities, etc.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

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