chers To Be arce In Fall Churchill Says

s than 300 teaching positions n will be vacant next year un- ision is made for higher pay hers, according to information from reports in the office of urchill, state superintendent instruction. Failure of the two-mill tax levy for the of elementary schools will cripple the teaching staff ate, the blow falling the hard- the smaller districts which dy taxed to the limit in an maintain a school, Churchill

of the seriousness of the in Oregon even now, points to the fact that e past week three complaints filed with his office asking revocation of certificates of who have quit positions in schools to accept better pay- tions in adjoining states.

bulletin sent out by the state endent's office today attention to the fact that the pro- illage tax measures increases of taxation for school pur- on the district to the coun- oney to be distributed on the basis. Through this arrange- is pointed out, property not within the boundaries of or- school districts will be re- contribute toward the sup- the school system on the sis as other property now the district for the support ls.

Old As His ine Is Claim Of Osteopath

banquet held Tuesday evening Hotel Benson, Portland, Or., Gaddis of Oakland, Califor- etary of the California Osteo- ssociation, addressed a meet- the Portland Osteopathic So- The speaker stated that the purpose of every true phy- to keep his patients well so en they die it will be of old not of disease. The number which constitute old age, the continued, should range from years to the century mark, referring to the "century he cited an article which ap- recently in one of the scien- nals of Europe. A committee ists made a careful study of e of living of a number of ians. It was found that some d very extensively, buttermilk ulgarian variety, while others had never used buttermilk as a food or drink, but eaten a variety of almost every kind of food. Some had drank, while others had been total tain mountain springs, still others had abstainers. Some had bathed in cerseldom taken a bath. One was a noted student, another a humble peasant. Each had a different story with virtually nothing in common excepting that on careful examination each revealed a normal spine in contour and flexibility. This then must have been the deciding factor in their century run, proving again the old statement that "a man is as old as his spine."

SHORTHORN BREEDERS MAKE SPOKANE NORTHWEST OFFICE

Spokane, Wash., Mar. 18.—Northwestern headquarters of the American Shorthorn Breeders' association will be established in this city about April 1, according to an announcement of local stockmen. A. E. Wilson, formerly connected with a farm paper at Lincoln, Neb., will become northwestern representative with offices here, it is stated, succeeding Frank R. Brown of Carlton, Or.

Wonderful Results at 70 From Internal Baths

Mrs. L. M. Wadlia, 2043 National ave., San Diego, Cal., writes Tyrrell's Hygienic Institute of New York as follows:

"Within the last month have had wonderful results and all inflammation has nearly subsided. I could hardly expect a woman over 70 to receive benefit from a trouble of long standing as quickly as a younger person. Money could not buy my 'J. B. L. Cascade' if I could not get another."

It is difficult to believe how many internal troubles internal bathing will relieve until you realize that physicians agree that 95 percent of human ailments are caused by accumulated waste in the lower intestine.

The "J. B. L. Cascade", the scientific method of internal bathing, removes, in a perfectly natural way all poisonous waste, and has been so successful in promoting health that over half a million intelligent Americans are now using it regularly.

It is the invention of Chas. A. Tyrrell, M. D., of New York, who for 25 years was a specialist on internal bathing, and it is now being shown and explained by Daniel J. Fry wholesale druggist and manufacturing pharmacist in Salem, Or.

They will give you on request a very interesting booklet on internal bathing by Dr. Tyrrell, "Why Man of Today is only 50 percent Efficient."

Ask for it today and know more about yourself and your functions than you ever have before. (Adv)

Nine communities in Sherman county have completed a farm bureau organization.

Normal

Monmouth, Or., Mar. 18.—The students who attended the Inter-Collegiate Oratorical contest at Forest Grove last Friday evening report a most enjoyable time. Several attended besides the delegates and helped to show by their spirit that Monmouth is "on the map." Though the normal orator, Miss Bunch, did not win the contest she made a very creditable showing and lost to most worthy opponents. Mrs. Stombaugh chaperoned the representatives from the normal and Miss Hager, president of the student body, responded for them on the toast program.

President Ackerman spent last Saturday in Portland in conference regarding the millage bill.

Mr. Butler, department of history, accepted an invitation to judge the Oregon-Washington debate on Friday, March 5. He gave an entertaining account of his visit at chapel hour one day last week.

The juniors are entering with real O. N. S. spirit into the preparations for junior class day, March 26. A most elaborate program is being prepared, the exact nature of which is still a secret.

The chapel hour Monday morning was devoted to a round-table discussion of the private reports from which the president makes up his recommendations for teachers. Miss Brenton and Mr. Gentle as well as the president explained features of these reports, giving the students all in all a clear, definite view of the nature and purpose of these reports.

Miss Ida Mae Smith has accepted an invitation to teach in the Lincoln county institute at Toledo on April 21, 22 and 23.

Mr. Gilmore, Miss Gladys Carson and Miss Florence Hill were among the faculty members who attended the convention of the Polk County Sunday School association and spoke on the program.

Mr. Butler's generous offer of his home as a meeting place for the various social groups into which the student body was divided some time ago has been most enthusiastically accepted by the students. An enjoyable "get-together" party was held there by one group last Saturday evening andanother by a second group Wednesday evening.

Salvation Army Drive Plans Laid At Portland Meet

Portland, Or., Mar. 18.—County advisory board members were in convention Wednesday at the call of the state advisory board of the Salvation army. The home service program for 1920 was enthusiastically endorsed and a plan was presented by the state board to raise $244,000 in Oregon for the extension of Salvation army service to remote districts. So heartily were the delegates in accord with the plan that they added to this approximately 40,000 to purchase and reopen the Bishop Scott school, and a 100 acre farm near Yamhill, in Yamhill county, for a Salvation army industrial home and agricultural school in which to take care of minor cases of juvenile delinquency and orphans.

John L. Ethridge was chosen to handle the financial campaign, and his organization, which will be built throughout the state, will be endorsed, backed and aided by the advisory boards of every county.

The budget endorsed by the county advisory boards is to be raised half in Multnomah county and half in outside counties.

GROWING DEAF WITH HEAD NOISES? TRY THIS

If you are growing hard of hearing and fear catarrhal deafness or if you have roaring, rumbling, hissing noises in your ears go to your druggist and get 1 ounce of Parmint (double strength) and add to it ¾ pint of hot water and a little granulated sugar. Take 1 tablespoonful four times a day.

This will often bring quick relief from the distressing head noises. Clogged nostrils should open, breathing become easy and the mucus stop dropping into the throat. It is easy to prepare, costs little and is pleasant to take. Anyone who is threatened with catarrhal deafness or who has head noises should give this prescription a trial. (Adv)

Woodburn Berry Growers Organize

Woodburn, Or., Mar. 18.—Twenty-five berry growers attended a meeting here Saturday. Officers elected were LaFayette Lawrence, president; E. J. Forsyth, vice-president; G. W. Kunkle, secretary; George Hall, treasurer; an executive committee of five was chosen. It was decided not to pool this year, but to fix the minimum price of loganberries at 17 cents per pound.

Swamp-Root For Kidney Ailments

There is only one medicine that really stands out pre-eminent as a medicine for curable ailments of the kidneys, liver and bladder.

Dr. Kilmer's Swamp-Root stands the highest for the reason that it has proven to be just the remedy needed in thousands upon thousands of distressing cases. Swamp-Root makes friends quickly because its mild and immediate effect is soon realized in most cases. It is a gentle, healing vegetable compound.

Start treatment at once. Sold at all drug stores in bottles of two sizes medium and large.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention the Salem Capital Journal. (Adv)

Eugene Man To Be Tried Second Time

Eugene, Or., March 18.—The second trial of Martin A. Clark, charged with the murder of Charles L. Taylor near McKenzie Bridge last July, will be held early in April, it was announced here today. The trial was to have been early this month, but court was adjourned on account of influenza.

Charles White, suspected of shooting a night watchman at White Salmon, has been arrested at The Dalles.

Thought She Would Die from Eczema

"I went to Johns Hopkins Hospital. I went to several doctors. I tried other remedies. I thought I would die. D.D.D. cured me after I had given up all hope to ever get well again on earth.—Mrs. Emma Wise, 631 Franklin St., Baltimore.

We earnestly have seen D. D. D. heal so many cases of severe skin trouble that we know it will help you, too. In fact we guarantee the first bottle. 35c, 60c and $1.00.

D.D.D. THE Lotion for Skin Diseases

J. C. Perry, druggist.

The Choice Prizes of Life Are Won By the Healthy and Strong

The weak, soft, flabby-muscled—those who are deficient in vigor and vital force—have ever had to suffer the humiliation of being ruthlessly shoved aside by their stronger rivals. A clear, ruddy complexion; bright eyes; hardened muscles; and a well knit-together body of elastic step and sway, constitute a trump card in any game—whether of love or business.

If you feel that you are outclassed, lacking the stamina to stand up and claim your own, don't delay another day in commencing to take

LYKO

LYKO is sold in original packages only, like picture above. Refuse all substitutes.

The Great General Tonic

It will restore that confidence you need to combat the ever-opposing forces of social and business life; it will give you the heart and spirit to do and the courage to challenge the world to your right to a place in the sun, because it will rebuild your physical strength and mental power to a state of perfect health, strengthening your run-down system with better nourishment because of its great aid to digestion. "LYKO" is a refreshing appetizer and an exceptional general tonic in those abnormal conditions of the physical and nervous systems, such as muscular and mental fatigue, nervous exhaustion, general weakness, or debility following a protracted illness or the result of a wasting disease. It's truly Nature's first assistant as a restorative agent—a really remarkable reconstructive. All druggists have LYKO. Get a bottle today and begin at once to live and look better.

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LYKO MEDICINE COMPANY
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For Sale by all Druggists. Always in Stock at Perry's Drug Store.

Gifts to Women

Jiffy-Jell Users Need Them and are Welcome. See Below

Jiffy-Jell made with Sun-Maid Raisins or None Such Mince Meat. Made with Style C Mold—Pint Size.

Half a Pineapple

Crushed to Flavor One Jiffy-Jell Dessert

Here is one example of the wealth of fruit in Jiffy-Jell desserts.

We crush pineapples in Hawaii—fruit too ripe to ship. The juice of half a fruit is condensed and sealed in a vial to flavor one pint dessert.

Yet the whole dessert costs but a few cents, ready at your call.

So with eight rich fruits which come in Jiffy-Jell. All are made from crushed fruit, all are abundant. All come in liquid form, condensed and sealed in glass—a bottle in each package.

Real-fruit flavors in bottles

Mark this Jiffy-Jell distinction. Note how it differs from old-style quick gelatine desserts. Jiffy-Jell alone has these bottled fruit-juice essences.

Jiffy-Jell desserts are fruit-made dainties, rich in fruit. The fruit taste is not mere flavor and not artificial.

People need fruit daily. Now, when fruit is costly, this is an ideal way to serve it.

Complete desserts

Jiffy-Jell comes ready-sweetened. It is acidulated with evaporated fruit acid. A rare-grade gelatine is in it, and the fruit-juice essence in a vial.

You simply add hot water as directed on package, and let cool. Then a package of Jiffy-Jell serves six people in mold form, or twelve if you whip the jell.

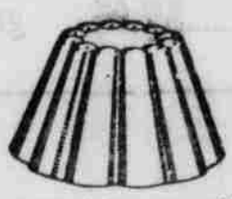
Yet this fruit-made dainty, rich in fruit, costs a trifle. It costs less than serving apples.

'Twill delight you

Try Jiffy-Jell in various fruit flavors. Try lime-fruit flavor for a tart green salad jell. Try mint for a mint jell to serve with meats.

Learn what these dainties mean to you. Compare them with old-style desserts of this type.

We offer you choice of several 50-cent molds if you will do this, and at once. Cut out our offer so you won't forget.



Individual dessert molds
Style 6—The same in pint size Style-C

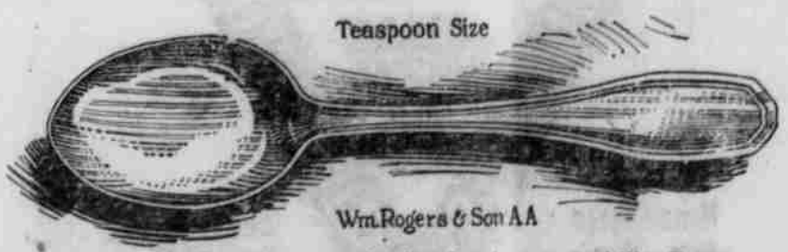
In assorted styles of aluminum, six to the set. The six will serve a full package of Jiffy-Jell. Send 5 trade-marks for the six assorted.

Ten Flavors in Glass Vials
Bottle in Each Package
Mint, Lime, Cherry, Raspberry, Loganberry, Strawberry, Pineapple, Orange, Lemon, Coffee

Jiffy-Cup for measuring

An aluminum half-pint cup. Fill twice with water to dissolve one package Jiffy-Jell. Use as an exact cup measure in all recipes. Send 2 trade-marks for it.

Teaspoon Size



Silver Dessert Spoons, teaspoon size, in a favorite pattern of Wm. Rogers silver plate, guaranteed 20 years. For the first spoon send 2 trade-marks, plus 10c for postage and packing. Then we will offer you the balance of the set.

Free to users

Cut out the Jiffy trade-marks in the circle on the front of Jiffy-Jell packages. Send 5 for any pint mold or the Set of Six Individual Molds. Send 2 for the Jiffy-Cup, or 2 and 10c for the Spoon. The pint molds are as follows—all aluminum.

Style—B—Pint Mold, heart shaped.
Style—C—Pint Mold, fluted as above.
Style—D—Pint Salad Mold.
Style—E—Pint Mold with pinnacles.

Pint Molds
....Style—B
....Style—C
....Style—D
....Style—E
....Set of Six
....Jiffy-Cup
....Silver Spoon
Send 5 circles for any pint mold or the set of six. Send 2 for Jiffy-Cup. Send 2 and 10c for spoon.

Jiffy Dessert Co., Waukesha, Wis. **MAIL THIS**

I enclose...Jiffy trade-marks for which send the gifts I check at side.

.....

.....

Enclose 10c for postage and packing on the spoon alone.

538

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There are two main reasons—one, the name itself, ch certifies superfine value—the other, that time the same story.

Thus reputation and performance unite in giving all you expect—and more.

et Brunswicks cost no more than like-type tires. y motorists would pay more readily, but the nswick idea is to GIVE the utmost, rather than ET the utmost. And this has been true since 1845.

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nd, like other motorists, you'll decide to have Brunswicks. Then you'll know supreme satisfion from your tires—longer life, minimum ble, lower cost.

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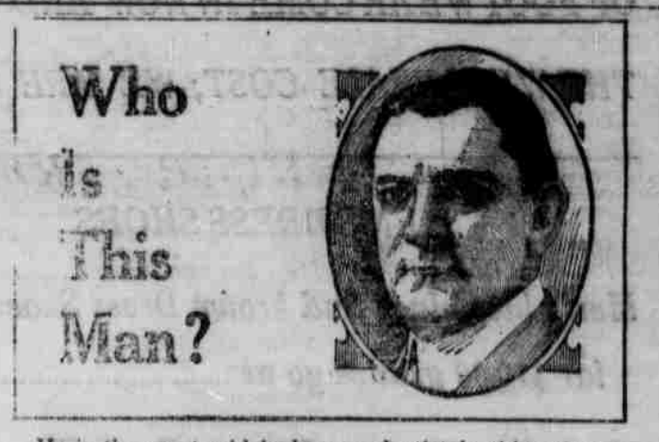

He is the most widely known dentist in this country. He is the most successful dentist in the United States. He and his associates have the largest dental practice in the world, operating 24 complete offices in 20 cities. His success has come by giving better dentistry for less money and by taking the fear of pain from dental work. He is Dr. Painless Parker, whose life experience has boiled down into the E. R. Parker System. It is a system which has for twenty-seven years aimed to throw out of dentistry that which was bad, and retain only that which is good.

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We are very thankful that we enjoy the CONFIDENCE of our community. We won't let our Drugs grow stale and lose their strength. We throw them out first.

So when you come to us for Drugs you may know that they are fresh, pure and full strength; and—

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