

# What's Happening

EASTERNOREGONEVENTS.COM  
EXPANDED ONLINE CALENDAR

## WEDNESDAY, FEB. 28

**Food Giveaway:** 11:30 a.m. Wallowa Senior Center in Wallowa, 11 a.m. Enterprise Senior Center. Sponsored by Wallowa Fresh Food Alliance. Perishable food available.

**Wallowa County Rotary Club:** Noon St. Katherine of Siena Catholic Church, 301 E. Garfield, Enterprise. Guests will be Chief Joseph Days Rodeo Queen Contestants.

**Adult Clay Class with Mellica McIntire:** 3 p.m. Joseph Center, 403 North Main, Joseph. josephy.org

**Core Yoga:** 5:30 p.m. above the Lostine Tavern in Lostine. All levels welcome. Instructor: Kellee Sheehy. salutationsstudio.com

**Making Parenting a Pleasure:** 5:30 p.m. Building Healthy Families, 207 NW Park St., Enterprise. Free dinner. Childcare available. Supports parents with strategies around communication, challenging behavior, stress management and more.

## THURSDAY, MAR. 1

**Pilates:** 9 a.m. Wallowa Senior Center, 204 E Second, Wallowa. Sponsored by Community Connection.

**Tai Chi:** 9 a.m. Enterprise Senior Citizens Center, 11 a.m. Wallowa Senior Center. Free. No registration required.

**Chess Club:** 4 p.m. Joseph Center, 403 North Main, Joseph.

**Open Level Ballet Class:** 5 p.m. The Place in Joseph. Ages 10 and above. No experience necessary. Instructor: Hanna Brandt. salutationsstudio.com

**Prana Flow:** 6:30 p.m. The Place in Joseph. Cleanse your body, mind and spirit. Instructor: Amy Zahm. salutationsstudio.com

**Souper Fun Night:** 5-7 p.m. Community Connections Center, 701 NW First St., Enterprise. Fundraiser for Creating Memories for Disabled Children. Door prizes and raffles, homemade soup, bowls by local artisans. Tickets available at M. Crow, Enterprise Bed and Breakfast and Sports Corral.

**What If? Disaster Preparedness in Wallowa County:** 7 p.m. Wallowa Memorial Hospital. Presented by Stacey Karvoski. Sponsored by Fishtrap as part of The Big Read.

**Lenten Service and Martin Luther Video:** 7 p.m. Grace Lutheran Church, 409 W. Main,



Enterprise. gracelutheranenterprise.com

## FRIDAY, MAR. 2

**Youth Art Friday:** Various times Joseph Center. Drama with Morgan Green, 9 a.m. for ages 5-8, 11 a.m. for teens and 12:15 p.m. for ages 9-12. Ceramics and drawing with Mellica, 11 a.m. for ages 7-11, 12:30 p.m. for ages 11-16. Drawing from Fundamentals 3 p.m. for ages 7-12. josephy.org

**Parent-Child Playgroups:** 9:30 a.m. Building Healthy Families, Enterprise. Songs, stories, snacks and activities focusing on developing kindergarten readiness skills.

**Purely Restorative:** 9:45 a.m. above the Lostine Tavern in Lostine. A gentle style of yoga. Instructor: Maggie Conley. salutationsstudio.com

**Food Giveaway:** Noon Wallowa Senior Center in Wallowa, 11 a.m. Enterprise Senior Center and noon at The Place in Joseph. Sponsored by Wallowa Fresh Food Alliance. Perishable food available.

**Chicken Growers Workshop:** 1 p.m. Winding Waters Boathouse, 204 E. Wallowa Ave., Joseph. Chicken expert Mary Hawkins will talk about chick care and housing ideas that pertain to all poultry. Info and RSVP: maryhawkinswallowa@gmail.com or 541-398-0004. hawkinsistersranch.com

**Winter Olympics for Kids:** 1-3 p.m. Building Healthy Families, 207 NE Park St., Enterprise. Games and activities as well as an award ceremony and Olympic snacks. Learn about geography, sports, math, teamwork and try your hand at Olympic events

and crafts. RSVP requested: 541-426-9411

**Youth Dance Classes:** 1:30 p.m. The Place in Joseph. For children 5-8. 2:30 p.m. for children 9-13. Develop body awareness and coordination. Instructor: Kellee Sheehy. salutationsstudio.com

**Adult Drawing and Painting Classes:** 2-4 p.m. Joseph Center, 403 North Main, Joseph. Instructor Jennifer Klimsza. josephy.org

**Fishtrap Fireside:** 7-9 p.m. Fishtrap House, 400 E. Grant St., Enterprise. Enjoy light refreshments and hear new work by local writers. Featured speakers Lynne Curry, Jennifer Hobbs and Andrew Wallace. Open mic reading follows.

## SATURDAY, MAR. 3

**Abstract Painting with Mellica:** 10 a.m. Joseph Center, 403 North Main, Joseph. Registration requested. josephy.org

**Everyday Movement:** 10 a.m. The Place in Joseph. Basic, introductory dance technique for adults of all ages. No experience necessary. Instructor: Hanna Brandt. salutationsstudio.com

**Faith in the Field Movie Night:** 5 p.m. Enterprise Christian Church. Raffle prizes, silent auction and live auction and four-piece film showing featuring local hunts. Free pie and ice cream following the movie.

**Fiddle Show:** Homemade chicken dinner 5 p.m. Show 6 p.m. Hurricane Creek Grange, 63081 Hurricane Creek Rd., Joseph. Presented by Blue Mountain Old Time Fiddlers. All levels and dancers welcome.

**Women's Art Show Opening Evening:** 7-9 p.m. Joseph Center, 403 North Main, Joseph. Drinks and goodies catered by Lynne Curry. josephy.org

## SUNDAY, MAR. 4

**The Infamous Stringdusters:** Doors 6 p.m. Show 7 p.m. The OK Theatre. Tickets available at Joseph Hardware, Dollar Stretcher, BookLoft, M. Crow and online at eventbrite.com.

## MONDAY, MAR. 5

**Adult Clay Class with Mellica McIntire:** 9 a.m. to noon Joseph Center, 403 North Main, Joseph. josephy.org

**Food Giveaway:** 11 a.m. Enterprise Senior Center. Sponsored by Wallowa Fresh Food Alliance. Perishable food available.

**Exploring Science:** 3:45 p.m. Wallowa County Library. For pre-K students and their parents. Activities include science, math and art. Free.

**Terminal Gravity Presents:** "Jauntgrass" 7-9 p.m. Terminal Gravity Brewing, Enterprise.

## TUESDAY, MAR. 6

**Teleconference with Legislators:** 7 a.m. OSU Extension Office, 668 NW First St., Enterprise. Sen. Bill Hansell and Rep. Greg Barreto will be available for questions. RSVP: 541-426-4622

**Pilates:** 9 a.m. Wallowa Senior Center, 204 E Second, Wallowa. Sponsored by Community Connection.

**Tai Chi:** 9 a.m. Enterprise Senior Citizens Center, 11 a.m. Wallowa Senior Center. Free. No registration required.

**Adult Drawing and Painting Class:** 9-11 a.m. Joseph Center, 403 North Main, Joseph. Instructor: Jennifer Klimsza. josephy.org

**Story Time:** 10 a.m. Wallowa County Library, 207 W Logan St., Enterprise. Circle time, story time and activity for children 0-5.

**Sewing Group:** 10 a.m. to 3 p.m. Wallowa Senior Center, 204 E Second, Wallowa. Sponsored by Community Connection.

**Brown Bag Lunch:** noon Joseph Center, Joseph. Kim Witherrite with YES for Wallowa County Libraries will be the speaker. Bring your lunch. Coffee and tea provided.

**Horse Sculpting Workshop with Terri Malec:** 1-4 p.m. Joseph Center, 403 North Main, Joseph. Must commit to each class. josephy.org

**Dementia Care Training:** 2:30 p.m. Enterprise VFW Hall, 800 N. River St., Enterprise. Presented by Rod Hardwood. Designed for those in the role of caregiver to those with dementia. Continuing education units available. Dress comfortably. Info and RSVP: 541-426-5311

**Mindful Flow:** 5:45 p.m. The Place, adjacent to Joseph United Methodist Church, Joseph. Instructor: Jamie O'Neill. salutationsstudio.com

# Stringdusters coming March 4



Contributed photo

The Grammy Award-Winning Infamous Stringdusters will perform 7 p.m. Sunday, March 4, at OK Theatre in downtown Enterprise. Tickets are \$30 per person and available online or at the door. The band recently received a Grammy for for Best Bluegrass Album. Stringdusters band members include Travis Book, Andy Falco, Jeremy Garret, Andy Hall and Chris Pandolfi.

# 'Screenagers' to show March 15 in Enterprise

Building Healthy Families and Wallowa County Prevention will host a screening of "Screenagers: Growing Up in the Digital Age" 6:30 p.m. Thursday, March 15.

The movie will be shown at Building Healthy Families, 207 NE Park St., Enterprise.

It has been watched by more than a million people around the world. It is the first feature documentary to explore the impact of screen technology on kids and offer parents and families proven solutions that work.

Physician and filmmaker Delaney Ruston decided to make "Screenagers" when she found herself constantly struggling with her two kids about screen time. Hearing repeatedly how other parents were equally overwhelmed, she began to explore the issue.

Interwoven into the individual stories are cutting-edge

### YOU SHOULD KNOW

• Kids spend on average 6.5 hours a day on screens and that doesn't include classroom or homework screen time.

• Boys spend on average the equivalent of 1.5 days on video games every week

• Some recent studies show us that screen time increases dopamine production and causes behavior that mimics addiction.

science and insights including leading brain scientists who present evidence on the real changes in the brain when kids are on screens.

Parents are encouraged to bring their kids to the movie.

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