

Mentor Match wraps year of innovation

By Kathleen Ellyn
Wallowa county Chieftain

It was no accident that this year’s Mentor Match students jumped in the lake as a polar-plunge fundraiser in April.

“It’s a metaphor for being an entrepreneur,” said Mentor Match instructor Stacy Green. “You’re doing something bold and slightly crazy. You may look ridiculous — a lot of people won’t try something new because they’re afraid of looking ridiculous. So, it’s about over-coming fear and doing something wild and crazy.”

This year’s class of seven business entrepreneurs got crazy, faced their fears and finished their projects in time for a May 3 graduation ceremony.

They’ll be using their polar plunge money to pay for their traditional year-end Leadership and Innovation Tour to Seattle, where they will see some famous examples of how entrepreneurial enthusiasm and good business marketing can work.

They’ll meet and be conducted on a tour of Nordstroms by a buyer for the store, a division chief at Microsoft will give them a tour, and they’ll visit REI, the original Starbucks and the Pike Place Fish Market.

The Mentor Match program, which is open to any junior or senior in the county, is the brainchild of Green, who works at Wallowa Memorial Hospital as well as owning her own business. She proposed the idea of mentoring entrepreneurial students to Amy Johnson at Building Healthy Families in Enterprise in 2010.



Haven Johnson and Courtney Bailey exit Joseph Mountain Family Foods with groceries to deliver as GoGoGroceries. Haven and Courtney created the business through the Mentor Match Program.

Johnson loved the idea and found financial support for the program, initially from Oregon Community Foundation.

Green works for free, but the program, which teaches students all the basic aspects of business development and management, continues to be supported by grants overseen by the new director at Building Healthy Families Maria Weer.

“This program would

not exist without Building Healthy Families funding support,” said Green. “As of this year, 74 kids have gone through the program.”

The experience is mind-expanding for students and impressive to scholarship committees, with many students parlaying their experience into college funds.

But the best part for Green are the stories of kids coming back to the county and either

creating new businesses or finding their place in existing businesses.

That was her goal.

“We wanted to show kids that they could come back to Wallowa County and have opportunities,” Green said. “They could create opportunities for themselves and make a living and contribute to the economy and the community.”

Most Mentor Match students do identify as “creators” — the sort of people who have ideas and enjoy solving problems. One of the first problems they face is that they are students.

“That’s an inherent chal-

lenge,” said Green. “They have to build their business around their life as a student.”

Green attempts to cultivate the independence and strong will that brought the students to the course.

“I am very hands-off, because when you are an entrepreneur, no one is telling you to do anything. You have to make all your own decisions about whether you will get out of bed and work your plan or not,” she said.

What students do get from Green, and numerous speakers she brings in, is real-life training in how to identify a market, develop a product and work to make it succeed.

Mentor Match students Haven Johnson and Courtney Bailey are typical of the students and their experience.

Although the two didn’t make a fortune with their grocery shopping and delivering business GoGoGroceries, they learned all the steps involved in becoming a successful entrepreneur and received feedback with aplomb.

“We got a lot of encouragement from the public,” said Haven.

“Though many told us they thought we would do better in an urban setting,” added Courtney.

This year’s graduates of the program and their projects included Maddie Bailey, “Yoga by Maddie;” Courtney Bailey and Haven Johnson, “GoGo Grocery;” Caleb Reed and Lane Clements, “Clements Cookie Bowls;” and Reagan Bedard, “Reagan’s Dog Treats.”

Maddie Bailey won the Top Producer award and Lane Clements won the Most Valuable Student award for his “flawless follow up” with Stacy Green.

Mentor Match will be accepting students again next fall. Call Green at 541-398-3214 to be considered.

Wellness center to open clinic to treat pain

Chronic pain is a growing problem across the country and in Wallowa County.

That’s why Wallowa Valley Center for Wellness has opened its Center for Optimal Living at the Crossroads Center in Enterprise.

The program involves collaboration with almost all the medical providers in Wallowa County, according to Stephen Klierwer.

Klierwer will lead Optimal Living. He has been an assistant professor at OHSU in family medicine, a minister, an EMT and was most recently the long-term executive director of the Center for Wellness. He is a licensed professional counselor and director emeritus for the center.

“It will provide real help for chronic pain,” Klierwer said. “At the center, people’s pain will be taken seriously, including a special plan to help deal with the pain.”

The program looks at both body and mind as well as the history of the patient and works to help individuals take control of pain.

While the program will not prescribe medications, it will use a variety of approaches.

“Pain is a very individual subjective experience,” said Mark Altenhofen, who has been helping develop the program. “If you’re only treating the physical part, you’re not treating the whole experience of pain.”

Altenhofen has more than 20 years experience in the pain management field.

The program will include yoga, acupuncture, mindfulness and a variety of exercises focusing on the brain or thinking component of pain.

Those participating will be part of an orientation and an intake interview, followed by 10 weeks of care. Participants must be referred and cleared by a primary care physician.

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CLUES ACROSS

- 1. Protective crust
- 5. Federal poverty level
- 8. "NCIS" network
- 11. This many makes a trio
- 13. Geological time
- 14. Populous Colombian city
- 15. Interviewer Morgan
- 16. More (Spanish)
- 17. Not close
- 18. Confined
- 20. __ Farrow, actress
- 21. One point east of southeast
- 22. Kinetic and elastic are two
- 25. Taking possession of a property
- 30. Associate of same rank
- 31. Uganda
- 32. Heads the department
- 33. Assistants
- 38. I (German)
- 41. Small vessel
- 43. Home to Deadwood
- 45. Vetoed
- 47. Wings
- 49. Vestment
- 50. Heavy cavalry sword
- 55. Deer native to Japan
- 56. Spy agency
- 57. Was hurting
- 59. Famous New Yorker film critic
- 60. Liquefied natural gas
- 61. Jewish spiritual leader
- 62. Male offspring
- 63. Sense of self-esteem
- 64. Cheek

CLUES DOWN

- 1. Engine additive
- 2. Fashionable
- 3. Region
- 4. "Friday Night Lights" director Peter
- 5. __ fatale, French seductresses
- 6. A treeless grassy plain
- 7. Large flat rectangular strips of pasta
- 8. Eating houses
- 9. Divulge a secret
- 10. Beget
- 12. Midway between east and southeast
- 14. Container for shipping
- 19. Deceased basketballer Bison __
- 23. Neither
- 24. Large lizard
- 25. Licenses TV stations
- 26. Express delight
- 27. Refusal of medical assistance
- 28. Upon
- 29. Bright or deep red
- 34. A way to sign
- 35. Zhou Dynasty state
- 36. Shock therapy
- 37. Ocean
- 39. Basketlike boat
- 40. Irish sport
- 41. Doctor
- 42. Middle day
- 44. Autonomous island
- 45. Made of wood
- 46. Meat from a calf
- 47. Inquires
- 48. Chinese dynasty
- 51. Swiss river
- 52. Prejudice
- 53. "The Wire" actor Idris
- 54. Resistance fighters
- 58. Criticize

Church Directory

Church of Christ

502 W. 2nd Street • Wallowa
541-398-2509

Worship at 11 a.m.
Mid-week
Bible Study 7 p.m.

St. Patrick's Episcopal Church

100 NE 3rd St., Enterprise
NE 3rd & Main St

541-426-3439
Worship Service
Sunday 9:30am

St. Katherine's Catholic Church

Fr. Francis Akano
301 E. Garfield Enterprise
Mass Schedule
Tues-Fri 8:00 am
Saturdays 5:30pm Sundays 10:30am
(541)426-4008
stkatherineenterprise.org
St. Pius X Wallowa Sundays 8:00am
All are welcome

Summit Church

Gospel Centered Community
Service time: 10:30 am
Cloverleaf Hall in Enterprise
Pastor Mark Garland
www.summitchurchoregon.org

Joseph United Methodist Church

3rd & Lake St. • Joseph
Pastor Cherie Dearth
Phone: 541-432-3102
Sunday Worship Service
10:00 am

JosephUMC.org

Faith Lutheran Church

409 W. Main
Enterprise, Oregon
Worship 2nd & 4th Sundays - 2 pm

Bible Study
2nd & 4th Thursdays - 11 am
LCMS
(Lutheran Church Missouri Synod)

Enterprise Christian Church

85035 Joseph Hwy • (541) 426-3449

Worship at 9 a.m.
Sunday School at 10:30 a.m.
Evening Worship at 6 p.m.
(nursery at A.M. services)

"Loving God & One Another"
David Bruce, Sr. - Minister

Christ Covenant Church

Pastor Terry Tollefson
Church Office: 541-263-0505

Family Prayer: 9:45am
Sunday School: 10am
Worship Service: 11am

723 College Street
Lostine

Lostine Presbyterian Church

Discussion Group 9:30 AM
Worship Service 11:00 AM
Childrens program during service
Blog: dancingforth.blogspot.com

541.398.0597
Hwy 82, Lostine
Stephen Klierwer, Minister

Enterprise Community Congregational Church

The Big Brown Church with an open door
Pastor Archie Hook
Sunday Worship 11am
Bible Study 9:30am
Ark Angels Children's Program
Ages 4-6th grade, 11am
Nursery for children 3 & under
301 NE First St. • Enterprise, OR
Find us on Facebook! 541.426.3044

Wallowa Assembly of God

606 West Hwy 82
Wallowa, Oregon
541-886-8445

Sunday School • 9:30
Worship Service • 10:45
Pastor Tim Barton
wallowaassemblyofgod.com

Seventh-Day Adventist Church & School

305 Wagner (near the Cemetery)
P.O. Box N. Enterprise, OR 97828
541-426-3751 Church
541-426-8339 School

Worship Services
Sabbath School 9:30 - 10:45 a.m.
Worship Hour 11:00 a.m. - Noon
Pastor Jonathan DeWeber

IF YOU GO

Wallowa Valley Center for Wellness will hold an open house for its Center for Optimal Living 4 p.m. Friday, May 26, at the Crossroads Building, Suite 1, 207 SW 1st St., Enterprise. The public is invited to attend.

Thank you to everyone who helped me celebrate my retirement. Whether you attended my surprise party, came for cake and coffee, sent a card, email, gift or called on the phone. I greatly appreciate all the love and best wishes that came my way. Thank you all.

Bonnie Marks
Postmaster Retired

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