

BUILDING HEALTHY FAMILIES SERIES

Program inspires mentees to give back

Those who get assistance reach out to help others

By Steve Tool
Wallowa County Chieftain

This is the second and final part of the mentors series. This story focuses on the mentees and how the various mentoring programs offered by Building Healthy Families affected their lives in a positive way.

Lindsay Miller

Miller is the newly appointed BHF mentor coordinator. Her role entails matching mentors with mentees while monitoring how the relationships progress. She fell into her role naturally.

"I'm a teacher and I've been working with students and kids of all types for about 10 years, so unofficially I've mentored a lot of kids. I've also worked with Building Healthy Families for two years helping them with other programs," she said. She will soon be mentoring as part of the program.

"I think the really awesome thing about this program. It gives people in the community opportunities to volunteer, and it gives them a chance to with people they wouldn't otherwise know and give back and create relationships between good role-model adults and K-12 students. It's exciting as job because there's so much room to grow," Miller said.

Jake Eaves

"I was going through a dark time and I expressed to the right people that I really needed some help — someone to talk to," said Jake Eaves, a senior at Building Healthy Families' Alternative Education school.

Eaves was paired with Michael Cooler, the school's information technology ex-



(L to R) Lindsay Miller with child Alder mentor coordinator for Building Healthy Families, Jason Wilcox, prevention coordinator and mentor, mentee Jean Luc Palma, Information Technology specialist and mentor Michael Cooler, mentee Jake Eaves.

pert who teaches science and Spanish. "Ever since then, I'm really baffled at how amazing people really are," Eaves said. Availability is one of the keys in their relationship.

"Even after we meet, or just before the week, I can pull Michael aside, and we can talk as long as needed," Eaves said.

The two meet once a week for tea or coffee, sometimes as friends, or sometimes to talk about stress Eaves is dealing with and how to combat it.

"It's not so much from a counselor standpoint, but from a legitimate caring standpoint," Eaves said.

Without a mentor, Eaves is sure he'd fall back into his old habits.

"I'd stay reclusive, as I always was, and not get out much except for school ... I'd just sit in my room. Now I get out with my dogs and things. I've been instilled with confidence," he said.

Asked if he'd consider becoming a mentor, Eaves said, "If I thought I could make a

difference for someone, I'd gladly do it."

Jean Luc Palma

"After I transferred here (The alternative education school) I was talking to people and they said I should get into the mentor program, because they can help with homework and they can just hang out. I tried it, and it was real fun — I liked it," said Jean Luc Palma, now a junior at Joseph Charter School. His mentor is Jason Wilcox, prevention coordinator at Building Healthy Families.

Palma was transferred to the AE school after experiencing some trouble at Enterprise High School last year. After the first quarter, he transferred to JCS because the school offers sports programs. Wilcox helped Palma through both transitions.

"He (Wilcox) really helped me a lot with my homework and other things. It's been really beneficial for me. Homework is hard for me at times and I'm glad he's there," Palma said.

Where would Palma be without mentoring?

"I wouldn't be where I am now. I'd maybe be in a bit of a slump with homework and getting out and hanging out. Maybe it could be good, but with a mentor, it's a lot better," Palma said.

He highly recommended that struggling youth find a mentor to get them through rough patches.

"It's a great benefit for kids with struggles — maybe not even struggles, just to go out and have fun, and get some



Steve Tool/Chieftain
Matt Perren, a charter member of the Mentor Match Entrepreneur program is now a staff accountant at Wallowa Memorial Hospital.

help," he said. He added that he thought he would consider mentoring others in the future.

Matthew Perren

Matthew Perren is a graduate from Stacy Green's first Mentor Match entrepreneur program in 2010-11. He is currently a staff accountant at Wallowa Memorial Hospital. He heard of the program through Enterprise High School, which he attended at the time. Perren knew a good opportunity when he saw it.

"Being a three-sport athlete, you don't have much time, but there really wasn't any hesitation other than asking myself if it was worth my time, and I thought it was," Perren said.

Members have to work on a business related project and Perren's five-member powerhouse athlete group created Blue Mountain Boys Recycling, a tribute to their sports league at the time as well as their ages. Perren was the CEO/creator of the curbside recycling entity with the slogan, "We do it, so you don't

have to."

The program gave Perren a sense of direction. "At the time I didn't know what I wanted to go to college for, and through this class I decided I wanted a business degree," he said.

Perren arrived at the decision after a class presentation by accountant Caio Vieira of the Eide Bailey accounting firm.

"After his presentation, I decided accounting was what I was going to focus on, and that's what I did," Perren said.

Without the program Perren said that he wouldn't have had the same perspective on business.

"I think I would have went in not knowing what I wanted to do. I learned to work alone as well as with a team. Sometimes two brains are better than one," he said.

Highly recommending the mentor match program, Perren said,

"It can't hurt to try it. You don't know how it will affect you or what you'll learn from it until you do it," he said.

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Please read this notice carefully as your legal rights are affected whether you act or do not act.
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The Oregon Attorney General filed a lawsuit against certain manufacturers of Cathode Ray Tubes ("CRTs"). The lawsuit alleges that CRT manufacturers illegally agreed upon the pricing of CRTs. The Attorney General filed this action in her law enforcement capacity, and on behalf of the State of Oregon and Oregon natural persons, and sought equitable relief, restitution, civil penalties and injunctive relief.

Oregon has settled with five defendants for a total of \$3,645,000 ("Settlement Fund"). The State of Oregon and Oregon natural persons may be entitled to a portion of the Settlement Fund. "Oregon natural persons" means a human, not a business.

Who Is Included?
The State of Oregon and Oregon natural persons who indirectly purchased at any time during the years 1995 to 2007, for their own use and not for resale CRTs incorporated in TVs or computer monitors. An indirect purchaser is someone that purchased products containing a CRT from someone other than the company that manufactured the CRT component, such as from an electronics retailer or a device manufacturer other than one of the Defendants.

What Are My Rights And Options?
Exclude yourself: Oregon natural persons have the right to exclude themselves from this action. The State of Oregon cannot be excluded. If you opt out, you will not be legally bound by the litigation or these settlements, but you will not get any money or other benefits from this action or these settlements. You will retain any rights you currently have, if any. Please note that under Oregon law, authority to bring antitrust actions for indirect purchaser claims, like this action, was limited to actions by the Attorney General until January 1, 2010.

To opt-out, complete the opt-out registration online at www.OregonScreenSettlement.com or send a written letter stating that you want to be excluded from the case: *State of Oregon, ex rel Ellen F. Rosenblum v. LG Electronics, Inc. et al.*

Multnomah County Circuit Court case no. CV 120810246. The letter must include the case name, your name, address, telephone number, and signature. The letter must be **postmarked on or before March 18, 2017**, and mailed to: Oregon CRT Settlement, c/o GCG, P.O. Box 10240, Dublin, Ohio 43017-5740.

File a claim: Only Oregon natural persons need to file a claim to obtain benefits from these settlements. Claims can be completed online or by mailing the claim form, available for download at www.OregonScreenSettlement.com, to the Settlement Administrator. The Court has not set a deadline for filing claims, as the case has not concluded.

Do nothing: If you do nothing, you will continue to be represented by the Oregon Attorney General in the action. You will be bound by the terms of the settlements, and will release Defendants and related entities from any claims you may have relating to the allegations in this lawsuit. Oregon natural persons that do not file a claim will not be entitled to any benefits in this matter and will be bound by the terms of the settlement.

Who Represents Me?
The Attorney General of Oregon represents the State and Oregon natural persons. You do not have to pay the Attorney General. The Attorney General will request the Court approve attorney fees and litigation costs from the Settlement Fund. Additional costs to administer the Settlements will also come out of the Settlement Fund. If you want to be represented by your own lawyer, and have that lawyer appear in Court for you, you must exclude yourself and hire an attorney at your own expense.

How Do I Get More Information?
This Notice summarizes the lawsuits and the Settlements. You can get more information about the lawsuits and Settlements, the claims process or obtain a claim form at www.OregonScreenSettlement.com, by calling 1-877-940-7791, or writing to: Oregon CRT Settlement, c/o GCG, P.O. Box 10240, Dublin, Ohio 43017-5740.

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