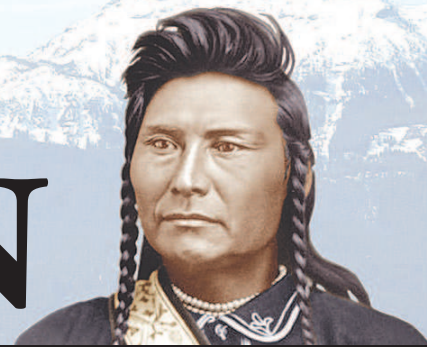




WALLOWA COUNTY CHIEFTAIN



Enterprise, Oregon

Issue No. 25

Wallowa.com

October 5, 2016 \$1

Prescribe burn declared a wildfire

Winds push blaze near Lostine beyond containment area

Wallowa County Chieftain

A thunderstorm late Friday and early Saturday helped spread a prescribe burn west of Lostine beyond its established boundaries, and Wallowa-Whitman Forest officials on Saturday declared the burn as a wildfire.

The fire, 17 miles west of Lostine, was 750 acres in size Sunday afternoon and is being managed by a small Type 3 Incident Management Team lead by Nathan Goodrich, according to a Wallowa-Whitman press release issued Sunday. Resources include two interagency Hot Shot crews and

one Type 1 helicopter and one Type 3 helicopter.

Firefighters initiated the Minam 4 Prescribe Burn on Thursday using helicopter ignition due to challenges accessing the planned prescribe burn area — approximately 2,000 acres on the east side of Big Sheep Ridge and southeast 6 miles along the Minam River.

The prescribe burn was planned as an early fall ignition to take advantage of dry fuel conditions and anticipated cooler weather with precipitation in the forecast. The conditions were ideal to help managers meet their ob-

For updates

For incident updates, visit inciweb.nwccg.gov/incident/5050.

jectives of reducing heavy down and decadent fuels, forest officials said.

A crew from the Wallowa Mountain Zone hiked into the prescribe fire area on Friday to check the status of the fire and observed the burn to be meeting management objectives and staying within prescription area.

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Courtesy of Wallowa-Whitman National Forest

Beating it before having to fight it

Lifestyle choices can cut breast cancer risk

By Dr. Kenneth Rose
For The Chieftain

The dreaded “C” word is one that I have had to say way too often in my career — the hardest part of my profession is telling someone that they have cancer.

While some cancers are “better” than others, they all disrupt our lives, often in terrible ways. Unfortunately, the reality is that 50 percent of men and a third of women will develop some kind of cancer in their lifetime.

Breast cancer is the most common form among women in the United States. But thanks to modern diagnostic and therapeutic treatments, millions of women survive the disease. October is Breast Cancer Awareness Month, a time not only to increase awareness, but also to share how many breast cancer cases need never occur.

We don’t just want to “treat” breast cancer; we want to prevent it from even developing in the first place. A women’s genetic make-up does have a role in the development of some breast cancer, but ample studies are showing how we have the power to turn on good genes and turn off bad (BRCA) genes simply by making healthy lifestyle choices. In fact, phytoestrogens — the plant estrogens in soy beans — can cut the risk of breast cancer by a whopping 30 to 50 percent.

The dramatic benefits of soy also are seen in women who already have breast cancer.



Rose

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Shooting

STAR



Steve Tool/Chieftain

Cole Gomes displays the 7x7 rack from the elk he harvested from the Imnaha unit just before the end of hunting season. Gomes said he got within 23 yards of the animal to make the kill with his bow.

Local 4-H archer finishes third, earns TV appearance at Buckmasters shoot in Alabama

By Steve Tool
Wallowa County Chieftain

Arlder Slope resident Cole Gomes, 14, is living proof that hard work and determination pay off in spades no matter your age. The Enterprise High School freshman just placed first in the seniors division (14-18) national 4-H archery competition in Montgomery, Ala., on Aug. 26. More than 120 archers participated in the event.

Gomes, accompanied by his mother Julie Gomes, made his first airline trip for the event and was the only Oregonian to compete. He said that in the back of his mind he also was hoping for a top-seven performance at the 4-H tournament because it would secure him an invitation to compete at the Buckmasters World Champion youth archery tournament, also in Montgomery on Aug. 28.

When Aug. 26 rolled around, Gomes, who had spent unending hours of practice for the event, saw his dream realized.

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Enterprise postmaster Mike Warner retires

By Kathleen Ellyn
Wallowa County Chieftain

Enterprise Postmaster Mike Warner had his going-away party Friday, capping off more than 38 years with the U.S. Postal Service. It’s been a great career, Warner said, but it’s time to do something else.

Warner already does a lot of “something else” as a director of Chief Joseph Creek, a member of Hurricane Dyes Grange and a fellow who has been through Little League, Boy Scouts, Cub Scouts and “all of that.”

“When you’re in a small town, you’re involved in everything,” he said. “I hear



Kathleen Ellyn/Chieftain

“Best Boss” Mike Warner cracks up his employees with a comment on how this photo angle will make him look taller. Left to right: Linda Anderson, Mike Warner and Lori Cooney.

people complain about all the activities and I say, ‘what else you going to do in the winter?’”

He and wife Kathy (they were wed in 1982) raised three

children: Becky, a school teacher in Washington, Mika, a Forest Service firefighter

“He’s a good postmaster and a good person. He’s always been just a good guy and a good boss.”

Lori Cooney
temporary postmaster

and Tyler, who is an X-ray technician in the Dalles/Hood River and White Salmon area.

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