

Best Way to Avoid Headache Is Not to Premeditate It

By **HARMAN W. NICHOLS**
United Press Staff Correspondent
WASHINGTON (UP)—Every year about this time comes the problem of what to do about an ache in the noggin; something known in the vernacular as a hangover.

But the only thing I can offer in the way of a cure is to repeat what has been said many times before. Which is:

The way to avoid a hangover is not to premeditate it.

If you have to act silly and stir up the ulcers, there are a few things that can help on the day after—be it Christmas or New Year's.

As usual, I have been going through the files of the Distilled Spirits Institute. This is an outfit that dearly loves for people to have a couple for the dust. But it also preaches against overdoing.

Simple Remedies
There, in locked cabinets, are countless accounts of what happens to people who run afoul of society while racing around in high glee, all gassed up.

There, also, is a solemn quote from William the Conqueror.

Old Bill came to one morning, reached for his head, couldn't find it, and was moved to remark: "I care not who makes these

barbarian wines. Send me the man who can remove the beehive from an overwrought brain."

Around Washington, some of the barkeepers have a few simple remedies for the silly who overdo.

One keeps milk under his mahogany bench. He advocates it in large glasses. A whole quart. Or better still, buttermilk.

The quotation about the "egg in the beer" is repeated by another man in a white apron. This fellow, named Tim, suggests something awful, but he swears it has helped him.

"What you do," says Tim, "is to dump the raw egg in beer. Be sure it's stale beer. Beat the thunder out of the egg. Maybe you could make it two eggs. But beat 'em good. And then down her as quick as you can, and maybe you can stop the quivers right there."

Milk-Toast Plugged
For that sort of performance in this particular bar the charge is \$1.25, including one egg. For two eggs, splashed, it is \$1.50. But, as Tim says, it is worth it.

Other bartenders advocate a jigger of rye and a demitasse splashed over with tomato soup.

Some of the ladies of our fancy embassies plug for the milk toast treatment. Boil some milk; pepper and salt it to death. Toast a little bread and dump it in the soup.

There are other things, like tomato juice.

But, as I always said. Best thing to do is to curl up with a cheese sandwich and a good book, hide the keys to the car and sleep the night away.

You'll look better in church the next day!



RETIRED HERO — With the U.S. Army disbanding its carrier pigeon corps, some 1,000 of the birds will be sold to the public. Eighteen war heroes among the feathered messengers will be placed in public zoos. Typical of these is Charlie, shown wearing the Purple Heart he was awarded for injuries received in October, 1944, while flying a mission over the Metz area of France.

STODDARD RESIGNS

PORTLAND (UP)—Mayor Fred Peterson said today he had accepted the resignation of Tom Stoddard from the Portland Boxing Commission. No successor was named immediately.

Earlier this week, Chairman Tom Pigott resigned and his place was filled with the appointment of Harold M. DeCicca.

Colorado Willing to Turn Escapees Over to California Authorities

DENVER (UP)—Denver authorities indicated today they were willing to turn over to California police two escapees from a mental institution and the young bride of one of them who was reported to have been abducted at gun point Monday night from her Daly City, Calif., home.

Two of the three, including the girl, were in Denver General Hospital with serious injuries received in an automobile accident that climaxed a 15-minute police chase. The other member of the trio was in Denver City Jail.

Kidnap Claimed
Clo Ann Wiegner, 17, whose parents, Mr. and Mrs. John W. Mowatt, claim she was kidnaped by her husband and the other escapee from a mental institution at Napa, Calif., was under treatment for a fractured left arm and fractured ribs.

Her husband, Michael Wiegner, had a ruptured spleen and a punctured lung.

The girl's parents flew to Denver Thursday night but were not permitted to visit their daughter at the hospital.

Jesse Eastman, 35, a Sioux Indian who escaped with Wiegner from the institution Monday, was captured at Brighton, Colo., just north of here, driving a car stolen in Denver earlier in the day. He had avoided capture by fleeing afoot after the police chase that sent the Wiegners' car crashing through a barricade and over a 15-foot embankment at the end of a dead-end street here.

Mrs. Wiegner told police from her hospital bed Thursday that she was not kidnaped. Instead, she said she accompanied her husband and Eastman willingly.

"I really love him. I love him very much," she said.

Gun At Her Head
But her parents said upon their arrival here Thursday night that their daughter "certainly did not" leave her home voluntarily.

"She went with a gun at her head. The Indian had the gun," they said.

Mowatt said he and his wife had filed for an annulment of their daughter's marriage to Wiegner, but he indicated it may be dropped if Clo so desired.

"We have a lot of things to talk over with her" before we reach a decision on the annulment, Mowatt said.

Professor Who Defected Had Access to Secrets

WASHINGTON (UP)—The Senate Internal Security subcommittee is investigating whether a Missouri professor who defected to Russia had access to nuclear secrets.

Chief counsel Robert Morris said Thursday that the Defense Department has acknowledged that O. S. Makar, St. Louis University professor, had "limited access" to the atomic testing ground at White Sands, N. M.

He said the subcommittee has asked the Defense Department whether this extended to classified nuclear information.

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Bomb Blamed In Church Fire

TRENTON, N.J. (UP)—Fires broke out in two churches here Thursday night, one caused by an alcohol bomb tossed through a window, in the second outbreak of church fires this week.

A city-wide hunt was being made for a man who tossed the alcohol bomb through a window at Holy Trinity Ukrainian Orthodox Church.

Guards were put on all churches. Police department leaves and vacations were cancelled as the city's law enforcement agencies moved into high gear.

Flames were discovered at Sts. Peter and Paul Catholic Church about the same time the bomb was thrown into Holy Trinity. Both fires were put out quickly, causing only minor damage.

The churches were fired only two days after part-time handyman Elber C. Lucas pleaded guilty to setting four church fires last Sunday and a \$3.5 million blaze last March that destroyed St. Mary's Cathedral with a loss of three lives.

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