

Western Lamb Is Bargain Now

During these fall months when western lamb will be at the meat shops in quantity, try some new ways with the less-in-demand cuts, such as lamb shanks. Braise them or bake them, in tasty sauce that adds flavor and tenderizes the meat. Here are two recipes using wine, that you will want to try.

Baked Lamb Shanks
(Serves 4)
4 lamb shanks
Salt and pepper
1 (no. 303) can tomatoes
1/2 cup burgundy, claret or other red table wine
1 cup chopped celery
1/2 cup chopped onion
Bit of minced garlic or dash of garlic powder

Sprinkle lamb shanks with salt and pepper; place in a roasting pan. Combine tomatoes, wine, celery, onion, garlic and additional salt and pepper to taste.

Heat mixture to simmering; pour over lamb. Bake uncovered, in a moderately hot oven (375 degrees F.) for 2 to 2 1/2 hours, or until meat is very tender. Turn shanks occasionally during cooking and baste with the sauce.

Braised Lamb Shanks With Mushroom Sauce
(Serves 4)

4 lamb shanks
Salt and pepper
4 T. bacon drippings or other fat
1 onion, thinly sliced
1 1/2 cups Sauterne, chablis, or other white table wine



A BUDGET LUXURY—fresh vegetable and beef stew cooked French style.

1 can condensed cream of mushroom soup

Dust lamb shanks with salt and pepper. Heat bacon drippings in a large, heavy skillet or a Dutch oven. Add lamb shanks and brown slowly on all sides. Add onion and wine. Cover tightly and simmer very gently for 1 1/2 to 2 hours, or until meat is very tender. Remove lamb shanks to a hot platter. Add mushroom soup to liquid in pan; blend well and bring to a boil; taste and add salt and pepper, if necessary. Pour gravy over shanks or serve separately.

BEEF STEW TIP

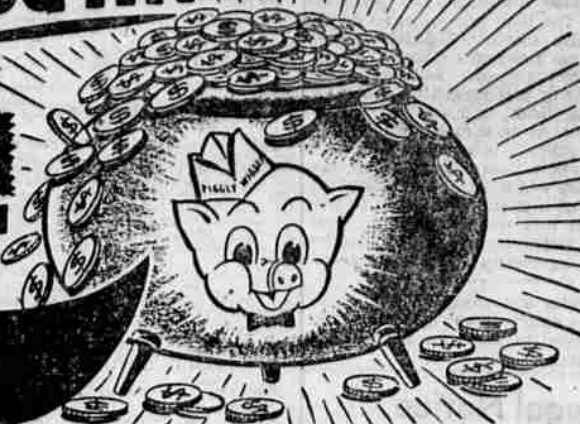
Next time you make a beef stew, try this easy method of flavoring it. Tie 1 tablespoon of mixed pickling spices in a bag and add to the stew meat, along with 2 table-spoons of cider vinegar. Cover and simmer until the meat is tender. Remove the spice bag before before adding the vegetables.

FISH BATH

WINDSOR LOCKS, Conn. — Caught putting soap in a goldfish bowl. Bruce McLeod, three, explained, "The fish gotta have a bath."

LUCK HAS NOTHING TO DO WITH IT!
you hit

EVERY WEEK
at... the SAVINGS JACKPOT
PIGGY WIGGLY



Prices in Grocery Department Effective through Monday, October 25

SNOWDRIFT Shortening 3-lb. tin 89c

NABISCO CRACKERS 1-lb. box 27c

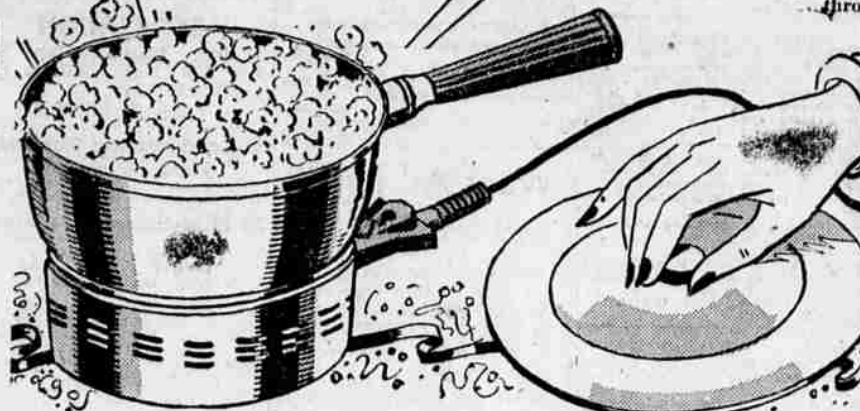
NABISCO Triangle Thins 10-oz. pkg. 29c

MARTINELLI'S—Pure APPLE CIDER 1/2-gal 69c gal. 1.29

Halloween Wrapped Hershey Bars Nut or Plain box of 24 98c

CAN-O-POP Root Beer, Orange Cola, Grape, Cherry flavors Ctn. of 6 cans 59c

6 Delicious Flavors JELLO 6 for 45c



TNT POPCORN 10-oz. pkg. 19c



Pop it fluffier with WESSON OIL qt. 69c

Season it with

MORTON SALT 26-oz. pkg. 10c

SOAP Reg. size 3 bars 25c

PALMOLIVE SOAP Bath size 2 for 25c

VEL—Large size 29c

FAB Giant size 75c

CLOROX BLEACH quart 17c

CLOROX BLEACH 1/2-gal. 31c

VANO Powdered Bleach 16-oz. pkg. 39c

RED DEVIL FLUE CLEANER 12-oz. tin 49c

THRIFTWAY

WEEK-END FOOD BUYS

Effective Thru Saturday, Oct. 23rd



HAMS Shank End . . lb. 47c
5 to 7-lb. average
1/2 or Whole . lb. 55c

Pan Ready Stewing Hens lb. 35c

Thriftway Quality Ground Beef 3 lbs. 1.00 Melrose Brand Sliced Bacon . . . lb. 59c

Good or Choice T-BONES . . . lb. 98c

Shurfine Shortening 3 lbs. 67c



Swanson's 5-oz. BONED TURKEY 4 cans \$1

Danny Boy, 5-oz. Broken Shrimp . 4 cans 89c

Chase & Sanborn COFFEE . . . lb. can 95c

Cut-Rite, 125-ft. Wax Paper . . . roll 19c

Royal Arms Toilet Tissue . . . 4 rolls 19c

Star Orchard 2 1/2 can CLING PEACHES . . . 4 cans \$1.00

LIBBY'S VIENNA SAUSAGE 4-oz. can 19c

Swanson's 5-oz. BONED CHICKEN 3 cans \$1

Playfair, 1-lb. cans Dog Food . . . 5 cans 45c
SWIFT'S or ARMOUR'S

PRODUCE

CAULIFLOWER . . . head 10c
YAMS OR SWEET POTATOES . . . 2 lbs. 25c
YELLOW DRY ONIONS . . . 4 lbs. 19c
FIELD RIPENED TOMATOES . . . lb. 15c
CRANBERRIES . . . lb. 29c
DELICIOUS APPLES . . . lb. 15c

EVERYDAY LOW PRICES at Thriftway
210 Congress Phone 360

DUNDEE CREAM STYLE CORN No. 303 Tin 2 cans 25c Case of 24 \$2.95
DUNDEE Cut, Green BEANS Blue Lake Variety No. 303 Tin 2 cans 33c Case of 24 \$3.89
DUNDEE PEAS 4 Sieve No. 303 Tin 2 cans 25c Case of 24 \$2.95
DUNDEE TOMATOES No. 303 tin 2 cans 25c Case of 24 \$2.95
CAL-TOP FREESTONE PEACHES No. 2 1/2 Tin 2 cans 49c Case of 24 \$5.75

KWALITY KASH MARKET
PHONE 303

SWIFT'S Sliced Bacon lb. 53c
Mild, good cooking
Cheddar Cheese lb. 49c
Steer Beef, Grade "GOOD"
Beef Pot Roast lb. 39c
Young Steer Beef
Beef Liver lb. 39c
Short Shank, ready to eat
Picnics lb. 49c
Boneless Brisket
Corned Beef lb. 45c
Heavy
Colored Hens lb. 33c
Salmon, Halibut, Fillet of True Cod, Oysters and Prawns

PRODUCE DEPARTMENT
FRESH DAILY

10c SALE 10c
Utah Type CELERY . . . head 10c
Fresh, large heads
LETTUCE . . . head 10c
RADISHES . . . 2 bun. 10c
Green Onions . . . 2 bun. 10c
SALAD . . . cello pkg. 10c
Fresh, local
PARSNIPS . . . lb. 10c
Rome Beauty APPLES . . . lb. 10c
Hood River SPITZENBERG APPLES . . . lb. 10c
Hood River Ortle APPLES . . . box 249



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THE ORIGINAL SELF SERVICE