

Sophomore Boys Study 'Mr. Bones'



A unit entitled "Structure and Function of the Human Body" is part of the high school course in health. Above, Lenard K. Robertson instructs a class of sophomore boys, with "Mr. Bones" as the model.

Good Health Held Essential In Education of Children

(This article is the fifth in a series covering departments of the Bend Public Schools, and deals with the health education portion of the physical education program.)

By CLAUDE T. COOK, Supervisor of Physical Education

The first of seven cardinal principles of education has to do with the health of the school child. But just what health is and who is most responsible for its achievement has long been the cause of considerable discussion in education circles.

The World Health Organization, a division of UNESCO, states that "Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity." In terms of school health education, this broad concept places a responsibility on all who come in contact with children. Accomplishment of this concept of health is the result of cooperation between the private, medical and volunteer health groups, the public health and welfare agencies, and the school. With the exception of the parent, the teacher has the major responsibility for the accomplishment of these ends.

Health education in the schools in Bend is directed in general toward the stated objectives by following the course of study set up by the state department, with modifications applicable to the local situation. Health education is one of the few school subject areas in which content is prescribed by statute. Under house bill 53 passed by the Oregon state legislature in 1945, it is mandatory that the curricula of all elementary and secondary schools of Oregon include health instruction in the first ten of the following eleven areas. Instruction in the eleventh area had already been specified by previous legislation.

The areas include: Personal hygiene, nutrition, mental health, first aid, communicable disease, safety education, physiology of exercise, community health and sanitation, structure and function of the human body, choice and use of health services and health products, and (11) effects of alcoholic drinks, stimulants, and narcotics.

Suggested Plan
Following the suggested four-cycle plan of instruction developed by Dr. Howard S. Hoyman, formerly of the University of Oregon and now head of the department of health education at the University of Illinois, these units are presented in such a way that instruction is repeated every third year. This eliminates two of the worst problems that more traditional methods of scheduling had encountered, that of continual repetition of material year after year and the impossibility of spending much time on an individual area or unit. For example, material relating to control of communicable diseases and community health and sanitation is presented at the sixth, ninth and twelfth grade levels, with other materials alternating at other grade levels.

Instruction in health in the primary grades in the Bend school system is correlated with that of the reading program, with the health text being used largely as a supplemental reading source. Major emphasis is upon personal hygiene, nutrition and the formation of correct health habits.

At the fourth and fifth grade levels each home room teacher provides for his or her own instruction. Selected teachers, chosen for their interest and training, provide the instruction in the sixth grades. Seventh grade health instruction is under the direction of the two girls' physical education specialists and the two athletic coaches.

All sixth and seventh graders attend either Allen or Kenwood elementary schools. Miss Virginia Ferguson and Gale Davis are the instructors at Kenwood with Miss Barbara Bay and W. R. Nance at Allen. Health classes meet twice each week.

Through 10th Grade
In the high school, the cycle program is carried on through the tenth grade under the direction of Misses Coralee Munson and Arlene Holmes as girls' instructors and L. K. Robertson and Roger Wiley as boys' instructors. Sometime during the junior or senior year, each student is required to take a one-semester course in health, commonly called "senior health." Claude Cook, health and physical education supervisor for the local school system, is the instructor for these classes which operate on a co-educational basis.

The areas of instruction for this upper division class are: Physiological effects of exercise in relation to adult living and habits; choice and use of health services and products from a consumer point of view; first aid (this is the standard Red Cross course with most of the students qualifying for first aid cards); and a unit generally called "preparation for family living." This last area includes material on personality development and mental health, reviews the material presented to the sophomores on boy and girl relationships and then moves on into the social and economic implications of selections of marriage partners and some of the problems involved in happy married living.

Favorable Comment
Bend's health education program has drawn considerable favorable comment nationally, as well as in the northwest area. In the past several years school officials have received several hundred inquiries relative to the organization and administration of the program.

At the present time a health committee is meeting regularly to first select the new text materials for use in the elementary schools and to later revise the present course of study to make the program even more adaptable to meet the needs of the children. Serving on this committee are Cristobel Davidson, Ada Hellberg, Mrs. Marguerite Boyd, Grace Preston, William Wilson, Virginia Ferguson and Barbara Bay. Those who have observed the seriousness with which these people are accepting the responsibility of recommending a new text and setting up a more workable course of study feel certain that the Bend schools will continue to be looked upon as outstanding in the field of health education.

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SPORTS

Bend Grapplers Beat Prineville

PRINEVILLE, Feb. 7.—The Bend high school wrestling team defeated the Prineville squad, 26 to 25, in a card held here last night. Results by divisions:

In the 98-pound division, Bend defaulted to Prineville, and in the 107-pound division Prineville defaulted to Bend. In the 115-pound division Hale, Prineville, defeated Humbert, Bend, by a decision. In the 124-pound division Stuart Prineville, won from Bend, by a fall.

In the 131-pound division Thompson, Bend, won from Gumpert, Prineville, by a fall. In the 137-pound division Constant, Prineville, won from Tye, Bend, by a fall. In the 142-pound division Allen, Bend, won from Brees, Prineville, by a decision. Hoefs, Bend, won from Mizer, Prineville, by a decision in the 149-pound division and M. Rogerson, Bend, drew with Carlson, Prineville, in the 158-pound division. Gardner, Bend, won a decision from Fielder, Prineville, in the 170-pound division and L. Rogerson, Bend, won by a fall from J. Gerke, Prineville, in the 179-pound division.

In Jayvee matches Hedger, Bend, won from Stroble, Prineville, by a fall in the 112-pound division; Telefer, Prineville, won from Mize, Bend, by a decision in the 132-pound division, and Carnagey, Bend, lost by a decision to Curren, Prineville, in the 137-pound division.

Two exhibition matches were staged. In the 135 weight class Wilson, Bend, lost to Young, Prineville, by a fall. Pitcher, Bend, lost in the 138-pound division to Bernard, Prineville, by a fall. Bud Robertson, Bend, was referee in last night's matches. The next card will pit Redmond wrestlers against Bend, here next Friday.

Ducklings Slap Rooks 66 to 62

EUGENE (UP)—A hard-driving University of Oregon Frosh basketball team proved the Oregon State college Rooks weren't invincible when the Ducklings slapped down the Baby Beavers 66-62 here last night.

It was the first defeat in 15 starts this season for Coach Paul Valent's Rooks and it brought an end of a Rook victory chain of 27 games.

Bowling

SPORTSMEN'S LEAGUE

Pastime won, 4 to 0, from Midget Drive-In; Kinney's Keglers won, 4 to 0, from Masterson-St. Clair; McCann Advertising won, 4 to 0, from Maple's Studebakers; and Syverson's Painters won, 3 to 1, from the V.F.W. squad.

McCann Advertising had high three-game series of 2721 and high single game of 951. Floyd Mawhinney had high three game series of 622 and high single game of 231.

Pastime: Hebert 449, Goldman 423, Asbury 544, Kizer 471, Vogt 465, total 2571.

Midget Drive-In: Heller 374, J. Christenson 384, Reid 451, Farris 376, Dallas 437, total 2383.

V.F.W.: Bradbury 461, Moore 411, Selken 493, Ricketts 523, Douglass 532, total 2531.

Syverson Painters: A. Curtis 489, Syverson 477, Lechner 389, Dybas 488, B. Curtis 515, total 2673.

McCann Adv. Co.: Bostelman 467, Mawhinney 550, Jensen 432, Einman 512, Harrington 557, total 2721.

Studebakers: Cecil 526, Bailly 451, Hellman 402, Baker 469, Williams 432, total 2600.

Kinneys: O'Brien 500, Calder 429, Jackich 491, Powers 562, Cundell 504, total 2690.

Masterson-St. Clair: Winslow 484, Russell 521, Howe 498, Van Groos 505, Youngberg 393, total 2560.

The Pine Tavern took four points from Bend Venetian Blind; the Eagles Auxiliary took three from Lindsay's Moosettes and the General Adjustment Bureau took three from Nicholson's Market.

Nancy Lanzarotta had high game with 176 and also took high series with 449.

Lindsay's Moosettes: Culler 320, Race 284, Taylor 334, Rose 307, Lindsay 326, total 2048.

Eagles Aux.: Baylis 353, Rothkow 282, Billadeau 342, Sanderson 319, Pattee 386, total 2075.

Pine Tavern: Bertram 398, Ferris 279, McKinney 352, Vogt 303, Asbury 341, total 2258.

Bend Ven. Blind: Lanzarotta 449, Bailly 354, Stady 292, McMurren 321, Williams 362, total 2132.

Gen. Adj. Bureau: Morris 371, Hunt 374, Brown 284, Anliker 326, McCollum 413, total 2194.

Nicholson's Mkt.: Binder 389, Absentee 273, Shannon 364, Van Groos 337, Mosley 326, total 2172.

Dart Logerettes: Dallas 386, J. Howard 293, Reese 328, Gulick 340, Edwards 276, total 2091.

P. & W. Mkt.: Maker 401, Murray 298, D. Curtis 301, L. Curtis 360, Petersen 364, total 2240.

High School Ace Sets Hoop Mark With 120 Points

SEDALIA, O., Feb. 7 (UP)—A brand new Ohio scholastic basketball record of 120 points for an individual player was chalked up today after a coach decided to "turn loose" his ace center to top another new record only three days old.

Dick Bogenrite of Midway high school racked up the amazing total in a game last night against Caanan high which he and his teammates won 137-47.

Coch Don Strussburg said he "had planned for several games to turn Bogenrite loose. When he saw Mel (Fatty) Frye of Clarington High School score 80, we decided to let him go after the record."

Wolves Chalk Up Easy 69-55 Win

MONMOUTH, Feb. 7 (UP)—Oregon College of Education chalked up its fourth Oregon Collegiate conference basketball victory here last night with an easy 69-55 win over Portland State.

The OCE Wolves, with three losses in seven starts, opened up in the second quarters to build up a 36-24 lead and then coasted through the second half.

Portland State Center Don MacLean was high for the game with 18 points while Bobby Frantz paced the winners with 15.

The two teams will complete a two-game series with a game at Portland tonight.

KAHUT SIGNS
PORTLAND, Feb. 7 (UP)—Co-manager Frank Yazzalino announced today that Joe Kahut, Woodburn, Ore., wallpaper, has signed to appear in a 10-round main event at Miami, Fla., Feb. 24.

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