PAGE TEN



PREPARATION FOR MARRIAGE

If men and women began their business or artistic careers as unprepared as they do marriage, their careers would necessarily be failures. If they pursued their careers as carelessly and with as about it.'

careers as carelessly and wind as little determination of purpose, and trusted haphazardly to luck as they do so many times in mar-riage, their careers would come to a disastrous close. Happiness comes not by acci-dent but by intelligent effort and don't enjow the same people, you

mine brought his fiancee to see me and to make arrangements for their wedding. She told me that she had just finished her long training and she was going to be

You have spent a lot of time and effort and thought at that," I and effort and thought at that, '1 said. "But what preparation have you made for marriage? Have you thought about it?" She looked puzzled. "Oh, we'll work it out all right," she said cheerfully. "But you could hardly be a good nurse on that hasis could you?"

CONGRESS

lino

1 lb. pkg.

19c

PAR

SOAP

Giant pkg.

"Which is more important to "which is more important to you—being a good nurse or being a good wife?" "Being a wife .... Oh, I see," she said slowly. "You mean that marriage is my real life work. And you don't think I know much about it."

"Well, do you?" She shook her head.

tircless good will and endless hard work. Not long ago, a young friend of mine brought his fiancee to see is going to take patience and a lot of good clear thinking." She nodded, "I'm going to do my best, and try to get used to

thinking of marriage as my real career, my life work." Living is an art. It is not a haphazard, irresponsible experience. Like an art, its technique must be learned, its meaning must be ex-

plored. Divorce is a sign of failure "But you could hardly be a good nurse on that basis, could you?" She laughed. "Of course not."

For Payday and Saturday

Nestle's Instant-Serve Cold!

Potato Chips .....giant pkg. 59c Blue Bell, Full Pound

Lipton's Tea ...... 12 lb. pkg. 59c

Albers Flapjack Flour .....pkg. 27c

Cheddar Cheese .....lb. 37c

MEAT SPECIALS

Leg O'Lamb .....lb. 39c

Sirloin Steak .....Ib. 43c

Kraft Dinner ...... 3 pkg. 29c

Or Asparagus, Rancho

Diced Carrots .....2 cans 25c

Dia. A, No. 2 Cans

Desert Bloom

Deviled Meat, <sup>1</sup>/<sub>5</sub>....3 cans 20c

2 pkgs.

25c

of parents of children now grow-ing up. We cannot stop the disaster or prevent it by working from the wrong end\_after marriage. We can prevent divorce and unhappy marriage only by preparing our can prevent divorce and unhappy marriage only by preparing our chi/tren for marriage and by tea..ning them from babyhood the facts of life. We must teach them self-reliance, independence, the sanctity of marriage, its spiritual features, its ethics, its duties, as well as the liberty that must be given to both parties if the mar-riage is to last and to be right. A knowledge of sex and an un-

tant part of marriage, but only a part. A clear knowledge of sex and a sense of proportion about it are a protection to every child or young person on the verge of

Marriage.

marriage.
marriage.
When the child begins to question you, answer in terms he will understand. As he grows older, put into his hands some of the competent books which have been ant ind is not an innocent mind. Sex must not be disregarded. It should not and it cannot be But if you teach your child from the very start the truth about it, the good and beautiful and natural appetites. Marriage will then be stabilized and entered upon in a deeper and holier spirit.
Next: Problems of the Wartime.

Tage is to last and to be right. A knowledge of sex and an un-derstanding of the part it plays in marriage is an essential part of the preparation for marriage. Physical attraction is an impor-

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This 7th War Loan

Quota Button Is a

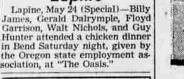
BADGE

OF HONOR

Wear It Proudly!

1 1/2-1b. loaf 12c





## "Character..." SAYS PEET

Lapine



"Character is kind of like a silk stocking. It never looks its best...once it's been mended."

PEET SAYS: "Your family washing always looks its best ... when you use Peet's ... the different granulated soap. Peet's quicker, thicker suds are just perfect for everything from baby's diapers to

Dad's heavy work-clothes, Yet it's right gentle on dellcate fabrics." PEET SAYS:

"There's no use wishin' if you can't get what you wish It's just like going lishin' where there ain't any fish."

PEET SAYS: "You'll get your wish for snow-white washes ... if you use Peet's Granulated Soap, That's because Peet's suds are quicker, thicker ... and just swish dirt right out of clothes. Another thing ... you can't beat those suds for dishes ... it. cleans 'em ... shines 'em ... yet leaves your hands soft and smooth. Guess that's



Picnics and Spring bolidays go hand in hand. A novelty all the family will enjoy is a home picnic with a hot dish for the main attraction. Or you may want to pack all the fixin's in the old-fashioned way and let the family prepare their own in the wide open spaces. The suggestions below will give you a head-start for a leisurely day with a minimum amount of time in the kitchen.

HOT POTATO SALAD CASSEROLE Make your favorite potato salad, place in cas-serole and layer with sliced frankfurters or diced luncheon meat, sliced onions, cooked pess or atring beens and dot with mustard and mayon-naise. Top with potato salad and bake in mod-erate oven (375\* F.) 30 minutes.

matoes. Pickles and carrot circles Devil's food cup cakes with white icing or cookies Fruit Hot Coffee or Lemonade (Carry lemon juice and sugar in jar. Combine with water and ice at scene of picnic.)

Safeway Homemakers' Bureau JULIA LEE WRIGHT, DW

RITZ CRACKERS ......1 lb. box 20c KRISPY CRACKERS ...... 2 lb. box 31c

IVORY SOAP, white floating ...med. bar 6c SWEETHEART, toilet soap .....2 cakes 13c

Potted Meat Libby's, Tasty Filler (1 R. pt.) 1/4 can 6c Cheese Pabst-ett, Standardor Pim. (4R. pts.) 61/2-oz. pkg. 19c Cheese American, Dutch Mill (24 R. pts.) 2-lb. pkg. 75c Mt. Angel Cheese Trips (12 R. pts.) per pound 35c Porter's Macaroni Elbowand Large 14-oz. pkg. 14c Wax Paper Sandwich, Pacific Handiwax 500 sheets 55c Jell Well All Flavors in Stock pkg. 50 Chocolate Syrup Sifer's Brand 20-oz. jar 27c

Horse Radish Mustard FOODS 9-02. glass 10c Sweet Relish Libby's 141/1-oz. jar 260 Chopped Olives Libby's No. 1/4 tin 14c Jelly Glasses Squat or Tall 8-oz. size, doz. 43c Certo Pectin Deal-Save by buying 3 bottles 3 bottles 41c Jels-Rite Liquid Pectin-for More Jelly 8-oz. bottle 10c Pen Jel Powdered Pectin 3-oz. pkg. 12c Flour Kitchen Craft 50-lb. sack \$2.25 25-lb. sack \$1.15 Flour Sperry's Drifted Snow 25-1b. sk. \$1.18 50-1b. \$2.29 Flour Harvest Blossom, Enriched 50-lb. \$1.79 25-lb. 90c Pancake Flour Suzanna Brand 31/1-lb. pkg. 19c



No. 2 can 14° G. B., Cream Style (20 B. pts.) Cut Beans No. 2 cc Green Spot (2 cans 10 pts.) No. 2 can 110 Exquisite Peas No. 2 can 14<sup>c</sup> Fine Spring Dish (30 B. pts.) Diced Carrots 303 can 10° Blue Tog (No points)



Inside Picnic

**Outside** Picnic

SANDWICHES-"Make Your Own"

Take along – Assorted Bread Head of lettuce Mayonnaise Meat of fish salad Hard cooked eggs Peanut butter and jelly

MACARONI AND CHEESE SALAD Marinate macaroni in French Dressing Combine with diced cheese, sliced olives, sliced radishes, diced onion and mayonnaise. Garnish with to-mators

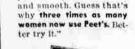


**For Holiday Playtime** SLACKS **SLACK SUITS** Charmingly tailored slack suits of rayon gabardine in choice of long or short sleeves, many colors, 10.98 and 12.95.

Dressy tailored slacks of quality gabardine in a wide range of colors, 4.95 and 5.95.

Rugged navy twill slacks for outings or work, only 2.98.





CAN'T KEEP

**GRANDMA IN** 

he's as Lively as a Youngater-Now her Backache is better

Now net Darkache is better Many sufferen releven bazene backache guickly, enne they discover that the real cause of their trouble may be tred killeys. The kidneys are Natury a chief ware of tak-ing the crease auties and waste out of the blood. They help most propis pass about 3 cousts a day.

order of kidney function permits

house there is something wrong with drawn or bladder. I wall! Any your druggist for Doan's end surrestally by missions for over a. They give happy relief and will help without the intervence of the state of the sec-tion of the sec-

re, They give heper relief and will neep railes of kning, tures dush out possi-ate from your blood. Get Doan's Fills.

HER CHAIR



The quick-sudsing granulated soap

> AA-4 points lb. 34c Lamb Chops Loin, AA, 10 points lb. 55c



HOW TO SAVE ON FOOD AND TEMPERS, TOO! WHAT I CABBAGE LUKE CARBAGE PUT IF YOU HAVE TO BUY SO MUCH, LET'SHIP IT ALTOGETHER. I'M NOT JIGOS 2 TIL VHY DON'T YOU SHOP AT BAFEWAY THEIR FRUITS AND VEGETABLES ARE SOLD BY WEIGHT AND JIM'S NOT AT ALL NICE ABOUT

EEN PEASIb.	16c
ASPARAGUS	
	612c
	17c
	17c
	S
LEMONS	64c
A ORANGES	54c
GRAPPEFRUITIb.	10c
CALAYO	
Get your official application	
for Canning Sugar	
Ready Now-at Safeway	
SAFEWAY	2