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A LESSON FROM BEAVERTON

Last week one of the Portland papers carried the following news story from Beaverton:
"Use of hard water wells, instead of soft water, has resulted in great improvement in the condition of teeth, and in general health of Beaverton school children. It was revealed at a meeting of the Kiwanis club yesterday by Dr. J. R. Talbert, a resident physician.
"The report on the beneficial results of the present water system by Talbert was that a series of mouth and teeth tests, conducted on school children over a period of eight years, had proved that during the time the children were using soft water their teeth and general health was bad in three out of four cases. Since using hard water from wells the general tone of child health has improved, and the ratio of bad teeth and health cases has dropped to one out of six.
"Like the water formerly in use in Beaverton Bend's water is soft. Indeed, it is unusually soft. It is so free from mineral content that it is used in automobile batteries without distillation. In other words the local water, in the matter of minerals, is like distilled water. It has none.
"Now this is all very well for batteries but not so good for humans as is suggested by the Beaverton experience. Certain minerals are essential for proper growth, calcium being one of the most important. The growing child is supposed to get calcium from the milk he drinks but if there is no calcium in the food of the cow none goes into the milk. Iodine is an essential for the avoidance of goiter. There are neither calcium nor iodine in the local water, nor other important minerals.
"Many families know these facts and provide for the conditions associated with them by special care with their food and especially that for their children. Many families do not know the facts and have not the means of arranging the special diets necessary. There is a public responsibility here that should be met.
"With this Beaverton story in mind one wonders if it is not possible to introduce into our water supply the minerals necessary to proper growth. That might be hard on the batteries but it certainly would be beneficial for the children. Chlorine is added at times to destroy bacteria. Why not add minerals to build bodies?"

COLORADO RECOMMENDS

For 1940 the Colorado state chamber of commerce adopted a statement of policy containing the following with respect to federal affairs:
"We reiterate our belief that the portion of the unemployment problem which still remains can be solved only by the full restoration of enterprise. This can be accomplished through re-establishment of confidence of business men, manufacturers and investors in the financial future of the nation and the stability of its institutions. As steps to this end, we urge upon the national government the following:
"1. Reduce its public works program to those projects which when completed will be permanent public assets.
"2. Withdraw as rapidly as possible from all activities conducted under emergency legislation.
"3. Liquidate or dispose of many governmental activities which compete with trade or industries conducted by its taxpayers.
"4. Eliminate all unnecessary boards, bureaus, commissions, and administrations, and, within the limitations of efficiency, reduce the personnel of those it may be necessary to retain.
"5. Balance the national budget by effecting economies in government and by a revision of the tax laws in accordance with sound principles of public finance and with an equitable distribution of the tax burden.
"6. We urge throughout the nation, that state and local authorities curtail their requests for Federal financial aid."
Let it be noted that the foregoing is not a statement of policy prepared by partisan politicians. Republicans undoubtedly helped to prepare it and so did Democrats.
The failure of the New deal to pay attention to such recommendations as those by the Colorado chamber is one of the reasons for its record of failure.

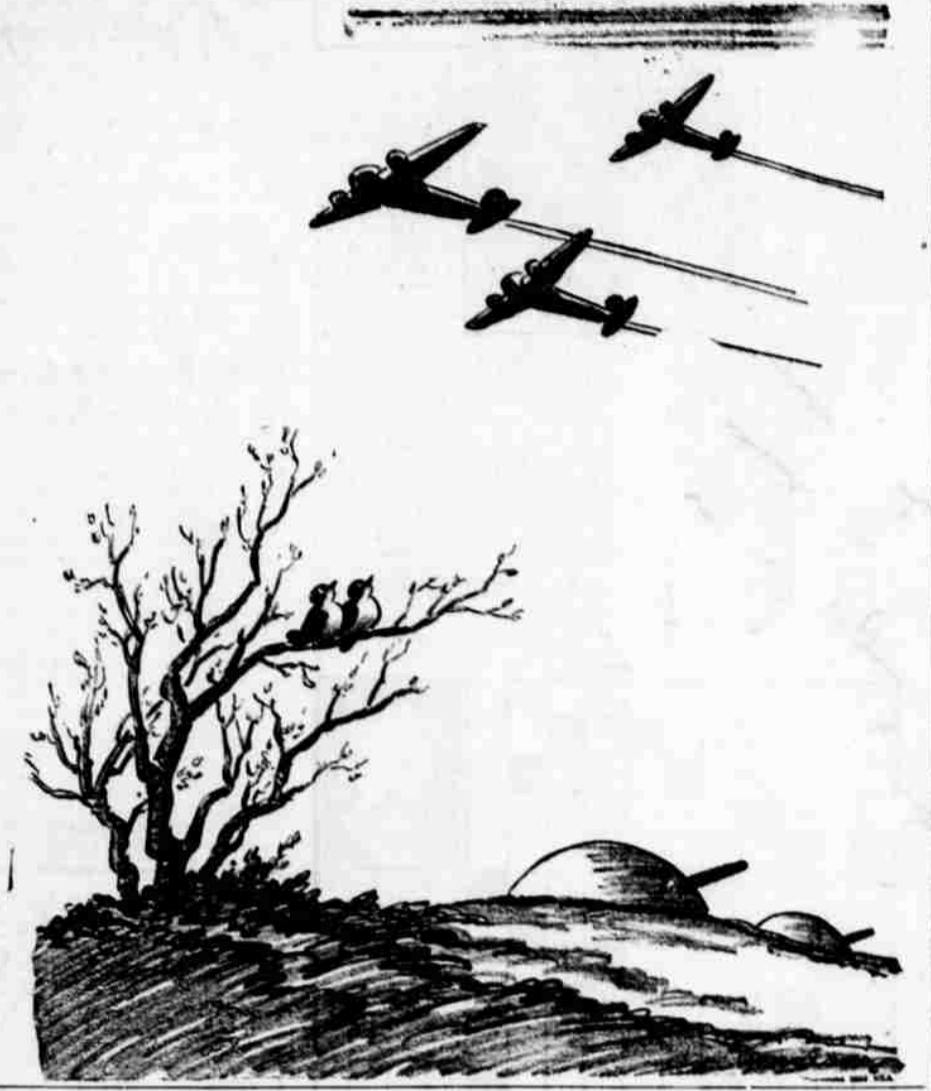
And speaking of the pure politics that the Hatch act is intended to promote how about those Democratic campaign books sold at high prices and in large quantities to corporations forbidden to make political contributions? For a brazen disregard of law and ethics that little stunt of Headman Farley took the cake when it was invented and this year it is to be repeated.
Earmarked gold is being shipped to this country from Europe. A lot of fear-marked gold, too.

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Harbingers of Spring



Catton's Washington Column

By Bruce Catton
(WEA Service Staff Writer)
Washington—A fight over how much protection labor ought to get when railroads are merged is the chief thing delaying the omnibus transportation bill—the big "reform" the railroads want so badly.
A senate-house committee is welding together the senate's Wheeler bill and the house's Lea bill. Basically they are much the same; what the railroads like is that they put water carriers under the interstate commerce commission. Big difference is what they say about mergers.
The Wheeler bill simply says that in mergers there must be "a fair and equitable arrangement" for labor, the Lea bill is to be the judge; the Lea bill flatly forbids any merger that would reduce employment or cut workers' pay.
The railroads naturally want the former clause. It has been okayed by all the railroad brotherhoods except the trainmen's. The latter found an ally in Congressman Harrington of Iowa, who got the clause they like into the Lea bill and is now keeping it there by a novel parliamentary maneuver.
Harrington circulated a petition demanding that the committee keep his clause in the bill—and got 275 congressmen to sign it.
COMMITTEE PLUGS LOOPHOLE DRAFT
When the Smith committee was drafting its bill to change the Wagner act and the labor board, lots of model amendments covering different points were submitted by organizations anxious to have the law modified. The committee threw out all samples and used its own language—except in the case of the "free speech" amendment, where it used the one the A. F. of L. had handed in.
"It was too drastic even for us old conservatives, though, and we had to tone it down," says Congressman Smith. "It didn't give labor enough protection. The way the A. F. of L. wrote it, it would be lawful for an employer to talk with his workers about unionization provided the talk wasn't accompanied by an act of discrimination.
"You could drive a horse through that. Why, under it, an employer could call in a worker and say, 'Bill Jones, you've worked for me 20 years; but you old so-and-so, if you join the union I'll fire you'—and the law couldn't have touched him. So after the words, 'act of discrimination,' we added, 'or intimidation or coercion.'
"Here's all you do: For the next 4 weeks take one-half level teaspoonful of Kruschen Salts in a glass of hot water every morning, before breakfast to gently activate liver, bowels and kidneys. Don't miss a morning. Cut down your caloric intake. Eat wisely and satisfactorily.
"After 4 weeks get on the scales and just see if you haven't lost pounds of soft fat and gained in that energy, improvement in health, and more youthful feeling which reduction of excess fat so often brings.
"Don't fail to get a jar of Kruschen today. The cost is trifling and it lasts 4 weeks. If even this first jar doesn't joyfully satisfy your money gladly returned.—Brandis Thrift Wise Drug Co.

Your Health

TRICHINOSIS
(Oregon State Board of Health)
This disease is not communicable from person to person. It is communicable from hogs to people, but only after the hogs have been killed and the pork or pork products eaten uncooked or undercooked, except in the case of products processed under federal meat regulations. The animal parasite, trichinella spiralis, which causes this disease, occurs in the muscles of infested hogs. When the flesh of the hog is eaten without sufficient cooking to kill the parasites, the latter develop in the body of the consumer and cause the disease.
The symptoms of trichinosis are often vague and easily confused with other conditions, and it is certain that many cases occur without ever being recognized. However, pains in the muscles of different parts of the body, with puffiness of the face and eyelids, more or less severe digestive disturbance, and weakness, should lead a doctor to suspect this disease, especially if the patient has recently eaten raw or insufficiently cooked pork. If then the doctor examines the blood microscopically, as is so commonly done to assist the diagnosis of many diseases, he will be very unlikely to find the parasites. They are seldom there in large numbers or for a long time. But he will be quite likely to detect eosinophilia, which for some reason often occurs in cases of trichinosis. This should make him still more suspicious. Eosinophil cells are a variety of white blood corpuscles, which are present in only a small percentage in normal blood, but are greatly increased in numbers in cases of trichinosis and some other conditions.
"Sometimes, as in the country, where the carcasses of farm-killed hogs are kept for some time during the winter it is possible to examine some of the remaining meat, and find the parasites in it. Another way to identify the disease is to snip out a tiny portion of the painful muscles of the patient, and examine that under the microscope. Fortunately, we now have other tests, recently improved, which make the diagnosis almost certain. One consists of injecting a small amount of trichina antigen into the skin and looking for a red reaction; the other is a precipitin test performed with a small amount of the patient's serum placed in contact with the antigen.
"Trichinosis may be quite a mild condition, but many cases are severe and some are fatal.
"Unfortunately, a very considerable proportion of hogs in this country have the trichinella in their bodies, and the only safe rule to avoid the disease is always to cook pork very thoroughly before eating it. Roasts or other thick cuts should be cooked for at least a half hour for each pound of meat, and in any case until the flesh becomes white, not pink. Pork sausages and other products are sometimes eaten without cooking, such as in sandwich fillers. This is a dangerous practice unless these products have been inspected and passed by the bureau of animal industry or other approved agency.
"The trichinella is an interesting little round worm, which is seldom seen in the adult stage since it is hidden in the mucous membrane of the intestine. The larvae are produced in large numbers in the intestine. From there they are carried all over the body by the blood. Trichinella are too small to be seen by the naked eye. But when they arrive in the muscles they coil up into a spiral and become covered with a sort of capsule, forming a so-called "cyst." The cyst may be as much as one-fifth of an inch long, and is barely visible. Under even a low power microscope cysts are readily seen in bits of muscle which have been flattened out between two glass slides. They look like small transparent lemons, each containing a coiled-up spring.
"Hogs most commonly become infested with trichinae through a kind of involuntary cannibalism. That is, they are fed on garbage which contains among other things, scraps of uncooked pork or other parts of slaughtered hogs. This is all very nice for the trichinellae, which are thus assured of comfortable homes for their children and grandchildren, but it is bad for the hogs and for the people who eat undercooked pork. This could all be prevented by cooking the garbage before feeding it to the hogs.
"The government efforts to prevent trichinosis by inspection are necessarily very limited. Pork, which is customarily cooked, is not inspected nor subjected to any process to kill trichinosis. Some of the pork products which are frequently eaten without cooking, such as the dry summer sausages, are subjected to processing to make them safe. Only such products as bear the government stamp of approval (or that of some other acceptable agency), may be safely eaten without cooking.
"The prevention of trichinosis in hogs can be slowly effected by making and enforcing regulations to prevent the feeding of these animals with uncooked garbage, but it will apparently be a long time before this is generally accomplished. In the meantime, the prevention of the disease among people will remain largely a matter of individual precaution.

How To Lose Fat and Get More Youthful Feeling

If you are overweight, try this easy, sensible way to take off fat.
No harmful drugs.
Here's all you do: For the next 4 weeks take one-half level teaspoonful of Kruschen Salts in a glass of hot water every morning, before breakfast to gently activate liver, bowels and kidneys. Don't miss a morning. Cut down your caloric intake. Eat wisely and satisfactorily.
"After 4 weeks get on the scales and just see if you haven't lost pounds of soft fat and gained in that energy, improvement in health, and more youthful feeling which reduction of excess fat so often brings.
"Don't fail to get a jar of Kruschen today. The cost is trifling and it lasts 4 weeks. If even this first jar doesn't joyfully satisfy your money gladly returned.—Brandis Thrift Wise Drug Co.

Freckles and His Friends

THAT WASN'T THE WAY IT WAS SUPPOSED TO END!
WELL, ANYWAY, SON, YOU SENT THE AUDIENCE HOME LAUGHING!
EVEN THE BEST LAID PLANS OF MICE AND MEN--
FRECKLES, IT WAS GRAND! THERE'S TOO MUCH TRAGEDY IN THE WORLD ANYWAY! PEOPLE ENJOY LAUGHTER!
WHERE'S JUNE? I WANNA TAKE HER HOME!
SOME IMPORTANT LOOKING GUY IS TALKING TO HER OVER THERE!
WHO IS HE?
Y' GOT ME, FRECK, BUT HIS CONVERSATION IS GONNA WORRY YOU!

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Oregon Editorials

GROESBECK AND BOARD
(Klamath Herald)
Rolfo C. Groesbeck of Klamath Falls, just appointed by Governor Sprague to the state board of higher education, may be confidently expected to render a distinctive service to the state in his new position. Mr. Groesbeck has the intellectual, educational and practical qualifications for an excellent board member. He is decisive in his opinions, but he investigates carefully before he forms them. He has had a long record of civic service in the quarter of a century he has practiced law here, and he is definitely public spirited and earnest in his desire to promote the welfare of his community and state. His acceptance of the higher education board appointment may mean he will not wish to continue some of the civic and semi-public duties he is carrying here at this time.
There are nine directors on the state board of higher education. This board has control of all the state institutions of higher learning, including the university and the college, the University of Oregon Medical School, and the colleges of education at Ashland, Monmouth and La Grande. In the years of 1938-39, income of the institutions under control of the board totaled \$4,095,808. Total number of different students on the campuses controlled by the board was 11,170. The state board came into being when the unified management of the institutions was

Beachcombers Strike it Rich During British War

London (AP)—Beachcombing, which in peace time is more a hobby than a profession, has become a paying proposition under war conditions.
Some of the lucky ones have been able to earn as much as \$16 a day when they have been fortunate enough to strike wreckage from some mined vessel.
There always have been beachcombers in the south—or "sandrats" as they are familiarly called. The profession is handed down from father to son, and early morning sees them walking along at the water's

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