

BEND TRAIN SCHEDULE

Oregon Trunk
Arrives 7:00 a. m.
Leaves 7:30 p. m.
O.W. R. & N.
Arrives 7:30 p. m.
Leaves 7:00 a. m.

LOCAL NEWS ITEMS

Maximum temperature yesterday, 64 degrees.
Minimum temperature this morning, 42 degrees.

G. A. Hammond of Klamath Falls is in Bend receiving medical attention.

Miss Grace Bennett, 425 Congress underwent a major operation at the St. Charles hospital today.

Misses Mary Bennett and Harriet Heyburn left Sunday for a two weeks' visit at Cove, Oregon.

Fred Simpson, local business man planned to leave for Portland today on a business trip.

Miss Sybil McKnight, University of Oregon student, returned to Bend Sunday evening.

Ross Farnham, local attorney, left last week for North Dakota, where he will visit for two weeks.

Hugh Clapp left Friday evening for Camp Lewis, where he will attend the citizens' training camp.

J. Charles Smith, formerly a merchant of this city, is visiting here from Los Angeles.

Byron Royce, formerly a garage man in Bend, is here on business from Portland.

William Rahn, Millican postmaster and store owner, is a business visitor in Bend today.

Vern Livenay, Plainview poultry man, was a business visitor here Saturday from the Melvin Springs farm.

J. M. Hixon of Pasadena is in Bend today, visiting with his son, Joe Hixon of the Shewlin-Hixon office force.

Mr. and Mrs. Lloyd Van Tassel, 1104 Hill street, are being congratulated on the arrival of a son, born June 12. The baby has been named Gale Le Roy.

Mrs. Grant Skinner, who was in Eugene last week attending the funeral of her father, returned to her home in this city Saturday.

Mrs. A. E. Hill left on the Sunday evening train for Seattle, where she will attend the summer session of the University of Washington.

A cafeteria dinner will be given by the Methodist Ladies Aid society tomorrow evening at Epworth hall, beginning at 5:30 p. m.

Vance Coyner, son of Mr. and Mrs. E. D. Coyner of this city, has returned from Corvallis, where he has been attending O. A. C.

Miss Alice Wood, music supervisor in the Bend schools for the past two years, left this morning for her home in Denver, Colorado.

Bryan Triplett returned Sunday evening from Seattle, where he has attended the University of Washington during the past school year.

Members of a party of local people who visited the McKenzie summit Sunday were Clarence Lamb, Ray Snyder, H. H. De Armond and J. H. McLellan.

Mr. and Mrs. J. M. Lawrence and daughter Marion, Miss Helen Johns and Miss Eleanor Bechen were among the local people who drove up to the McKenzie pass lava fields Sunday.

Mr. and Mrs. H. C. Ellis and Miss Alice Wood visited the Three Sisters summit in the McKenzie pass country Sunday. The road over the lava fields is reported to be good.

Members of the Ladies Elks club will meet at the club rooms tomorrow afternoon with Mrs. Lloyd Douthitt and Mrs. Ray Jackson as hostesses.

Mrs. J. P. Culler returned this morning from Portland, where he spent three days visiting with her daughter Thelma, student at the Northwestern School of Commerce.

Jack McGimsey, Mrs. McCullough and Mrs. C. Moody motored to The Dalles over the week end, where Mrs. McCullough and McGimsey were married.

Ellsworth F. Lucas, son of Mrs. S. A. Lucas of this city, is one of the

Pictures as Presents

What better gift than the right picture?
What can better express your sentiment? What is a more welcome reminder of you? It is not a question of cost, but of care in choice; and we have a wide and attractive assortment.

You will be interested in a group recently selected as suitable for gifts for birthdays, weddings, graduation—all anniversaries. Let us show them to you. Come in, soon.

SYMONS BROS.

Jewelry and Art Store
O'Kane Bldg., Oregon Ave.
"Where Good Pictures Are Made"

Zane Grey's "Code of the West" Coming

CAPITOL

Last Time Tonight

"THE GOOSE HANGS HIGH"

TUESDAY AND WEDNESDAY



"The AGE of INNOCENCE"
EDITH WHARTON'S
Pulitzer Prize Story
with
BEVERLY BAYNE
ELLIOTT DEXTER
WILLARD LOUIS
EDITH ROBERTS
Directed by
WESLEY RUGGLES
WARNER BROS.
Classics of the Screen

and
HARRY LANGDON

in
"FEET OF MUD"

Recommended for laughing purposes only



"The Redeeming Sin"
Last Time Tonight
"LOVING LIES"
A great sea story
GRAND
TUESDAY
WEDNESDAY
Matinee Every Day

45 graduates of the University of Oregon medical school in Portland this month.

Ray F. H. Hall, minister of the First Methodist church, left Sunday for Love, near La Grande, where he will attend the summer school for church workers of the Episcopal missionary district of Eastern Oregon.

Two Bend girls, Miss Erna Scott and Miss Helen Wood, are among the state normal school students who were graduated today at Monmouth. The commencement address was delivered by Dr. Harold L. Rowman, Portland minister.

CARD OF THANKS
I want to thank sincerely all those who so kindly gave me their loyal support in the recent contest.
SP
NORLAND PITMAN

Registrars Are Named For The Dalles, Vale
(U. P. Leased Wire to The Bend Bulletin)
WASHINGTON, June 15.—Abolition of the offices of 22 receivers at local land offices in 11 states will be effective July 1, the interior department announced today. The offices will be consolidated with the offices of registrar at an estimated saving of \$50,000 annually. Among registrars appointed under the new regime as announced by the department are:

Sacramento, Cal., John C. Ing.
Portland, Ore., Walter L. Toole.
Roseburg, Ore., Hamill A. Canaday.

The Dalles, Ore., James M. Donnelly.
Vale, Ore., George W. McKnight.

DEPUTY WARDENS NAMED
Two deputy wardens have been employed by the Central Oregon Fire Patrol association. It was announced today by Warden J. D. Bowman. They are George Wilson at Sisters, and Ray Yager at La Pine. They went on duty today for the summer season.

A firm in London supplies many thousands of odd boots and shoes to the "one legged," who can get "slippers" of any kind of footwear on the market. The charge for a "right" or a "left" is not more than one-half that for a pair.

The Great Salt lake in Utah has

TURNOVER SLIGHT IN MILL INDUSTRY

Labor Surplus Growing Is Shown by Survey

SPOKANE, June 15.—Labor turnover in practically all industries of the Inland Empire last week was at a minimum and at no time this season has there been so few new jobs offered, according to the Four L weekly employment service letter issued here today. School boys and college men in search of work for the summer are adding to the surplus of help which has migrated here from the middle west and the west coast, the letter states.

Pine sawmills, now at peak activity, are operating with full crews, the greater part of which are local experienced help, according to the Four L letter, which reports that itinerant laborers from outside points are migrating freely from job to job in an effort to find employment. Condensed reports from the various centers follow:

Bend—Surplus of labor.
Winchester, Elk River, Potlatch—All mills running two shifts, but no help other than local needed to care for turnover.

Sandpoint, Kootenai and vicinity—Reports from camps indicate that number of men coming direct to jobs in search of work is more than enough to care for turnover.

Leid, Washburn—Farmers fall handed and forced daily to turn away migratory workers who are seeking employment.

Wallace—Plenty of mine help to care for all work in the Coeur d'Alene.

BEND YOUTHS WILL SCALE MT. ROBSON

Canadian Peak Is Goal of Local Trio

With the glacier clad peak of Mount Robson in the Canadian Rockies as their goal, three Bend boys, Ernest Putnam, Wilbur Watkins and Ervin McNeal, left today by automobile for Banff and the country in the vicinity of Lake Louise. They plan to remain in the north until about July 15.

Mount Robson, 13,988 feet high, has been climbed but three times. One of these times was last year, when a few members of the Canadian Alpine club succeeded in reaching the difficult summit. The local youths also plan on scaling Mount Assiniboine, 11,569 feet high.

All three members of the party which headed toward the north this morning "won their spurs" as alpinists two years ago when they climbed several of the difficult peaks of the Cascade range, notably Mount Washington.

Making cigarettes in a small way soon after he was 14 years of age, Thomas Gailaher of Belfast expanded the business until it became the largest individual tobacco concern in the world.

"Proper Food and Exercise," by ARTHUR A. MCGOVERN
Former physical director, Cornell Medical College

How much water do you drink?

GENERAL
opinion varies so widely on the subject of drinking water, that it is hard to set any one rule, although everyone concedes that water is an essential requirement of the human body.

At least six glasses of water should be taken during the day, at any time, but preferably between meals. If a glass or two of water, either warm or cool, can be tolerated upon arising and before taking any food, it will be particularly beneficial. This water assists in clearing away any possible residuum from the foregoing day and night, and promotes the flow of the gastric juices to perform their duty for the morning meal.

A water drinking habit before breakfast also is an ideal one for the person suffering from constipation, as it naturally helps the eliminating organs by increasing the fluid bulk.

The body is one half liquid, therefore either food or drink must keep up this supply. It is not very good to drink during meals, as there is always the temptation to wash our food down without properly masticating it, and this in all probability will eventually lead to digestive troubles.

People often remark that they cannot drink much water. For persons of this type who cannot take six glasses of water a day, fruits, such as oranges, grapefruit, apples, watermelon, grapes and peaches I recommend.

BREAKFAST: Raw fruit in season—about six spoonfuls of bran flakes with cream. Two soft boiled eggs. Cocoa or a coffee substitute.

Avoid sugar and bread as much as possible.

LUNCHEON: Clear soup, or creamed vegetable soup. Vegetable or fruit salad. Cheese or nuts. Cocoa or milk.

DINNER: Broiled lean meat such as steak or chops, chicken or fish. At least two vegetables. Salad. Fruit, cheese, nuts. Cocoa or milk.

Drink two glasses of water between each meal, and two between dinner and retiring.

Mr. McGovern, whose address is 5 W. 66th St., New York City, will answer your questions. Enclose a self-addressed stamped envelope for your reply.

Mannheimers

DEPARTMENT STORE



Holeproof Silk Hose, 98c

Their values stand out more notably by the fact that every pair is fully guaranteed. The quality is fine. Soles, heels and toes are reinforced to increase wearing qualities. All the smartest colors are here in a complete size range.

Others at \$1.25, \$1.50, \$1.85, \$1.95
In Chiffon and Service weights



Dainty Gloves

New and charming styles in recently arrived gloves. They are decidedly in vogue and lovely—at their prices they are exceptional values.

Fancy Cuff Chamisuede
Gloves, 98c, \$1.39, \$1.59

Perrins Fancy Cuffed Kid
Gloves, \$3.35, \$3.95, \$4.50

Rayon Vests, \$1.15

Of Heavy Fibre Silk these will prove charming additions to one's underwear supply.

All the wanted shades including orchid, peach, flesh, maize, Nile.

Bloomers to match, at \$1.59

Step-Ins to match, \$1.48

Envelope Chemise, \$1.95

Handbags

New and Lovely New shapes and materials in handbags and vanities, just unpacked. In patent and embossed leathers.

\$1.98 to \$6.75

New Beaded Bags at \$1.98 to \$6.50

Lovely Scarfs

of printed silks, georgette and knit silk,

\$1.50 to \$4.95

Women's Munsingwear Union Suits

—Summer weight

Knitted Union Suits, Reg. size, \$1.15; outside, \$1.29

Knitted Union Suits, Reg. size, \$1.39; outside, \$1.50

Others 49c to 95c Suit

Novelty Sport Stripe Belts at 59c to \$1.15

Ice Harvest At Cave Filmed for Fox News

Under the white glare of three brilliant torches, moving pictures of men digging ice from the Arnold ice cave, southeast of Bend, were taken Sunday by a representative of the Fox news service. These films, bearing the name of the Bend locality, will be shown in all parts of the country, before 10,000,000 movie fans, it is estimated.

The news service man, Eric Mayell of Seattle, took a number of views of the ice cave. First, he "shot" a group of people going into the cavern, with axes and shovels on their shoulders. In the cave he took a flashlight of two men digging out the ice and putting it in a sack. The final part of the news reel will show the men coming out of the cave, carrying the ice.

After the pictures had been taken in the cave, the fumes and smoke from the flashlight powder caused the "actors" and the movie operator to make a wild scramble for the opening, crawling up the icy slope. So thick was the smoke that Mayell had to abandon his camera for a time, until the smoke cleared. Members of the party also visited the

Skeleton cave. Those accompanying the movie men to the caves were L. K. Cramb, secretary of the Bend Commercial club, and his daughter, Virginia; Mr. and Mrs. A. O. Webster of Portland, H. L. Flumb supervisor of the Deschutes national forest, and a representative of The Bulletin, Phil Brogan. Mayell planned to leave for the Burns country today.

Cocoanuts take 10 years after planting before they begin to give a yielding crop.

DR. GRANT SKINNER
DENTIST
Room 16, O'Kane Bldg.
Phone 235 W

CAFETERIA DINNER!

TUESDAY EVENING, JUNE 16

Commencing at 5:30 at

EPWORTH HALL

Given by Methodist Ladies Aid Society

MENU
Roast Pork with Dressing
Carrots and Peas Creamed
String Beans
Strawberry Shortcake
Roast Beef, Brown Gravy
Mashed Potatoes
Choice of Salads
Rolls
Tea and Coffee

DR. ROY REYNOLDS
Chiropractor
O'Kane Bldg., Phone 489

Dr. Herbert B. Mallett
Chiropractic Specialist
151 Minnesota Ave. Phone 428

O. S. PHILLIPS, M. D.
Eye, Ear, Nose and Throat Specialist
Rooms 17-19 O'Kane Bldg.
Hours: 9 to 12, 2 to 5:30, 7 to 8
Phones: Office 175 J, Res. 129 J
Lumberman's Hospital Certificates Good Here

Shoe Repairing

Have your shoes repaired by a shoemaker and not by a cobbler

Only First Class Material Used

Satisfaction guaranteed

JOHN RICKENBERG

127 Minnesota Ave