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MONDAY, APRIL 25, 1921.

TEACHING MOTHER

Tomorrow afternoon, girls of the domestic science classes of the Bend high school will explain food values to their elders, at a program specially arranged by the Women's Civic League. Some might be skeptical as to the ability of the students to tell their mothers anything of value in the art of cookery, but it would be an unusual generation that could not show the preceding one some new pointers.

The question of "what is a vitamin?" probably never troubled the mothers of the girls who are now of high school age, but it is something which is proving keenly interesting to the domestic science class. Its importance in nutrition is one of the points which the students hope to explain to their mothers tomorrow. There may be a few more things in the culinary art which were not considered essential a decade or so ago.

But it's a safe wager that the mothers of Bend will be on hand at tomorrow's demonstration just the same.

The referendum petition on Mayor Gilson's water-works franchise is filed at last. Now it's up to the council to give the voters of Bend a chance to pass on it.

The Missoula pastor who placed whiskey bottles in front of the altar, had a novel, and apparently an effective idea for stimulating church attendance.

MODERN "CARMEN" AT WORK

Gathering of Women Cigarmakers Presents a Colorful Sight in Spanish Cities Today.

The Carmen of the opera is no idle fancy of a poet. She was and is very real in Spain today. They are known as cigarreras, and their age may be anything from twelve to sixty. They are paid but a peseta a day, and as no human being can live on that, they devote a good share of their time to a business said to be the oldest in the world. It is no uncommon thing to find as high as 50 babies in cradles or crawling about the feet of the girls as they work. For comfort the girls discard the greater part of their clothing when they start to work, but retain a red rose in their hair or great silver earrings.

They are boisterous and rough, and the visitor is hailed with demands for money and given the vilest of curses if he refuses. But the girls sing as they work. Every one has a tiny mirror before her in which she sends constant glances, and the little clothing she retains is colorful as the rainbow. They all have lovers who almost without exception abuse them, beat them and take away their earnings. She stands this as long as the lover is true to her, but if he looks elsewhere he had best beware of a stiletto blade between his shoulders. The older women make the cigars and the younger the cigarettes.—Denver News.

Right Way to Read.

The only way to read with any efficiency is to read so heartily that dinner time comes two hours before you expected it. Sidney Smith wrote. To sit with your Livy before you and hear the geese cackling that saved the capital and to see with your own eyes the Carthaginian sutlers gathering up the rings of the Roman knights after the battle of Cannae and heaping them into bushels; and to be so intimately present at the actions you are reading of that when any one knocks at the door it will take you two or three seconds to determine whether you are in your own study or on the plains of Lombardy looking at Hannibal's weather-beaten face—that is the only kind of study that is not tiresome, almost the only kind that is not useless.

Howling Dogs Appreciated.

Persians love dogs because they are supposed to be awake nights and drive away the demons that wait for the souls of the dead, so the more the dog howls at night the surer he is to defeat the demons and the more he is appreciated by his owner.



Our Best

If every man would do his best, whatever his task may be, existence would be trebly blessed, this world a sight to see. Most all the troubles that we know would quickly fade away, and if you wished a slice of woe you'd have to hunt all day. No bums would fill the prison cells or in the alleys rest, for all men would be wearing bells if each one did his best. The toiler would not cuss the plute, nor would the plute respond, but for each other they would root, with friendship as a bond. The thieves would quit their vain careers which get them in the hole, and put in the repentant years restoring what they stole. And all the sinful tricks of trade would travel galley west—there'd be no tar in marmalade, if each man did his best. This life would be a grand sweet song, a joyride in a car; our duds would last us twice as long, our grub go twice as far; there'd be no business for the cops, the sleuths would be undone; the poorest man could buy his hops and raisins by the ton. We do not toil with proper zest to earn our weekly pay; we do not strive to do our best, but watch the clock all day; we're all afraid we'll do too much, as we our hammers swing, and so we've got the world in Dutch, and balled up everything.

BELL CASTING IN OLD JAPAN

People Gather in Thousands to Witness Ceremony Which Has Deep Religious Significance.

The making of the bell in old Japan was accomplished by great and solemn rites, Marjorie Latta Barstow writes in Asia. For months, sometimes for years, the community had been contributing of its bronze and copper ornaments and precious possessions. For many days before the casting there were prayers to determine the auspicious moment at which to begin, and to put all spiritual beings and ministers of grace in a propitious mood. Pilgrims came from all the surrounding country, for the Japanese of long ago loved a pilgrimage as much as do their descendants today; and made of their act of piety an opportunity to enjoy a little festivity

and see something of the great world. On the appointed day, men gathered in their finest attire. Then the priests appeared in rich ecclesiastical brocades and the workmen in robes beautiful and sanctified. With prayer and ceremony the work reached its climax. The great molds were prepared and the flaming, molten mass, into which had gone so many precious things, was to them what the dedication of a cathedral was to the believers of the middle ages. Before their eyes and with their own co-operation, something intangible and divine assumed shape and tangibility. Many went away to become heroes in their villages because they had participated in the making of the great bell, which became more precious and mysterious as time went on, and they passed on to their children's children, even down to this day, the souvenirs of the occasion, inscribed with prayers by the presiding priests.

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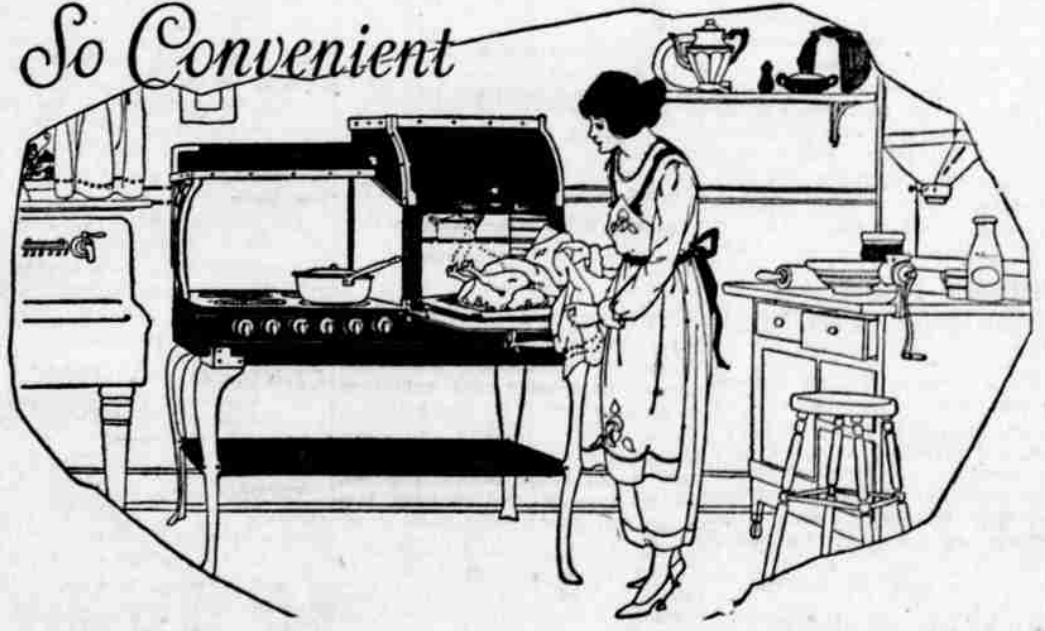
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An accurate knowledge of

FOOD VALUES

is considered essential by the up-to-date housewife



ELECTRICAL COOKING

raises these values to their highest degree.

The explanation of the one and the operation of the other will be features of the cooking demonstration by the domestic science class of the Bend High School under the auspices of the Woman's Civic League at the new Methodist church building tomorrow afternoon.

EXPERT ADVICE

on electrical methods of cooking may also be obtained at the

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