DEAR ABBY

Wife's smoking addiction clouds future of marriage

JEANNE

PHILLIPS

ADVICE

Dear Abby: I have been married to my wife for 32 years. I love her dearly. Recently, though, her smoking has been really bothering me. Her father passed away from COPD five years ago because he was a lifetime smoker. I thought that would convince her to stop. She has tried, but she always goes back.

She tries to cover it up by making frequent trips to the store and other places to get out of sight to smoke. It infuriates me that she would lie, but she doesn't seem to have a problem with it at all. It makes me wonder what else she's been lying about.

My biggest concern, obviously, is that her health problems are increasing — frequent colds (she blames "allergies"), coughing while she sleeps, snoring terribly. We now sleep in separate beds at times just so I can get some sleep. When I bring up the subject of quitting, she gets defensive. Her mother will

no longer talk to her about it, and she wants her to quit even more than I do.

As my wife goes down this road, I'm becoming less attracted to her. We don't talk much anymore when we are by ourselves. We once went to a marriage counselor who agreed with me on the subject of quitting, but my wife blew it off. I'm near my limit and thinking of ending our marriage. How can I get through to her without a messy divorce? -**End Of My Rope In Michigan**

Dear End: By now it should be obvious that your wife is display-

ing classic symptoms of an addict. This is something she may have inherited from her father. She has a serious medical (and possibly psychological) problem because she cannot quit on her own. If she's even interested in doing so, which I doubt, she will need professional help. Nicotine patches and gum could

aid her in cutting back, but a psychological component will still need to be addressed.

Interestingly, you didn't mention the effect (besides revulsion) her secondhand smoke is having on you. This is something you should address with your doctor. Once you have done that, offer your wife the option of treatment. However, if she refuses, you will have to decide whether to consult a lawyer.

Dear Abby: What advice would you give to one who thinks about and, quite frankly, is still in love with his high school sweetheart? We never got married. I never married anyone, and our 50th year high school reunion is coming up next year. I talked with her recently over the phone, and she's also going to the reunion. We're both looking forward to seeing each other again.

Do you think age plays a big part in how a person should view things? That is, I've seen a photo of her, and while it's very different from how she looked in high school, I still feel the same about her and want to spend the rest of my life with her. What's your advice? — Still Smitten In Idaho

Dear Smitten: My advice is to keep talking to your old flame, see if she's currently attached and whether she feels the same way about you. If the answer is yes, attending the reunion will let you begin to know her all over again before taking the next step. Time can be a great advantage because you both are mature adults now and, hopefully, less impulsive than you were during your teens. I wish you luck as you revisit this with her.

DAYS GONE BY

100 years ago in the East Oregonian

A new Oregon state swimming record for the 440 years reposes to the credit of Harold Hatton, local boy, as the new time of 5 minutes 51 seconds Saturday afternoon in the Oregon state outdoor swimming championships held at the Oaks, Portland, under the auspices of the Portland News. The old record was held by Jimmie Egan, the highly touted Portland swimmer who was forced to take second to Hatton Saturday.

50 years ago in the East Oregonian

The State Emergency Board Friday approved establishment of an Eastern Oregon mental health center to provide assistance to local community health centers in the eastern counties of the state.

The proposal, which will cost \$971,000 for the remainder of this biennium, was described by Rep. Stafford Hansell, R-Hermiston, as "a major step forward" in providing mental health services to Eastern Oregon, where some

counties have no mental health facilities.

Federal funds will pay 90 per cent of the costs of the expanded services this year. The federal contribution will be gradually reduced to 70 per cent after five years.

25 years ago in the East Oregonian

Folks in Umatilla can start concentrating on the details now. City, county and agency officials have a wish list of specific site development conditions to negotiate with the Department of corrections. With Senate Bill 6 passed, the prison bill authorizing the DOC to pay for infrastructure impacts in communities where prisons are placed, Umatilla can start figuring. Presently, about half of Umatilla's proposed conditions are directed to Clause A.1 in a document outlining mandatory general site development conditions. Clause A.1 directs the DOC to work with the appropriate entities to address technical components of the prison project. The prisoners will be counted as part of the city's population, which increases the city's portion of state revenue sharing.

THIS DAY IN HISTORY

In 1619, the first representative assembly in America convened in Jamestown in the Virginia Colony.

In 1729, Baltimore, Maryland, was founded.

In 1864, during the Civil War, Union forces tried to take Petersburg, Virginia, by exploding a gunpowder-laden mine shaft beneath Confederate defense lines; the attack failed.

In 1916, German saboteurs blew up a munitions plant on Black Tom, an island near Jersey City, New Jersey, killing about a dozen people.

In 1918, poet Joyce Kilmer, a sergeant in the 165th U.S. Infantry Regiment, was killed during the Second Battle of the Marne in World War I. (Kilmer is remembered for his poem "Trees.")

In 1945, the Portland class heavy cruiser USS Indianapolis, having just delivered components of the atomic bomb to Tinian in the Mariana Islands, was torpedoed by a Japanese submarine; only 317 out of nearly 1,200 men survived.

In 1956, President Dwight D. Eisenhower signed a measure making "In God We Trust" the national motto, replacing "E Pluribus Unum" (Out of many, one).

In 1965, President

Lyndon B. Johnson signed a measure creating Medicare, which began operating the following year.

In 1980, Israel's Knesset passed a law reaffirming all of Jerusalem as the capital of the Jewish state.

In 2008, ex-Bosnian Serb leader Radovan Karadzic was extradited to The Hague to face genocide charges after nearly 13 years on the run. (He was sentenced by a U.N. court in 2019 to life imprisonment after being convicted of genocide, crimes against humanity and war crimes.)

In 2010, the Afghan Taliban confirmed the death of longtime leader Mullah Mohammad Omar and appointed his successor, Mullah Akhtar Mansoor.

In 2016, 16 people died when a hot air balloon caught fire and exploded after hitting high-tension power lines before crashing into a pasture near Lockhart, Texas, about 60 miles northeast of San Antonio.

In 2020, John Lewis was eulogized in Atlanta by three former presidents and others who urged Americans to continue the work of the civil rights icon in fighting injustice during a moment of racial reckoning. Herman Cain, a former Republican presidential candidate and former CEO of a pizza chain who became an ardent supporter of President Donald Trump, died in Atlanta of complications from the coronavirus at the age of 74; he was hospitalized less than two weeks after attending Trump's campaign rally in Tulsa, Oklahoma, where he was photographed not wearing a mask.

Ten years ago: Republican presidential challenger Mitt Romney, on a visit to Israel, outraged Palestinians by telling Jewish donors that their culture was part of the reason Israel was more economically successful than the Palestinians. At the London Olympics, American teenager Missy Franklin won the women's 100-meter backstroke before Matt Grevers led a 1-2 finish for the U.S. in the men's race.

Five years ago: Three days after the U.S. Congress approved sanctions against Russia in response to its meddling in the 2016 U.S. election and its military aggression in Ukraine and Syria, Russian President Vladimir Putin said the United States would have to cut the number of embassy and consulate staff in Russia

One year ago: Florida Gov. Ron DeSantis barred school districts from requiring students to wear masks when the new school year began. Broadway theater operators announced that COVID-19 vaccinations and masks would be required when theaters reopened in the weeks ahead. Japan expanded a coronavirus state of emergency to four more areas in addition to Tokyo following record spikes in infections as the capital hosted the Olympics. The first flight evacuating Afghans who'd worked alongside Americans in Afghanistan brought more than 200 people to new lives in the United States; the flight that landed outside Washington, D.C., carried translators and close family members.

Today's birthdays: Feminist activist Eleanor Smeal is 83. Jazz musician David Sanborn is 77. Former California Gov. Arnold Schwarzenegger is 75. Actor Delta Burke is 66. Singer-songwriter Kate Bush is 64. Movie director Richard Linklater is 62. Actor Lisa Kudrow is 59. Actor Vivica A. Fox is 58. Movie director Christopher Nolan is 52. Actor Tom Green is 51. Actor Christine Taylor is 51. Actor Hilary Swank is 48. Olympic gold medal beach volleyball player Misty May-Treanor is 45. Former soccer player Hope Solo is 41. Actor Joey King is 23.

7 LITTLE W@RDS

Find the 7 words to match the 7 clues. The numbers in parentheses $\frac{1}{8}$ represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

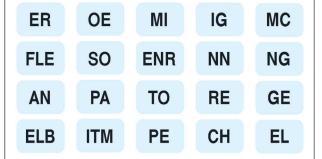
SOLUTIONS **CLUES** 1 tennis great John (7) 2 film director Ivan (7)

3 Bond creator lan (7)

4 inventor and physicist Hans (6) 5 MLB outfielder Juan (4)

6 composer Johann (9)

7 actor Sean (4)



Today's Answers: 1. MCENROE 2. REITMAN 3. FLEMING 4. GEIGER 5. SOTO 6. PACHELBEL 7. PENN

 $\sqrt{}$

WORD ★Roundup

Find and Circle...

Five words starting and ending with L Five words with ZZ in the middle

Two Microsoft programs Two units of length

Lodging option

Answers to Saturday's puzzle: BLUE GRAY CYAN TEAL GOLD PINK / ETHIOPIA ECUADOR EGYPT / SLEET RAIN SNOW / RISKY BUSINESS / PANDA SKUNK

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