

Thursday Evening

July 21, 2022

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
BROADCAST																	
KFFX 41D	11	-	11	Seinfeld	Seinfeld	Last Man St.	Last Man St.	MasterChef	WelcomeFlatch	Call Me Kat	First at Ten (N)	:35 Modern	:05 Modern	:35 Molly	:05 2½ Men	:35 Mom	
KPTV	3	-	-	6 O'Clock News (N)	Family Feud	Family Feud	Family Feud	MasterChef	WelcomeFlatch	Call Me Kat	10 O'Clock News (N)	News (N)	:35 Fam. Feud	:05 TMZ Live! (N)			
KEPR 49D	2	19	19	News (N)	Inside Ed. (N)	The Big Bang	The Simpsons	Young Sheldon	Ghosts	Big Brother (N)	CSI:Veg. "Honeymoon in Vegas"	News (N)	:35 The Late Show	:35 James Corden			
KOIN	19	-	-	News (N)	News (N)	Extra (N)	Ent. Tonight	Young Sheldon	Ghosts	Big Brother (N)	CSI:Veg. "Honeymoon in Vegas"	KOIN6News (N)	:35 The Late Show	:35 James Corden			
KNDU 49D	6	25	23	Local News (N)	Family Feud	Wheel Fortune	Jeopardy! (N)	Law & Order "Legacy"	Law & Order "S.V.U."	Law & Order "S.V.U."	Crime "Guns & Roses"	Local News (N)	:35 The Tonight Show	:40 Seth Meyers			
KGW	8	-	-	KGW News (N)	KGW News (N)	The Good Stuff	Inside Ed. (N)	Law & Order "Legacy"	Law & Order "S.V.U."	Crime "Guns & Roses"	KGW News (N)	:35 The Tonight Show	:35 Seth Meyers				
KVEW 42D	4	42	-	News (N)	News (N)	Ent. Tonight	Extra (N)	Your Luck "The Polar Bear" (N)	Generation Gap (N)	Fatal Flaw "On the Rocks" (N)	News (N) :05 Jimmy Kimmel (N)	:10 Nightl. (N)	:35 Right This Minute				
KATU	5	-	-	KATU News at 6:00 p.m. (N)	Jeopardy! (N)	Wheel Fortune	Your Luck "The Polar Bear" (N)	Generation Gap (N)	Fatal Flaw "On the Rocks" (N)	News (N)	:35 Jimmy Kimmel Live (N)	:35 Nightline (N)					
KTNW	-	31	31	PBS NewsHour (N)	What to Eat When			The Doo Wop Project		Escape to the Chateau: DIY	Amanpour and Company (N)	The Indian Doctor "Immunity"					
OPB 49D	13	-	-	Craftsman	Outside Source	PBS NewsHour (N)	Beyond	This Is Utah	Broadchurch	Masterpiece "Unforgotten"	Seaside Hotel	PBS NewsHour					
CABLE																	
A&E	52	118*	265*	The First 48	The First 48 "Truly Lost"	After First 48 "Truly Lost" (N)	Accused: Guilty or Innocent (N)	Interrogation Raw (N)	:05 The First 48 "Stray Shot"	:05 After the First 48 "Truly Lost"							
AMC	60	131*	254*	5:00 *** Moneyball ('11, Bio)	Robin Wright, Brad Pitt.	*** The Great Outdoors ('88, Com)	John Candy, Dan Aykroyd.	*** National Lampoon's Vacation ('83, Com)	Chevy Chase.	*** Groundhog Day Bill Murray.							
DISC	51	182*	278*	Rescue "The Bears and the Bees"	Homestead Rescue "Kilzone"	Homestead Rescue "Poisoned"	Homestead "High and Dry"	Homestead "Shock and Awe"	Homestead "Fire and Ice"	Homestead Rescue "Poisoned"							
FNC	66	205*	360*	Hannity (N)	The Ingraham Angle (N)	Gutfeld! (N)	Fox News @ Night (N)	Tucker Carlson Tonight	Hannity	The Ingraham Angle							
FOOD	61	110*	231*	Beat Play	Beat Play	Beat Play	Beat Play	Restaurant: Impossible (N)	Beat Play (N)	Beat Play	Me or the "Not My Baby" (N)	Beat Play	Beat Play	Beat Play	Beat Bobby Flay		
HBO	518	303	504	:15 The Rehearsal	Westworld "Annees Folles"	Westworld "Generation Loss"	:55 *** 2 Guns ('13, Act)	Denzel Washington.	:50 Irma Vep "Satanas"	:40 Mind Over Murder	:40 *** Act of Valor						
HIST	50	120*	269*	Srpn Invsn "All Hands on Deck"	Alone "The Birds"	Alone "Gut Feeling"	Alone "The Ice Up" (N)	:35 Kings "Stinging Sharks" (N)	:35 Mountain	:05 Alone "Gut Feeling"							
ROOT	37	-	-	Perfect Game	In Depth	Mariners	Inside Kraken	Poker Heartland Tour	WPT Poker	WPT Poker Alpha8	WPT Poker	Boxing					
SHOW	578	319	546	:15 **** Raiders of the Lost Ark ('81, Adv)	Harrison Ford.	:15 *** The Contractor (2022, Action)	Gillian Jacobs, Chris Pine.	The Chi "On Me"	Supreme Team "War & Peace"	Flatbush	We Hunt Together						
STARZ	621	351	526	5:40 *** The Iron Lady ('11, Bio)	Meryl Streep.	*** Spider-Man: No Way Home ('21, Act)	Zendaya, Tom Holland.	P-Valley "The Dirty Dozen"	:05 P-Valley "Demethrius"	:10 *** Spiral Morgan David Jones.							
USA	58	105*	242	5:00 IAAF Track & Field World Championships (L)	Law & Order: S.V.U. "Fat"	Law & Order: S.V.U. "Web"	Law & Order: S.V.U. "Influence"	Law&O: SVU "Funny Valentine"	Law & Order: S.V.U. "Undercover Blue"								

C - Charter; DISH - DISH; DTV - DirectTV
* Subscribers to DISH and DirectTV may see programming on select channels appear 3 hours earlier than listed.

SPORTS MOVIES NEWS

Friday Evening

July 22, 2022

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
BROADCAST																	
KFFX 41D	11	-	11	Seinfeld	Seinfeld	Last Man St.	Last Man St.	WWE SmackDown (N)	First at Ten (N)	:35 Modern	:05 Modern	:35 Molly	:05 2½ Men	:35 Mom			
KPTV	3	-	-	6 O'Clock News (N)	Family Feud	Family Feud	Family Feud	WWE SmackDown (N)	10 O'Clock News (N)	News (N)	:35 Fam. Feud	:05 TMZ Live! (N)					
KEPR 49D	2	19	19	News (N)	Inside Ed. (N)	The Big Bang	The Simpsons	Celebrity Renovation (SP) (N)	Magnum P.I.	Blue Bloods "Hidden Motive"	News (N)	:35 The Late Show	:35 James Corden				
KOIN	19	-	-	News (N)	News (N)	Extra (N)	Ent. Tonight	Celebrity Renovation (SP) (N)	Magnum P.I.	Blue Bloods "Hidden Motive"	KOIN6News (N)	:35 The Late Show	:35 James Corden				
KNDU 49D	6	25	23	Local News (N)	Family Feud	Wheel Fortune	Jeopardy! (N)	American Ninja Warrior "Semifinals 1"	Dateline NBC	Local News (N)	:35 The Tonight Show	:40 Seth Meyers					
KGW	8	-	-	KGW News (N)	KGW News (N)	StraightTalk (N)	Inside Ed. (N)	American Ninja Warrior "Semifinals 1"	Dateline NBC	KGW News (N)	:35 The Tonight Show	:35 Seth Meyers					
KVEW 42D	4	42	-	News (N)	News (N)	Ent. Tonight	Extra (N)	Shark Tank	20/20	News (N) :05 Jimmy Kimmel	:10 Nightl. (N)	:35 Right This Minute					
KATU	5	-	-	KATU News at 6:00 p.m. (N)	Jeopardy! (N)	Wheel Fortune	Shark Tank	20/20	News (N)	:35 Jimmy Kimmel Live	:35 Nightline (N)						
KTNW	-	31	31	PBS NewsHour (N)	Wash. Week (N)	Firing Line (N)	The Indian Doctor "Immunity"	Recipe "Party on a Plate" (N)	Anthems (N)	Antiques (N)	Amanpour and Company (N)	Song of the Mountains					
OPB 49D	13	-	-	Wood Shop	World News	PBS NewsHour (N)	F.Drake "Ghost in the Machine"	The Hunter	How to Be Likeable in a Crisis	Jamestown	PBS NewsHour						
CABLE																	
A&E	52	118*	265*	The First 48 "Shattered Glass"	First 48 "Along Came a Killer"	First 48 "The Fighter/ Final Ride"	First 48 "Dangerous Company"	The First 48 "Road Rage"	:05 The First 48	:05 First 48 "The Fighter/ Final Ride"							
AMC	60	131*	254*	*** The Great Outdoors ('88, Com)	John Candy, Dan Aykroyd.	*** Uncle Buck ('89, Com)	Amy Madigan, John Candy.	:15 *** Fast Times at Ridgemont High ('82, Com)	Sean Penn.	:15 *** Young Guns							
DISC	51	182*	278*	Gold Parker "Parker's Prospect"	Parker "Gold Mining Paradise"	Gold Rush: Parker's Trail "Gut Check" (N)	OpalHunt "Cathedral Secrets" (N)	GoldRushFreddy	Gold Rush: Parker's Trail "Gut Check"								
FNC	66	205*	360*	Hannity (N)	The Ingraham Angle (N)	Gutfeld! (N)	Fox News @ Night (N)	Tucker Carlson Tonight	Hannity	The Ingraham Angle							
FOOD	61	110*	231*	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners, Drive-Ins			
HBO	518	303	504	:05 The Anarchists	*** The Batman (2022, Action)	Zoë Kravitz, Jeffery Wright, Robert Pattinson.	Westworld "Generation Loss"	Rehearsal (N)	The Rehearsal	Mind Over Murder							
HIST	50	120*	269*	Ancient Aliens "Return to Mars"	Ancient Aliens	Ancient Aliens (N)	:05 Ancient Aliens	:05 Aliens "The Nuclear Agenda"	:05 Ancient Aliens								
ROOT	37	-	-	Mariners	Pre-game	MLB Baseball	Houston Astros at Seattle Mariners Site: T-Mobile Park -- Seattle, Wash. (L)	Post-game	Pre-game	MLB Baseball	Houston Astros at Seattle Mariners Site: T-Mobile Park -- Seattle, Wash.						
SHOW	578	319	546	5:00 *** Ida Red	Mixed Martial Arts Bellator (L)	The Chi "On Me"	Flatbush	*** The Dry ('20, Myst)	Genevieve O'Reilly, Eric Bana.								
STARZ	621	351	526	5:15 **** Alien	:15 *** Don't Breathe 2 ('21, Hor)	Madelyn Grace, Stephen Lang.	Becoming Elizabeth	P-Valley "White Knights"	:05 P-Valley "Savage"	:10 **** American Gangster							
USA	58	105*	242	5:30 IAAF Track & Field World Championships (L)	Chi.Fire "The Nuclear Option"	Chi.Fire "Madmen and Fools"	Chicago Fire	*** The Bourne Legacy ('12, Act)	Rachel Weisz, Jeremy Renner.								

C - Charter; DISH - DISH; DTV - DirectTV
* Subscribers to DISH and DirectTV may see programming on select channels appear 3 hours earlier than listed.

SPORTS MOVIES NEWS

Saturday Evening

July 23, 2022

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
BROADCAST																	
KFFX 41D	11	-	11	4:00 MLB Baseball (L)	Paid Program	Modern Family	Seinfeld	Seinfeld	Last Man St.	Last Man St.	First at Ten (N)	Paid Program	Name-Tune "Love Is in the Air"	Mom	Mom		
KPTV	3	-	-	4:00 MLB Baseball (L)	Go/Nitro	Go/Nitro	*** Major League ('89, Com)	Tom Berenger, Charlie Sheen.	10 O'Clock News (N)	Name-Tune "Love Is in the Air"	Family Guy	Family Guy					
KEPR 49D	2	19	19	5:00 SRX Auto Racing (L)	The Big Bang	The Big Bang	Bull	Paid Program	Health Journal	48 Hours	News (N)	The National Desk (N)	Just for Laughs: Gags				
KOIN	19	-	-	5:00 SRX Auto Racing (L)	Ent. Tonight (N)	Bull	Paid Program	Paid Program	48 Hours	News (N)	COIN6News (N)	:35 In Depth	:05 S.W.A.T. "Kangaroo"				
KNDU 49D	6	25	23	Local News (N)	Jeopardy!	SEAL Team "Prisoner's Dilemma"	The Wall "Mikail and Shakira"	WA Track & Field World Athletic Championships	The Wall "Mikail and Shakira"	WA Track & Field World Athletic Championships	News (N)	Saturday Night Live					
KGW	8	-	-	NBC News (N)	Straight Talk	Getaways	Inside Ed. (N)	The Wall "Mikail and Shakira"	WA Track & Field World Athletic Championships	News (N)	Saturday Night Live						
KVEW 42D	4	42	-	Extra Weekend (N)	Ent. Tonight (N)	Funnest Home Videos	Celebrity Wheel of Fortune	Shark Tank	Wipeout "Win a Date With Jill"	Weather G. Viral "Weather Emergency"							
KATU	5	-	-	KATU News at 6:00 p.m. (N)	Jeopardy!	Wheel Fortune	Funnest Home Videos	Celebrity Wheel of Fortune	Shark Tank	News (N)	:35 The National Desk (N)	:35 Castle					
KTNW	-	31	31	Carol Burnett Show	Escape to the Chateau: DIY	Midsomer Murders	The Tunnel	Death in Paradise	Austin City Limits	Nova "Universe Revealed: Milky Way"							
OPB 49D	13	-	-	Charlie Bee Company	Stevens' Europe	Stevens' Europe	Emma	Shakespeare Hathaway	Thou Shalt Not Kill	Masterpiece "Granchester"	Great American R "Moveable Feasts"						
CABLE																	
A&E	52	118*	265*	The First 48 "Bridge of Lies"	The First 48 "Birthday Girl"	The First 48 "Bloodline"	First Blood (N)	Panic911 "They Have Guns" (N)	:05 The First 48	:05 The First 48 "Bloodline"							
AMC	60	131*	254*	4:45 *** Uncle Buck	*** Elf (2003, Comedy)	James Caan, Bob Newhart, Will Ferrell.	*** Elf (2003, Comedy)	James Caan, Bob Newhart, Will Ferrell.	*** The Breakfast Club ('85, Dra)	Emilio Estevez, Judd Nelson.							
DISC	51	182*	278*	Expedition Unknown	Expedition Unknown	Exp. Unkn. "Egypt's Lost Tombs"	Expedition Unknown	Expedition Unknown	SharkTrek	Exp. Unkn. "Egypt's Lost Tombs"							
FNC	66	205*	360*	Unfiltered	Lawrence Jones Cross Country	One Nation	Unfiltered	Lawrence Jones Cross Country	One Nation	Unfiltered							
FOOD	61	110*	231*	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners, Drive-Ins	
HBO	518	303	504	5:30 *** Fantastic Beasts: The Secrets of Dumbledore	*** The Bob's Burgers Movie (2022, Animated) (P)	:45 WWorld "Generation Loss"	:45 *** Hellboy ('19, Fant)	Milla Jovovich, David Harbour.	:50 The Rehearsal								
HIST	50	120*	269*	A. Pickers "Pick, Trick, or Treat"	Amer. Pickers "Pick This Way"	A. Pickers "Shelby in the Barn"	Pickers "Rocket Ray Round-Up"	:05 American Pickers (N)	:05 American Pickers	:05 A. Pickers "Rocket Ray Round-Up"							
ROOT	37	-	-	Mariners	Pre-game	MLS Soccer	Houston Astros at Seattle Mariners Site: T-Mobile Park -- Seattle, Wash.	Post-game	MLS Soccer	San Jose Earthquakes at Portland Timbers							
SHOW	578	319	546	City on a Hill	City on a Hill	City on a Hill	*** Shooter ('07, Act)	Michael Peña, Mark Wahlberg.	:05 *** Stillwater ('21, Dra)	Camille Cottin, Matt Damon.							
STARZ	621	351	526	5:55 *** Ghostbusters: Afterlife ('21, Com)	Carrie Coon.	Becoming Elizabeth	*** Spider-Man: No Way Home ('21, Act)	Zendaya, Tom Holland.	:35 *** Ray ('04, Bio)	Kerry Washington, Jamie Foxx.							
USA	58	105*	242	Chicago P.D. "Doubt"	Chicago P.D. "Assets"	Chicago P.D. "Familia"	Chicago P.D. "Intimate Violence"	Chicago P.D. "Before the Fall"	Chicago P.D. "Lines"	Chicago P.D. "Buried Secrets"							

C - Charter; DISH - DISH; DTV - DirectTV
* Subscribers to DISH and DirectTV may see programming on select channels appear 3 hours earlier than listed.

SPORTS MOVIES NEWS

Sunday Evening

July 24, 2022

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
BROADCAST																	
KFFX 41D	11	-	11	King of Queens	King of Queens	Shazam "We Got a Barn-Burner!"	The Simpsons	Great North	Bob's Burgers	Family Guy	First at Ten (N)	Outdoors (N)	Modern Family	Modern Family	Two and a Half Men	Two and a Half Men	
KPTV	3	-	-	Family Feud	Family Feud	Shazam "We Got a Barn-Burner!"	The Simpsons	Great North	Bob's Burgers	Family Guy	10 O'Clock News (N)	News (N)	:35 Joel Osteen	:05 Greg Laurie	:35 Investigate TV		
KEPR 49D	2	19	19	Weekend News	News (N)	60 Minutes	Big Brother (N)	The Equalizer "Shooter"	NCIS: Los Angeles "MWD"	News (N)	Full Measure	Nashville (N)	Paid Program				
KOIN	19	-	-	NW Politics	News (N)	60 Minutes	Big Brother (N)	The Equalizer "Shooter"	NCIS: Los Angeles "MWD"	KOIN6News (N)	:35 Game On!	:05 Raw Travel	:35 Open House				
KNDU 49D	6	25	23	Local News (N)	Wheel Fortune	Who Are "Allison Janney" (N)	Dancing With Myself	WA Track & Field World Athletic Championships	Local News (N)	:35 In Touch	:05 Fam. Feud	:35 Paid Program					
KGW	8	-	-	NBC News (N)	Straight Talk	Who Are "Allison Janney" (N)	Dancing With Myself	WA Track & Field World Athletic Championships	KGW News (N)	:35 Sports	Small Town	Matter of Fact					
KVEW 42D	4	42	-	Storm "Cold and Calibrated"	Funnest Home Videos	Celebrity Family Feud (N)	The Final Straw (N)	The \$100,000 Pyramid (N)	S.W.A.T. "Kangaroo"	Castle "A Deadly Game"							