

DEAR ABBY

Grown child wants mom to move past divorce

Dear Abby: When my sibling and I were 6 and 10, our parents sat us down and told us they were getting a divorce because Dad had an affair. Mom was, to say the least, incredibly hurt. Her hurt and resentment haven't subsided to this day. Dad has never apologized to her, but he has supported her financially ever since.

Mom has tried therapy, but the minute a therapist upsets her, she stops going. My parents both now live near my sister to help care for her twins. Mom is constantly upset with things Dad does or that he's not friendly enough with her. She says he is nicer to strangers than he is with her.

I don't want to seem insensitive, but they have now been divorced longer than they were married. It's exhausting, and it is starting to feel like we are enabling her. I hate that what happened has defined the last two decades of her life. Is there something I can

say to communicate that it's way past time to be over this, but in a nicer way that may be helpful, and maybe won't leave her too much room to tell me I'm victim blaming?

— What's Past Has Passed

Dear What's Past: I, too, am sorry about what happened to your parents' marriage. That your mother has been unable to move beyond the divorce and quits therapy the minute a therapist says something she doesn't want to hear is very sad — for her. What you need to understand is that some people cling to their "victimhood" for comfort. It buffers them from having to recognize their own contribution to their failure.

Because you have tried in the past without success to help your mother let go of her bitterness, I'm advising you to stop trying.

For your own sake, when she starts complaining about your father, change the subject, end the conversation or tune out. Enabling her isn't helping either of you.

Dear Abby: My husband and I have a business and work together. He takes care of sales, and I keep the books. I have raised his children, scheduled all appointments and taken care of everyone's needs, including the pets. I also do all the cooking, cleaning, laundry, shopping, etc.

I tend to suffer from depression and need at least eight hours of sleep each night. Because of this, I work at the office only four to five hours a day. My husband cannot understand why I don't work eight to 10 hours a day. I get done what needs to be done. Of the many other businesses we've known, the wives

are expected to do this. How do I make him understand? — **Working Enough In California**

Dear Working Enough: From your description of your weekly activities, you are not only living up to normal expectations, but exceeding them. Explain to your husband that people are individuals. Human bodies don't all function alike. If he can't get that through his head, have your doctor explain it to him.

Has he considered what it would cost him to hire someone else to do all the jobs you are doing? Perhaps he should consider that before criticizing and flogging you to do more. Tell him you'll spend an extra hour or so at the office if he agrees to take up some of the slack at home.

P.S. I can understand why you "tend to suffer from depression." You are married to a slave driver.



JEANNE PHILLIPS
ADVICE

DAYS GONE BY

100 years ago — 1922

No more will it be possible for the sportsman with plenty of time and money to enjoy two or three deer seasons, or two or three pheasant seasons in Oregon. The change comes as a result of action by the state game commission yesterday which makes the seasons in all parts of the state uniform. This is the first time Oregon has had such provisions. "Modern transportation and good roads have eliminated sectional lines and made it possible for sportsmen to travel quickly from one part of the state to another and thus enjoy two or three open seasons," declared Captain A. E. Burghdoff, state game warden, in explaining the reasons for the commission's action. "This new rule of uniform seasons will prevent sportsmen from going from one part of the state to another to hunt and will help the game wardens in enforcing the law, as well as in helping to protect more game birds."

50 years ago — 1972

You have a dental appointment, but nobody to watch Susie while you get those fillings. Or you just want to get away from the kids for a while, and no baby sitter is available on the spur of the moment. Kiddie Korner Drop-in Center opening Tuesday at Hawthorne Court, 413 SW 13th St., will provide a place you can leave the youngsters, providing they're 2 to 10 years old. The center will be able to accommodate 24 to 30 chil-

dren at a time. But personnel at the center aren't interested in providing regular baby sitting services. "It's more of a service to parents who can't get a sitter on the spur of the moment," explained Lois Wilson, director of the Coordinated Community Child Care Council. Children can be left for a maximum of four hours. The charge will be 50 cents per hour per child. Snacks of milk, fruit, juice and cookies will be provided in the morning and evening.

25 years ago — 1997

Water is a bargain for Pendleton residents, according to a city survey. The city's water rates rank in the lower third statewide, and even if increases are approved, Pendleton will retain its low ranking, according to a comparative water-rate survey conducted by the city in April. Here's how Pendleton's rates compare to other Oregon cities: In Pendleton, a resident pays \$14.91 for 10,098 gallons of water. For the same amount of water, it costs \$26.66 in Ashland, \$14.33 in Bend, \$22.98 in The Dalles, \$15.45 in Hermiston and \$10.44 in La Grande. During the past year a Pendleton family of four used an average of 11,635 gallons of water each month. A resolution to increase water rates by 15 percent each of the next three years goes before the City Council Tuesday night. It's part of the city's proposal for saving money to help pay for construction of a water treatment plant and other renovations to the water system.

THIS DAY IN HISTORY

In 1778, American forces entered Philadelphia as the British withdrew during the Revolutionary War.

In 1812, the War of 1812 began as the United States Congress approved, and President James Madison signed, a declaration of war against Britain.

In 1815, Napoleon Bonaparte met defeat at Waterloo as British and Prussian troops defeated the French in Belgium.

In 1940, during World War II, British Prime Minister Winston Churchill urged his countrymen to conduct themselves in a manner that would prompt future generations to say, "This was their finest hour." Charles de Gaulle delivered a speech on the BBC in which he rallied his countrymen after the fall of France to Nazi Germany.

In 1971, Southwest Airlines began operations, with flights between Dallas and San Antonio, and Dallas and Houston.

In 1979, President Jimmy Carter and Soviet President Leonid I. Brezhnev signed the SALT II strategic arms

limitation treaty in Vienna.

In 1983, astronaut Sally K. Ride became America's first woman in space as she and four colleagues blasted off aboard the space shuttle Challenger on a six-day mission.

In 1986, 25 people were killed when a twin-engine plane and helicopter carrying sightseers collided over the Grand Canyon.

In 1992, the U.S. Supreme Court, in Georgia v. McCollum, ruled that criminal defendants could not use race as a basis for excluding potential jurors from their trials.

In 2010, death row inmate Ronnie Lee Gardner died in a barrage of bullets as Utah carried out its first firing squad execution in 14 years. (Gardner had been sentenced to death for fatally shooting attorney Michael Burdell during a failed escape attempt from a Salt Lake City courthouse.)

In 2011, Clarence Clemens, the saxophone player for the E Street Band who was one of the key influences in Bruce Springsteen's life and

music, died in Florida at age 69.

In 2020, the Supreme Court, in a 5-4 decision, rejected President Donald Trump's effort to end legal protections for 650,000 young immigrants.

Ten years ago: Former baseball star Roger Clemens was acquitted in Washington, D.C. on all charges that he'd obstructed and lied to Congress when he denied using performance-enhancing drugs. R.A. Dickey became the first major league pitcher in 24 years to throw consecutive one-hitters in the New York Mets' 5-0 victory over the Baltimore Orioles. (The previous pitcher to throw consecutive one-hitters was Dave Stieb for Toronto in September 1988.) Actor Victor Spinetti, 82, died in Wales; he had appeared in three 1960s Beatles films.

Five years ago: Charleena Lyles, a 30-year-old Black mother of four, was shot and killed by two white Seattle police officers after she called 911 to report a burglary; authorities said

Lyles had pulled a knife on the officers. Brooks Koepka closed with a 5-under 67 to win the U.S. Open for his first major championship.

One year ago: Iranians voted in a presidential election that would bring a landslide victory to the country's hard-line judiciary chief, Ebrahim Raisi, the protege of Supreme Leader Ayatollah Ali Khamenei; Raisi had already been sanctioned by the U.S., partly over his involvement in the mass execution of thousands of political prisoners in 1988.

Today's birthdays: Sir Paul McCartney is 80. Actor Linda Thorson is 75. Actor Isabella Rossellini is 70. Actor Carol Kane is 70. Actor Brian Benben is 66. Actor Andrea Evans is 65. Rock singer Alison Moyet is 61. Figure skater Kurt Browning is 56. R&B singer Nathan Morris (Boyz II Men) is 51. Actor Mara Hobel is 51. Actor Alana de la Garza is 46. Actor David Giuntoli is 42. Actor Renee Olstead is 33. Actor Jacob Anderson is 32. Actor Willa Holland is 31.

7 LITTLE WORDS

Find the 7 words to match the 7 clues. The numbers in parentheses represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

CLUES	SOLUTIONS
1 off the cuff (11)	_____
2 hot under the collar (7)	_____
3 bursting at the seams (11)	_____
4 hem and haw (10)	_____
5 tighten one's belt (9)	_____
6 having deep pockets (7)	_____
7 up one's sleeve (6)	_____

FUR	THY	IO	TANE	OV
EQUI	ERS	OUS	VOC	WEAL
TUFF	IZE	US	ATE	ED
HID	NOM	DEN	SPON	ECO

Today's Answers: 1. SPONTANEOUS 2. FURIOUS 3. OVERSTUFFED 4. EQUIVOCATE 5. ECONOMIZE 6. WEALTHY 7. HIDDEN

WORD★Roundup™

by David L. Hoyt & Jeff Knurek

Find and Circle...

- Four words with two U's
- Three birds starting with P
- IRS: _____
- Three car companies
- Procedure; way

Answers to Saturday's puzzle: CHEKOV SCOTTY MCCOY UHURA SPOCK KIRK SULU / BULGARIA BELARUS BRUNEI / VIRGO LIBRA / HORSE ZEBRA / FIRST

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G Q I P A R R O T M R H
A U P N H O N D A E E S
U A R E T F T C C T V E
T D V U L E U L B H E R
U Z J W J I R N Q O N V
M A F O R D C N G D U I
N M U S E U M A A U E C
D R J P I G E O N L S E

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