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Kathy Aney/East Oregonian, File

Hermiston's Carson Bradshaw (in white) comes out of a faceoff with control of the ball while playing Hanford on March 25, 2022, at Kennison Field, Hermiston. Bradshaw is heading to Kansas City, Missouri, to play lacrosse at Rockhurst University.



PHS hires Foster to coach the girls basketball team

He had been an assistant for 2 seasons

By ANNIE FOWLER East Oregonian

PENDLETON --- Pend-leton High School didn't have to look any further than its own gym to find its new girls basketball coach.

The Pendleton School District on Friday, May 6, hired Tim Foster to take over for Kevin Porter, who stepped down at the end of last year after six seasons.

"Tim has been on the basketball staff for the past two years and does a great job coaching his athletes," Pendleton Athletic Director Mike Somnis said. "Tim is a guy who is universally respected by

our kids and teachers. Being on our teaching staff has allowed him to connect with our student-athletes and develop great relationships with the kids as he begins his tenure as our head girls basketball coach."

Foster said he was surprised when Porter stepped down.

"It was something that was unexpected," Foster said of Porter's resignation. "When he said he was going to resign, I considered it immediately. These jobs don't come along very often. It was a no brainer, whether I got it or not. Kevin is really good with the recession when things weren't going well in the Portland area," Foster said of moving to a small town in Central Oregon. "I got lucky, my wife (Lynn) was game for it. It all started there."

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He then moved on to Nestucca High School, where he spent seven years as a teacher, girls basketball coach, football coach and middle school track coach.

"Both situations were similar," Foster said of his previous jobs. "I came into Mitchell and they had won two games the year before. You deal with four or five

kids who would be there all four years. We won a High Desert League playoff game for the first time in 15 years in 2013."

starting with the fundamentals was first and foremost.

Nestucca, we won one game," Foster said. "The last couple of years we had nine teams in our league and we finished third twice. We taught kids how to play and we were competitive every night."

Foster believes his past experience will help him with his new responsibilities

a little bit," Foster said. "Leading a program is not new to me, but this one is a bigger program with more teams to oversee. You always have to be learning and picking up new tricks. I hope to continue to grow as a coach and get better. Foster grew up in Hillsboro, where he played football, basketball and track. He also wrestled for one year. He went to Pacific University, where he participated in track for two years

Foster

At both schools,

"The first year at

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By ANNIE FOWLER

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Carson Bradshaw's first memory of playing lacrosse is when his dad Lucas had to force him to

get in the truck for tryouts. He was 9 years old.

Now, Bradshaw is the last man off the field, staying late after practice to work on his game.

It's all paid off for the Hermiston senior, who will take his talents to Rockhurst University in Kansas City, Missouri.

"The kid's work ethic is out of this world," Hermiston coach Jacob Arnold said. "We get done with practice, and he stays another 45 minutes. Then he and Vinny (Trevino) go over and help the youth kids.

This group of seniors is an amazing group. They give 100 percent at practice and games, then turn around and give back to the youth program."

Rockhurst coach Kevin Kelly said he was sold on Bradshaw when he saw video of him play.

"We saw Carson's ability to face-off and then become instant offense," Kelly said. "He simply just gets the job done, and we loved that about him. He's also a tremendous student and we are a high academic institution, so it was a natural fit."

Bradshaw is the third Hermiston lacrosse player this spring to sign to play in college. Trevino is going to Newberry College, and Andrew Guerrero will play at Adams State University.

A 5-foot-9, 170-pound face-off man/ midfielder, Bradshaw said Kelly reached out to him about playing for the Hawks.

"Their coach emailed me and he said a bunch of their face-off guys got hurt and they need someone to come in right away," Bradshaw said. "They have a

good medical program there (he wants to be an emergency room doctor), and they have a good lacrosse team. It was a good fit for me. It's pretty expensive and far from home, but the pros outweigh the cons. I got a good athletic and educational scholarship, which made it easier too.'

Rockhurst University is a private Jesuit university founded in 1910.

The Hawks compete at the NCAA

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- Carson Bradshaw, Hermiston High School senior

Division II level in the Great Lakes Valley Conference. They finished 8-6 overall this season, including an 11-4 loss to Lindenwood in the GLVC Tournament semifinals.

"I hope I can make a big impact my first year there," Bradshaw said. "It's out of my comfort zone but I am excited. I just want to see what's on the other side of the country. They are a good team, that's why I decided to take their offer. I hope I can get in there and do good things and take it all the way. Even a

conference title would be nice."

Bradshaw said he hasn't visited the campus yet, but plans to this summer.

"I hope to go this summer and hang out with a couple of friends I know down there," he said. "I played Impulse Lacrosse (in Oklahoma) with Harrison Hayes. He is super cool. Vinny is the one who introduced me to team stuff. They were all super cool down there, they made it super easy."

The Hawks are getting a quality player in Bradshaw, who leads the Bulldogs (13-1) with 51 goals, 37 assists, 210 ground balls and he's won 90% of his face-offs.

Hermiston opens the 3A state playoffs Saturday, May 14, at Peninsula.

"He is very quick, and the most humble player I have ever coached," Arnold said. "He doesn't gloat, he just goes on the field and does his job. If he takes what he brought to Hermiston, he will definitely be an impact player for them. I think he will be a great college player."

Kelly, who noted that Bradshaw is Rockhurst's first Oregon recruit, plans on Bradshaw playing as a true freshman.

"We see Carson as having the opportunity to step on the field immediately, whether it's at the face-off X as a freshman, or both at the X and at offensive midfield," he said. "In our early evaluation, we think he'll be an impact player for all four years."

College lacrosse has been on Bradshaw's radar since he played for the Mud Dawgs when he was younger. He looked at several schools, including ones that offered lacrosse as a club sport, before choosing Rockhurst.

Bradshaw also played football up until eighth grade and played his sophomore year in high school. He also ran cross-country for the Bulldogs, but he always gravitated back to lacrosse.

"It was my calling," Bradshaw said. "I wanted to take it all the way."



Xs and Os, especially with his set plays and out-ofbounds plays. We saw eye to eye with team stuff."

Somnis said Foster's years of coaching before he came to Pendleton played in his favor.

"He has almost a decade of varsity coaching experience in Oregon and has some great ideas for enriching and growing basketball in Pendleton from the youth levels up through our high school teams," Somnis said.

After graduating from Pacific University, Foster spent three years at Mitchell High School as a teacher, athletic director, girls basketball coach, football coach and track coach.

degree. Foster, his wife and sons Joe (seventh grade) and Ty (fourth grade), moved to Pendleton in the summer of 2020.

and received his teaching

He is teaching English this year, but come fall he will be the director at Hawthorne Alternative High School.

He also has been a volunteer coach with the high school junior varsity football team.

"It was in the middle of

ON THE SLATE

Schedule subject to change

TUESDAY, MAY 10

Prep baseball

Joseph at Weston-McEwen (2), 3 p.m.

McLoughlin at Umatilla (2), 3 p.m. Grant Union at Pilot Rock, 4 p.m. Stanfield/Echo at Union, 4 p.m. Ridgeview at Pendleton, 4:30 p.m.

Prep softball

Umatilla at McLoughlin (2), 4 p.m. La Grande JV at Irrigon, 4 p.m. Ridgeview at Pendleton, 4:30 p.m.

Bovs soccer

3A District 8 playoffs: Ridgeline at Hermiston, 4 p.m.

Prep golf

Heppner, Echo at district championships, Birch Creek Golf Club, TBD

Pendleton girls at district championships, Great Blue at Heron Lakes, Portland, 9:45 a.m.

WEDNESDAY, MAY 11

College baseball Spokane at Blue Mountain (2), 1 p.m.

Prep tennis

Pendleton boys and girls at IMC district tournament, Redmond

THURSDAY, MAY 12

Prep baseball Sherman at Pilot Rock, 4 p.m. FRIDAY, MAY 13 Prep baseball Riverside at Umatilla, 1 p.m.

Heppner at Lyle (2), 2 p.m. Irrigon at Vale (2), 2 p.m. (MT) Ontario at McLoughlin (2), 3 p.m.

Prep softball

Riverside at Umatilla, 1 p.m. Irrigon at Vale (2), 2 p.m. (MT) Heppner/lone at Union (2), 2 p.m. Echo/Stanfield at Weston-McEwen (2), 2 p.m. Grant Union at Pilot Rock (2), 2 p.m. Ontario at McLoughlin (2), 3 p.m.

Track and field

Griswold, Ione at 1A-SD3 Championships, Wasco County, noon MCC Championships at Hermiston, 3 p.m. Pendleton at IMC Championships, Prineville, 4:30 p.m. Heppner, Pilot Rock, Stanfield/ Echo at District 2A-5 Championships, Weston-McEwen, 11 a.m. Irrigon, Riverside, Umatilla at 3A-SD3 Championships, La Pine, 3 p.m.

Prep tennis

Pendleton boys and girls at IMC district tournament, Redmond

College softball

Columbia Basin at Blue Mountain (2), 2 p.m.