SCREEN time ▶

Monday Evening — March 21, 2022

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
								BROADCAST									
KFFX	11	-	11	Seinfeld	Seinfeld	Last Man St.	Last Man St.	9-1-1 "Outside Looking In" (N)		9-1-1 "Prince Albert in a Can" (N)		First at Ten (N)	:35 Modern	:05 Modern	:35 Molly	:05 2½ Men	:35 Mom
KPTV	3	-	-	6 O'Clock News (N)		People	Family Feud	9-1-1 "Outside Looking In" (N)		9-1-1 "Prince Albert in a Can" (N)		10 O'Clock News (N)		News (N)	:35 People	:05 TMZ Live! (N)	
KEPR	19	2 19	19	News (N)	Inside Ed. (N)	The Big Bang	The Simpsons	Nbhood (N)	Bob Hearts (N)	NCIS "The Wake" (N)		NCIS: Hawai'i "Breach" (N)		News (N)	:35 The Late Show	:35 James Corden	
KOIN	19	-	-	News (N)	News (N)	Extra (N)	Ent. Tonight	Nbhood (N)	Bob Hearts (N)	NCIS "The Wake" (N)		NCIS: Hawai'i "Breach" (N)		KOIN6News (N)	:35 The Late Show	:35 James Corden	
KNDU	25	6 25	23	Local News (N)	Family Feud	Wheel (N)	Jeopardy! (N)	American Song Contest "The Qualifiers Premiere" (P) (N)				The Endgame "Gold Rush" (N)		Local News (N)	:35 The Tonight Show	:40 Seth Meyers	
KGW	8	-	-	KGW News (N)	KGW News (N)	The Good Stuff	Inside Ed. (N)	American Song Contest "The Qualifiers Premiere" (P) (N)				The Endgame "Gold Rush" (N)		KGW News (N)	:35 The Tonight Show	:35 Seth Meyers	
KVEW	42	4 42	-	News (N)	News (N)	Ent. Tonight	Extra (N)	American Idol "Auditions" (N)				Good Doctor "The Family" (N)		News (N) /:05 Jimmy Kimmel	:10 Nightl. (N)	:35 Right This Minute	
KATU	5	-	-	KATU News at 6:00 p.m. (N)		Jeopardy! (N)	Wheel (N)	American Idol "Auditions" (N)				Good Doctor "The Family" (N)		News (N)	:35 Jimmy Kimmel Live	:35 Nightline (N)	
KTNW	-	31	31	PBS NewsHour (N)		Chateau "Camper Van"		Antiques Roadshow (N)		Midsomer Murders		Bring Her Home (N)		Amanpour and Company (N)		News (N)	Joy of Painting
OPB	59	13	-	This Old House	Outside Source	Antiques Roadshow (N)		Ore. Experience	Ore. Experience	Antiques Roadshow		Bring Her Home (N)		PBS NewsHour			
								CABLE									
A&E	52	118²	265	5:00 First 48 "Chain of Death"		Secrets Playboy "Predators' Ball"		Playboy "The Shadow Mansions"		Secrets of Playboy (N)		Chippen "Strip the Layers" (N)		:05 Playboy "Predators' Ball"		:05 Playboy "The Shadow Mansions"	
AMC	60	131¹	254	5:30 ☆ ★★ Armageddon (1998, Adventure) Liv Tyler, Ben Affleck, Bruce Willis.					Killing Eve (N)		☆ ★★ The Negotiator (1998, Action) Kevin Spacey, David Morse, Samuel L. Jackson.							
DISC	51	182²	278	Street Outlaws "Last Chance"		Street Outlaws "Last Chance"		Street Outlaws						Street Outlaws: Gone Girl		Street Outlaws	
FNC	66	205⁵	360	Hannity (N)		The Ingraham Angle (N)		Gutfeld! (N)		Fox News @ Night (N)		Tucker Carlson Tonight		Hannity		The Ingraham Angle	
FOOD	61	110⁴	231	Beat Flay	Beat Flay	Beat Flay	Beat Flay	Spring Baking Championship (N)		The Julia Child Challenge (N)		Spring Baking Championship (N)		Big Bake "Treehouse of Treats"		Baking "Unexpected Spring Surprises"	
HBO	518	303	504	Winning Time		☆ ★★ Free Guy ('21, Act) Jodie Comer, Lil Rel Howery, Ryaan Reynolds.				The Gilded Age (N)		:05 My Brilliant Friend (N)		The Gilded Age		:05 My Brilliant Friend	
HIST	50	120⁴	269	Ancient Aliens "Element 115"		History's Greatest Mysteries		History's Greatest Mysteries		History's Greatest Mysteries (N)		I Was There (N)		:35 WasThere	:05 History's Greatest Mysteries	:05 Mysteries "The Amityville Horror"	
ROOT	37	-	-	4:00 Basket.	Post-game	Pre-game		NBA Basketball Portland Trail Blazers at Detroit Pistons Site: Little Caesars Arena				Post-game		Kraken Hockey	Inside Kraken	Fight Sports: In 60	Fight Sports: In 60
SHOW	578	319	546	:15 ☆ ★★★ The Vow ('12, Dra) Channing Tatum, Rachel McAdams.				Super Pumped: Uber "Boober"		☆ Violet (2021, Drama) Luke Bracey, Olivia Munn.		:35 Super Pumped "Boober"		:35 Billions "Hindenburg"		The Circus	
STARZ	621	351	526	:55 ☆ ★★ Mr. and Mrs. Smith ('05, Act) Angelina Jolie, Brad Pitt.				Outlander "Temperance"		:05 Shining	:40 Power Book IV: Force	:35 ☆ ★★★ Safe House ('12, Act) Denzel Washington.				:35 Power Book IV	
USA	58	105⁴	242	Chicago P.D.		Chicago "Emotional Proximity"		WWE Raw (N)								Tempt Island "Don't Tempt Me"	:05 Law&O: SVU "Gambler's Fallacy"

C – Charter; DISH – DISH; DTV – DirecTV
* Subscribers to DISH and DirecTV may see programming on select channels appear 3 hours earlier than listed.

SPORTS | MOVIES | NEWS

Tuesday Evening — March 22, 2022

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
								BROADCAST									
KFFX	11	-	11	Seinfeld	Seinfeld	Last Man St.	Last Man St.	iHeartRadio Music Awards (N)				First at Ten (N)	:35 Modern	:05 Modern	:35 Molly	:05 2½ Men	:35 Mom
KPTV	3	-	-	6 O'Clock News (N)		People	Family Feud	iHeartRadio Music Awards (N)				10 O'Clock News (N)		News (N)	:35 People	:05 TMZ Live! (N)	
KEPR	19	2 19	19	News (N)	Inside Ed. (N)	The Big Bang	Simpsons 1/2	FBI "Scar Tissue" (N)		FBI: Int. "The Kill List" (N)		FBI: Most Wanted "Incel" (N)		News (N)	:35 The Late Show	:35 James Corden	
KOIN	19	-	-	News (N)	News (N)	Extra (N)	Ent. Tonight	FBI "Scar Tissue" (N)		FBI: Int. "The Kill List" (N)		FBI: Most Wanted "Incel" (N)		KOIN6News (N)	:35 The Late Show	:35 James Corden	
KNDU	25	6 25	23	Local News (N)	Family Feud	Wheel (N)	Jeopardy! (N)	Young Rock (N)	Mr. Mayor (N)	This Is Us "The Hill" (N)		Pam "She's a Star Witness" (N)		Local News (N)	:35 The Tonight Show	:40 Seth Meyers	
KGW	8	-	-	KGW News (N)	KGW News (N)	The Good Stuff	Inside Ed. (N)	Young Rock (N)	Mr. Mayor (N)	This Is Us "The Hill" (N)		Pam "She's a Star Witness" (N)		KGW News (N)	:35 The Tonight Show	:35 Seth Meyers	
KVEW	42	4 42	-	News (N)	News (N)	Ent. Tonight	Extra (N)	Judge Steve Harvey (N)		Abbott (N)	Black-ish (N)	To Tell the Truth (N)		News (N) /:05 Jimmy Kimmel	:10 Nightl. (N)	:35 Right This Minute	
KATU	5	-	-	KATU News at 6:00 p.m. (N)		Jeopardy! (N)	Wheel (N)	Judge Steve Harvey (N)		Abbott (N)	Black-ish (N)	To Tell the Truth (N)		News (N)	:35 Jimmy Kimmel Live	:35 Nightline (N)	
KTNW	-	31	31	PBS NewsHour (N)		Good Shape (N)	Global 3000 (N)	Your Roots "Hollywood Royalty"		Own Words "Angela Merkel"		Own Words "Angela Merkel"		Amanpour and Company (N)		News (N)	The Chavis Chronicles
OPB	59	13	-	Ask-Old House	Outside Source	PBS NewsHour (N)		Your Roots "Hollywood Royalty"		Frontline "Pelosi's Power" (N)		Own Words "Angela Merkel"		Quest for Beauty		Attachments of Life	
								CABLE									
A&E	52	118²	265	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage W. (N)	Storage W. (N)	Deep Fried (N)	Deep Fried (N)	:05 Storage W.	:35 Storage W.	:05 Storage W.	:35 Storage Wars
AMC	60	131¹	254	5:15 ☆ Triple 9 ('16, Cri) Chiwetel Ejiofor, Casey Affleck.				☆ ★★ The A-Team (2010, Action) Bradley Cooper, Jessica Biel, Liam Neeson.				:45 ☆ ★★ G.I. Jane (1997, Drama) Viggo Mortensen, Anne Bancroft, Demi Moore.					
DISC	51	182²	278	Street Outlaws: Gone Girl		Street Outlaws: Full Throttle (N)		OutlawsGirl "Cali Confusion" (N)		Street Outlaws "The First Spot"		Street Outlaws		StreetOutlawsGirl "Cali Confusion"			
FNC	66	205⁵	360	Hannity (N)		The Ingraham Angle (N)		Gutfeld! (N)		Fox News @ Night (N)		Tucker Carlson Tonight		Hannity		The Ingraham Angle	
FOOD	61	110⁴	231	Chopped "An Ugly Turn"		Chopped		Chopped "Hot Dog Hotshots"		Chopped (N)		Chopped		Chopped "Blue Plate Fate"		Chopped "Deep-Fried Deliciousness"	
HBO	518	303	504	5:50 Bill Maher	:50 The Gilded Age	☆ ★★ The Many Saints of Newark ('21, Cri) Alessandro Nivola.				Real Sports (N)		Winning Time		Game Theory	☆ ★★★ Hellboy	
HIST	50	120⁴	269	Curse Oak Island "Gold Diggers"		Oak Island "Blast from the Past"		Oak Isl. "Playing the Dunfield"		The Curse of Oak Island (N)		:05 Beyond Oak Island (N)		:05 The Curse of Oak Island		:05 Oak Island "Playing the Dunfield"	
ROOT	37	-	-	KrakenWU (N)	Kraken Pre-	NHL Hockey Seattle Kraken at Arizona Coyotes Site: Gila River Arena (L)				Kraken Post		MLB Baseball Spring Training Oakland Athletics vs. Seattle Mariners Site: Peoria Stadium -- Peoria, Ariz.					
SHOW	578	319	546	Movie		:45 ☆ ★★★ Serpico (1973, Drama) Tony Roberts, John Randolph, Al Pacino.				☆ American Insurrection (2021, Drama)		☆ ★★ Mainstream ('20, Dra) Andrew Garfield.		:35 Billions	
STARZ	621	351	526	5:50 ☆ ★★ The Legend of Bagger Vance Will Smith.				☆ Barbara Lee: Speaking Truth to Power		:25 Ruth: Justice Ginsburg in Her Own Words		Shining Vale	☆ The House Next Door: Meet The Blacks 2 Mike Epps.				
USA	58	105⁴	242	SVU "Chicago Crossover"		Law&O: SVU "Spousal Privilege"		WWE NXT (N)				:10 America's Got Talent: Extreme (N)				:10 Law&O: SVU "Padre Sandunguero"	

C – Charter; DISH – DISH; DTV – DirecTV
* Subscribers to DISH and DirecTV may see programming on select channels appear 3 hours earlier than listed.

SPORTS | MOVIES | NEWS

Weekday Daytime — March 16, 2022 to March 22, 2022

	CH	DISH	DTV	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
														BROADCAST														
KFFX	11	-	11	Various	AgDay	Good Day				25 Words	25 Words	Tamron Hall		Maury		Dateline		Law&Order: SVU		Judge Mathis		The People's Court		Queens	Queens	2 Broke	2 Broke
KPTV	3	-	-	Good Day Oregon		Good Day Oregon				Good Day		Rachael Ray		Kelly Clarkson		Wendy Williams		The People's Court		Judy	Judy	4 O'Clock News		5 O'Clock News			
KEPR	19	2 19	19	News	News	CBS Mornings				Clarkson/ Basket.		Price R.		Y & R		Basket.		Judy	B & B	The Talk		Make Deal/ Price R.		Dr. Phil		Judy	Judy	News	News
KOIN	19	-	-	KOIN 6 News		CBS Mornings				Make Deal/ Basket.		Price R.		Y & R		Basket.		News	B & B	The Talk		The 700 Club		Dr. Phil/ News		News/ Basket.		News	News
KNDU	25	6 25	23	4:30 Wake Up NW		Today				Today III		Hoda and Jenna		Wendy Williams		Jeopardy!		Days of Our Lives		Hoda and Jenna		Ellen DeGeneres		News	News
KGW	8	-	-	KGW News		Today				Today III		Hoda and Jenna		Blast	Blast	News	Paid	Days of Our Lives		Blast	Various	Ellen DeGeneres		KGW News at 4		News	News
KVEW	42	4 42	-	News	News	Good Morning America				Live		The View		Paid	Minute	You Need to Know		General Hospital		The Doctors		Rachael Ray		The Good Dish		News	News
KATU	5	-	-	5:00 KATU News		Good Morning America				AM Northwest		The View		Live		You Need to Know		General Hospital		Afternoon Live		Drew Barrymore		KATU News First		News	News
KTNW	-	31	31	Stretch	Yoga	Molly	Wild K.	Hero Ele	Alma	Movie		D.Tiger	Donkey	Elinor W	Sesame	Sit Fit		Amanpour/ Masterp.		Various		Stretch	Let's Go	Cat	Wild K.	Alma	Xavier	O. Squad	News
OPB	59	13	-	Stretch	Molly	Alma	Movie		D.Tiger	Donkey	Elinor W	Clifford	Xavier	Sesame	DinoT	Various	Various	Various	Various	PinkaPet	Arthur	O. Squad	Wild K.	Various	Various	Various	Various
														CABLE														
A&E	52	118²	265	David J.	Life	P. Wars	P. Wars	P. Wars	P. Wars	P. Wars	P. Wars	Various		Neighbor	Various	Various		Various		Various		Various		CourtC.		Various	CourtC.
AMC	60	131¹	254	Paid Program		Paid Program		Paid Program		Various		Various (Mon) ☆ A Few ...	(Wed) ☆ Casino		(Thu) ☆ Jack Ry.......	(Mon) ☆ Road H......	Movie		Movie		Movie		(Mon) ☆ ★★★ Twister (1996, Action)		Various	Movie
DISC	51	182²	278	Various		The Repair Shop		The Repair Shop		Repair/ Outlaws		Various				Various		Various		Various		Various		Various		Moonsh./ Rush	
FNC	66	205⁵	360	America's Newsroom				Faulkner Focus		Outnumbered		America Reports				The Story		Your World		The Five		Special Report		Jesse Watters		Tucker Carlson	
FOOD	61	110⁴	231	Paid	Paid	Paid	Paid	Various	Various	Various	Various	Various	Various	Pioneer	Various	Pioneer	Various	BeatFlay	Various	BeatFlay	Various	BeatFlay	Various	BeatFlay	Various	BeatFlay	BeatFlay
HBO	518	303	504	Various		(Thu) :45 ☆ In th...		Movie		Movie		(Wed) :25 ☆ The...		Movie		Movie		Movie		Movie		Movie		(F) Theory	Various	Winning	Gilded
HIST	50	120⁴	269	Amazing	David J.	Various		Pawn	Various	Pawn	Various	Pawn	Various	Pawn	Various	Pawn	Various	Various		Various		Various		Various		Various	
ROOT	37	-	-	Paid	Paid	Paid	Paid	Paid	Paid	Various	Various	Golf		Various		Perfect	Various	MASL		Various		Basket.		Perfect		Pre-game	Various
SHOW	578	319	546	Movie		Movie		Movie		Various		(Thu) :45 ☆ Lette...		Movie		Various		Movie		(Wed) ☆ The Ma...		Movie		(Thu) ☆ What Br...		Movie	Movie
STARZ	621	351	526	Movie		Movie		Movie		Various		Movie		(Thu) ☆ Black ...		Movie		Movie		(Fri) ☆ Black ...		Movie		(Tue) ☆ The		Movie	Movie
USA	58	105⁴	242	NCIS:LA	NCIS:LA	NCIS		NCIS: LA	Various	Chi.Fire		Various		Chi.Fire	Various	Chi.Fire	Various	EPL Live	Various			Various		Various		Various	

C – Charter; DISH – DISH; DTV – DirecTV
* Subscribers to DISH and DirecTV may see programming on select channels appear 3 hours earlier than listed.

SPORTS | MOVIES | NEWS

Wednesday Evening — March 16, 2022

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
								BROADCAST									
KFFX	11	-	11	Seinfeld	Seinfeld	Last Man St.	Last Man St.	The Masked Singer (N)		Domino Masters (N)		First at Ten (N)	:35 Modern	:05 Modern	:35 Molly	:05 2½ Men	:35 Mom
KPTV	3	-	-	6 O'Clock News (N)		People (N)	Family Feud	The Masked Singer (N)		Domino Masters (N)		10 O'Clock News (N)		News (N)	:35 People	:05 TMZ Live! (N)	
KEPR	19	2 19	19	News (N)	Inside Ed. (N)	The Big Bang	The Simpsons	Survivor "Good and Guilty" (N)		Beyond the Edge (P) (N)		FBI "Trigger Effect"	News (N)	:35 The Late Show	:35 James Corden	
KOIN	19	-	-	News (N)	News (N)	Extra (N)	Ent. Tonight (N)	Survivor "Good and Guilty" (N)		Beyond the Edge (P) (N)		FBI "Trigger Effect"	KOIN6News (N)	:35 The Late Show	:35 James Corden	
KNDU	25	6 25	23	Local News (N)	Family Feud	Wheel (N)	Jeopardy! (N)	Chicago Med (N)		Chicago Fire "Hot and Fast" (N)		Chicago P.D. "Closer" (N)		Local News (N)	:35 The Tonight Show	:40 Seth Meyers	
KGW	8	-	-	KGW News (N)	KGW News (N)	The Good Stuff	Inside Ed. (N)	Chicago Med (N)		Chicago Fire "Hot and Fast" (N)		Chicago P.D. "Closer" (N)		KGW News (N)	:35 The Tonight Show	:35 Seth Meyers	
KVEW	42	4 42	-	News (N)	News (N)	Ent. Tonight (N)	Extra (N)	Goldberg (N)	Wonder (N)	The Conners (N)	Home Ec. (N)	Things "Little White Lies" (N)		News (N) /:05 Jimmy Kimmel	:10 Nightl. (N)	:35 Right This Minute	
KATU	5	-	-	KATU News at 6:00 p.m. (N)		Jeopardy! (N)	Wheel (N)	Goldberg (N)	Wonder (N)	The Conners (N)	Home Ec. (N)	Things "Little White Lies" (N)		News (N)	:35 Jimmy Kimmel Live	:35 Nightline (N)	
KTNW	-	31	31	PBS NewsHour (N)		Moonshine (N)	Articulate	Nature		Nova "Looking for Life on Mars"		Expediti "No Turning Back" (N)		Amanpour and Company (N)		News (N)	Native Report
OPB	59	13	-	Woodshop	Outside Source	PBS NewsHour (N)		Nature		Nova "Looking for Life on Mars"		Skyscrape "Building the Future"		Expediti "No Turning Back" (N)		PBS NewsHour (N)	
								CABLE									
A&E	52	118²	265	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam (N)	Court Cam (N)	Neighbor (N)	Neighbor (N)	:05 Court Cam	Court Cam	:05 Court Cam	:35 Court Cam
AMC	60	131¹	254	5:30 ☆ ★★★ Die Hard II: Die Harder ('90, Act) Bruce Willis.				☆ ★★★ Die Hard With a Vengeance (1995, Action) Samuel L. Jackson, Graham Greene, Bruce Willis.				☆ Live Free or Die Hard ('07, Action) Justin Long, Bruce Willis.					
DISC	51	182²	278	Moonshiners "Broken Spanish"		Moonshiners "Moo Shine" (N)		Moonshiners "It Takes Amanda" (N)				:05 Bee Czar "Bee the Tree" (N)		:05 MasterDistiller		Moonshiners "It Takes Amanda"	
FNC	66	205⁵	360	Hannity (N)		The Ingraham Angle (N)		Gutfeld! (N)		Fox News @ Night (N)		Tucker Carlson Tonight		Hannity		The Ingraham Angle	
FOOD	61	110⁴	231	Guy's Game "Pizza Play-Offs"		Guy's Game "Cheesiest"		Guy's Grocery Games (N)		Game "Battle of the Bacon"		Game "Five-Star Showdown"		Game "Single Shop Showdown"		Game "Craziest Day in Flavortown"	
HBO	518	303	504	Game Theory	☆ ★★★ Tenet ('20, Sci-Fi) Robert Pattinson, John David Washington.					Phoenix Rising "Stand Up" (N)		Gilded "Tucked Up in Newport"	:25 Brilliant	:20 ☆ ★★ Admission Tina Fey.			
HIST	50	120⁴	269	Forged in Fire "Damascus 500"		Forged in Fire		Forged in Fire		Forged in Fire		Forged in Fire (N)		:05 Forged in Fire		:05 Forged in Fire	
ROOT	37	-	-	4:30 NBA Basketb. Por./N.Y. (L)		Post-game	Pre-game	NBA Basketball Portland Trail Blazers at New York Knicks				Post-game		In Depth	Sports Stars	The Immortals	The Shortlist
SHOW	578	319	546	5:35 ☆ ★★ Footloose ('84, Dra) Kevin Bacon.		☆ ★★★ Empire Records ('95, Com) Liv Tyler.		☆ ★★★ The Diary of a Teenage Girl Bel Powley.		:45 ☆ ★★ Mainstream ('20, Dra) Maya Hawke, Andrew Garfield.				Super Pumped: Uber	
STARZ	621	351	526	5:45 Book IV	:40 Outlander "Allegiance"			:55 ☆ ★★ Mr. and Mrs. Smith ('05, Act) Angelina Jolie, Brad Pitt.		Outlander "Allegiance"		:15 Power Book IV: Force		:15 ☆ ★★★ Stop-Loss Ryan Phillippe.			
USA	58	105⁴	242	:20 SVU "Heartfelt Passages"		:20 SVU "Chasing Theo"		:15 Law & Order: S.V.U.		Temptatn "Don't Tempt Me" (N)		Court "First Impressions" (P) (N)		:05 Law&O: SVU "Jersey Breakdown"			

C – Charter; DISH – DISH; DTV – DirecTV
* Subscribers to DISH and DirecTV may see programming on select channels appear 3 hours earlier than listed.

SPORTS | MOVIES | NEWS