

DEAR ABBY

Relative's well-wishes have become burdensome

DEAR ABBY: I am blessed to have a wonderfully supportive family, which includes my and my husband's siblings. I was recently scheduled for major abdominal surgery. For the weeks leading up to it, I quietly went about preparing the house and putting systems in place so I could be absent, but otherwise tried not to dwell on the upcoming unpleasantness.

Most of my support people checked in occasionally to see how I was doing or if I needed anything. One sister-in-law, however, has been over-the-top. She sends cards, texts, flowers and calls. I appreciate her support, but it's too much. The cards always say the same thing — "heal gently" and "these are the good old days of medicine." In the weeks leading up to surgery and afterward, I have received nearly a dozen cards, plus her texts, etc.

Is there a nice way to let her know it is too

much and I'm tired? My body reminds me every day that I'm healing, but slowly. I don't want the attention and the reminder that I'm not yet where I'd like to be. Please let me know if there's a polite, graceful way to make it stop.

— PROGRESSING IN CALIFORNIA

DEAR PROGRESSING: A "nice" way to phrase it might be to say, "Honey, I am grateful for all the support you've been giving me, but the surgery is behind me now, and I am slowly regaining my strength. Please don't send me any more get-well cards — the dozen you have sent have already worked their magic."

DEAR ABBY: I am writing because I'm concerned about my husband's drinking. We have been married 35 years and we love each

other very much. We are both retired. He drinks at least a six-pack a day. Although he doesn't appear to be intoxicated, I know this has to mean he is an alcoholic. Because he doesn't drink and drive, he thinks this is fine. Besides being unhealthy and giving him a huge beer gut, it's expensive. Your thoughts, please. — CONCERNED WIFE IN GEORGIA

DEAR WIFE: Schedule your and your husband's "annual medical checkups," regardless of how long they may have been delayed. Before you go in, the doctor should be informed that your beloved hubby imbibes a six-pack per day — at the very least. Whether this will motivate the doctor to encourage him to quit or cut back is anybody's guess, but I am hopeful.



JEANNE PHILLIPS ADVICE

DAYS GONE BY

100 years ago — 1922

Murder in the first degree for the death of Matt Jepson is the charge against Charles Vonderahe, Freewater man, who is now held in the county jail. The crime for which Vonderahe is held has been one of the darkest mysteries in the annals of Umatilla county murders, and his arrest is the result of an investigation carried on for six months by Burns detectives. The body of Jepson, 63-year-old recluse, was found near his dugout on Government Mountain 16 miles from Milton, on August 13, 1921. The motive for the murder, according to the theory entertained by the authorities, was revenge. Jepson was said to be opposed to moonshining and information given by him is said to have been responsible for the arrest in May of Vonderahe, who paid a fine of \$400 when he pleaded guilty to the charge of operating a still not far from Jepson's ranch. Three brothers of the accused man expressed great surprise at the charge and declared they will stand by him, claiming the family knew Jepson for 30 years and were friends and neighbors.

50 years ago — 1972

Mother Nature offers farmers an easy do-it-yourself project that takes no effort at all. By sitting back and continuing to farm in the same old ways, a man can turn rich farmland into wasteland. Depending on the soil depth, the project can be accomplished in just a few years, or, in parts of Eastern

Oregon, in a few generations. Long-time soil measurements near Weston and in the Parawa area near Pendleton show that since farming began 90 years ago on virgin land, nearly a foot of soil has been lost in fields with slopes of five to 10 per cent. This averages about 16 tons per acre per year. Sediment from an eroded field contains a much greater percentage of organic matter than the soil from which it was eroded. Farmers are using more conservation practices but much remains to be done, say soil conservation technicians.

25 years ago — 1997

More than 300 Hispanic students from Umatilla and Morrow counties filled the Pendleton Convention Center Tuesday to learn about the importance of reaching for the stars, as well as some tools to help them get there. The students attended workshops to discuss issues such as community action, Hispanic heritage, and saying no to gangs and drugs. Between the workshops and other programs, including a colorful dance presentation by the Quetzalcoatl Folkloric Dance Group from Hermiston, the students visited booths prepared by area colleges. The keynote speaker, Dr. Dovie Trevino of Western Oregon State College, told the students she was one of 14 children born into a family of cotton pickers. She flunked first grade because she could not speak English. "Don't just think about what you want," she said. "Plan what you want to do."

THIS DAY IN HISTORY

In 1864, Lt. Gen. Ulysses S. Grant assumed command as General-in-Chief of the Union armies in the Civil War.

In 1912, the Girl Scouts of the USA had its beginnings as Juliette Gordon Low of Savannah, Georgia, founded the first American troop of the Girl Guides.

In 1925, Chinese revolutionary leader Sun Yat-sen died in Beijing.

In 1947, President Harry S. Truman announced what became known as the "Truman Doctrine" to help Greece and Turkey resist Communism.

In 1955, legendary jazz musician Charlie "Bird" Parker died in New York at age 34.

In 1971, Hafez Assad was confirmed as president of Syria in a referendum.

In 1980, a Chicago jury found John Wayne Gacy Jr. guilty of the murders of 33 men and boys. (The next day, Gacy was sentenced to death; he was executed in May 1994.)

In 1987, the musical play "Les Miserables" opened on Broadway.

In 1994, the Church of England ordained its first women priests.

In 2003, Elizabeth Smart, the 15-year-old girl who vanished from her bedroom nine months earlier, was found alive in a Salt Lake City suburb with two drifters, Brian David Mitchell and Wanda Barzee. (Mitchell is serving a life sentence; Barzee was released from prison in September 2018.)

In 2011, fifteen passengers were killed when a tour bus returning from a Connecticut casino scraped along a guard rail on the outskirts of New York City, tipped on its side and slammed into a pole that sheared it nearly end to end. (Driver Ophadell Williams was later acquitted of manslaughter and negligent homicide.)

In 2020, the stock market had its biggest drop since the Black Monday crash of 1987 as fears of economic fallout from the coronavirus crisis deepened; the Dow industrials plunged more than 2,300 points, or 10%. The NCAA canceled its basketball tournaments because of

the coronavirus, after earlier planning to play in empty arenas. The NHL joined the NBA in suspending play. Major League Baseball delayed the start of its season by at least two weeks. (An abbreviated 60-game season would begin in July.)

Ten years ago: A day after the massacre of 16 Afghan civilians by a U.S. soldier, President Barack Obama called the episode "absolutely tragic and heartbreaking," while Secretary of State Hillary Rodham Clinton called it "inexplicable." Greece implemented the biggest debt write-down in history, swapping the bulk of its privately held bonds with new ones worth less than half their original value.

Five years ago: A bus plowed into people taking part in an early morning street festival in Haiti, killing at least 34 of them. Authorities in Mexico recovered New England quarterback Tom Brady's Super Bowl jersey more than a month after it had gone missing from the Patriots' locker room following the game.

One year ago: The city of

Minneapolis agreed to pay \$27 million to settle a civil lawsuit from George Floyd's family over the Black man's death in police custody, as jury selection continued in a former officer's murder trial. Senate Majority Leader Chuck Schumer and U.S. Sen. Kirsten Gillibrand called on New York Gov. Andrew Cuomo to resign, adding the most powerful Democratic voices yet to calls for the governor to leave office in the wake of allegations of sexual harassment and groping. (Cuomo would resign five months later.)

Today's Birthdays: Politician, diplomat and civil rights activist Andrew Young is 90. Actor-singer Liza Minnelli is 76. Singer-songwriter James Taylor is 74. Rock musician Steve Harris (Iron Maiden) is 66. Actor Courtney B. Vance is 62. Actor Julia Campbell is 59. Sen. Tammy Duckworth, D-Ill., is 54. CNN reporter Jake Tapper is 53. Actor Rhys Coiro is 43. Country singer Holly Williams is 41. Actor Samm (cq) Levine is 40. Actor Jaimie Alexander is 38. Actor Tyler Patrick Jones is 28.

7 LITTLE WORDS

Find the 7 words to match the 7 clues. The numbers in parentheses represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

Table with 2 columns: CLUES and SOLUTIONS. Clues include 'tin, antimony and lead alloy (6)', 'color of cloud lining, say (6)', etc.

Grid of letters for the 7 Little Words puzzle. Letters include AT, TAL, IN, SL, LV, ER, UM, OAL, RC, ME, WT, SI, GUN, PE, KEL, ATE, ER, CHA, PL, NIC.

Today's Answers: 1. PLATINUM 2. SILVER 3. PLATINUM 4. CHARCOAL 5. GUNMETAL 6. NICKEL 7. SLATE

WORD Roundup

by David L. Hoyt & Jeff Knurek

Find and Circle...

- Seven four-letter words starting with CH [] [] [] []
Three punctuation marks [] [] []
Two gas giants [] []
Two lodging options [] []
The two largest countries (by land area) [] []

Answers to Saturday's puzzle: PUDDING FONDUE MOUSSE SAUCE CAKE CHIP MILK / GREECE POLAND CANADA MEXICO / SALAMANDER TOAD / JOHN PAUL / STREAM

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Word search grid with letters C, C, C, H, E, W, D, R, A, L, N, D, P, H, T, J, P, O, E, D, R, J, A, L, L, I, A, A, I, T, A, N, N, I, A, E, E, P, H, R, I, N, I, O, S, Z, M, T, T, C, E, P, A, H, L, S, G, C, M, O, O, P, U, C, C, O, U, L, U, H, O, H, M, J, P, L, C, R, M, Z, H, E, C, H, P, S, A, T, U, R, N, B, C, F, W, V

CHURCH DIRECTORY

Pendleton Lighthouse Church: Sunday Service: 9am & 6pm, Tuesday Kingdom Seekers: 7pm, Wednesday Bible Study: 7pm

Redeemer Episcopal Church: 241 SE Second St. Pendleton (541)276-3809, www.pendletonepiscopal.org

First Presbyterian Church: 201 SW Dorion Ave. PendletonPresbyterian.com, Worship Services On Facebook 10:00am Sundays

Pendleton Church of God: ONLINE and IN-PERSON SERVICES, SUNDAYS | 8:30 AM & 10:00AM, www.pendletoncog.com

Our Lady of Angels Catholic Church: 565 W. HERMISTON AVE., MASS SCHEDULES, Monday-Friday: English 8:00am, Spanish 6:00pm

Iglesia Católica Nuestra Señora de los Angeles: 565 W. HERMISTON AVE., HORARIOS DE MISAS, Lunes a Viernes: Inglés 8:00am, Español 6:00pm

Solid Rock Community Church: 140 SW 2nd St Hermiston, OR 97838, 541-567-6937, Worship Service: 11:00AM

Community Presbyterian Church: 14 Martin Drive, Umatilla, OR 972-3250, Worship: 10 AM, Sunday School at 11:30

Grace and Mercy Lutheran Church, ELCA: OPEN HEARTS - OPEN DOOR, Sunday Worship 8:45 a.m., 541-289-4535

St. Johns Episcopal Church: N.E. Gladys Ave & 7th, Hermiston 541-567-6672, JOIN OUR INCLUSIVE CONGREGATION

A PLACE TO BELONG: PENDLETON FIRST, Sunday Mornings Service: 10:00, Sunday Evenings Celebrate Recovery: 6:00



COME WORSHIP WITH US AT THE COUNTRY CHURCH: Sundays at 11:00am, 32742 Diagonal Rd. Hermiston, OR

First Christian Church (DISCIPLES OF CHRIST): 215 N. Main • Pendleton, In Person worship Sundays at 11:00am, Office Phone: 541-276-5358

The Salvation Army Center for Worship & Service: Sunday Worship Service 9:30 - Sunday School 10:30 - Worship Service, 150 SE Emigrant (541) 276-3369

FAITH LUTHERAN CHURCH: in Mission for Christ LCMC, Sunday Worship.....9:00 AM, Bible Study.....10:15 AM, Red Lion Hotel (Oregon Trail Room)

To advertise in the Church Directory, please contact Audra Workman 541-564-4538 or email aworkman@eastoregonian.com