

Dancers with the Hermiston High School Stardust Dance Team perform their show division routine Feb. 26, 2022, at Hearts



Ben Lonergan/East Oregonian

Nixyaawii's Symon Picard (4) puts up a shot on Saturday, Feb. 26, 2022, against the lone/Arlington Cardinals in the second round of the Oregon School Activities Association Class 1A State Tournament at Nixyaawii Community School

## SPORTS SHOTS



in Motion at Pendleton High School.

Kathy Aney/East Oregonian

Stanfield's Katelyn Griffin (3) shoots Thursday, March 2, 2022, as Bailey Pedersen (33) of Salem Academy defends during the first half of an Oregon School Activities Association 2A playoff game at the Pendleton Convention Center. Salem prevailed 49-39.



Kathy Aney/East Oregonian

Heppner's Brock Hisler (23) fights for a rebound with Knappa's Drew Miller (13) during a 2A playoff game on Thursday, March 3, 2022, at Pendleton High School.



Ben Lonergan/East Oregonian

Nixyaawii's Gracie Moses (21) puts up a shot for the Golden Eagles on Saturday, Feb. 26, 2022, against the lone/Arlington Cardinals in the second round of the Oregon School Activities Association Class 1A State Tournament at Nixyaawii Community School in Mission. The Golden Eagles defeated Ione/Arlington 53-28.



## **SEEKING QUALIFIED PROVIDERS**

**CAPECO** is issuing a Request for Proposals (RFP) for qualified contractor(s) to provide Nutrition **Program services, including Home Delivered Meal and Congregate** Meal services within Morrow and **Umatilla Counties.** 

Home delivered meals are critical to maintaining independence and provide socialization to people who may feel isolated or lonely at home.

Congregate meals are an opportunity to socialize and gain support through community while CAPECO provides nutrition education.

This service is more than just a meal; its purpose is to nourish the whole person.

Request a copy of the RFP packet by contacting Jody Warnock, CAPECO Program Director, jwarnock@capeco-works.org 541-278-5668

## PROPOSALS DUE MARCH 31, 2022



**COMMUNITY ACTION PROGRAM** of EAST CENTRAL OREGON

UMATILLA \* MORROW \* GILLIAM \* WHEELER \* SHERMAN \* WASCO \* HOOD RIVER COUNTIES