

Thursday Evening

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
BROADCAST																	
KFFX	11	-	11	Seinfeld	Seinfeld	Last Man St.	Last Man St.	Joe "Movie Night Meltdown" (N)	Call Me Kat (N)	Pivoting (N)	First at Ten (N)	:35 Modern	:05 Modern	:35 MikeMoll	:05 2 1/2 Men	:35 Mom	
KPTV	3	-	-	6 O'Clock News (N)	People (N)	Family Feud	Family Feud	Joe "Movie Night Meltdown" (N)	Call Me Kat (N)	Pivoting (N)	10 O'Clock News (N)	News (N)	People	TMZ Live! (N)			
KEPR	19	19	19	News (N)	Inside Ed. (N)	The Big Bang	The Simpsons	Sheldon (N)	U.S. of AI (N)	Ghosts (N)	B Positive (N)	Bull "Family Matters" (N)	News (N)	:35 The Late Show	:35 James Corden		
KOIN	19	-	-	News (N)	News (N)	Extra (N)	Ent. Tonight	Sheldon (N)	U.S. of AI (N)	Ghosts (N)	B Positive (N)	Bull "Family Matters" (N)	KOIN6News (N)	:35 The Late Show	:35 James Corden		
KNDU	23	23	23	Local News (N)	Family Feud	Wheel (N)	Jeopardy! (N)	Blacklist "Boukman Baptiste" (N)	Law & Order: S.V.U. (N)	Crime "As Iago Is to Othello" (N)	Local News (N)	:35 The Tonight Show	:35 Seth Meyers				
KGW	8	-	-	KGW News (N)	KGW News (N)	The Good Stuff	Inside Ed. (N)	Blacklist "Boukman Baptiste" (N)	Law & Order: S.V.U. (N)	Crime "As Iago Is to Othello" (N)	KGW News (N)	:35 The Tonight Show	:35 Seth Meyers				
KVEW	4	42	-	News (N)	News (N)	Ent. Tonight	Extra (N)	Women of the Movement "Mothers and Sons/ The Last Word" (F) (N)	World (F) (N)	News (N) :05 Jimmy Kimmel	:10 Nightl. (N)	:35 Right This Minute					
KATU	5	-	-	KATU News at 6:00 p.m. (N)	Jeopardy! (N)	Wheel (N)	Women of the Movement "Mothers and Sons/ The Last Word" (F) (N)	World (F) (N)	News (N)	:35 Jimmy Kimmel Live	:35 Nightline (N)						
KTNW	-	31	31	PBS NewsHour (N)	Big Dreams in Umatilla	What to Eat When	Escape to the Chateau: DIY	Amanpour and Company (N)	Doc Martin "Departure"								
OPB	59	-	-	Craftsman	Outside Source	PBS NewsHour (N)	Art Beat	Oregon Guide	Return to Cranford Pt. 1 of 3	Thou Shalt Not Kill	Masterpiece Theatre	PBS NewsHour					
CABLE																	
A&E	52	118*	265*	The First 48 "Stolen Innocence"	The First 48	The First 48 "End of the Road"	The First 48 (N)	TakingStand (N)	:35 Stand (N)	:05 The First 48	:05 The First 48 "End of the Road"						
AMC	60	131*	254*	5:30 *** Lethal Weapon 2 (89, Act) Mel Gibson.	*** Gone in 60 Seconds (00, Action) Angelina Jolie, Giovanni Ribisi, Nicolas Cage.	*** Edge of Tomorrow (2014, Sci-Fi) Emily Blunt, Noah Taylor, Tom Cruise.											
DISC	51	182*	278*	BattleBots	BattleBots	BattleBots "Ducks, Dragons, Killer Snakes: What a Zoo!" (N)											
FNC	66	205*	360*	Hannity (N)	The Ingraham Angle (N)	Gutfeld! (N)	Fox News @ Night (N)	Tucker Carlson Tonight	Hannity	The Ingraham Angle							
FOOD	61	110*	231*	Beat Play	Beat Play	Beat Play	Beat Play	Restaurant: Impossible (N)	Beat Play (N)	Throwdown	Beat Play	Beat Play	Beat Play	Beat Play	Beat Play	Beat Play	Throwdown with
HBO	518	303	504	5:50 *** Real Steel (11, Sci-Fi)	Evangeline Lilly, Hugh Jackman.	Euphoria	:05 Euphoria	:05 The Hitman's Wife's Bodyguard	:45 Somebody	:15 Chillin Isl	Movie						
HIST	50	120*	269*	Swamp People "Graduation Day"	Swamp "Hunting Houdini"	Swamp People: Blood "Best Of: Gators Gone Wild" Joey and Zak need a bird's-eye view; Ronnie and Ashley pursue gators on land. (N)	:05 Swamp People: Blood and Guts										
ROOT	37	-	-	KrakenWU (N)	Kraken Pre-NHL Hockey	San Jose Sharks at Seattle Kraken Site: Climate Pledge Arena (L)	Kraken Post	NCAA Basketball	Gonzaga at Pacific								
SHOW	578	319	546	Movie	The Last Black Man in San Francisco (19, Dra) Jimmie Fails.	*** Django Unchained (2012, Western) Christoph Waltz, Leonardo DiCaprio, Jamie Foxx.	Smoke "Metta World Peace" (N)	Yellowjackets									
STARZ	621	351	526	15 *** Munich (2005, Drama) Eric Bana, Ciarán Hinds, Daniel Craig.	Escape Room: Tournament of Champions	*** Mortdecai (15, Act/Com) Johnny Depp.	:20 *** Hit and Run Kristen Bell.										
USA	58	105*	242	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man St.	Last Man Standing	

C - Charter; DISH - DISH; DTV - DirectTV
 * Subscribers to DISH and DirectTV may see programming on select channels appear 3 hours earlier than listed.

January 21, 2022

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
BROADCAST																	
KFFX	11	-	11	Seinfeld	Seinfeld	Last Man St.	Last Man St.	WWE SmackDown (N)	First at Ten (N)	:35 Modern	:05 Modern	:35 MikeMoll	:05 2 1/2 Men	:35 Mom			
KPTV	3	-	-	6 O'Clock News (N)	People (N)	Family Feud	Family Feud	WWE SmackDown (N)	10 O'Clock News (N)	11 O'Clock News (N)	People						
KEPR	19	19	19	News (N)	Inside Ed. (N)	The Big Bang	The Simpsons	Boss "The Vitamin Shoppe" (N)	Magnum P.I. (N)	BlueBlood "The Reagan Way" (N)	News (N)	:35 The Late Show	:35 James Corden				
KOIN	19	-	-	News (N)	News (N)	Extra (N)	Ent. Tonight	Boss "The Vitamin Shoppe" (N)	Magnum P.I. (N)	BlueBlood "The Reagan Way" (N)	KOIN6News (N)	:35 The Late Show	:35 James Corden				
KNDU	23	23	23	Local News (N)	Family Feud	Wheel (N)	Jeopardy! (N)	That's My Jam	Dateline NBC	Local News (N)	:35 The Tonight Show	:35 Seth Meyers					
KGW	8	-	-	KGW News (N)	KGW News (N)	Straight Talk	Inside Ed. (N)	That's My Jam	Dateline NBC	KGW News (N)	:35 The Tonight Show	:35 Seth Meyers					
KVEW	4	42	-	News (N)	News (N)	Ent. Tonight	Extra (N)	Shark Tank (N)	20/20	News (N) :05 Jimmy Kimmel	:10 Nightl. (N)	:35 Right This Minute					
KATU	5	-	-	KATU News at 6:00 p.m. (N)	Jeopardy! (N)	Wheel (N)	Shark Tank (N)	20/20	News (N)	:35 Jimmy Kimmel Live	:35 Nightline (N)						
KTNW	-	31	31	PBS NewsHour (N)	Wash. Week (N)	Firing Line (N)	World's Fair (N)	Stars "Brandon Victor Dixon" (N)	To Be Announced	Amanpour and Company (N)	Song of the Mountains						
OPB	59	-	-	Wood Shop	News	PBS NewsHour (N)	Frankie Drake Mysteries	FlyingDoctorService	Masterpiece "World on Fire"	Resistance	PBS NewsHour						
CABLE																	
A&E	52	118*	265*	ColdCase "The Voice in the Lake"	Cold Case "Suspicious Minds"	ColdCase "Murder by Moonlight"	Cold Case Files (N)	Cold Case Files (N)	:05 Cold Case Files	:05 Cold Case "Murder by Moonlight"							
AMC	60	131*	254*	5:15 *** Gone in 60 Seconds (00, Act) Nicolas Cage.	*** Divergent (2014, Action) Kate Winslet, Miles Teller, Shailene Woodley.	*** Insurgent (15, Sci-Fi) Theo James, Kate Winslet, Shailene Woodley.											
DISC	51	182*	278*	5:00 Gold Rush "Little Eldorado"	Gold Rush: Pay Dirt (N)	Gold Rush "The \$4 Million Question" (N)	:15 BlindFrog "Diving Blind" (N)	:15 GoldRush "Rookie Mistakes"	Gold Rush "The \$4 Million Question"								
FNC	66	205*	360*	Hannity (N)	The Ingraham Angle (N)	Gutfeld! (N)	Fox News @ Night (N)	Tucker Carlson Tonight	Hannity	The Ingraham Angle							
FOOD	61	110*	231*	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Guy! Hawaiian Style (N)	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Guy! Hawaii "The Fieris Say 'Mahalo'"
HBO	518	303	504	4:35 *** Tenet	:10 Somebody	:40 The Suicide Squad (21, Action/Comedy) Idris Elba, John Cena, Margot Robbie.	Bill Maher (SP) (N)	To Be Announced	TBA	Bill Maher							
HIST	50	120*	269*	Ancient Aliens	Ancient Aliens	Ancient Aliens	Ancient Aliens (N)	:05 TheProof	:35 TheProof	:05 Ancient Aliens	:05 Ancient Aliens						
ROOT	37	-	-	KrakenWU (N)	Kraken Pre-NHL Hockey	St. Louis Blues at Seattle Kraken Site: Climate Pledge Arena (L)	Kraken Post	Trail Blazers (N)	Pre-game (N)	NBA Basketball	Portland Trail Blazers at Boston Celtics						
SHOW	578	319	546	*** Patriot Games (92, Act) Anne Archer, Harrison Ford.	*** Monday (2020, Romance) Denise Gough, Sebastian Stan.	*** Zack and Miri Make a Porno Seth Rogen.	:45 *** Pulp Fiction (94, Cri) John Travolta.										
STARZ	621	351	526	5:30 *** Escape Room: Tourn...	Outlander "The Bakra"	:55 Outlander "Eye of the Storm"	:55 *** Going the Distance Drew Barrymore.	:40 *** The Hurt Locker (2009, Thriller) Anthony Mackie, Guy Pearce, Jeremy Renner.									
USA	58	105*	242	Chi.Fire "Shoved in My Face"	Chicago Fire "Out With a Bang"	Chi.Fire "Tonight's the Night"	Chicago Fire "Virgin Skin"	Chi.Fire "Keep Your Mouth Shut"	Chi.Fire "A Rocket Blasting Off"	Chicago Fire "When Things Got Rough"							

C - Charter; DISH - DISH; DTV - DirectTV
 * Subscribers to DISH and DirectTV may see programming on select channels appear 3 hours earlier than listed.

January is Cervical Cancer Awareness Month

Reach out to your provider to see if you should receive the HPV vaccine or a pap smear

GOOD SHEPHERD HEALTH CARE SYSTEM
 Patients First. Always!

ALIVE & WELL

Feel Great, Live it Up! PPP

541-567-0272
 2150 N. First St., Hermiston

Specials: January 16-21

- 20% OFF Pills
- 20% OFF Natural Support White Bean Extract Kidney 90 veg caps (carb defense)
- 10% OFF Foot Patch Detox

\$1 FEEL GREAT SMOOTHIE

DAILY LUNCH SPECIAL \$7.95
 Beany Baby Wrap w/ 12 oz soup

CALL AHEAD AND USE OUR DRIVE THRU!

Saturday Evening

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
BROADCAST																	
KFFX	11	-	11	Seinfeld	Seinfeld	Last Man St.	Last Man St.	To Be Announced	TBA	TBA	First at Ten (N)	Modern Family	Alter Ego	Mom	Mom		
KPTV	3	-	-	*** Snow Day (00, Family) Chris Elliott, Pam Grier, Chevy Chase.	To Be Announced	TBA	TBA	10 O'Clock News (N)	Alter Ego	Family Guy	Family Guy						
KEPR	19	19	19	5:00 NFL Football AFC Divisional (L)	To Be Announced	To Be Announced	To Be Announced	News (N)	Ring of Honor Wrestling (N)	Just for Laughs: Gags							
KOIN	19	-	-	5:00 NFL Football AFC Divisional (L)	To Be Announced	To Be Announced	To Be Announced	KOIN6News (N)	:35 In Depth	:05 S.W.A.T. "Source"							
KNDU	23	23	23	Local News (N)	SEAL Team	The Wall "Terra and Brandi"	Saturday Night Live (L)	Local News (N)	Saturday Night Live	Saturday Night Live							
KGW	8	-	-	5:00 To Be Announced	The Wall "Terra and Brandi"	Saturday Night Live (L)	Saturday Night Live	KGW News (N)	Saturday Night Live								
KVEW	4	42	-	Extra Weekend (N)	Ent. Tonight (N)	Shark Tank	Shark Tank	The Rookie "Red Hot"	Wipeout "Hotties vs. Nerds 2.0"	Weather Gone Viral							
KATU	5	-	-	KATU News at 6:00 p.m. (N)	Jeopardy!	Wheel Fortune	Shark Tank	The Rookie "Red Hot"	News (N)	:35 Ring of Honor Wrestling (N)	:35 Castle						
KTNW	-	31	31	Carol Burnett Show	Escape to the Chateau: DIY	Midsomer Murders "The Glitch"	Big Dreams in Umatilla	Paradise "Meditated in Murder"	Austin City "Duran Duran" (N)	Motorweek	A Chef's Life						
OPB	59	-	-	Roadfood	Roadfood	Steves' Europe	Steves' Europe	Brown "The Whistle in the Dark"	Masterpiece Mystery! "Endeavour: Confection"	Masterpiece "Grantchester"	BetweenCovers	Legacy List "Bye, Bye Big Apple"					
CABLE																	
A&E	52	118*	265*	5:00 *** John Wick: Chapter 2 (17, Act) Keanu Reeves.	*** John Wick: Chapter 3 - Parabellum (19, Act) Halle Berry, Laurence Fishburne, Keanu Reeves.	:05 Stand	:35 Stand	:05 *** John Wick: Chapter 3 - Para...									
AMC	60	131*	254*	4:00 *** Fury Brad Pitt.	*** Midway (2019, War) Patrick Wilson, Woody Harrelson, Ed Skrein.	*** Pearl Harbor (2001, War) Kate Beckinsale, Josh Hartnett, Ben Affleck.											
DISC	51	182*	278*	Lone Star Law "Bucks Collide"	Lone Star Law "Lake Saviors" (N)	Lone Star Law "Lying Dogs"	Star Law "Small Town Troubles"	Lone Star Law "Lake Saviors"									
FNC	66	205*	360*	Justice With Judge Jeanine	Unfiltered	Watters World	Justice With Judge Jeanine	Unfiltered	Watters World	Justice With Judge Jeanine							
FOOD	61	110*	231*	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners, Drive-Ins
HBO	518	303	504	5:50 *** The Wolverine (13, Act) Will Yun Lee, Hugh Jackman.	*** Nobody (21, Act) Connie Nielsen, Bob Odenkirk.	:35 The Righteous Gemstones	:25 Gemstones	:05 Euphoria	:05 *** The 15:17 to Paris								
HIST	50	120*	269*	Pickers "The Michigan Madman"	Pickers "Homestead Honey Hole"	Pickers "Brothers and Burlesque"	A. Pickers "Fort Knox of Toys"	:05 American Pickers	:05 American Pickers	:05 Picked "Brothers and Burlesque"							
ROOT	37	-	-	4:30 Basket.	NCAA Hockey	Denver at Colorado College Site: Broadmoor World Arena	Sports Stars (N)	In Depth	NCAA Basketball	San Francisco at Pepperdine	Inside Kraken	NCAA Hockey					
SHOW	578	319	546	Boxing Showtime Championship (L)	Yellowjackets	Sic Transit Gloria Mundi"	*** Gladiator (00, Epic) Russell Crowe.										
STARZ	621	351	526	4:40 *** Van Helsing	:55 *** Mr. and Mrs. Smith (05, Act) Angelina Jolie, Brad Pitt.	Power Book "Forced My Hand"	:05 *** The Change-Up (11, Com) Jason Bateman.	*** Escape Room: Tournament of Cha...									
USA	58	105*	242	Last Man St.	Last Man St.	AMA Supercross Site: Petco Park -- San Diego, Calif. (L)	Chicago "At Least It's Justice"	Chicago P.D. "Turn the Light Off"									

C - Charter; DISH - DISH; DTV - DirectTV
 * Subscribers to DISH and DirectTV may see programming on select channels appear 3 hours earlier than listed.

Sunday Evening

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
BROADCAST																	
KFFX	11	-	11	King of Queens	King of Queens	Simpsons 1/2	Bob's Burgers	Simpsons 2/2	Great North	Bob's Burgers	Family Guy	First at Ten (N)	Outdoorsman	Modern Family	Modern Family	Two and a Half	Two and a Half Men
KPTV	3	-	-	Family Feud	Family Feud	Simpsons 1/2	Bob's Burgers	Simpsons 2/2	Great North	Bob's Burgers	Family Guy	10 O'Clock News (N)	News (N)	Joel Osteen	People (N)	TMZ	
KEPR	19	19	19	News (N)	News (N)	60 Minutes (N)	NCIS: Los Angeles (N)										