

DEAR ABBY

Substance abuse pits family members against each other

Dear Abby: I'm a 35-year-old woman whose father refuses to get along with me no matter how hard I try. Our relationship was always strained due to the alcoholism he has struggled with since my childhood, made worse by the fact that I became an addict. I've been in recovery for a while, and I'm clean and sober now.

He and my mother took guardianship of my two sons, ages 12 and 7, because my disease rendered me unable to care for them at that time. I have mentioned getting my kids back after I acquire more clean time; neither of my parents wants that. I know Dad resents me deeply, both because he has my kids and also because of my addiction.

If I can forgive him for what his alcoholism has put me through, why can't he forgive me? I don't understand why he has to hate me. Believe me, he hates me! I

just want him to treat me the same way he treats my older brother and sister. I need help with this situation. Counseling is not an option; I know he will refuse. — Hurting In Michigan

Dear Hurting: A predisposition to addiction can run in families. I suspect that the person your father hates is himself, and that he saw a lot of himself in you while you were using. That you are now sober is a constant reminder of what a failure he is, which may be why he treats you the way he does.

While counseling for him may be out, it doesn't mean that you couldn't benefit from it. Please consider it. Although it won't make your father love you, it may help you to handle his unpleasantness more effectively. Once you have

accumulated more clean time, regaining custody of your children may become a viable option, and something to discuss with a lawyer at that time.

Dear Abby: My wife has started slurping her food at dinner. I think it started after we returned from a vacation three months ago. I'm convinced she didn't do it before then because we have taken a couple of vacations recently where it would have been noticeable because of the quiet, intimate places in which we dined.

Because of the COVID quarantine, I realize that tensions can be heightened, and I have tried not to make too much of this. I am reluctant to speak up about it because during my first marriage, even the

slightest noise when eating would upset my ex-wife, and I think it would be unfair for me to have the same pet peeve.

This may seem like I'm overly sensitive, but her slurping and heavy breathing every time she takes a bite, even with dry food, is making dinner time uncomfortable for me. I have pointed it out in a casual way, but it seems she is unaware of just how loudly she is eating. What can I do to reach a compromise on this? — Uncomfortable Diner

Dear Diner: While your sensitivity to this might be related to the problems you had with your first wife, because this is a recent change in your current wife's behavior, it should be checked out by her doctor. I am less concerned about her "slurping" than about the labored breathing you described when your wife is eating.



JEANNE PHILLIPS ADVICE

DAYS GONE BY

100 years ago — 1921

Many thousands of dollars of damage has been incurred in Umatilla county as a result of the heaviest November snow storm that has fallen in this section of the state during the past 25 years. After about 55 hours of continuous storm two feet of snow covered groaning buildings, broke telephone and telegraph wires, impeded street traffic, almost completely blocked rail traffic and caused the collapse of some roofs.

50 years ago — 1971

In Arlington these days, the Honkers are the prime topic of conversation. The Honkers are the members of Arlington's high school football team which will meet Huntington Saturday afternoon in the semifinals of the Oregon Class A Eight-Man football playoffs. Eighty-nine-year-old Minnie McClaskey, sporting a recently purchased \$10 Honker boosters jacket, says she is hoping to get a ride to the game.

chamber of commerce luncheon. Mayor and chamber president Foster Odom was checking out possible bus transportation for adults in the community. As for city recorder Bud Allen, he said, "I'm going to Huntington if I don't break a leg before then."

25 years ago — 1996

Hunting has long been a way of life for many in northeast Oregon. But that doesn't mean the sport is free of discord locally. The Oregon Department of Fish and Wildlife added a portion of the Ukiah big game management unit to the Columbia Basin extended elk season this year. That move fostered controversy among some biologists who say the month-long either-sex hunt is too broad, and complaints from some hunters who are confused by boundaries and requirements.

THIS DAY IN HISTORY

On Nov. 20, 1945, 22 former Nazi officials went on trial before an international war crimes tribunal in Nuremberg, Germany. (Almost a year later, the International Military Tribunal sentenced 12 of the defendants to death; seven received prison sentences ranging from 10 years to life; three were acquitted.)

In 1789, New Jersey became the first state to ratify the Bill of Rights.

In 1947, Britain's future queen, Princess Elizabeth, married Prince Philip, Duke of Edinburgh, at Westminster Abbey.

In 1952, President-elect Dwight D. Eisenhower announced his selection of John Foster Dulles to be his secretary of state.

In 1962, President John F. Kennedy held a news conference in which he announced the end of the naval quarantine of Cuba imposed during the missile crisis, and the signing of an executive order prohibiting discrimination in federal

housing facilities.

In 1967, the U.S. Census Bureau's Population Clock at the Commerce Department ticked past 200 million.

In 1976, the boxing drama "Rocky," starring Sylvester Stallone, premiered in New York.

In 1984, pop star Michael Jackson was inducted into the Hollywood Walk of Fame with the unveiling of his star in front of a horde of screaming fans.

In 1985, the first version of Microsoft's Windows operating system, Windows 1.0, was officially released.

In 2000, lawyers for Al Gore and George W. Bush battled before the Florida Supreme Court over whether the presidential election recount should be allowed to continue.

In 2003, Michael Jackson was booked on suspicion of child molestation in Santa Barbara, California. (Jackson was later acquitted at trial.) Record producer Phil Spector was charged with murder in

the shooting death of an actor, Lana Clarkson, at his home in Alhambra, California. (Spector's first trial ended with a hung jury in 2007; he was convicted of second-degree murder in 2009 and sentenced to 19 years to life in prison. He died in January 2021.)

In 2012, former boxing champion Hector "Macho" Camacho was shot while sitting in a car in his hometown of Bayamon, Puerto Rico. (Camacho died four days later after doctors removed him from life support.)

In 2015, Jonathan Pollard, a former U.S. Navy intelligence analyst, was released from prison after 30 years behind bars for spying for Israel. (After five years of parole, Pollard moved to Israel in December 2020.)

Today's Birthdays: Actor Estelle Parsons is 94. Comedian Dick Smothers is 83. President Joe Biden is 79. Singer Norman Greenbaum is 79. Actor Veronica Hamel is 78. Broadcast journalist Judy Woodruff is 75.

Singer Joe Walsh is 74. Actor Richard Masur is 73. Opera singer Barbara Hendricks is 73. Former national security adviser John Bolton is 73. Actor Bo Derek is 65. Former NFL player Mark Gastineau is 65. Reggae musician Jimmy Brown (UB40) is 64. Actor Sean Young is 62. Pianist Jim Brickman is 60. Actor Ming-Na is 58. Actor Ned Vaughn is 57. Rapper Mike D (The Beastie Boys) is 56. Rapper Sen Dog (Cypress Hill) is 56. Actor Callie Thorne is 52. Actor Sabrina Lloyd is 51. Actor Joel McHale is 50. Actor Marisa Ryan is 47. Country singer Dierks Bentley is 46. Actor Joshua Gomez is 46. Actor Laura Harris is 45. Olympic gold medal gymnast Dominique Dawes is 45. Country singer Josh Turner is 44. Actor Nadine Velazquez is 43. Actor Jacob Pitts is 42. Actor Andrea Riseborough is 40. Actor Jeremy Jordan is 37. Actor Dan Byrd is 36. Actor Ashley Fink is 35. Rock musician Jared Followill (Kings of Leon) is 35.

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7 LITTLE WORDS

Find the 7 words to match the 7 clues. The numbers in parentheses represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

Table with 2 columns: CLUES and SOLUTIONS. Clues include 'Gaga's real surname (10)', 'Dada movement successor (10)', 'Ta-ta! (8)', 'Papa John's product (5)', 'La-La Land's state (10)', 'Baba O'Riley singer (7)', 'Ha ha! (5)'. Solutions are blank lines.

Grid of letters for the 7 Little Words puzzle. Letters include TA, TREY, SURR, MAN, SM, PIZ, FAR, OT, ZA, DAL, EWE, NIA, EALI, CAL, LL, LA, OR, UGH, GER, IF.

Today's Answers: 1. GERMANOTTA 2. SURREALISM 3. FAREWELL 4. PIZZA 5. CALIFORNIA 6. DALTREY 7. LAUGH

WORD Roundup

by David L. Hoyt & Jeff Knurk

- Find and Circle... Four pieces of furniture (□□□□), Four land formations (□□□□), Three South American cities (□□□), The Dynamic Duo (□□), Optimum (□)

Answers to Friday's puzzle: MICHIGAN SUPERIOR ONTARIO HURON ERIE / GERBIL BEAVER MOUSE / SPAIN YEMEN / ORVILLE WILBUR / INDIAN

Word search grid with a diagonal line through it. Letters include D, H, C, D, R, E, S, S, E, R, N, O, X, E, L, I, M, A, R, J, A, I, G, V, N, N, S, Q, B, I, N, T, A, A, N, L, I, I, H, K, A, A, O, T, I, O, T, N, A, B, H, H, M, G, N, T, Y, S, A, L, L, O, C, T, O, U, N, N, E, J, B, L, P, R, A, B, O, A, A, B, P, N, L, I, M, B, X, M, S, C, B, R, L, Q, E, H.

Answers to Saturday's puzzle: THIRTEEN FIFTEEN THREE SEVEN FIVE NINE / BRUSSELS BRASILIA BOGOTA BERN / NORTH SOUTH / LOON TERN /

CHURCH DIRECTORY

Church Directory grid containing ads for Solid Rock Community Church, Community Presbyterian Church, Grace and Mercy Lutheran Church, St. Johns Episcopal Church, Our Lady of Angels Catholic Church, Iglesia Católica Nuestra Señora de los Angeles, Come Worship with us at the Country Church, First Christian Church, The Salvation Army, Faith Lutheran Church, Redeemer Episcopal Church, and Pendleton Church of God. Includes contact info and service times.



To advertise in the Church Directory, please contact Audra Workman 541-564-4538 or email aworkman@eastoregonian.com