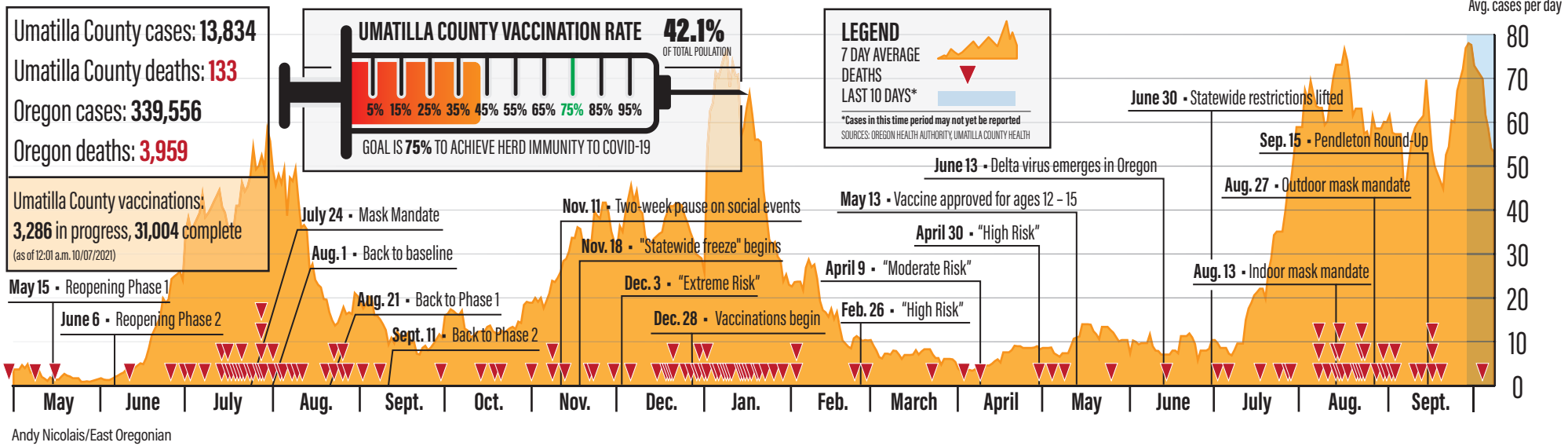


UMATILLA COUNTY COVID-19 TREND - AS OF OCT. 7



LOCAL BRIEFING

County reports 7 COVID-19 deaths

PENDLETON — Umatilla County reported seven new COVID-19 deaths this week, bringing the county's pandemic death toll to 136.

Three of the victims died in July, the county reported. Umatilla County Public Health Director Joe Fiumara said the delay was due to issues processing documentation.

The four deaths disclosed on Thursday, Oct. 7, ties the county's all-time record for most COVID-19 deaths reported in a single day.

The newly disclosed deaths come as the county reports a slight decline in cases after a brief spike in infection following the Pendleton Round-up, though cases remain elevated far above levels seen before the delta variant surge. Here is the breakdown of the latest reported COVID-19 fatalities:

- The county's 130th victim is a 60-year-old woman who tested positive June 22 and died July 6 at Legacy Good Samaritan Medical Center, Portland. She had unspecified underlying health conditions.

- The county's 131st victim is a 104-year-old woman who tested positive June 26 and died July 17 at a private residence. She had unspecified underlying health conditions.

- The county's 132nd victim is a 65-year-old man who tested positive July 23 and died July 28 at a private residence. Officials have yet to determine if he had underlying health conditions.

- The county's 133rd victim is a 69-year-old man who tested positive Sept. 14 and died Oct. 4 at Providence St. Joseph in Spokane, Washington. He had unspecified underlying health conditions.

- The county's 134th victim is a 68-year-old woman who tested positive Sept. 17 and died Sept. 27 at Good Shepherd Medical Center, Hermiston. She had unspecified underlying health conditions.

- The county's 135th victim is a 94-year-old woman who tested positive Sept. 23 and died Sept. 27 at Good Shepherd Medical Center, Hermiston. She had unspecified underlying health conditions.

- The county's 136th victim is a 79-year-old man who tested positive Sept. 30 and died Oct. 4 at a private residence. He had unspecified underlying health conditions.

Irrigon Chamber of Commerce welcomes visitors

IRRIGON — The Irrigon Chamber of Commerce hosted an informal meet and greet Sept. 30 at its new office and visitor center.

Brenda Shockman, Irrigon Chamber of Commerce executive director, said chamber board members had planned a bigger promotion of their services prior to the pandemic. A year ago, they had wanted to have a celebration of their new site, 20 NE Main Ave., near the town's library and city hall.

The director and board members were at the get-together and met local government officials and other visitors.

They welcome anyone to visit the new office, but Shockman said visitors should notify

the chamber before coming. The phone number is 541-571-0599; the email is irrigonchamber@irrigonchamber.com.

Road closes after truck spills hydrochloric acid

PENDLETON — A FedEx truck leaked hazardous materials on Wednesday, Oct. 6, onto Interstate 84, shutting down sections of the freeway.

Oregon State Police responded at 6:23 a.m. to a hazardous material spill on Interstate 84 on the westbound off-ramp to Exit 180.

OSP reported a FedEx truck towing three trailers leaked 150 gallons of hydrochloric acid onto the road.

The spill shut down the Westland Road northbound from the interstate, and the westbound off-ramp.

Umatilla County Fire District No. 1 responded and contained the spill, and

FedEx contacted Chemtrec, a company that handles the cleanup of hazardous materials.

Suzie's seltzers expands operation into Trader Joe's

PENDLETON — Suzie's Organic Hard Seltzer, a subsidiary of the Pendleton-based Barhyte Specialty Foods, is expanding into Trader Joe's.

In a recent press release, Suzie's Brewery Co. announced it would offer its beverages in 42 of the grocery chain's stores in Oregon, Washington, Idaho and Colorado.

"Trader Joe's is known for highlighting quality, honest artisanal brands and products and we're proud that they've chosen to pick up the Official Hard Seltzer of Mother Nature," Suzie's Brewery President Chris Barhyte said in a statement.

— EO Media Group

19 workplaces face COVID-19 outbreaks

East Oregonian

UMATILLA COUNTY — Nineteen workplaces in Umatilla and Morrow counties are experiencing COVID-19 outbreaks, according to a weekly report from the Oregon Health Authority.

It's a slight decline from last week's disclosure of 22 workplaces facing outbreaks, one of the largest totals since the pandemic started.

Outbreaks are ongoing in hospitals, prisons and nursing homes around the two counties.

The state publishes an active outbreak in nursing homes if the facility reports more than three cases. The outbreak is considered resolved if no new cases are reported within 28 days of the last case. The local assisted living facilities with COVID-19 outbreaks are:

- Regency Hermiston Nursing & Rehabilitation Center, Hermiston, 32 cases

and one death since July 15.

- Sun Terrace Hermiston, Hermiston, six cases since Aug. 20.

- Cascade Valley Assisted Living & Memory Care, Milton-Freewater, nine cases since Sept. 2.

- Milton-Freewater Health and Rehabilitation Center, Milton-Freewater, 18 cases since Sept. 3.

- Ashley Manor — Sage, Umatilla, 11 cases since Sept. 27.

The state publishes a workplace outbreak when five or more cases are reported at a facility with 30 or more workers. An outbreak is considered resolved if no new cases are reported within 28 days of the last case.

- Good Shepherd Medical Center, Hermiston, 59 cases since July 21.

- Walmart Distribution Center, Hermiston, 50 cases since April 26.

- Eastern Oregon Correctional Institution, Pendleton,

26 cases since July 12.

- Two Rivers Correctional Institution, Umatilla, 23 cases since July 15.

- Lamb Weston East, Boardman, 22 cases since July 23.

- Lamb Weston West, Boardman, 18 cases since July 18.

- CHI St. Anthony Hospital, Pendleton, 15 cases since Aug. 19.

- First Coast Security, Hermiston, eleven cases since Sept. 16.

- Union Pacific Railroad, Stanfield, ten cases since Sept. 20.

- Lamb Weston, Hermiston, nine cases since Aug. 4.

- Lamb Weston Packing Center, Boardman, nine cases since Aug. 18.

- JM Eagle, Umatilla, eight cases since Sept. 9.

- JVB Dairy, Ione, eight cases since Sept. 18.
- Les Schwab Tire Center, Hermiston, seven cases since Sept. 22.

CARING FOR COVID-19 SYMPTOMS AT HOME

<p>Hand hygiene</p>	<p>Rest</p>	<p>Social distancing</p>
<p>Use fever-reducing medicine</p>	<p>Drink plenty of fluids</p>	<p>Clean/disinfect surfaces regularly</p>

TIMED POSITION CHANGES

Use a pulse oximeter if possible to check your oxygen saturations 15 minutes after each position change to ensure oxygen saturation has not decreased.

- Please try to not spend a lot of time lying flat on your back. Lying on your stomach and in different positions will help your body to get air into all areas of your lungs
- It is recommended to change your position every 30 minutes to 2 hours rotating as at right. Please note sitting up is better than lying on your back.
- Continue to monitor oxygen saturations at 8AM and 1PM.

- 1** 30 minutes to 2 hours lying fully prone (bed flat)
- 2** 30 minutes to 2 hours lying on right side (bed flat)
- 3** 30 minutes to 2 hours sitting up (30-60 degrees) by adjusting head of the bed
- 4** 30 minutes to 2 hours lying on left side (bed flat)
- 5** 30 minutes to 2 hours lying prone again
- 6** Continue to repeat the cycle...

CHI St. Anthony Hospital
 541-966-0535
 3001 ST ANTHONY WAY | PENDLETON