

‘Eminent Oregonians’ shares important stories

East Oregonian

SALEM — Pulitzer Prize winning journalist Nicholas Kristof sings praises for “Eminent Oregonians,” a soon-to-be released book about the lives and contributions of three Oregonians who “helped create modern Oregon.”

Characterized as a publication “inspired by Lytton Strachey’s ‘Eminent Victorians,’ the authors describe three Oregonians who were often at odds with their moments in history.” In the book’s promotional materials, Richard A. Baker, U.S. Senate historian emeritus, said Oregon authors Jane Kirkpatrick, R. Gregory Nokes and Steve Forrester each present well-sourced and insightful commentary.

After a career as a mental health and early childhood specialist for 17 years, Kirkpatrick, an award-winning author has written more than three dozen fiction and nonfiction books — many based on the lives of historical women, writes about Abigail Scott Duniway (1834-1915). The lead character in Kirkpatrick’s September 2020 historical fiction release “Something Worth Doing” centered around Duniway, an early women’s rights advocate, newspaper editor and writer.

Nokes, a former journalist and foreign correspondent who has authored several books about Oregon’s history, shares about the trail-blazing efforts of Jesse Applegate (1811-88).

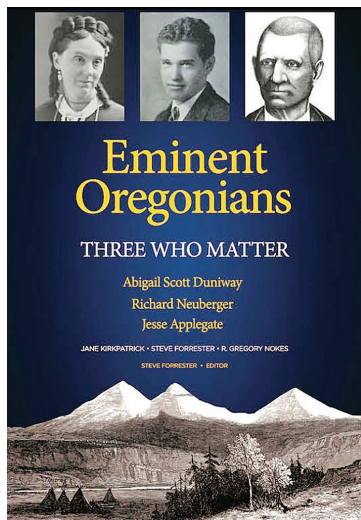
Three years after Applegate and his brother, Lindsay, each lost sons on the Oregon Trail’s Columbia River route, he helped pioneer an alternate southern route, later called the Applegate Trail. A representative of Oregon’s pioneer government, Applegate voiced strong opposition to slavery during the 1857 Constitutional Convention in Salem.

Forrester, president and CEO of EO Media Group, which owns the East Oregonian, former editor/publisher of The Daily Astorian and a former U.S. Senate page, writes about Richard Lewis Neuberger (1912-60). As an 8-year-old, Forrester remembers being fascinated by Neuberger, who visited his family’s home in Pendleton — his father and Neuberger met while writing at The Oregonian. Serving on the Oregon House of Representatives and later the U.S. Senate, Neuberger co-authored The Wilderness Act.

Kerry Tymchuk, Oregon Historical Society executive director, said three talented Oregon authors share remarkable stories about three iconic Oregon figures. He encouraged history buffs to pick up a copy.

For more information or to order the book, visit www.comediagroup.com/books/eminent_oregonians.

Contact community writer Tammy Malgesini at tmalgesini@eastoregonian.com or 541-564-4532.



Steve Forrester/EO Media Group
“Eminent Oregonians” explores the lives and contributions of three Oregonians who helped create modern Oregon.

Anti-abortion event links faith community

By TAMMY MALGESINI
East Oregonian

HERMISTON — Described as a peaceful event that bears witness to beliefs in the sanctity of life, Deanna Leonard said the annual Life Chain is Sunday, Oct. 3, in Hermiston. Tiffany LeGore, who has organized the Pendleton Life Chain in recent years, said she was unable to coordinate the 2021 event.

“It’s not a protest,” Leonard said. “We’re Christians praying and giving a personal witness of our beliefs.”

To participate, meet at 2 p.m. in the parking lot behind Banner Bank, 101 E. Main St., Hermiston. After briefing participants, including passing out signs, Leonard said the group will spread out along North First Street (Highway 395) near Gladys and Hermiston avenues.

Kristi Smalley, who attends Our Lady of Angels Catholic Church in Hermiston, learned about the event from Leonard a handful of years ago. The regent of the Catholic Daughters of the Americas Court No. 1692, Smalley had been providing financial support to anti-abortion causes but felt compelled to do something more.

“I wanted to do something physical to hopefully help people realize how precious life is from conception to natural death,” she said.

Sometimes, Smalley said, people aren’t aware of available options and resources when faced with an unplanned pregnancy. She shared about engaging in a conversation with an expectant mother while taking a walk in her neighborhood. The young woman, Smalley said, was feeling pressure from her boyfriend to have an abortion.

“It was heart-wrenching to witness her anguish,” she said.

Held the first Sunday in October, the nationwide event is in its 34th year. According to the national organization’s website, the effort encourages the faith community to link together to lead the nation in prayer for the unborn.

Leonard, who has organized the Hermiston event for around 17 years, said a silent and prayerful approach is a non-confrontational way to share her anti-abortion beliefs. Leonard and Smalley said they don’t endorse using graphic photos or harsh verbiage on signs. Smalley called it “a distraction,” which takes the focus off

the positive message they’re trying to convey.

“We’re hoping to plant a seed,” Leonard added.

For more information, visit www.LifeChain.org or

call Leonard at 541-571-3592.

Contact community writer Tammy Malgesini at tmalgesini@eastoregonian.com or 541-564-4532.

COMMUNITY BRIEFS

Drive Away Hunger accepts food donations

CORVALLIS — Oregon FFA and Les Schwab Tires Center are teaming up for its Drive Away Hunger initiative.

With the need to help fight hunger greater than ever, the project partners urge people to drop off nonperishable food items at any Oregon Les Schwab Tire Center, Wilco or Grange Co-op locations. Donations will be accepted through Oct. 31.

In a press release from Christa Carlon, Oregon FFA Foundation’s stewardship officer, the special partnership allows FFA members to live out their motto of “learning to do, doing to learn, earning to live and living to serve.” During the past eight years, Drive Away Hunger has raised nearly three million meals for those in need.

For more information about the initiative, email Carlon at christa@oregonffa.com, search www.facebook.com/OregonFFA or visit www.leschwab.com/drive-away-hunger.



Nancy Lauck/Contributed Photo

Linda Monroe and Dawn Long of Altrusa International of Hermiston prepare and package soups to assist in feeding those in need through Desert Rose Ministries. The service club is hosting a fundraising yard sale Saturday, Oct. 2, 2021, in Hermiston.

Multi-family yard sale helps support Altrusa projects

HERMISTON — A multi-family yard sale will serve as a fundraiser for Altrusa International of Hermiston.




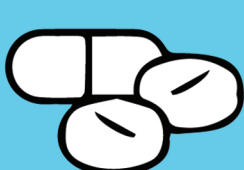


Find treasures and help support projects in the community and beyond. The event is Saturday, Oct.

2, 8 a.m. to 2 p.m. at 2225 N.W. Geer Road, Hermiston. Proceeds will fund the club’s service projects, including books for Little Free Libraries, college scholarships, the Open Table meal program and utility expenses for The Arc of Umatilla County and Domestic Violence Services.

Altrusa clubs are active in service in an effort to create better communities. The name “Altrusa” is derived from combining altruism and USA. For more information about the local group, contact hermiston-altrusa@gmail.com, visit districttwelve.altrusa.org or search Facebook.






— EO Media Group

CARING FOR COVID-19 SYMPTOMS AT HOME

 <p>Hand hygiene</p>	 <p>Rest</p>	 <p>Social distancing</p>
 <p>Use fever-reducing medicine</p>	 <p>Drink plenty of fluids</p>	 <p>Clean/disinfect surfaces regularly</p>

TIMED POSITION CHANGES

Use a pulse oximeter if possible to check your oxygen saturations 15 minutes after each position change to ensure oxygen saturation has not decreased.

<ul style="list-style-type: none"> Please try to not spend a lot of time lying flat on your back. Lying on your stomach and in different positions will help your body to get air into all areas of your lungs 	<p>1 30 minutes to 2 hours lying fully prone (bed flat)</p> 	<p>4 30 minutes to 2 hours lying on left side (bed flat)</p> 
<ul style="list-style-type: none"> It is recommended to change your position every 30 minutes to 2 hours rotating as at right. Please note sitting up is better than lying on your back. 	<p>2 30 minutes to 2 hours lying on right side (bed flat)</p> 	<p>5 30 minutes to 2 hours lying prone again</p> 
<ul style="list-style-type: none"> Continue to monitor oxygen saturations at 8AM and 1PM. 	<p>3 30 minutes to 2 hours sitting up (30-60 degrees) by adjusting head of the bed</p> 	<p>6 Continue to repeat the cycle...</p>

CHI St. Anthony Hospital
541-966-0535
3001 ST ANTHONY WAY | PENDLETON