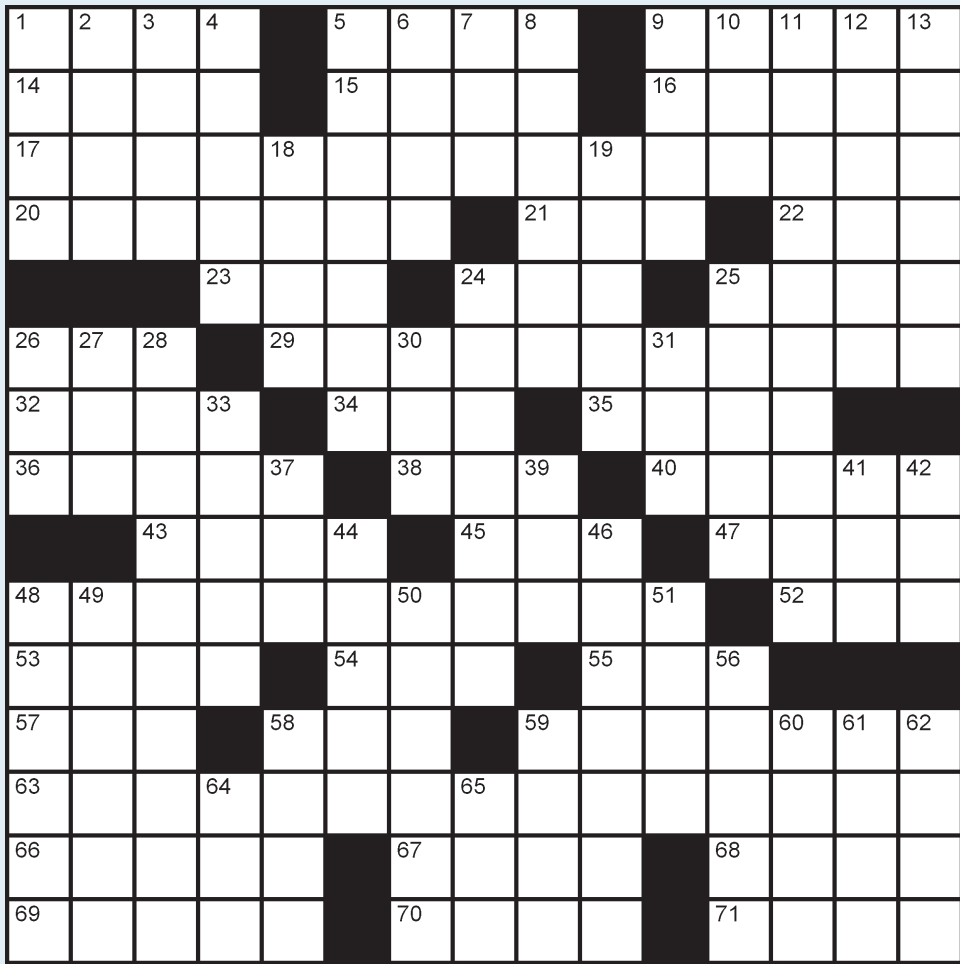


Make Yourself Heard by Emily Carroll

Universal Crossword edited by David Steinberg



- ACROSS: 1 "The Little Red Hen" denial, 5 Touch on, 9 Lion in 2015 headlines, 14 Accrue, as interest, 15 It's a wrap in Bollywood, 16 ___ acid (protein part), 17 Channels of information that women share privately, 20 Underlying meaning, 21 "Help!", 22 Long-running CBS drama, 23 "The Problem With ___" (film named for a "Simpsons" character), 24 Orca appendage, 25 Destruction, 26 In the style of, 29 1989 rom-com about an underachiever and a valedictorian, 32 Most optimal, 34 Boy, 35 Word after "power" or "strong", 36 "How unfortunate", 38 First name of two Spice Girls, 40 Garden creature, 43 Upscale hotel chain, 45 Canola ____, 47 Couple's pronoun, 48 Actress typecast in slasher flicks, 52 Have a little liquid, 53 Conical items at birthday parties, 54 Place, 55 Roadside purchase, 57 It has a humerus and a funny bone, 58 Perceive, 59 File away, 63 Revealing a lot, or a theme hint, 66 Dance that takes two, 67 Henhouse, 68 Canvas cover, 69 Tweak, 70 Fine-tune, 71 Picture of health?, DOWN: 1 It may be breaking, 2 Diamond Head's island, 3 Chi-Town paper, with "The", 4 App for sharing pics, 5 The "A" in LGBTQIA+, 6 Rail system that serves S.F., 7 Caterer's dispenser, 8 Has a marketing connection, 9 Ravens' calls, 10 Angry music genre, 11 Roundabout, 12 Finishes, like a tattoo, 13 Behind on points, 18 Livens (up), 19 "Jagged Little Pill" was nominated for 15 in 2020, 24 Slowly disappear, 25 Heavy charger, for short?, 26 Planking targets, 27 It comes before Virgo, 28 Mixed bag, 30 Orange or purple, 31 ___-of-war, 33 Makes less feral, 37 Chromosome molecule, 39 Whopper, 41 Noninvasive hosp. procedure, 42 Clairvoyant's claim: Abbr., 44 JFK Library architect, 46 Surfer's tether, 48 Soda brand named for a California peak, 49 Relating to the wristbones, 50 Satisfy, as one's thirst, 51 Salt, in the lab, 56 Closes, 58 Hershey toffee bar, 59 Cosmetics giant, 60 Apple desktop, 61 Designer Wang, 62 "Monday Night Football" broadcaster, 64 Improve in a wine cellar, maybe, 65 Sticky stuff

HOROSCOPES BY HOLIDAY MATHIS

WEDNESDAY, SEPTEMBER 29, 2021 Spiritual Wikipedia



The trine of Venus and Neptune in visionary water signs is a call to integrate the third eye, which is not a sense unique to an elite group of psychic seers, but a collective consciousness available to all. The knowingness of this spiritual Wikipedia is accessible with a three-step process. Step one: breathe. Step two: open up. Step three: believe.

ARIES (March 21-April 19). Give yourself the leeway to mess around, try things on and poke your nose into the parts of it that don't seem meant for you. The bottom line is, you won't know until you try.

TAURUS (April 20-May 20). You may not think you have a lot of rules, but in fact you abide rather strictly to your preferences. You're even more selective than usual, and will gladly pass on things that fall short of your sensory and intellectual standards.

GEMINI (May 21-June 21). Your conversational skills will be called on. You're in demand for being so adaptable, comfortable and effective in a variety of situations. It's a natural extension of the sort of work and play you do today.

CANCER (June 22-July 22). Nobody has life solved; it's an unsolvable equation. Those who act like they have the answers tend to annoy the rest. So, take off some of the pressure. Don't worry about who you are. Do what you want to do.

LEO (July 23-Aug. 22). You've skipped over the edge of your groove and are now in an unsecured, unpredictable place. It doesn't feel good, but it is. Don't go back to the old pattern; that groove was a rut.

VIRGO (Aug. 23-Sept. 22). Some days you feel invincible, but today you lead with a humble part of you and, oddly enough, get more powerful results. Posturing doesn't facilitate connection very well because people connect mostly in their vulnerability.

LIBRA (Sept. 23-Oct. 23). When you adventure with others, you feel somewhat responsible for them. Assuming this high level of responsibility for your fellow humans is a lot of work, but it's what makes you special. Besides, your people are worth it.

SCORPIO (Oct. 24-Nov. 21). We are all limited people in a world that will test our limits again and again -- that is, if we're living right! You welcome trials because the lessons make you smarter, faster, wiser and stronger.

SAGITTARIUS (Nov. 22-Dec. 21). Some people enjoy thinking that anything can happen. You'd rather know what's likely to happen because it allows you to plan accordingly. Life is more interesting with a strategy.

CAPRICORN (Dec. 22-Jan. 19). Your drive is powerful, estimable and intimidating. You're a force people both admire and fear. As a result, some of your phone calls won't be returned -- a sign to move on to more promising prospects.

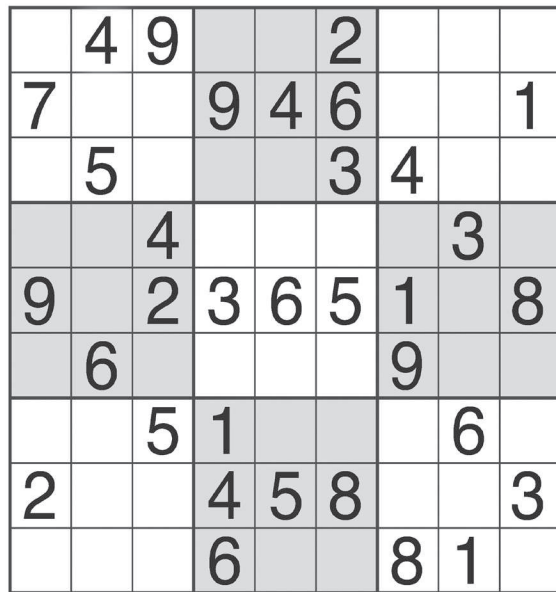
AQUARIUS (Jan. 20-Feb. 18). You'll deal with the delightful and the difficult. Some act irresponsibly. Callouts are unnecessary because everyone knows what's up. Believe the best about people and give them room to rise to the occasion.

PISCES (Feb. 19-March 20). Too much of a good thing ruins the goodness of the thing. Since life is a bit of a buffet today, restraint will be called for. How can you limit your exposure to the dangerous luxury of options?

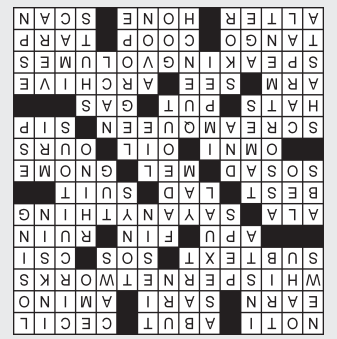
TODAY'S BIRTHDAY (Sept. 29). Your cosmic boon is a strong and spot-on impulse to self-care. You take excellent care of yourself and cultivate a more vibrant energy than you've felt in a while. Also, you have a circle around you feeding you kindness, relaxation opportunities and treats all along the way. Aquarius and Scorpio adore you. Your lucky numbers are: 6, 3, 33, 10 and 40.

Universal SUDOKU

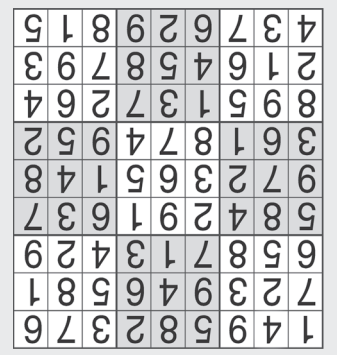
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DIFFICULTY RATING: ★★☆☆☆

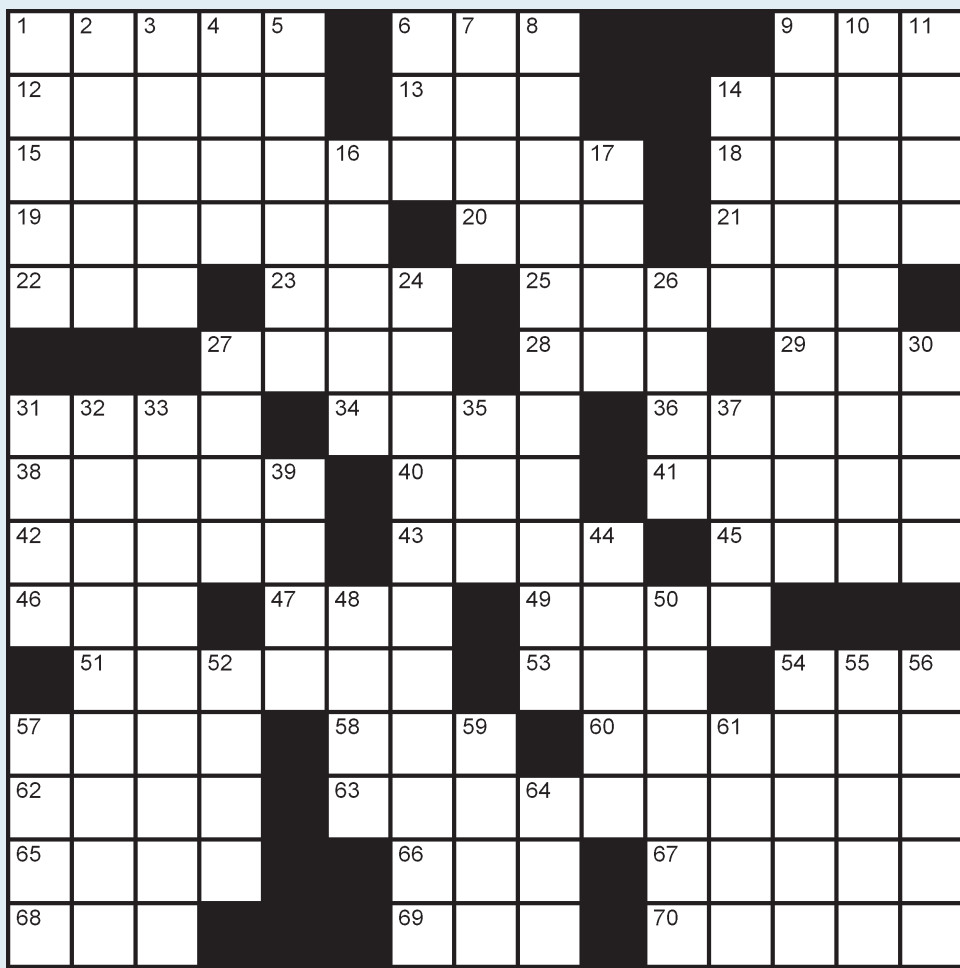


SOLUTIONS



Music Mix by Joseph A. Gangi

Universal Crossword edited by David Steinberg



- ACROSS: 1 It bubbles beneath the surface, 6 Nest sight, 9 One may lead a military drill: Abbr., 12 Direction indicator, 13 Click the wrong button, e.g., 14 One-in-a-million, 15 *Simply marvelous, 18 Sailors' affirmatives, 19 Scottish girl, 20 Tiny, 21 Nickname for President Arthur, 22 Mind reader's "power," for short, 23 Fall behind, 25 Sea beast of lore, 27 Nada, 28 O'er there, 29 "Are we there ___?", 31 Body of water near a cabin, maybe, 34 Unaccompanied, 36 Japanese for "eastern capital", 38 What's impossible to boil, in a saying, 40 One may be asked to speak, 41 Blue ___ (clear forecast), 42 Hairdo, 43 Make hazy, 45 Stirs in, 46 PC panic button, 47 Operative, 49 Like some cheeks, 51 "That makes sense now", 53 Highest point, 54 "Wonder Woman" actress Gadot, 57 Degr. for writers, 58 Scrape (by), 60 Vestige of the past, 62 Has, 63 *Child who won't touch vegetables, say, 65 Melody for a sitarist, 66 "___ Persisted" (Chelsea Clinton book), 67 Copy genetically, 68 Before, in poetry, 69 Mars, to Jupiter, 70 Helpful tips, DOWN: 1 Scott Joplin's "___ Leaf Rag", 2 Precincts, 3 Understand, 4 Shoes with Native roots, briefly, 5 For some time, 6 Cry after seeing a mouse, 7 Became too big for one's britches?, 8 *Thick, creamy breakfast, 9 *Willie Mays' nickname, with "the", 10 Filled with envy, 11 Word before "anxiety" or after "stress", 14 Shelving system part, 16 Periods with four seasons, 17 Notorious Roman emperor, 24 "Fond farewell", 26 Picnic pests, 27 Extreme eagerness, 30 Coin flip, 31 Come up short, 32 Causes for conflict, 33 A to B, for one ... or a hint to the word scrambled within each starred clue's answer, 35 Twitch chat chuckle, 37 "Sure", 39 Loch with a famous monster, 44 Like a mansion, 48 Palindromic bird sound, 50 Public address, 52 Rae who created "Awkward Black Girl", 54 Joined a conference call, 55 Isn't for us?, 56 Old harplike instruments, 57 "I want seconds", 59 Sound effect in a canyon, 61 Guinea neighbor, 64 Doll since 1961

HOROSCOPES BY HOLIDAY MATHIS

THURSDAY, SEPTEMBER 30, 2021 Venus Squared Jupiter Warning



Thinking from your appetites is the most natural thing in the world, and so are the harsh consequences that follow overindulgence. Thinking from your goals is possible, too. It's best done by making a ritual out of your goals. Read them often; internalize them; become them. Only then can your goals be as natural to you as your appetites.

ARIES (March 21-April 19). Time passes differently depending on your company. Some friends make six hours seem like a blink. Other times, 10 minutes can seem an eternity. Today's elastic minutes will stretch or snap according to rhythms of the heart.

TAURUS (April 20-May 20). There are altars in churches and altars embodied -- rooms of the heart open for prayers and offerings, burning to be kneeled at, longing for the sacredness of your attention.

GEMINI (May 21-June 21). One record broken is all you need to be a record-breaker. One beautiful feature and you're a beauty. One talent is all you need to be successful. Don't even think about the flaws; focus on the one shining thing.

CANCER (June 22-July 22). You don't need to leave the world to find yourself, create yourself or improve yourself. Spiritual enlightenment could happen on a retreat, but it is more likely to happen while cleaning your house.

LEO (July 23-Aug. 22). You show up for the needs of others, provided you know who needs what. The first step is having open channels of communication, and the second is being available to them.

VIRGO (Aug. 23-Sept. 22). One of the best things you can do for your creative spirit is to love its products no matter what they look like. Receive your own work as you would the drawing of a child -- with sweet enthusiasm.

LIBRA (Sept. 23-Oct. 23). Your power move: Withdraw your outwardly directed attention, and aim your life-force to a place inside you. The doorway to your dreams is front and center of your own mind.

SCORPIO (Oct. 24-Nov. 21). You have your own beliefs about how much reciprocity and justice actually exists in the world. But if you knew for certain your every action, thought and intention was destined to return to you, how would you proceed?

SAGITTARIUS (Nov. 22-Dec. 21). People see you. You don't have to tell others who you really are because your beautiful character radiates through your every action. Beware of those who talk about how good they are. Why do they need to?

CAPRICORN (Dec. 22-Jan. 19). To fret over mistakes or obsess about shortcomings is the very definition of drama -- right for television, wrong for your life. You'll let it go, shake it off and continue to find what works.

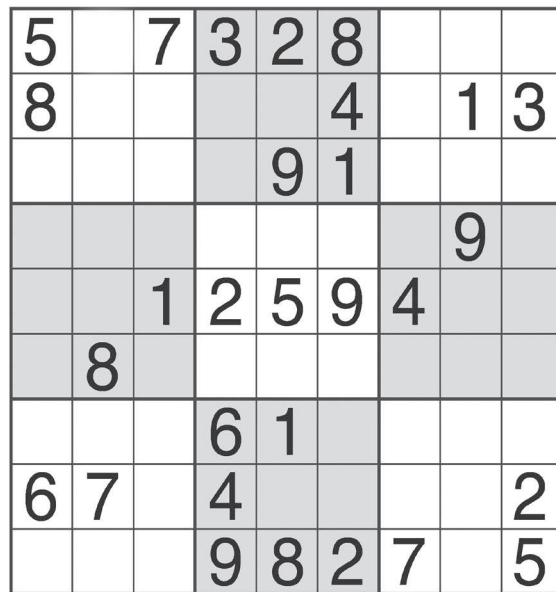
AQUARIUS (Jan. 20-Feb. 18). As you give, so shall you receive -- although the time frame is anyone's guess! Still, your aim is to put something fascinating, unique, warm and loving into the world, and on this, you will succeed.

PISCES (Feb. 19-March 20). You have behaved honorably in a situation. Would a bit of publicity steal from the nobility of your action? Absolutely. The very definition of nobility is that it's done for its own sake. Avoid the tarnished trophy of glory.

TODAY'S BIRTHDAY (Sept. 30). Most humans excel at a handful of endeavors and specialize in one or two. You've been working on what you're good at, but you'll find out there are things you are even better at, and your life changes as you pursue and master these skills. You'll make a tremendous difference in the lives of young people. Virgo and Scorpio adore you. Your lucky numbers are: 9, 10, 44, 48 and 13.

Universal SUDOKU

Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively.



DIFFICULTY RATING: ★★☆☆☆



SOLUTIONS

