

Thursday Evening

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	
BROADCAST																		
KFFX	11	-	11	5:00 NCAA Football Ohio State at Minnesota Site: TCF Bank Stadium (L)		2 Broke Girls	Last Man St.	Last Man St.	First at Ten (N)	:35 Modern	:05 Modern	:35 MikeMoll	:05 2½ Men	:35 Mom				
KPTV	3	-	-	5:00 NCAA Football Ohio State at Minnesota Site: TCF Bank Stadium (L)		Prime News (N)	Prime News (N)	10 O'Clock News (N)	News (N)	People	TMZ (N)	2 Broke Girls						
KEPR	19	19	19	News (N)	Inside Ed. (N)	The Big Bang	The Simpsons	Big Brother (N)	Young Sheldon	B Positive	Bull "The Ex Factor"	News (N)	:35 The Late Show	:35 James Corden				
KOIN	19	-	-	News (N)	News (N)	Extra (N)	Ent. Tonight	Big Brother (N)	Young Sheldon	B Positive	Bull "The Ex Factor"	KOIN6News (N)	:35 The Late Show	:35 James Corden				
KNDU	6	25	23	Local News (N)	Family Feud	Wheel Fortune	Jeopardy!	Brooklyn 99 (N)	Brooklyn 99 (N)	Law & Order: S.V.U.	Law & Order: Organized Crime	Local News (N)	:35 The Tonight Show	:35 Seth Meyers				
KGW	8	-	-	KGW News (N)	KGW News (N)	The Good Stuff	Inside Ed. (N)	Brooklyn 99 (N)	Brooklyn 99 (N)	Law & Order: S.V.U.	Law & Order: Organized Crime	KGW News (N)	:35 The Tonight Show	:35 Seth Meyers				
KVEW	4	42	-	News (N)	News (N)	Ent. Tonight	Extra (N)	CMA Summer Jam (N)				News (N) :05 Jimmy Kimmel	:10 Nightl. (N)	:35 Right This Minute				
KATU	5	-	-	KATU News at 6:00 p.m. (N)	Jeopardy!	Wheel Fortune	CMA Summer Jam (N)					News (N)	:35 Jimmy Kimmel Live	:35 Nightline (N)				
KTNW	-	31	31	PBS NewsHour (N)		The Kinks: Echoes of a World		Monty Python: Best Bits Celebrated			Chateau "Glamping"	Amanpour and Company (N)	The Indian Doctor "Young Hearts"					
OPB	69	-	-	Curious Tra.	Outside Source	PBS NewsHour (N)		Sam Cooke: Legend		Agatha and the Truth of Murder		Rick Steves	PBS NewsHour					
CABLE																		
A&E	52	118*	265*	The First 48		The First 48 "The Ties That Bind"	Frst48: Fire "Brutal Business" (N)	Kids Behind Bars "Dana" (N)	Accused: Guilty or Innocent (N)	:05 ColdCase "Devil at the Door"	:05 The First 48: Fire "Brutal Business"							
AMC	60	131*	254*	5:00 *** Cast Away ('00, Dra)		Helen Hunt, Tom Hanks.	*** Goodfellas (1990, Crime Story) Joe Pesci, Robert De Niro, Ray Liotta.		*** Police Academy ('84, Com) Michael Winslow, Steve Guttenberg.									
DISC	51	182*	278*	Homestead "Troubled Water"		Homestead "When Cows Attack"	Homestead Rescue "A Golden Opportunity"		Homestead Rescue "Mississippi Mayhem"									
FNC	66	205*	360*	Hannity (N)		The Ingraham Angle (N)	Gutfeld! (N)	Fox News @ Night (N)	Tucker Carlson Tonight	Hannity	The Ingraham Angle							
FOOD	61	110*	231*	Beat Play	Beat Play	Beat Play	Beat Play	BobbyGiada "Wine Country" (N)	The Globe (N)	Restaurant: Impossible (N)	Beat Play	Beat Play	Bobby and Giada "Wine Country"					
HBO	518	303	504	:05 Obama: In Pursuit of a More Perfect Union			*** King Kong (2005, Action) Naomi Watts, Jack Black, Adrien Brody.		:10 Laetitia		:05 To Be Announced							
HIST	50	120*	269*	Modern Marvels "The Pig"		Modern Marvels "The Turkey"	Marvels "Snackfood Tech"	Marvels "More Snackfood Tech"	:05 Marvels "Chocolate"		:05 Modern Marvels "Snackfood Tech"							
ROOT	37	-	-	Mariners	MarinersSpot.	MLB Baseball Eugene Emeralds at Hillsboro Hops Site: Ron Tonkin Field -- Hillsboro, Ore. (L)		WNBA Basketball New York Liberty at Seattle Storm		MLB Baseball Eugene vs Hillsboro								
SHOW	578	319	546	*** Rear Window ('54, Susp) Grace Kelly, James Stewart.		*** Psycho ('60, Hor) Janet Leigh, Anthony Perkins.	*** The Birds ('63, Hor) Tippi Hedren, Jessica Tandy, Rod Taylor.	UFO										
STARZ	621	351	526	:25 *** Ray (2004, Biography) Kerry Washington, Regina King, Jamie Foxx.		The Father ('20, Dra) Anthony Hopkins. (P)	:40 *** Dallas Buyers Club Matthew McConaughey.	Movie										
USA	58	105*	242	Law&O: SVU "Facing Demons"	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley (N)	Chrisley (N)	Chrisley (N)	:35 Chrisley	:05 Chrisley	:35 Chrisley	:05 Chrisley	:35 Chrisley		

C - Charter; DISH - DISH; DTV - DirectTV
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	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
BROADCAST																	
KFFX	11	-	11	2 Broke Girls	2 Broke Girls	Last Man St.	Last Man St.	WWE SmackDown (N)		First at Ten (N)	:35 Modern	:05 Modern	:35 MikeMoll	:05 2½ Men	:35 Mom		
KPTV	3	-	-	6 O'Clock News (N)		People	Family Feud	WWE SmackDown (N)		10 O'Clock News (N)	News (N)	People	TMZ (N)	2 Broke Girls			
KEPR	19	19	19	News (N)	Inside Ed. (N)	The Big Bang	The Simpsons	Secret Celebrity Renovation (N)	#AtHome "Max Greenfield" (N)	The Pet Project (N)	News (N)	:35 The Late Show	:35 James Corden				
KOIN	19	-	-	News (N)	News (N)	Extra (N)	Ent. Tonight	Secret Celebrity Renovation (N)	#AtHome "Max Greenfield" (N)	The Pet Project (N)	KOIN6News (N)	:35 The Late Show	:35 James Corden				
KNDU	6	25	23	Local News (N)	Family Feud	Wheel Fortune	Jeopardy!	American Ninja Warrior "National Finals 1"		Dateline NBC	Local News (N)	:35 The Tonight Show	:35 Seth Meyers				
KGW	8	-	-	KGW News (N)	KGW News (N)	Getaways	Inside Ed. (N)	American Ninja Warrior "National Finals 1"		Dateline NBC	KGW News (N)	:35 The Tonight Show	:35 Seth Meyers				
KVEW	4	42	-	News (N)	News (N)	Ent. Tonight	Extra (N)	Shark Tank	20/20	News (N) :05 Jimmy Kimmel	:10 Nightl. (N)	:35 Right This Minute					
KATU	5	-	-	Fight for the Soul of Portland	Jeopardy!	Wheel Fortune	Shark Tank	20/20	News (N)	:35 Jimmy Kimmel Live	:35 Nightline (N)						
KTNW	-	31	31	PBS NewsHour (N)		Wash. Week (N)	Firing Line (N)	Indian Doctor "Young Hearts"		Great Performances "Yannick: An Artist's Journey" (N)		Amanpour and Company (N)	Song of the Mountains				
OPB	69	-	-	School	News	PBS NewsHour (N)		Great Performances "Andrea Bocelli: Believe"	Suze Orman's Ultimate Retirement Guide		R. Steves' Tasty	PBS NewsHour					
CABLE																	
A&E	52	118*	265*	The First 48 "Stolen Innocence"	First 48 "Out of the Darkness"	The First 48: C. "Caught Up" (N)	Cold Case Files (N)	American Justice (N)	:05 First 48 "The Other Wife"	:05 The First 48: Catch "Caught Up"							
AMC	60	131*	254*	5:00 *** Goodfellas ('90, Cri) Joe Pesci, Ray Liotta.		*** Red (2010, Action) Mary-Louise Parker, John Malkovich, Bruce Willis.	*** Red 2 (2013, Action) Helen Mirren, John Malkovich, Bruce Willis.										
DISC	51	182*	278*	Winter's Fortune "Gold Moves"	Gold Rush: Pay Dirt (N)	Gold Winter Fortune "Trapped"	:05 Dino Hunters "The Race Is On" (N)		:10 Expedition Unknown		Gold Winter Fortune "Trapped"						
FNC	66	205*	360*	Hannity (N)		The Ingraham Angle (N)	Gutfeld! (N)	Fox News @ Night (N)	Tucker Carlson Tonight	Hannity	The Ingraham Angle						
FOOD	61	110*	231*	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners, Drive-Ins
HBO	518	303	504	Movie	:45 Hard Knocks	:45 Making of	*** Magic Mike XXL ('15, Com/Dra) Channing Tatum.		Real Time With Bill Maher	To Be Announced							
HIST	50	120*	269*	Aliens "The Artificial Human"	Aliens "The Badlands Guardian"	Aliens "Space Station Moon"	Aliens "The Badlands Guardian"	:05 Ancient Aliens	:05 Aliens "The Desert Codes"	:05 Aliens "Space Station Moon"							
ROOT	37	-	-	Pre-game	MLB Baseball	Seattle Mariners at Arizona Diamondbacks Site: Chase Field -- Phoenix, Ariz. (L)		Post-game	MLS Soccer	Portland Timbers at Houston Dynamo		Post-game (N)	Mariners Pre-game				
SHOW	578	319	546	:15 *** Django Unchained (2012, Western) Christoph Waltz, Leonardo DiCaprio, Jamie Foxx.		*** Bitchin': The Sound and Fury of Rick James ('21, Documentary)	*** Hustle and Flow ('05, Dra) Anthony Anderson, Terrence Howard.										
STARZ	621	351	526	5:15 *** Some Kind of Beautiful	Outlander "Rent"	Outlander	Heels "Kayfabe"	:05 Heels "Dusty Finish"	:05 Heels "Cheap Heat"	:05 Raising Kanan "Level Up"							
USA	58	105*	242	Law & Order: S.V.U. "Missing"	Law & Order: S.V.U. "Blackout"	Law&O: SVU "Dearly Beloved"	Law&O: SVU "The Good Girl"	Law & Order: S.V.U. "Exchange"	Law & Order: S.V.U. "Diss"	Law & Order: S.V.U. "Transitions"							

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Did You Know... Even if you've already had COVID-19, you should still receive the vaccine.

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- 10%** D-Mannose 100 vegan cap
- 10%** Yogitea's

\$1 OFF PINEAPPLE CHEESECAKE SMOOTHIE

DAILY LUNCH SPECIAL \$6.95 Green Salad with 12 oz soup

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Saturday Evening

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
BROADCAST																	
KFFX	11	-	11	5:30 NCAA Football Louisiana State University at UCLA Site: Rose Bowl -- Pasadena, Calif. (L)		King of Queens	King of Queens	First at Ten (N)	Modern Family	Game of Talents		Carbonaro	The Carbonaro Effect				
KPTV	3	-	-	5:30 NCAA Football Louisiana State University at UCLA Site: Rose Bowl -- Pasadena, Calif. (L)		Go/Nitro	FOX Fall (N)	10 O'Clock News (N)	Game of Talents		Family Guy	Family Guy					
KEPR	19	19	19	News (N)	News (N)	The Big Bang	The Big Bang	To Be Announced	48 Hours		48 Hours	News (N)	Ring of Honor Wrestling	Just for Laughs: Gags			
KOIN	19	-	-	News (N)	News (N)	Ent. Tonight (N)	To Be Announced	48 Hours		48 Hours	KOIN6News (N)	:35 In Depth	:05 Amer.Ninja	Denver Qualifying"			
KNDU	6	25	23	Local News (N)	Wheel Fortune	NCIS "...and Executioner"	Tokyo 2020 Para.	America's Got Talent "Quarterfinals 3"	Local News (N)	Saturday Night Live							
KGW	8	-	-	Getaways	TBA	Getaways	Inside Ed. (N)	Tokyo 2020 Para.	America's Got Talent "Quarterfinals 3"	KGW News (N)	Saturday Night Live						
KVEW	4	42	-	4:30 NCAA Football Duke's Mayo Classic Georgia vs. Clemson (L)		Bound. "Cambodia Spider Bites"	Extra Weekend (N)	Ent. Tonight (N)	Wipeout		Weather "Extreme Weather at Work"						
KATU	5	-	-	4:30 NCAA Football Duke's Mayo Classic Georgia vs. Clemson (L)		KATU Special	Gametime (N)	Paid Program	Paid Program	Jeopardy!	Wheel Fortune	News (N)	:35 Ring of Honor Wrestling	:35 Castle			
KTNW	-	31	31	The Lawrence Welk Show	Chateau "Glamping"	Midsomer M. "Blood Wedding"	Jamestown	Paradise "Death in the Salon"	Austin City Limits	Bluegrass U	A Chef's Life						
OPB	69	-	-	Ken Burns: Hemingway		All Creatures Great	What the Durrells	Inside the Mind	Classic "Queen: A Night at the Opera"								
CABLE																	
A&E	52	118*	265*	5:30 *** Fast and Furious ('09, Act) Paul Walker, Vin Diesel.		*** Fast Five (2011, Action) Paul Walker, Dwayne Johnson, Vin Diesel.	:05 Neighbor	:35 Neighbor	:05 *** Fast Five Vin Diesel.								
AMC	60	131*	254*	Movie	*** Lethal Weapon 2 (1989, Action) Danny Glover, Joe Pesci, Mel Gibson.	*** Lethal Weapon 3 (1992, Action) Danny Glover, Rene Russo, Mel Gibson.	*** Lethal Weapon 4 ('98, Act) Mel Gibson.										
DISC	51	182*	278*	Exp. Unkn. "Ransom in the Sky"	Expedition Unknown	Expedition Unknown "Treasure Hunting"	Expedition Unknown	Exp. Unkn. "Terror in Appalachia"	Exp. Unkn. "Treasure Hunting"								
FNC	66	205*	360*	Justice With Judge Jeanine	Unfiltered	Watters World	Justice With Judge Jeanine	Unfiltered	Watters World	Justice With Judge Jeanine							
FOOD	61	110*	231*	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners, Drive-Ins
HBO	518	303	504	5:45 *** The Lost World: Jurassic Park ('97, Adv) Jeff Goldblum.		*** News of the World ('20, Dra) Helena Zengel, Tom Hanks.	Laetitia	:55 *** Oblivion ('13, Sci-Fi) Morgan Freeman, Tom Cruise.									
HIST	50	120*	269*	Pawn Stars "Saints and Winners"	Pawn Stars	Pawn Stars "Rick's Big Triumph"	Pawn Stars (N)	:05 Pawn Stars	:05 Pawn Stars	:05 Pawn Stars	Movie						
ROOT	37	-	-	5:00 MLB Baseball Seattle Mariners at Arizona Diamondbacks (L)		Post-game	MLB Baseball	Seattle Mariners at Arizona Diamondbacks Site: Chase Field -- Phoenix, Ariz.		Post-game	MLB Soccer						
SHOW	578	319	546	Billions "Lamster"	:10 *** 13 Hours: The Secret Soldiers of Benghazi	James Badge Dale.	:35 *** Full Metal Jacket	Matthew Modine.	Billions "Extreme Sandbox"	*** The Mauritanian	Jodie Foster.						
STARZ	621	351	526	:05 *** City of Lies ('21, Bio) Rockmond Dunbar, Johnny Depp.		Heels "Cheap Heat"	Raising Kanan "Level Up"	*** Detroit (2017, Drama) Will Poulter, Algee Smith, John Boyega.									
USA	58	105*	242	Chicago P.D. "Now I'm God"	Chicago P.D.	Chicago P.D.	Chicago P.D. "Hit Me"	Chicago P.D.	Chicago P.D. "A Night Owl"	Chicago P.D. "Life is Fluid"							

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Sunday Evening

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
BROADCAST																	
KFFX	11	-	11	5:00 Boxing Premier Champions	Great North	Bob's Burgers	Paid Program	Fish Reports	Mike & Molly	Mike & Molly	First at Ten (N)	Outdoorsman	Modern Family	Modern Family	TBA	To Be Announced	
KPTV	3	-	-	5:00 Boxing Premier Champions	Great North	Bob's Burgers	Family Feud										