

DEAR ABBY

Former drug user looks for way out of toxic relationship

Dear Abby: I'm a 39-year-old woman in a toxic relationship with my boyfriend of almost seven years. We had a child together but lost custody due to drug use during my pregnancy. Even though we don't have our son, and he treats me badly, I feel I have to stay with him because we have gone through so much together.

A couple of years ago, I got dentures because I ruined my teeth when I was using, and now I'm afraid no one will want to be with me because of them. So I'm stuck in a relationship that isn't good for me. It's embarrassing to have dentures at such a young age, and I don't know how I will be able to meet someone who can see past them and my drug history so I can be in a healthy relationship that I deserve. I feel like my only choices are to stay stuck in this toxic relationship forever or end up alone. How do I move past my insecurities so I can be

happy for once? — **Embarrassed in Arizona**
Dear Embarrassed: You have successfully battled drug addiction, so you are clearly not unused to "challenges." I applaud you for what you have accomplished, and others should respect you for it, too.

Please do not allow your fear of being alone to prevent you from taking another important step in reclaiming your life. You and I both know your abuser is not healthy for you. You have already invested too much time in him. If you rely on him for financial support, find a job. Make arrangements with friends or family so you can eventually save enough to live independently.

After you have left him, being alone does not necessarily have to be a bad thing. In your case it could be therapeutic. And once you

are financially stable, consult a dentist or a school of dentistry about what options you might have besides dentures. The only thing holding you back at this point is yourself.

Dear Abby: I am a 37-year-old mother of three, ages 13, 5 and 3. I'm married and own my home. I am a new stay-at-home mom after having worked for 16 years at my last job. My kids are happy and healthy.

Any time I go to my parents' house or they drop in on me for a quick visit, they have to "point out" that it is a mess or that my oldest is wearing jeans with holes in them. There's always a negative comment, never a positive one. My oldest has started to notice. It makes it hard to spend time with my parents since the visit is never a happy one without nitpicking.



JEANNE PHILLIPS ADVICE

DAYS GONE BY

100 Years Ago Aug. 21, 1921

Louis Ragains, about 36 years old, postmaster at McKay, was shot and killed Sunday morning at 12:20 by Jesse Brunn at Wright's cabin, 40 miles southeast of Pendleton. A plea of self defense is put forward by Brunn who declares that his own life was threatened by Ragains just before the fatal shot was fired. The shooting is said to have been witnessed by two other men who were in the cabin at the time. The accounts given by the three men to Deputy Coroner J.F. Brady and Deputy Sheriff Wes Spears agree that Ragains was the aggressor in the action that immediately preceded the shooting and resulted in his death.

50 Years Ago Aug. 21, 1971

R.P. "Joe" Smith, Umatilla County district attorney, may be a candidate for the Democratic nomination for attorney general in the May primary, following a meeting of the Umatilla County Democratic Central Committee in Umatilla Friday night. Smith said in response to a query from an East Orego-

nian reporter on the attorney general candidacy rumor that he is "testing the water." The Umatilla County district attorney is a prominent figure in state Democratic circles and in recent weeks has been making speeches to political groups in Western Oregon. Sunday he will be speaking at a Democratic meeting in Sandy. Smith's candidacy for a state post is expected to draw considerable interest in Umatilla County.

25 Years Ago Aug. 21, 1996

Russian-born Anatoly Shimansky is on a cross-country expedition of love and peace. An excursion he is not taking by plane, train, boat or even automobile, but by horse and buggy. And Tuesday, Pendleton became part of his journey. Shimansky, 54, of St. Petersburg, has spent the past eight months traveling across the country in his horse-drawn buggy on a voyage he calls "From Russia With Love and Peace." The horse and buggy allow Shimansky to meet people, but he prefers this mode of transport because "nobody would give you car apples and carrots." But, more importantly, his trek satisfies a lifelong quest. "It is my childhood dream to travel around the world," Shimansky said.

THIS DAY IN HISTORY

On August 21, 1991, the hard-line coup against Soviet President Mikhail S. Gorbachev collapsed in the face of a popular uprising led by Russian Federation President Boris N. Yeltsin.

In 1831, Nat Turner launched a violent slave rebellion in Virginia, resulting in the deaths of at least 55 whites; scores of Blacks were killed in retribution in the aftermath of the rebellion. (Turner was later captured and executed.)

In 1911, Leonardo da Vinci's "Mona Lisa" was stolen from the Louvre Museum in Paris. (The painting was recovered two years later in Italy.)

In 1959, President Dwight D. Eisenhower signed an executive order making Hawaii the 50th state.

In 1986, more than 1,700 people died when toxic gas

erupted from a volcanic lake in the West African nation of Cameroon.

In 1987, Sgt. Clayton Lonetree, the first Marine court-martialed for spying, was convicted in Quantico, Va., of passing secrets to the KGB. (Lonetree ended up serving eight years in a military prison.)

In 1992, an 11-day siege began at the cabin of white separatist Randy Weaver in Ruby Ridge, Idaho, as government agents tried to arrest Weaver for failing to appear in court on charges of selling two illegal sawed-off shotguns; on the first day of the siege, Weaver's teenage son, Samuel, and Deputy U.S. Marshal William Degan were killed.

In 1993, in a serious setback for NASA, engineers lost contact with the Mars Observer spacecraft as it was

about to reach the red planet on a \$980 million mission.

In 2000, rescue efforts to reach the sunken Russian nuclear submarine Kursk ended with divers announcing none of the 118 sailors had survived.

In 2013, Army Pfc. Bradley Manning was sentenced at Fort Meade, Maryland, to up to 35 years in prison for spilling an unprecedented trove of government secrets. (The sentence for the former intelligence analyst, now known as Chelsea Manning, was commuted by President Barack Obama in his final days in office.)

Today's Birthdays: Actor-director Melvin Van Peebles is 89. Rock-and-roll musician James Burton is 82. Singer Jackie DeShannon is 80. College and Pro Football Hall of Famer Willie Lanier is 76. Actor Patty McCor-

mack is 76. Pop singer-musician Carl Giammarese is 74. Actor Loretta Devine is 72. NBC newsman Harry Smith is 70. Singer Glenn Hughes is 69. Actor Kim Cattrall is 65. College Football Hall of Famer and former NFL quarterback Jim McMahon is 62. Actor Cleo King is 59. Rock singer Serj Tankian (System of a Down) is 54. Figure skater Josee Chouinard is 52. Actor Carrie-Anne Moss is 51. MLB player-turned-manager Craig Counsell is 51. Rock musician Liam Howlett (Prodigy) is 50. Actor Alicia Witt is 46. Singer Kelis is 42. TV personality Brody Jenner is 38. Singer Melissa Schuman is 37. Olympic gold medal sprinter Usain Bolt is 35. Actor Carlos Pratts is 35. Actor-comedian Brooks Wheelan is 35. Actor Cody Kasch is 34. Country singer Kacey Musgraves is 33.

7 LITTLE WORDS

Find the 7 words to match the 7 clues. The numbers in parentheses represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

CLUES	SOLUTIONS
1 Roger "The Rocket" (7)	_____
2 Honus "The Flying Dutchman" (6)	_____
3 Stan "The Man" (6)	_____
4 Reggie "Mr. October" (7)	_____
5 Frank "The Big Hurt" (6)	_____
6 Ted "The Splendid Splinter" (8)	_____
7 George Herman "Babe" (4)	_____

ME	GN	MAS	WA	WI
ER	ON	CKS	SI	RU
CLE	MU	THO	IA	JA
NS	MS	TH	AL	LL

Today's Answers: 1. CLEMENS 2. WAGNER 3. MUSIAL 4. JACKSON 5. THOMAS 6. WILLIAMS 7. RUTH

WORD★Roundup™

by David L. Hoyt & Jeff Knurek

Find and Circle...

- Solar _____ ☐☐☐☐☐☐☐
- Four five-letter countries _____ ☐☐☐☐☐
- Two five-letter bodies of water _____ ☐☐
- Opposite of better _____ ☐
- Your planetary home _____ ☐

Answers to Saturday's puzzle: RADIIATION ECLIPSE SYSTEM POWER PANEL FLARE CELL / ITALY SPAIN EGYPT NEPAL / INLET OCEAN / WORSE / EARTH

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C D N G N E P A L N T S
 E E R A D I A T I O N Y
 G C L H J R N T Y N P S
 Y W L L D A E E L I O T
 P O G I E H L L A A W E
 T R H C P T K N T P E M
 C S O C J S D I I S R D
 P E F L A R E E A R T H

Featured this Week:

CHURCH DIRECTORY

Community Worship

Solid Rock Community Church

140 SW 2nd St Hermiston, OR 97838
541-567-6937

Worship Service: 11:00AM
Sunday School: 9:45
Pastor Wilbur Clark

Redeemer Episcopal Church

241 SE Second St. Pendleton (541)276-3809
www.pendletonepiscopal.org

Sunday Holy Communion: 9am
Wednesday Holy Communion: Noon
M-F Morning Prayer 7am on Zoom
All Are Welcome

Our Lady of Angels Catholic Church

565 W. HERMISTON AVE. MASS SCHEDULES

Monday-Friday.....English 8:00am
Tuesday-Friday.....Spanish 6:00pm
SATURDAY.....English 5:00pm
.....Spanish 7:00pm
SUNDAY.....English 9:00am
.....Spanish 11:00am
.....Spanish 1:00pm
.....Spanish 6:00pm
Parish Office.....541-567-5812

Iglesia Católica Nuestra Señora de los Angeles

565 W. HERMISTON AVE. HORARIOS DE MISTAS

lunes a Viernes.....Inglés 8:00am
.....Español 6:00pm
SÁBADO.....Inglés 5:00pm
.....Español 7:00pm
DOMINGO.....Inglés 9:00am
.....Español 11:00am
.....Español 1:00pm
.....Español 6:00pm
Oficina Parroquial.....541-567-5812

St. Johns Episcopal Church

N.E. Gladys Ave & 7th, Hermiston 541-567-6672

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Pastor Dan Satterwhite
541.377.4252
417 NW 21st St. - Pendleton, OR 97801
www.facebook.com/PendletonLighthouseChurch

Community Presbyterian Church

14 Martin Drive, Umatilla, OR 922-3250

Worship: 10 AM
Sunday School at 11:30

FIRST PRESBYTERIAN CHURCH

201 SW Dorion Ave. PendletonPresbyterian.org

Worship Services On Facebook
10:00am Sundays
Facebook.com/PendletonPresbyterian

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Sunday School - 10:00 a.m. (Nursery Provided)
Fellowship, Refreshments & Sunday School
Check Out our Facebook Page or Website for More Information

541-289-4535
Pastor Weston Walker
Grace and Mercy Lutheran Church, ELCA
(First United Methodist Church)
191 E. Gladys Ave. / P.O. Box 1108
Hermiston, Oregon 97838

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ONLINE and IN-PERSON SERVICES

SUNDAYS | 8:00 AM & 10:00AM

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Center for Worship & Service

Sunday Worship Service

9:30 - Sunday School
10:30 - Worship Service

Wednesday Bible Study
5:30 Family Fellowship Meal - 6:00 Bible Study

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Bible Study.....10:15 AM

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Wednesday Evenings
Family Night: 6:00 pm

Pendleton First Assembly of God
1911 SE Court Ave. PO Box 728
541.276.6417 pendletonfirst.com

To advertise in the Church Directory, please contact
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541-564-4538
or email
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