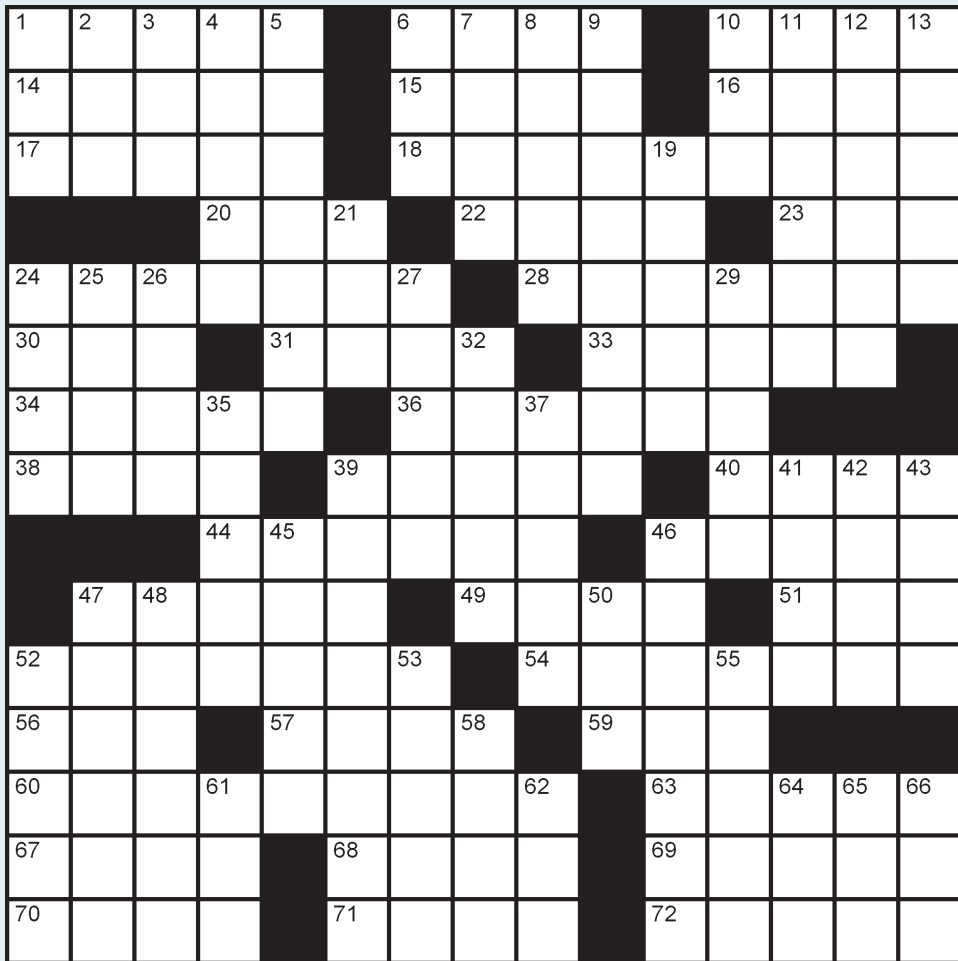


### Breaking the Code by Catherine Cett

Universal Crossword edited by David Steinberg



- ACROSS**
- 1 Let up
  - 6 Adele's voice range
  - 10 "High Voltage" band
  - 14 "Take it easy!"
  - 15 Telly network, with "the"
  - 16 Sound from a fan
  - 17 "Go get it, Fido!" (note this answer's final 2 letters + ...)
  - 18 Totally trounces (... this answer's first 3)
  - 20 007 creator Fleming
  - 22 Figurehead's place on a ship
  - 23 Small criticism
  - 24 End of a relay race (final 3 letters + ...)
  - 28 End of an apple pie order (... first 2)
  - 30 Anger
  - 31 Slender swimmers
  - 33 Get the lead out?
  - 34 Flat-topped formations
  - 36 Brings together
  - 38 Most visited Hawaiian island
  - 39 Do penance
  - 40 Surprisingly, they can be even
  - 44 Poet Frost
  - 46 "B-o-r-i-n-g"
  - 47 Nannies or billies
  - 49 Moderate pace
  - 51 Pirate's beverage
  - 52 Have a thing for (final 3 letters + ...)
  - 54 Paper-folding art (... first 2)
  - 56 Beret, e.g.
  - 57 Billionaire Musk
  - 59 Zig instead of zag, say
  - 60 Bit of gossip (final 3 letters + ...)
  - 63 Note from a teacher (... first 2)
  - 67 "Take a \_\_\_ breath!"
  - 68 Adhesive on a roll
  - 69 Put into words
  - 70 "Como \_\_\_ usted?"
  - 71 Paradise
  - 72 Fusilli or rigatoni
- DOWN**
- 1 Pound sound
  - 2 Spelling competition
  - 3 Bottom-row PC key
  - 4 Unspoken but understood
  - 5 Breathes out
  - 6 Civil War prez
  - 7 Long jump
  - 8 Fish with a neon variety
  - 9 Like the telegraph, nowadays
  - 10 Leatherworking tool
  - 11 Khaki pants
  - 12 Separate
  - 13 Island where Hercules captured a bull
  - 19 In the know
  - 21 Formerly named
  - 24 Short name for a long vehicle
  - 25 Length x width, for a rectangle
  - 26 Group gathering, slangily
  - 27 Butt muscle, briefly
  - 29 George \_\_\_ University
  - 32 Sty sound
  - 35 Ethereal glows
  - 37 Basic course
  - 39 Word before "zero" or "minimum"
  - 41 Nickelodeon explorer
  - 42 Keep the beat
  - 43 Big rig
  - 45 "A rose by any \_\_\_ name ..."
  - 46 Roils
  - 47 AA, A and B, for eggs
  - 48 Place for a plug
  - 50 Miner's quest
  - 52 Scold
  - 53 Wanderer
  - 55 Climate activist Thunberg
  - 58 "Uh-uh"
  - 61 Org. that regulates emissions
  - 62 Villainous Kylo
  - 64 UFO pilots
  - 65 NYC opera venue, with "The"
  - 66 1923 National Women's Party proposal, briefly

## HOROSCOPES BY HOLIDAY MATHIS

FRIDAY, JULY 30, 2021 Mars Addresses Emotional Labor



Mars leaving the sign of the heart to explore Virgo, the sign of work, speaks to the burden of emotional labor. There's a gap between our inner feelings and what we must outwardly project to fulfill the protocol of the moment. Emotional labor is the effort it takes to bridge the gap. The endeavor can be every bit as energy-intensive as physical work.

**ARIES (March 21-April 19).** As the warrior of the zodiac, you observe the rules of battle, aware of the advance and the retreat. What matters is honor in both scenarios -- to be brave and never to desert the others.

**TAURUS (April 20-May 20).** Falling in love with a person is different from falling in love with the way you feel when you're around that person. The distinction will be worth noting. Healthy relationships are thoroughly considered.

**GEMINI (May 21-June 21).** You'll disagree, but you won't disrespect. For this reason, you're just the person who can help everyone work together for a common aim. Good leaders unify the group.

**CANCER (June 22-July 22).** When the apple cart of expectation overturns, it's a surprise, but it doesn't have to be an upset or an obstacle. This is a chance to question and update your premise to match reality.

**LEO (July 23-Aug. 22).** Even though you love to learn, you'd rather figure things out yourself than listen to someone serve up what they think you ought to know. Others share your preference. Instead of preaching, you'll offer an opportunity for discovery.

**VIRGO (Aug. 23-Sept. 22).** It's like you're on a hike, striving to get up to the elevation that will allow you a better view of the situation. The miles you travel today will help you get the past into proper perspective and glimpse the future, too.

**LIBRA (Sept. 23-Oct. 23).** If you wouldn't say something in front of the smartest person you know, don't say it. Also, consider whether you're hanging out in the right places. Your company should elevate you, not cause you to dip your standards.

**SCORPIO (Oct. 24-Nov. 21).** Which has a higher value, appropriateness or humor? Honesty or creativity? Which is more useful to cultivate, abundance or safety? There are no absolute right answers. You'll notice your value system is changing.

**SAGITTARIUS (Nov. 22-Dec. 21).** You've told your story many times and in different ways, smartly catering to the themes on the table. What you add to today's themes will really help the others, especially if you keep your contribution brief.

**CAPRICORN (Dec. 22-Jan. 19).** People from other backgrounds may have vastly different notions of what's appropriate. Most will be able to adjust to the expectations of the moment, as long as those are clearly communicated in a way they can understand.

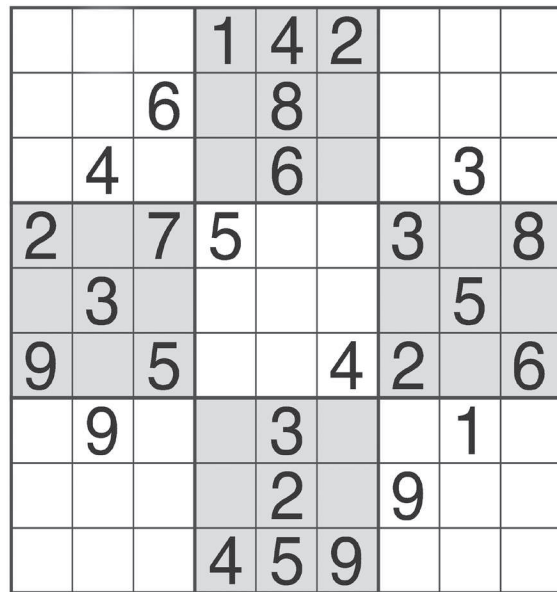
**AQUARIUS (Jan. 20-Feb. 18).** The successful timing of the day can be summed up in one word: early. It will pay to get a jump on everything from traffic to investments to the day itself, arriving on the scene before the others.

**PISCES (Feb. 19-March 20).** There's no question you've been gifted with talent. But what is more valuable is your other gift -- the difficulty you were handed. Overcoming this has made you capable and ready to turn today's opportunity into gold.

**TODAY'S BIRTHDAY (July 30).** A gorgeous harmonizing of disparate elements takes place as you answer the solar return invitation to less thinking, more feeling. You'll fall into a more natural rhythm in regard to work and health. You'll be an essential part of a small group and accomplish big things there. Upgrades will add ease and style to your daily life. Cancer and Libra adore you. Your lucky numbers are: 19, 1, 4, 44 and 15.

### Universal SUDOKU

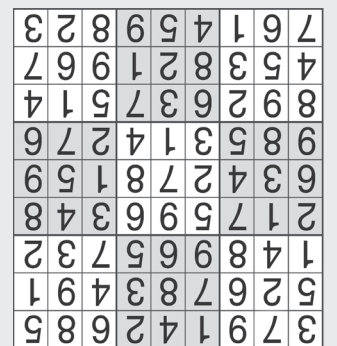
Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively.



DIFFICULTY RATING: ★★★★★

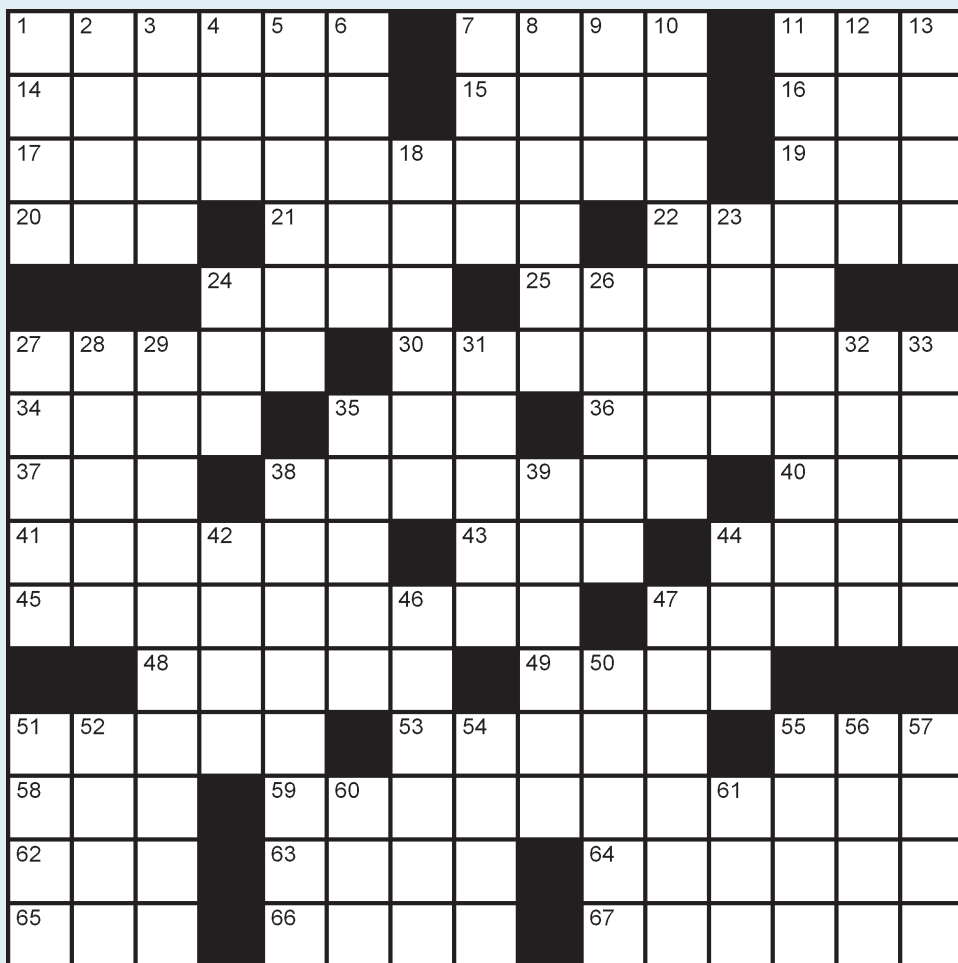


### SOLUTIONS



### Bodybuilding by Simon Marotte

Universal Crossword edited by David Steinberg



- ACROSS**
- 1 Vamooses
  - 7 What a tire swing may swing from
  - 11 Poker pile
  - 14 Evoke
  - 15 Falco of "Nurse Jackie"
  - 16 "That's relaxing!"
  - 17 It's represented by bars
  - 19 Brazilian bossa nova hub, informally
  - 20 Sock's end
  - 21 Relative of ice cream, for short
  - 22 Chopper part
  - 24 Pie containers
  - 25 Wed
  - 27 Like some diet desserts
  - 30 Kleenex purchase
  - 34 Currency for 19 countries
  - 35 \_\_\_ Talk
  - 36 Take out a policy for
  - 37 Scarfed down
  - 38 People who made proclamations
  - 40 \_\_\_ Antonio
  - 41 Wobble
  - 43 Forest green, for one
  - 44 Shannon of Thirty Seconds to Mars
  - 45 Pulled part of a church instrument
  - 47 Like dough after baking, one hopes
  - 48 Common sleep disorder
  - 49 Taken in pill form, say
  - 51 Taste or touch
  - 53 Spanish mister
  - 55 Initials on a deli menu
  - 58 Prefix with "athlete"
  - 59 Certain computer problem
  - 62 Web exchange
  - 63 Fortune-teller
  - 64 "Can I?"
  - 65 Headbutt, or an animal that headbutts
  - 66 Harvard's rival
  - 67 Site of a famous opera house
- DOWN**
- 1 Religious faction
  - 2 Ancient Egyptian queen, familiarly
  - 3 Annoy
  - 4 Knee injury site: Abbr.
  - 5 Island of \_\_\_ Toys (place visited by Rudolph)
  - 6 Like a disciplinarian
  - 7 Impose, as a fine
  - 8 "Like herding cats" and "sick as a dog"
  - 9 One might say "Is this thing on?" into it
  - 10 Trips to the liquor store, say
  - 11 Vehicles with many lights
  - 12 Toni Morrison's birth state
  - 13 Hammer-wielding Avenger
  - 18 List of players
  - 23 Mine carts' contents
  - 24 Chinese "way"
  - 26 Remark to the audience
  - 27 "Swell!"
  - 28 "\_\_\_ Banks" (Netflix show set in North Carolina)
  - 29 Anti-consumerist ideology
  - 31 State with a potato museum
  - 32 Deliver a speech
  - 33 Noble gas in arc lamps
  - 35 Curt
  - 38 Cognac brand
  - 39 Actress Patti
  - 42 Touches on the shoulder
  - 44 Rap's \_\_\_ Nas X
  - 46 Graduation cap feature
  - 47 Not often
  - 50 Easy wins
  - 51 Directive in a sauce recipe
  - 52 Humorist Bombeck
  - 54 To be, in French
  - 55 Stuff in a certain muffin
  - 56 Misplace
  - 57 Card that beats a deuce
  - 60 Congressional approval
  - 61 Teacher's pen color, often

## HOROSCOPES BY HOLIDAY MATHIS

SATURDAY, JULY 31, 2021 Change and a Taurus Conjunction



The moon's conjunction with Uranus in stubborn Taurus reminds us how impossible it is to change people who don't want to change. The same goes for changing others who (SET ITAL)do(EN) want to change! We are each enabled with powers of transformation that work on only one person in the entire world... the person we happen to be!

**ARIES (March 21-April 19).** Social problems require creative and thoughtful approaches. Brainstorm about it. The more conscientious you are, the more opportunities you find to connect, help and raise the group.

**TAURUS (April 20-May 20).** Consider that interest you pursue when you're supposed to be working. For happiness over the long haul, your go-to procrastination is a winning contender. Is there a way to make it your main deal?

**GEMINI (May 21-June 21).** The places you go with people will be very important to the flavor of your connection. Regional influences will color a love connection the way the soil in different places changes the taste of grape varietals.

**CANCER (June 22-July 22).** Like your brain, your heart gets too comfortable in your everyday surroundings. Make it uncomfortable by spending time in another land. Travel makes you love anew.

**LEO (July 23-Aug. 22).** The best gifts are those that don't obligate you to the giver. Even a gift card comes with a responsibility to shop for yourself. You'll receive loveliness today, and it comes without strings or requirements of any sort.

**VIRGO (Aug. 23-Sept. 22).** Though you believe your struggles happen in silence and privacy, there are some who can sense what you're feeling. They may not know the particulars, but they resonate with them anyway and want to be part of your solution.

**LIBRA (Sept. 23-Oct. 23).** Since you're on a mission to make the world a little better, going about your business doesn't feel like a grind at all. In fact, the lines between work and play are blurred. You're in your zone.

**SCORPIO (Oct. 24-Nov. 21).** In chess and in relationships, the opening move is of utmost importance. The endgame has everything to do with it. Knowing that a story will play out like bookends, you'll be careful with your open.

**SAGITTARIUS (Nov. 22-Dec. 21).** A lifelong learner, you're never quite satisfied with your current knowledge. The benefits to developing your mind will be made more obvious when you spend time with those who have developed theirs.

**CAPRICORN (Dec. 22-Jan. 19).** After a week of feeling as though your schedule owned you, it will be a liberation of sorts to own your time today. Next up, owning all the events that happen inside of it.

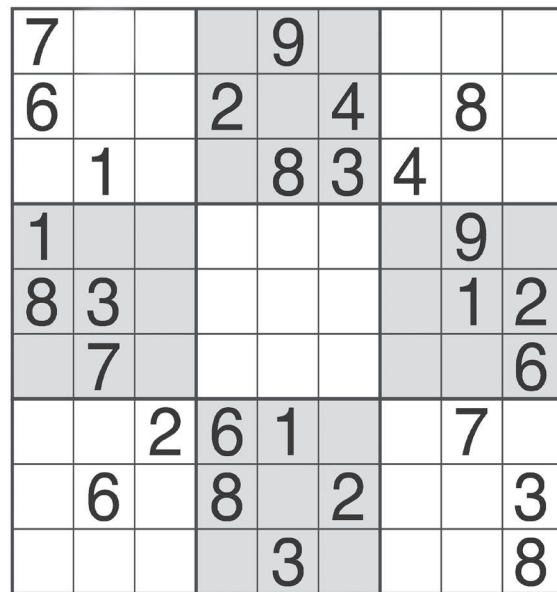
**AQUARIUS (Jan. 20-Feb. 18).** Everyone is inclined to do what comes naturally; nature is a most persuasive force. But the organic unfolding will clash with a higher calling, and you are better off doing the difficult, uncomfortable thing.

**PISCES (Feb. 19-March 20).** Shortcuts may get you to a point within a certain timeframe, but life's lessons have a way of demanding to be learned. They can be skipped in one moment, but sooner or later, they will have their day.

**TODAY'S BIRTHDAY (July 31).** You'll put great care into organizing an orderly living situation and positively winning routines. This will give you a platform on which to construct your next success story. Those who've tasted the honey of success will inspire and teach you as you work toward your own sweet dreams. Scorpio and Aquarius adore you. Your lucky numbers are: 5, 25, 22, 15 and 7.

### Universal SUDOKU

Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively.



DIFFICULTY RATING: ★★★★★



### SOLUTIONS

