Pacific Monardella: a mint with many uses



Pacific Monardella, Monardella odoratissima.

Bruce Barnes/Contributed Photo



BRUCE BARNES

BLOOMIN' BLUES

Name: Monardella odoratissima Scientific name:Pacific

Monardella Pacific Monardella is an attractive plant that often goes unnoticed in the Blue Mountains, though it is fairly common. It grows from British Columbia to California, to Idaho, Utah and New Mexico.

It blooms in the middle of the summer at middle to upper elevations. The plant

forms dense clumps, often a foot tall and wide. The pinkish-purple flowers are in heads at the top of each stem. The leaves are lanceshaped and opposite each other along the stem.

This plant is a member of the mint family. As is true for most mints, the stems are square. Each flower in a head has five petals, though they appear to have only four, because two of the petals are partly fused together except at the tips. The flower heads are about an inch wide, and the flowers are each about a half to three quarters of an inch long. If you find this plant, be sure to notice the scent, which isn't really pleasant but is more typical of the mint family than those used for flavoring food.

The plant has been used by many Indian tribes for medicine, food, fiber and tools. Medicinal uses include treatment of colds, gas pain, as an eye wash, upset stomach and to make a medicinal tea. A decoction of stems and flower heads, or of stems and leaves, has been used as a cold or hot tea. Tools such as spears, hooks and harpoons were wiped with the plant to remove scent, and the plants were put under hats for the fragrance.

Bruce Barnes directs Flora ID, producing plant *ID software, found at* flora-id.org. Reach him at flora.id@wtechlink.us.

OBITUARIES

Margaret A. Johnson

Hermiston

Jan. 30, 1933 — Feb. 24, 2021

It is with great sadness the family of

Margaret A. Johnson announces her passing in February 2021, in Hermiston, Oregon. Margaret was born in Des

Moines, Iowa, in January 1933 to Rowland and Louise Fogarty Sr. Margaret graduated from John Marshall High School in 1951 and from Emily Griffith Technical College in 1953.

Margaret is survived by her daughters Virginia, Kathryn and Donna, as well as many nieces, nephews, grandchildren and

great-grandchildren. She was preceded in death by her husband, Robert Johnson, and daughter Melinda Oliver.

Margaret loved playing games like

Hearts, Spades, Yahtzee, Thursday night bingo games at the temple, gambling at casinos, watching golf, traveling, and listening to country music.

Margaret was a long-time resident of Newbury Park (Conejo Valley), California, and retired in Hermiston, Oregon, several years ago. Margaret was loved and will be deeply missed by all the lives she has touched.

A private burial will be held. Burns Mortuary of Hermiston,

Oregon, is in care of arrangements. Please share memories of Margaret with her family at www.burnsmortusryhermiston.com.

COMMUNITY BRIEFING

Cruise Control revs up Music in the Park

IRRIGON — A hard drivin' rock 'n' roll sound along with softer melodies are featured as Cruise Control gets set to perform at Music in the Park.

The Tri-Cities band will crank out tunes from the 1950s through the '80s Monday, July 26, at 7 p.m. at Irrigon Marina Park situated on the Columbia River at 430 N.E. Eighth St., Irrigon. There is no admission charge.

Audience members are invited to to tap their toes, dance or just sing along. From time-to-time, the band provides an open mic for people in the audience to display their talents or fulfill their dream of singing with a rock band. Also, the band is versatile and often takes requests from the era they cover.

People are encouraged to bring a blanket or lawn chair and a picnic and beverages to enjoy while listening to the music. There is no admission

The outdoor concert series season finale on Aug. 5 features Cale Moon, an up-and-coming Nashville recording artist who hails from Benton City, Washington. For questions, call Donna at 541-922-3197.

Virtual workshop highlights stress reduction

HERMISTON — People are encouraged to address their stress before it's too late.

Managing stress can add years to your life. Good Shepherd Health Care System is offering a free workshop that will address such topics as stress management, mindfulness, meditation, and more. Participants will learn how stress impacts their body, how to avoid stress triggers, and techniques to reduce

The free virtual event is Tuesday, July 27, from 2-3 p.m. To register, visit

www.eventbrite.com. For questions, call 541-667-3509.

Free Methodist Church sets sail with Bible school

PENDLETON — Children entering first through sixth grades are invited to participate in a two-day vacation Bible school at the Pendleton Free Methodist Church. With a theme of

"Anchored: Deepening Faith in God," children will participate in a variety of activities to learn more about their faith. The sessions are Friday, July 30, from 3-5:30 p.m. and Saturday, July 31, from 9-11:30 a.m. They will be at the church, 1711 S.W. 44th St., Pendleton.

Registration is open via www.pendfmc.org/events/ vbs. Children do not have to attend the church to participate in the sessions. For questions, contact Kammi Townsend at 541-276-6015 or kammit@pendfmc.org.

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DEATH NOTICES

Johnson

Richard R. 'Rich' Barton

Hermiston May 9, 1948 — July 21, 2021

Richard R. "Rich" Barton, 73, of Hermiston, died Wednesday, July 21, 2021, at his home. He was born May 9, 1948, in Albany. Services are pending with Burns Mortuary of Hermiston. Share memories with the family at www.burnsmortuaryhermiston.com.

Michael L. Jones

Mission July 21, 2021

Michael L. Jones, 62, of Mission, died Wednesday, July 21, 2021, in Boise. Dressing services were held Friday, July 23, at 2 p.m. at Burns Mortuary, Pendleton. Washat service followed at 7 p.m. at the Agency Longhouse. The Final Seven will begin Saturday, July 24, at 7 a.m. in the Agency Longhouse, followed by burial at Agency Cemetery. Burns Mortuary of Pendleton is in charge of arrangements.

Gresham Oct. 8, 1945 — July 22, 2021

Former Pendleton resident Jim Rackley, 75, of Gresham, died Thursday, July 22, 2021, in Gresham. He was born Oct. 8, 1945. A celebration of life will be held Saturday, Sept. 4, at 1 p.m. at the Pendleton Eagles Lodge.

Doris Irene Rhoads

Weston

June 4, 1930 — July 21, 2021

Doris Irene Rhoads, 91, of Weston, died Wednesday, July 21, 2021, at her home. She was born June 4, 1930. Munselle-Rhodes Funeral Home, of Milton-Freewater, is in care of arrangements.

Darl L. Wallace

College Place March 31, 1938 — July 16, 2021

Darl L. Wallace, 83, of College Place, died Friday, July 16, 2021, in Walla Walla. He was born March 31, 1938. Munselle-Rhodes Funeral Home, of Milton-Freewater, is in care of arrangements.

BIRTHS

St. Anthony Hospital, Pendleton

JULY 15, 2021 WART — Renata A. and Travis P. Wart of Stanfield: a boy, Leland Oliver Wart.

JULY 16, 2021

HERNANDEZ — Alison M. and Steven S. Hernandez of Pendleton: a girl, Kinsley Lora Lee Hernandez.

STRASSER — Adrian Angliin and Andy Strasser of Milton-Freewater: a boy, Wyatt David Strasser. **Good Shepherd Medical Center, Hermiston**

JULY 13, 2021

CASON — Savannah Diaz and Ryan Cason of Stanfield: a boy, Luca Franklin Cason.

LOTTERY

Wednesday, July 21,

2021 Megabucks

05-06-07-13-19-25 Estimated jackpot: \$5.6

Lucky Lines 01-07-09-13-19-24-27-31

Estimated jackpot:

\$34,000

Powerball

27-28-44-67-68

Powerball: 11 Power Play: 2

Estimated jackpot: \$161

Win for Life

04-11-42-55 Pick 4

1 p.m.: 9-9-0-4 4 p.m.: 2-1-5-3 7 p.m.: 0-5-8-2

10 p.m.: 0-3-3-2 Thursday, July 22, 2021

Lucky Lines 02-05-11-16-20-22-28-31

Estimated jackpot: \$35,000 Pick 4

1 p.m.: 6-8-4-7 4 p.m.: 6-5-1-9 7 p.m.: 6-1-5-9 10 p.m.: 8-3-5-5 The most valuable and

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subject to vehicle availability. Offer excludes RAV4 Hybrid models. Varies by region. Cannot be combined with TFS

APR Cash, TFS Lease Cash, APR, Lease, APR Subvention Cash, Lease Subvention Cash. Offer available in AK, ID, MT, OR, WA regardless of buyer's residency; void where prohibited. Does not include College Grad or Military Rebate. Expires 8/2/21. See your participating Toyota dealer for details. ToyotaCare covers normal factory

scheduled maintenance for two years or 25,000 miles, whichever comes first. Certain models require a different maintenance schedule as described in their Maintenance Guide. 24-hour Roadside Assistance is also included for

two years, unlimited mileage. Roadside Assistance does not include parts and fluids, except emergency fuel

delivery. See Toyota dealer for details and exclusions. Valid only in the continental U.S