

DEAR ABBY

Man is weighed down by sadness four years after separation

Dear Abby: I've been separated from my wife for about four years, at her request. It was justified. I wasn't the best husband. I wasn't abusive, but I was sad and feeling sorry for myself, like now.

I took her for granted and didn't show her the affection she deserved, but I have been going to therapy to work through issues that I had suppressed for decades that contributed to me being a bad husband. I wanted to try counseling with her, but she was done and refused, which I'm still saddened by.

As of today, she has a new boyfriend but still hasn't filed for divorce. I'm struggling because she and her new boyfriend hang out with people I grew up with. It's my own hang-up, I know, but it makes me feel embarrassed and like I can never hang out with my friends again. I get upset when

I see posts on Facebook with her and her boyfriend that my family have added heart emojis or nice comments to.

Am I wrong for feeling betrayed in some way? Is my estranged wife belittling me by not filing for divorce and hanging out with my friends and a new boyfriend? Are my friends and family betraying me by being friends with them? — Broken Beyond Repair

Dear Broken: Marriages end for many reasons. If I read your letter correctly, your wife left because she could no longer cope with someone who was in a chronic state of depression, not because you were a "bad husband" or had some flaw in your character.

You are doing your best to improve your mental state, and for that I applaud you. You should not feel embarrassed or humiliated because she has found a new relationship. Please discuss these feelings with your therapist so you can move beyond them.

It may also be time to take the initiative and file for the divorce. Quit avoiding your longtime friends. If you haven't started dating, some of them may know women to introduce you to. And because posts on the internet about your almost-ex and her boyfriend cause you pain, block or delete them rather than obsess.

Dear Abby: My boyfriend has an 8-year-old daughter who lives with us part time. Sometimes I watch her when her dad

is out running errands or working.

I'll be perfectly honest. There are times she acts like an entitled, spoiled brat. She's rude and disrespectful, and when I ask her to do something, she doesn't always do it. I can't take it anymore.

I know I'm not her biological mom, but I will not continue to tolerate her behavior and attitude. Although I have spoken with her dad about it, he has done nothing to correct the problem. Please tell me what to do. — Frustrated "Stepmom"

Dear Frustrated: The next time you are asked to watch your boyfriend's daughter, decline and clearly state the reason why. Perhaps when it becomes inconvenient for him, he will assert himself, act like a parent and insist that his daughter behave respectfully. If not, you may have to rethink the relationship.



JEANNE PHILLIPS ADVICE

DAYS GONE BY

From the East Oregonian

100 Years Ago April 10, 1921

John Hailey Jr. is not just exactly popular with a bunch of fight fans in Pendleton on account of his action in breaking up a little exhibition contest between John Ogle and E. Corley Friday afternoon. Just when the fisticuffs were beginning to be interesting the city probation officer interferred and took the men to the police station, and his action caused a group of men to miss seeing the finish of what promised to be a lively bout. The scrap is said to have started when Corley refused to accept Ogle's invitation to shake hands. In police court Judge Fitz Gerald found that Ogle was the aggressor, and he was fined \$15.

50 Years Ago April 10, 1971

Dust-packing winds, which hit peak gusts of 63 miles an hour at Pendleton, swept Eastern Oregon Friday. From about 3:20-5 p.m. the wind averaged 30-35 miles an hour,

according to the National Weather Service. The high-howling wind was the cause of rear-end collisions involving six cars between Stanfield and the Stanfield Junction at about 2:30 p.m. Friday according to Oregon State Police. That section of Highway 32 covers about one mile.

25 Years Ago April 10, 1996

A second Pendleton man has been chosen to carry the Olympic torch on part of its 15,000-mile trek from Los Angeles to Atlanta, where the games will begin in about three months. Gary Nowell, 30, is one of 116 Oregonians who will run one kilometer with the Olympic flame. Nowell was nominated for the honor by his stepfather, David Osborn of Adams, as part of Coca-Cola's "Who Would You Choose" program. An earlier round of bearers were selected through a United Way program. Dr. Andrew Clark, a Pendleton veterinarian, was chosen in this process.

THIS DAY IN HISTORY

On April 10, 1947, Brooklyn Dodgers President Branch Rickey purchased the contract of Jackie Robinson from the Montreal Royals.

In 1912, the British liner RMS Titanic set sail from Southampton, England, on its ill-fated maiden voyage.

In 1932, German President Paul Von Hindenburg was reelected in a runoff, with Adolf Hitler coming in second.

In 1963, the fast-attack nuclear submarine USS Thresher (SSN-593) sank during deep-diving tests east of Cape Cod, Massachusetts, in a disaster that claimed 129 lives.

In 1971, a table tennis team from the United States arrived in China at the invitation of the communist government for a goodwill visit that came to be known as "ping-pong diplomacy."

In 1972, the United States

and the Soviet Union joined some 70 nations in signing an agreement banning biological warfare.

In 1981, imprisoned IRA hunger striker Bobby Sands was declared the winner of a by-election to the British Parliament.

In 1992, comedian Sam Kinison was killed in a car crash outside Needles, California, at age 38.

In 1998, the Northern Ireland peace talks concluded as negotiators reached a landmark settlement to end 30 years of bitter rivalries and bloody attacks.

In 2005, Tiger Woods won his fourth Masters with a spectacular finish of birdies and bogeys.

In 2010, Polish President Lech Kaczynski, 60, was killed in a plane crash in western Russia that also claimed the lives of his wife and top Polish political, military and church offi-

cials. "Designing Women" co-star Dixie Carter, 70, died in Houston.

In 2015, the Apple Watch made its debut.

In 2019, scientists released the first image ever made of a black hole, revealing a fiery, doughnut-shaped object in a galaxy 53 million light-years from earth.

Today's Birthdays: Actor Liz Sheridan is 92. Football Hall of Famer John Madden is 85. Actor Steven Seagal is 69. Folk-pop singer Terre Roche (The Roches) is 68. Actor Peter MacNicol is 67. Actor Olivia Brown is 64. Rock musician Steven Gustafson (10,000 Maniacs) is 64. Singer-producer Kenneth "Babyface" Edmonds is 63. Rock singer-musician Brian Setzer is 62. Rock singer Katrina Leskanich is 61. Actor Jeb Adams is 60. Olympic gold medal speedskater Cathy Turner is 59. Rock musi-

cian Tim "Herb" Alexander is 56. R&B singer Kenny Lattimore is 54. Actor-comedian Orlando Jones is 53. Rock musician Mike Mushok (Staind) is 52. Rapper Q-Tip (AKA Kamaal) is 51. Actor David Harbour is 46. Blues singer Shemekia Copeland is 42. Actor Laura Bell Bundy is 40. Actor Harry Hadden-Paton is 40. Actor Chyler Leigh is 39. Pop musician Andrew Dost (fun.) is 38. Actor Ryan Merriman is 38. Singer Mandy Moore is 37. Actor Barkhad Abdi is 36. Actor Shay Mitchell is 34. Actor Haley Joel Osment is 33. Actor Molly Bernard (TV: "Younger") is 33. Country singer Maren Morris is 31. Actor Alex Pettyfer is 31. Actor-singer AJ (AKA Amanda) Michalka is 30. Actor Daisy Ridley is 29. Singer-actor Sofia Carson is 28. Actor Audrey Whitby is 25. Actor Ruby Jerins is 23.

7 LITTLE WORDS

Find the 7 words to match the 7 clues. The numbers in parentheses represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

Table with 2 columns: CLUES and SOLUTIONS. Clues include '1 calm (8)', '2 calm (10)', '3 calm (6)', '4 calm (6)', '5 calm (8)', '6 calm (8)', '7 calm (4)'. Solutions are blank lines.

Grid of letters for the 7 Little Words puzzle. Letters include PL, CO, AC, CO, RMO, NI, ID, PEA, ENE, UL, NQU, HA, CEF, TRA, SED, OL, IL, SER, OUS, MPO.

Today's Answers: 1. TRANQUIL 2. HARMONIOUS 3. PLACID 4. SERENE 5. PEACEFUL 6. COMPOSED 7. COOL

WORD Roundup

by David L. Hoyt & Jeff Knurek

Find and Circle...

- Three colors ending with a vowel [ ] [ ] [ ]
Three eight-letter words [ ] [ ] [ ]
Three planets [ ] [ ] [ ]
Two longest rivers [ ] [ ]
Two fruits starting with A [ ] [ ]

Answers to Saturday's puzzle: PURPLE WHITE BLUE / MONTANE PARANOID / OPERATOR / VENUS EARTH MARS / AMAZON NILE / APRICOT APPLE

Word search grid with words circled. Letters include B, R, W, H, I, T, E, T, N, D, E, O, J, L, P, N, L, V, O, N, I, T, P, P, A, R, U, L, B, C, O, O, A, E, S, E, P, K, X, E, I, Z, N, V, L, H, U, R, P, S, G, R, A, A, I, P, T, N, N, A, L, R, P, M, R, T, R, R, I, E, T, E, A, A, A, O, U, A, T, H, L, V, O, C, M, P, M, P, E, K, R, V, E, J, R

Large advertisement for Church Directory Community Worship. Features 'CHURCH DIRECTORY Community Worship' and 'Featured this Week: GRACE AND MERCY LUTHERAN CHURCH, ELCA'. Includes contact info for various churches like Our Lady of Angels, Iglesia Católica Nuestra Señora de los Angeles, First United Methodist Church, Redeemer Episcopal Church, The Salvation Army, St. John's Episcopal Church, Community Presbyterian Church, Pendleton Lighthouse Church, and Faith Lutheran Church.