

Thursday Evening

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
BROADCAST																	
KFFX	11	-	11	2 Broke Girls	2 Broke Girls	Last Man St.	Last Man St.	Hell's Kitchen (N)	Call Me (SF) (N)	Last Man (N)	First at Ten (N)	:35 Modern	:05 Modern	:35 MikeMoll	:05 2½ Men	:35 Mom	
KPTV	3	-	-	6 O'Clock News (N)		People	Family Feud	Hell's Kitchen (N)	Call Me (SF) (N)	Last Man (N)	10 O'Clock News (N)	News (N)	People	TMZ (N)	2 Broke Girls		
KEPR	19	19	19	News (N)	Inside Ed. (N)	The Big Bang	The Simpsons	Young Sheldon	B Positive	Mom	Bob Hearts	Clarice "Are You Alright?"	News (N)	:35 The Late Show	:35 James Corden		
KOIN	19	-	-	News (N)	News (N)	Extra (N)	Ent. Tonight	Young Sheldon	B Positive	Mom	Bob Hearts	Clarice "Are You Alright?"	KOIN6News (N)	:35 The Late Show	:35 James Corden		
KNDU	23	23	23	News (N)	Family Feud	Wheel (N)	Jeopardy! (N)	Super (F) (N)	Super (F) (N)	SVU "Sightless in a Savage Land"	Dateline NBC (N)	Local News (N)	:35 The Tonight Show	:35 Seth Meyers			
KGW	8	-	-	KGW News (N)	KGW News (N)	The Good Stuff	Inside Ed. (N)	Super (F) (N)	Super (F) (N)	SVU "Sightless in a Savage Land"	Dateline NBC (N)	Local News (N)	:35 The Tonight Show	:35 Seth Meyers			
KVEW	42	-	-	News (N)	Local News (N)	Ent. Tonight	Extra (N)	Station 19 (N)		Grey's Anatomy "In My Life" (N)	Million Little Thing "Timing" (N)	News (N) :05 Jimmy Kimmel	:05 Nightl. (N)	:35 Right This Minute			
KATU	5	-	-	KATU News at 6:00 p.m. (N)	Jeopardy! (N)	Wheel (N)	Station 19 (N)	Station 19 (N)		Grey's Anatomy "In My Life" (N)	Million Little Thing "Timing" (N)	News (N)	:35 Jimmy Kimmel Live	:35 Nightline (N)			
KTNW	-	31	31	PBS NewsHour (N)	Articulate	Asia Insight (N)	Retire Safe and Secure With Ed Slott			Chateau "... at Christmas"	Amanpour and Company (N)	Doc Martin "Nobody Likes Me"					
OPB	59	-	-	Mickela Mallozzi	Outside Source	PBS NewsHour (N)	Art Beat	Oregon Guide		Shakespeare Hathaway	Modus	Masterp. "The Durrells in Corfu"	PBS NewsHour				
CABLE																	
A&E	52	118*	265*	The First 48		The First 48 "Stolen Innocence"	The First 48 "Mother of Two"	The First 48 (N)		Night. "Answering the Call" (N)	:05 The First 48 "Family First"	:05 The First 48 "Mother of Two"					
AMC	60	131*	254*	★ ★ ★ ★ Jurassic Park III ('01, Sci-Fi)	William H. Macy, Sam Neill.	★ ★ ★ ★ Jurassic Park (1993, Sci-Fi)	Laura Dern, Jeff Goldblum, Sam Neill.	★ ★ ★ ★ Jurassic Park ('97, Adv)	Jeff Goldblum.								
DISC	51	182*	278*	BattleBots "Bronco's Back"		BattleBots "Cold as Ice" (N)	RaneyRanch	:05 BattleBots "Let the Big Bot Battle Begin"									
FNC	66	205*	360*	Hannity		The Ingraham Angle	Fox News @ Night	Tucker Carlson Tonight	Hannity		The Ingraham Angle	Fox News @ Night					
FOOD	61	110*	231*	Beat Play	Beat Play	Beat Play	Beat Play	Beat Play (N)	Beat Play	Restaurant "House of Cards" (N)	Dinner: Impossible (N)	Beat Play	Beat Play	Beat Play	Beat Bobby Flay		
HBO	518	303	504	:15 ★ ★ ★ Tower Heist ('11, Act)	Ben Stiller, Eddie Murphy.	Q: Into the Storm	Q: Into the Storm	★ ★ ★ Speed ('94, Act)	Sandra Bullock, Keanu Reeves.	Beartown							
HIST	50	120*	269*	Swamp "Battle of the Baits"	Swamp People "The Boneyard"	Swamp People "Heat Wave"	Swamp People "Swamp Secrets"	:05 Swamp "Darkest Fears"	:05 Swamp People	:05 Swamp People "Heat Wave"							
ROOT	37	-	-	Shogun Fights "Best Of"	MLB Baseball Classics Seattle Mariners vs. Tampa Bay Rays			In Depth (N)	The Icons	Tennis Miami Open							
SHOW	578	319	546	:20 Shameless "Survivors"	:20 ★ ★ ★ Kiss the Girls ('97, Susp)	Ashley Judd.		:15 ★ ★ Along Came a Spider ('01, Thril)	Morgan Freeman.	DesMero (N)	VICE	Desus & Mero	Celeste Barber				
STARZ	621	351	526	5:05 ★ ★ Hulk ('03, Act)	Nick Nolte, Eric Bana.	:25 ★ ★ Along Came Polly	Ben Stiller.	Step Up	:55 The Craft: Legacy ('20, Dra)	Michelle Monaghan.	:35 After the Wedding ('19, Dra)	Julianne Moore.					
USA	58	105*	242	Law & Order: S.V.U. "Dear Ben"	SVU "A Story of More Woe"	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley (SF) (N)	Boss (N)	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows	Chrisley Knows Best

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SPORTS MOVIES NEWS

Friday Evening

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BROADCAST																	
KFFX	11	-	11	2 Broke Girls	2 Broke Girls	Last Man St.	Last Man St.	WWE SmackDown (N)		First at Ten (N)	:35 Modern	:05 Modern	:35 MikeMoll	:05 2½ Men	:35 Mom		
KPTV	3	-	-	6 O'Clock News (N)		People	Family Feud	WWE SmackDown (N)		10 O'Clock News (N)	News (N)	People	TMZ (N)	2 Broke Girls			
KEPR	19	19	19	News (N)	Inside Ed. (N)	The Big Bang	The Simpsons	MacGyver (N)		Magnum "The Lies We Tell" (N)	Blue Bloods (N)	News (N)	:35 The Late Show	:35 James Corden			
KOIN	19	-	-	News (N)	News (N)	Extra (N)	Ent. Tonight	MacGyver (N)		Magnum "The Lies We Tell" (N)	Blue Bloods (N)	KOIN6News (N)	:35 The Late Show	:35 James Corden			
KNDU	23	23	23	News (N)	Family Feud	Wheel (N)	Jeopardy! (N)	The Blacklist "Captain Kidd" (N)	Dateline NBC	Local News (N)	:35 The Tonight Show	:35 Seth Meyers					
KGW	8	-	-	KGW News (N)	KGW News (N)	StraightTalk (N)	Inside Ed. (N)	The Blacklist "Captain Kidd" (N)	Dateline NBC	Local News (N)	:35 The Tonight Show	:35 Seth Meyers					
KVEW	42	42	42	News (N)	Local News (N)	Ent. Tonight	Extra (N)	Shark Tank (N)	20/20	News (N) :05 Jimmy Kimmel	:05 Nightl. (N)	:35 Right This Minute					
KATU	5	-	-	KATU News at 6:00 p.m. (N)	Jeopardy! (N)	Wheel (N)	Shark Tank (N)	20/20	News (N)	:35 Jimmy Kimmel Live	:35 Nightline (N)						
KTNW	-	31	31	PBS NewsHour (N)	Wash. Week (N)	Firing Line (N)	World News (N)	Variety Studio	American Masters "Twyla Moves" (N)	Beyond Canvas	Amanpour and Company (N)	Mountain "Doyle Lawson & Quicksilver"					
OPB	59	-	-	Your Backyard	World News	PBS NewsHour (N)	Father Brown "The Queen Bee"	Call the Midwife	Seaside Hotel "Raging Storm"	Resistance		PBS NewsHour					
CABLE																	
A&E	52	118*	265*	The First 48		The First 48 "Close to Home"	The First 48 "Secrets and Lies"	The First 48 "Graveyard Love"	The First 48	:05 The First 48	:05 The First 48 "Secrets and Lies"						
AMC	60	131*	254*	4:00 ★ ★ ★ ★ Jurassic Park		★ ★ ★ ★ Forrest Gump (1994, Comedy/Drama)	Sally Field, Gary Sinise, Tom Hanks.	★ ★ ★ The Green Mile (1999, Drama)	David Morse, Bonnie Hunt, Tom Hanks.								
DISC	51	182*	278*	GoldRushTurinMine "All In"	GoldRush "Mountain of Gold"	GoldRush "Say a Prayer" (N)	:05 Gold Parker "Family Trust"	Gold Rush	:05 Gold Rush	GoldRushTurinMine "Say a Prayer"							
FNC	66	205*	360*	Hannity		The Ingraham Angle	Fox News @ Night	Tucker Carlson Tonight	Hannity		The Ingraham Angle	Fox News @ Night					
FOOD	61	110*	231*	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners, Drive-Ins		
HBO	518	303	504	5:20 X-Men: Dark Phoenix	:15 Real Sports	:15 ★ ★ CHIPS ('17, Act)	Michael Peña, Dax Shepard.	Real Time With Bill Maher (N)	Q: Into the Storm	Real Time With Bill Maher							
HIST	50	120*	269*	4:00 To Be Announced	Ancient Aliens	Aliens "The Harmonic Code"	Aliens "The Space Travelers"	:05 Aliens "The UFO Pioneers"	:05 Ancient Aliens	:05 Aliens "The Harmonic Code"							
ROOT	37	-	-	WPT Poker	WPT Poker Alpha8	MLB Baseball Classics Seattle Mariners vs. Tampa Bay Rays		Tennis Miami Open									
SHOW	578	319	546	★ ★ ★ ★ 1917 ('19, War)	Dean-Charles Chapman.	True History of the Kelly Gang ('20, West)	Russell Crowe.	:05 ★ ★ ★ The Gentlemen ('19, Cri)	Matthew McConaughey.	Shameless "Survivors"							
STARZ	621	351	526	:10 The Broken Hearts Gallery ('20, Rom)	Dacre Montgomery.	Step Up (N)	:50 Little Women (2018, Drama)	Sarah Davenport, Allie Jennings, Melanie Stone.	:10 American Gods	:05 Gloaming "The Dying of the Light"							
USA	58	105*	242	Law&O: SVU "Facing Demons"	Law & Order: S.V.U. "Missing"	Law & Order: S.V.U. "Blackout"	Law&O: SVU "Dearly Beloved"	Law&O: SVU "The Good Girl"	Law & Order: S.V.U. "Hell"	Law & Order: S.V.U. "Sugar"							

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Did You Know... Even if you've already had COVID-19, you should still receive the vaccine.

Working every day to promote a healthy community

GOOD SHEPHERD HEALTH CARE SYSTEM
 Education and Wellness Services 541.667.3509

Visit UCoHealth.net for the most updated vaccination & testing information

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Saturday Evening

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
BROADCAST																	
KFFX	11	-	11	Last Man St.	Last Man St.	King of Queens	King of Queens	The Masked Singer	Game of Talents	First at Ten (N)	Most Wanted	I Can See Your Voice	Carbonaro	The Carbonaro Effect			
KPTV	3	-	-	★ ★ ★ Untraceable ('08, Cri)	Billy Burke, Colin Hanks, Diane Lane.	The Masked Singer	Game of Talents	10 O'Clock News (N)	I Can See Your Voice	Family Guy	Family Guy						
KEPR	19	19	19	News (N)	News (N)	The Big Bang	The Big Bang	The NAACP Image Awards (N)	48 Hours	News (N)	Ring of Honor Wrestling (N)	Just for Laughs: Gags					
KOIN	19	-	-	News (N)	News (N)	Pet Vet Dream	All in With	The NAACP Image Awards (N)	48 Hours	KOIN6News (N)	:35 In Depth	:05 American Ninja Warrior					
KNDU	23	23	23	News (N)	News (N)	ISU Figure Skating	Saturday Night Live (L)	Saturday Night Live (L)		Local News (N)	Saturday Night Live						
KGW	8	-	-	NBC News (N)	ISU Figure Skating	Saturday Night Live (L)	Saturday Night Live (L)			News (N)	Saturday Night Live						
KVEW	42	-	-	Extra Weekend (N)	Entertainment Tonight Weekend	Shark Tank	American Idol "Hollywood Duets Challenge"	Wipeout	Weather Gone Viral "Shock and Awe"								
KATU	5	-	-	KATU News at 6:00 p.m. (N)	Jeopardy!	Wheel Fortune	Shark Tank	American Idol "Hollywood Duets Challenge"	News (N)	:35 Ring of Honor Wrestling	:35 Castle						
KTNW	-	31	31	L. Welk "Songs of the '70s"	Chateau "... at Christmas"	Midsomer M. "Small Mercies"	Professor T. "The Legacy"	Death in Paradise "The Healer"	Austin City Limits "St. Vincent"	Backstage Pass "Luke Winslow King"							
OPB	59	-	-	Start Up	Start Up	Steves' Europe	Steves' Europe	Frankie Drake Mysteries	Midsomer M. "45 Midsomer Murders"	Forsyte "A Man of Property"	BetweenCovers	Bloodline	Julia Child: Cooking				
CABLE																	
A&E	52	118*	265*	5:30 ★ ★ ★ ★ Jack Reacher: Never Go Back	Tom Cruise.	★ ★ ★ Jack Reacher (2012, Action)	Rosamund Pike, Richard Jenkins, Tom Cruise.	:05 Nightl. "Answering the Call"	:05 ★ ★ ★ Jack Reacher	Tom Cruise.							
AMC	60	131*	254*	★ ★ ★ The Hobbit: An Unexpected Journey	A group of dwarves recruit a Hobbit to help regain their mountain from a dragon.	★ ★ The Hobbit: The Desolation of Smaug ('13, Adv)	Richard Armitage, Ian McKellen, Martin Freeman.										
DISC	51	182*	278*	Repo "Saint Croix Swipe"	Repo "The Blonde Bomber"	Airplane Repo "Close Calls"	Airplane Repo "Flying Blind"	Airplane Repo "Hired Guns"	Airplane Repo "Close Calls"								
FNC	66	205*	360*	Justice With Judge Jeanine	The Greg Gutfeld Show	Watters World	Justice With Judge Jeanine	The Greg Gutfeld Show	Watters World	Justice With Judge Jeanine							
FOOD	61	110*	231*	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners...Dives	Diners, Drive-Ins	
HBO	518	303	504	:05 ★ ★ ★ Pitch Perfect ('12, Com)	Anna Kendrick.	TINA (2021, Biography)	★ ★ Unforgettable ('17, Thril)	Rosario Dawson.	:45 TINA (2021, Biography)								
HIST	50	120*	269*	5:00 To Be Announced	American Pickers "Rock 'n Go"	Pickers "Pumps, Prints and Picks"	:05 American Pickers	:05 American Pickers	:05 American Pickers								
ROOT	37	-	-	Mariners	MLB Baseball Spring Training San Francisco Giants vs. Seattle Mariners Site: Peoria Stadium (L)	In Depth	MLB Baseball Spring Training San Francisco Giants vs. Seattle Mariners Site: Peoria Stadium -- Peoria, Ariz.										
SHOW	578	319	546	City on a Hill	City on a Hill	★ ★ Limitless (2011, Mystery)	Bradley Cooper.	:45 ★ ★ ★ Hustlers ('19, Dra)	Jennifer Lopez, Constance Wu.	:35 Shameless "Survivors"	:35 Air Force One						
STARZ	621	351	526	:20 ★ ★ The Call (2013, Thriller)	Morris Chestnut, Halle Berry.	The Gloaming	American Gods	★ ★ Men in Black: International ('19, Act)	Chris Hemsworth.	Little Women	Melanie Stone.						
USA	58	105*	242	Chicago P.D.	Chicago P.D.	Chicago P.D. "Called in Dead"	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D. "My Way"	Chicago P.D. "The Docks"						

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Sunday Evening

	CH	DISH	DTV	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30
BROADCAST																	
KFFX	11	-	11	Mike & Molly	Mike & Molly	Cherries (SF) (N)	Bless-Harts (N)	Simpsons (N)	Great North	Bob Burgers (N)	Family Guy (N)	First at Ten (N)	Outdoorsman	Modern Family	Modern Family	Two and a Half	Two and a Half Men
KPTV	3	-	-	Family Feud	Family Feud	Cherries (SF) (N)	Bless-Harts (N)	Simpsons (N)	Great North	Bob Burgers (N)	Family Guy (N)	10 O'Clock News (N)	News (N)	People	TMZ (N)		
KEPR	19	19	19</														