

DEAR ABBY

# Falling-out with friend group puts wife in awkward position

**Dear Abby:** I'm married to the most patient, loving and wonderful husband in the world. Recently, I had a falling-out with his friend group. I admit I was not a good friend due to mental illness, and I know I may never earn their forgiveness. I'm taking responsibility for my actions and seeking help. Now I want to move on and forget I ever knew them.

The problem is, my husband still hangs out with them. He defended me when they talked negatively about me, and continues to support me in all my struggles, but they're still buddy-buddy as if nothing ever happened. I can't help but think how awkward it is that he hangs out with a bunch of people who hate me.

The last thing I want is to break up a friendship, and I know it's petty to be angry that my husband still hangs with them, but

it still leaves a sour taste in my mouth. How can I learn to let go knowing they will be a constant presence in my life and a reminder of how horrible I was? —

**Keeping Distance**

**Dear Keeping:** You have a mental illness and you acted out. Your illness caused it, and it does not make you a bad person.

You cannot wave a magic wand and expect this to go away. You have already taken an important first step by admitting to yourself that you have a mental illness. If you are now in treatment, you have also taken the second step. When you are strong enough, apologize to his friend group for any pain, embarrassment or disruption you caused during an "episode" and assure

them you are working to get better.

You should not expect your husband to drop his friends because you messed up. They probably will be present in your lives for the foreseeable future, but that doesn't mean you will always be at odds.

**Dear Abby:** We moved into a beautiful new house a few months ago, and we're having an issue with a neighbor whose dog barks all night. This has been going on since the first night. I have tried to ignore it. I wear earplugs or put a pillow over my head, but nothing helps, and it's starting to affect my mood because I'm not getting enough sleep.

I'm receiving mixed advice from family about whether I should talk to the neighbor in

person or anonymously submit a complaint with the city. I would go in person, but I'm somewhat shy, and I'm not sure how to start a conversation like that with someone I've never met. Any advice on this would be so helpful. — **Sleep-Deprived in Arizona**

**Dear Sleep-Deprived:** It would be interesting to know why your neighbor's dog barks all night. Is it neglected, hungry or thirsty, tied up outside and wanting to come in? Because you are shy, write your neighbors a polite letter explaining that their dog's barking is preventing you from getting a good night's sleep and ask if they can do something to help you out. Give them a chance to rectify the problem. However, if the animal is being ignored and mistreated, contact the animal control department in your city and report it.



JEANNE PHILLIPS ADVICE

## DAYS GONE BY

**100 Years Ago**  
**From the East Oregonian**  
**March 6, 1921**

When President Wilson just before retiring from office yesterday affixed his signature to the Sundry civil bill he put the finishing touch on a bit of legislation that means a large construction enterprise five miles from Pendleton and an increased water supply for the west end of the county. The McKay reservoir will be located on McKay creek a quarter of a mile above the house on the Jones place. The reservoir will cover 2000 acres of land above the damsite and will reach a distance of two and a half miles up stream. In the purchase of this land there will be 12 owners to deal with and the appraised price of the land to be purchased is over \$100,000. The Holmes place on McKay will be right in the middle of the reservoir. The original estimate on the cost of the dam and reservoir is \$2,000,000.

**50 Years Ago**  
**From the East Oregonian**  
**March 6, 1971**

The combination of wind and loose paper is posing a major litter problem for several in the North Hill section between Hermiston and McNary Dam. Paper and paper cartons are blowing out of the landfill, operated by Hermiston Sanitary Service, which is owned and operated by Forrest Sullivan of Hermiston. Residents complain the paper is littering their yards and adjacent property and businesses say the litter is costing them money and is a general nuisance. The landfill is

in a big ravine in the Hermiston buttes and is surrounded on three sides by high bluffs. From all appearances it would seem to be a natural site for a landfill. But a draft is created and the paper and cartons fly out over the east bluff. Property owner Warren "Tex" Ross complains that he picks up the Sullivan litter and then pays Sullivan to haul it back to the landfill.

**25 Years Ago**  
**From the East Oregonian**  
**March 6, 1996**

They come from the big and small of Oregon. From the high and low. From the wet and dry. Why? Basketball. The 2A state basketball tournament at the Pendleton Convention Center draws players and fans from all regions of Oregon. The largest city is represented by Portland Adventist, and teams from Salem and Corvallis are also in town. But there are plenty of teams from rural Oregon. Bonanza (population 350) is the smallest. Some come from the high elevations of Southern Oregon, then there's the Willamette Valley town of Amity, elevation 161 feet. Teams from the west side live with about 150 days of rain every year, while arid Nyssa gets less than 50. A city's name can offer some interesting insight into the origin and character of a town. Bonanza is the Spanish word for prosperity and was applied to the good water in the area. Athena, whose Weston-McEwen athletes are the "home-town" team in this year's tourney, is the name of the Greek goddess of war, female arts and agriculture. Maybe Pendleton should adopt the name of the Greek god of basketball for the second week of March each year.

## THIS DAY IN HISTORY

**On March 6, 1857,** the U.S. Supreme Court, in Dred Scott v. Sandford, ruled 7-2 that Scott, a slave, was not an American citizen and therefore could not sue for his freedom in federal court.

**In 1475,** Italian artist and poet Michelangelo was born in Caprese in the Republic of Florence.

**In 1836,** the Alamo in San Antonio, Texas, fell as Mexican forces led by General Antonio Lopez de Santa Anna stormed the fortress after a 13-day siege; the battle claimed the lives of all the Texan defenders, nearly 200 strong, including William Travis, James Bowie and Davy Crockett.

**In 1853,** Verdi's opera

"La Traviata" premiered in Venice, Italy.

**In 1944,** U.S. heavy bombers staged the first full-scale American raid on Berlin during World War II.

**In 1962,** what became known as the Ash Wednesday Storm began pounding the mid-Atlantic coast; over a three-day period, the storm resulted in 40 deaths and caused more than \$200 million in property damage.

**In 1964,** heavyweight boxing champion Cassius Clay officially changed his name to Muhammad Ali.

**In 1970,** a bomb being built inside a Greenwich Village townhouse by the radical Weathermen accidentally went off, destroying the

house and killing three group members.

**In 1973,** Nobel Prize-winning author Pearl S. Buck, 80, died in Danby, Vermont.

**In 1981,** Walter Cronkite signed off for the last time as principal anchorman of "The CBS Evening News."

**In 1987,** the first "Lethal Weapon" movie, starring Mel Gibson and Danny Glover, was released by Warner Bros.

**In 2002,** Independent Counsel Robert Ray issued his final report in which he wrote that former President Bill Clinton could have been indicted and probably would have been convicted in the scandal involving former White House intern Monica Lewinsky.

**In 2015,** during a town hall at South Carolina's Benedict College, President Barack Obama said racial discrimination by police in Ferguson, Missouri, was "oppressive and abusive" as he called for criminal justice reform as part of the modern struggle for civil rights.

**Today's Birthdays:** Former Soviet cosmonaut Valentina Tereshkova is 84. Opera singer Dame Kiri Te Kanawa is 77. Rock musician Hugh Grundy (The Zombies) is 76. Rock singer-musician Phil Alvin (The Blasters) is 68. Actor Moira Kelly is 53. Basketball Hall of Famer Shaquille O'Neal is 49. Rapper/producer Tyler, the Creator is 30.

## WORD★Roundup™

by David L. Hoyt & Jeff Knurek

**Find and Circle...**

- Seven pieces of furniture
- Hockey periods
- \_\_\_\_\_ in "Starman"
- Keep going
- Roman goddess of marriage

Answers to Saturday's puzzle: OTTOMAN ARMCHAIR LUTHER TABLE CHAIR / SOFA DESK / FIRST SECOND THIRD / JEFF BRIDGES / CONTINUE / JUNO

© 2021 Andrews McMeel Syndication

S	D	R	C	H	A	I	R	V	K	N	S
G	O	E	B	O	P	N	E	M	A	E	T
P	S	F	S	H	N	L	C	M	G	S	T
H	E	F	A	K	B	T	O	D	R	K	H
C	C	F	W	A	O	T	I	I	H	N	I
T	O	E	T	N	T	R	F	N	D	R	R
U	N	J	U	O	B	G	W	J	U	Q	D
H	D	J	A	R	M	O	I	R	E	E	V

## 7 LITTLE WORDS

Find the 7 words to match the 7 clues. The numbers in parentheses represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

CLUES	SOLUTIONS
1 elephant tusk material (5)	_____
2 it rises to the top (5)	_____
3 tassel on an ear (8)	_____
4 oyster's gem (5)	_____
5 cloth from plant fibers (6)	_____
6 beach memento (8)	_____
7 ancient form of paper (9)	_____

CO	RL	SI	PAR	CR
HE	CHM	IVO	TT	CO
PEA	LL	EAM	ON	SE
RN	RY	ENT	AS	LK

Today's Answers: 1. IVORY 2. CREAM 3. CORNSHANK 4. PEARL 5. COTTON 6. SEASHELL 7. PARCHMENT

# CHURCH DIRECTORY

## Community Worship

*Featured this Week:*

### Solid Rock Community Church

140 SW 2nd St Hermiston, OR 97838  
541-567-6937

**Worship Service: 11:00AM**  
**Sunday School: 9:45**  
**Pastor Wilbur Clark**

**Our Lady of Angels Catholic Church**  
565 W. HERMISTON AVE.  
MASS SCHEDULES

Monday-Friday.....English 8:00am  
Tuesday-Friday.....Spanish 6:00pm  
SATURDAY.....English 5:00pm  
.....Spanish 7:00pm  
SUNDAY.....English 9:00am  
.....Spanish 11:00am  
.....Spanish 1:00pm  
.....Spanish 6:00pm  
Parish Office.....541-567-5812

**Iglesia Católica Nuestra Señora de los Angeles**  
565 W. HERMISTON AVE.  
HORARIOS DE MISAS

Lunes a Viernes.....Inglés 8:00am  
.....Español 6:00pm  
SÁBADO.....Inglés 5:00pm  
.....Español 7:00pm  
DOMINGO.....Inglés 9:00am  
.....Español 11:00am  
.....Español 1:00pm  
.....Español 6:00pm  
Oficina Parroquial.....541-567-5812

**First United Methodist Church**  
Pendleton

210 NW 9th St. Pendleton Oregon  
(Peace Lutheran Church)  
**Sunday worship 8:30pm**  
**541-276-2616**  
Open Hearts,  
Open Minds, Open Doors  
**Patty Nance, pastor**

**Redeemer Episcopal Church**

241 SE Second St. Pendleton  
(541)276-3809  
www.pendletonepiscopal.org

M-F Morning Prayer at 9 a.m. on Facebook  
Sunday Holy Communion at 9 a.m. on Facebook  
Streaming live Sundays at 9 a.m. on Facebook  
Worship at 10 a.m. on Facebook  
All Are Welcome

**The Salvation Army**  
Center for Worship & Service

**Sunday Worship Service**  
9:30 - Sunday School  
**10:30 - Worship Service**  
**Wednesday Bible Study**  
5:30 Family Fellowship Meal - 6:00 Bible Study

**COME AS YOU ARE**  
**150 SE Emigrant**  
**(541) 276-3369**

A PLACE TO BELONG

**PENDLETON FIRST**

**Sunday Mornings**  
**1st Service: 8:30am**  
**2nd Service: 10:30am**  
Includes Children's Services  
Also Live Stream at PendletonFirst.com

**Sunday Evenings**  
**Celebrate Recovery: 6:00**  
**Wednesday Evenings**  
**Family Night: 6:00 pm**

Pendleton First Assembly of God  
1911 SE Court Ave. PO Box 728  
541.276.6417 pendletonfirst.com

**PENDLETON CHURCH OF GOD**

ONLINE and IN-PERSON SERVICES

SUNDAYS | 10:00AM

☎ 541.276.1894 | 📍 712 SW 27TH ST.  
www.pendletoncog.com  
love God, love people, and make disciples who make disciples

Pendleton Faith Center

108 S. Main St.  
Pendleton  
Sunday at 10:30am  
PendletonFaithCenter.com

**"A Come as You are Church"**

**FIRST PRESBYTERIAN CHURCH**

-Presbyterian Church (USA)-  
201 SW Dorion Ave.  
Pendleton  
www.pendletonpresbyterian.com

**Worship Service on Facebook**  
**10:00 am Sundays**  
Open Hearted...  
Open Minded

**Community Presbyterian Church**

14 Martin Drive,  
Umatilla, OR  
922-3250

**Worship: 10 AM**  
**Sunday School at 11:30**

**PENDLETON LIGHTHOUSE CHURCH**

Sunday Service: 9am & 6pm  
Tuesday Kingdom Seekers: 7pm  
Wednesday Bible Study: 7pm  
We offer: Sunday School - Sign Language

Interpreters - Nursery - Transportation - & more!

**Pastor Dan Satterwhite**  
541.377.4252  
417 NW 21st St. - Pendleton, OR 97801  
www.facebook.com/  
PendletonLighthouseChurch

**GRACE AND MERCY LUTHERAN CHURCH, ELCA**  
OPEN HEARTS - OPEN DOOR

www.graceandmercy.lutheran.org  
Sunday Worship 8:45 a.m.  
Sunday School 10:00 a.m. (Nursery Provided)  
Fellowship, Refreshments & Sunday School  
Check Out our Facebook Page or Website for More Information

**541-289-4535**  
Pastor Weston Walker  
Grace and Mercy Lutheran Church, ELCA  
(First United Methodist Church)  
191 E. Gladys Ave. / P.O. Box 1108  
Hermiston, Oregon 97838

**St. Johns Episcopal Church**

Join Us  
On Our Journey  
With Jesus.

Join us on ZOOM 9:00 AM Sunday  
Email: [chuckb@otnet.net](mailto:chuckb@otnet.net) for link  
N.E. Gladys Ave & 7th, Hermiston  
PH: 567-6672  
We are an all inclusive Church who welcomes all.

To advertise in the Church Directory, please contact  
**Audra Workman 541-564-4538**  
or email [aworkman@eastoregonian.com](mailto:aworkman@eastoregonian.com)