

is available online at www.inland-northwestmusicians.com.

Pariseau Music Studio, Pendleton, 815-978-1637. Suzuki-trained instructor Rachel Pariseau offers weekly lessons in piano and violin at her home studio. Parents of students under 10 must be present during lessons. Cost is \$40 per hour; pro-rated for 45- and 30-minute lessons. More information is available at www.pariseaumusicstudio.com.

Pendleton Music Company, Pendleton, 541-276-6621. The Pendleton Music company offers music instruction in a range of instruments, including piano, guitar/bass, drums/percussion, violin/fiddle, woodwinds/brass, ukulele, accordion, and voice.

PMC also has a Skype studio where students can take lessons from master musicians across the



country and beyond, at a cost of \$5 per hour of online instruction. For more details, check the "Teachers"

link at www.pendletonmusic.com. **Kairos Studio**, Hermiston, 541-314-2482. Kairos Studio offers

two levels of guitar instruction for kids, with guitars available for use during instruction. Class packs of 12 sessions are offered. For more information or to sign up online, visit www.kairossound.com.

Nixyaawii Community School/CTUIR, Mission, 541-429-7900. Tribal drumming is offered as a high school elective course at Nixyaawii, and student participants perform at the BMCC Pow Wow. The tribe also leads Northern style pow wow singing sessions on Wednesday evenings, 5:30 to 8 p.m., at the Mission Longhouse on Confederated Way. All ages interested in learning are welcome at these informal gatherings. There is no cost.

Pendleton home economist Virginia Justice and her husband have two college-aged daughters.



Providing dynamic, progressive and diverse support to improve the well-being of our communities.

Changing Lives

Serving Morrow, Wheeler, Gilliam, and Grant counties

Community Counseling Solutions offers A WIDE VARIETY OF BEHAVIORAL HEALTH SERVICES

- Individual, family, and group therapy
- Alcohol and drug treatment
- 24/7 crisis intervention services
- Psychiatric consultation
- Medication management
- Case management for developmental disabilities
- Our Path International (Professional Association of Therapeutic Horsemanship) certified Equine Assisted Activities and Therapy program at Lakeview Heights
- David Romprey Oregon Warmline. Any resident of Oregon may call the toll-free number to receive confidential support from trained peers.

1-800-698-2392
communitycounselingsolutions.org



North Morrow County Boardman Office

P.O. Box 261
104 SW Kinkade Ave.
Boardman, OR 97818
Ph: (541) 481-2911
Fax: (541) 481-2006

South Morrow County Heppner Office

P.O. Box 469
550 W. Sperry St.
Heppner, OR 97836
Ph: (541) 676-9161
Fax: (541) 676-5662

South Morrow County Lakeview Heights

Secure Residential Treatment Facility
68982 Willow Creek Rd.
Heppner, OR 97836
Ph: (541) 676-5143